

Town of Calmar THE CHRONICLE

August 2026

NOTICES:

Waste collection schedule:

- Organics - every Monday
- Garbage - every Thursday
- Recycling - Aug. 6 and 20

EVENTS:

Join us Aug. 14-15 for Calmar Days, an annual community event that brings everyone together for a vibrant celebration of local culture!

COUNCIL:

- **Regular Council Meeting**
 - Monday, August 10 at 6:30pm
- **Committee of the Whole Meeting**
 - Wednesday, August 26 at 1:30pm



Road construction work in the area of 52 Ave and 52 St continues, with crews working on removal and replacement of the curb, gutter and sidewalk. Work is expected to be complete in September, weather permitting.

Breaking ground on Calmar Crossing

On July 15, Deputy Mayor Jamie McKeag-Reber and Councillor Sean Carnahan joined Calmar Crossing Inc. co-principals Rakesh Patel and Mahmood Shah, investors and special guests for a groundbreaking ceremony to kick-off construction on Phase 1 of the Calmar Crossing plaza, located at 5225 50 Ave.

"This new development is a prime example of how the Town is working to attract high-quality investment to strengthen our local economy and support job creation," said McKeag-Reber. "We are focused on capitalizing on our prime location along Highway 39 to expand local retail opportunities and set Calmar up for sustainable, long-term success."

Construction of the first two buildings within the new plaza (approximately 9,800 sq. ft. of retail space) will begin in late summer or early fall, with completion expected in July 2027, weather permitting.

We sincerely apologize for disruptions this work may cause over the summer; however, these necessary upgrades will improve connectivity and accessibility in our residential communities. We appreciate your patience and understanding during this time.

WHERE TO FIND THE CHRONICLE:

- Town Office
- Mint Health + Drugs
- Lee's Restaurant
- Whatever Repairs
- Grasshopper Restaurant
- Calmar Library
- Wild Summit Co.
- Calmar Bakery
- Is Good Coffee Bar & More
- Hayduk Lumber & Hardware
- Calmar Medical Clinic

GET IN TOUCH:

Town Administration Office - 4901-50 Avenue, P.O. Box 750, Calmar, AB T0C 0V0

Phone: 780-985-3604 Fax: 780-985-3039

Website: www.calmar.ca Email: info@calmar.ca

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1  August Long Weekend
2	3 Town Office Closed  Playdates   National Watermelon Day	4	5	6  	7	8
9	10  Regular Council Meeting @ 6:30pm  Playdates 	11	12	13 	14 CALMAR DAYS KICK-OFF CELEBRATION  Community Nights & Summer Indoor Movie Series	15  Scan QR code for more info: 
16	17  Playdates 	18	19	20  	21	22
23	24  Playdates 	25 	26  Committee of the Whole @ 1:30pm	27  First Day of School	28  Summer Indoor Movie Series - 'Hoppers' @ 5:30 pm	29
30	31  Playdates 	Calmar Elementary Back-to-School BBQ @ 5pm				



Playdates 9:15am - 10:45am

MAYOR'S MESSAGE

Upcoming Strategic Plan includes responsible growth



Hello Calmar!

You may have noticed visible signs of growth in our community recently. Construction is underway for new commercial developments downtown, along the west side of Highway 39, and in our residential areas.

One of the questions I regularly hear from residents is, Why is growth so important? Why can't we just stay the same?

The answer is simple: if we aren't growing then we are dying – stagnation leads to decline. Without new residents and increased economic activity, the Town will struggle to pay for the programs and services residents have come to rely on.

As mayor, I believe that responsible and well-managed growth helps ensure Calmar stays financially sustainable for the long term.

Council is currently working on a new strategic plan to help guide decision-making for the next four years, and while it isn't quite ready for adoption, one of the key focus areas is growth.

Growth to me isn't dreaming about becoming a city or approving new developments willy-nilly. It's about thoughtfully welcoming new families and supporting existing businesses while encouraging new investment.

It's about creating opportunities that strengthen our community and preserving the small-town character that makes Calmar so attractive.

Council has heard loud and clear that our residents want us to find ways to lower the property tax burden. Sustainable economic development is one of the many ways we are working to achieve that goal.

Every new home and business contributes to our assessment base. As Calmar's assessment grows, the cost of municipal programs and services is shared among more properties, which helps lower the tax burden on individual households.

Growth also strengthens our local economy. New residents support local businesses, service providers, and community organizations. Businesses are more likely to invest where they see opportunity, creating jobs and expanding services to give everyone more reasons to shop local.

Calmar has so much to offer. Our prime location, excellent schools, incredible volunteer spirit, and strong community pride make us an attractive place to live and invest. Council understands that we must plan for growth in a responsible way that aligns with our infrastructure and community needs, financial capacity, and long-term strategic priorities.

We want Calmar to grow in a way that protects the qualities that residents value most: our welcoming atmosphere, our strong sense of community, and our relaxed small-town lifestyle.

Once we finish drafting the new Strategic Plan this fall, we will present it for public review – stay tuned for more details. I hope to get your valuable feedback on whether we're hitting the mark.

As your mayor, I am committed to being accessible, transparent, and engaged with you every step of the way. Please reach out via kgardner@calmar.ca if you'd like to ask a question, share an idea, or simply connect..

Warm Regards,

Mayor Krista Gardner



A quick guide to Canada's governance system

There are three levels of government in Canada - federal, provincial and municipal - each with specific roles and responsibilities. See the table below for more information.

Municipal governments - like the Town of Calmar - are the closest to residents and work to deliver safe and reliable services like road maintenance, snow removal, waste collection, water, recreation and emergency response. Council also makes decisions around local land use planning, economic development and maintenance of core municipal infrastructure.

Your elected officials work to balance provincial legislation with local economic, social and environmental priorities - and community needs and values - to provide effective service delivery and plan for sustainable, long-term growth.

WHO DOES WHAT?			
			
Municipal Government	Our Partnerships	Provincial Government	Federal Government
• Town administration • Road maintenance (within Town limits) • Snow removal • Water distribution • Sewer, stormwater management • Solid waste collection (GFL) • Parks, trails and playgrounds • Protective Services • Program Centre • Mike Karbonik Arena • Business licenses • Planning and Development • Economic Development • FCSS	• Leduc RCMP/911 Dispatch • Leduc & District Regional Waste Management Commission • Capital Region Southwest Water Services Commission • Leduc County Fire Services • Leduc & District Chamber of Commerce • Communities in Bloom	• Public education • Post-secondary education • Provincial parks • Hospitals - Healthcare • Social services • Occupational Health and Safety • Worker's Compensation Board • Highways • Justice • Solicitor-General • Tennant and landlord support	• Postal service • Student loans • National parks • Income taxes • Employment insurance • Child tax benefits • Canada Pension Plan • Banking • Criminal law • Foreign affairs • International travel • Borders and passports • Airports • Military and veteran's services • National RCMP

CPO CONNECTION

Good day Calmar,

Oh man, when is the rain going to stop and give us some consistent dry weather! We want to take a moment to thank all residents for making a strong effort this year to keep their properties tidy despite the rainy and stormy weather. We've also had the same challenges with our yards (and we hate cleaning wet grass off the lawnmower).

We are both looking forward to our upcoming patrols, and would love to see residents outside, having BBQs with family and friends or just getting together with neighbours on their decks.

Calmar Days is fast approaching, and we hope all residents invite their family and friends outside of town to come experience our small-town charm and enjoy great family-friendly entertainment and delicious food. Don't forget to grab your camping chairs to enjoy the free movie and the fireworks on Saturday evening.

Have a great rest of summer!

Officer Day
Officer Leggio

WEED & UNSIGHTLY ENFORCEMENT SCHEDULE

August

- ★ **Aug. 4 - Inspection Date**
- **Aug. 6 - Remedial Mail Out Date**
- ✓ **Aug. 28 - Final Compliance Inspection Date**

September

- ★ **Sept. 2 - Inspection Date**
- **Sept. 4 - Remedial Mail Out Date**
- ✓ **Sept. 24 - Final Compliance Inspection Date**

October

- ★ **Oct. 1 - Inspection Date**
- **Oct. 5 - Remedial Mail Out Date**
- ✓ **Oct. 23 - Final Compliance Inspection Date**



Calmar Days is an annual celebration of community, connection and hometown pride. It's a weekend where residents and visitors come together to enjoy great entertainment, delicious food and memorable experiences.

We look forward to welcoming everyone to Calmar for a fun-filled weekend that showcases the very best of our growing town.

EVENT SCHEDULE

Friday, August 14 – Community Nights: Calmar Days Kick Off!

- Games, bouncy castles, 50-ft obstacle course, food trucks at Engberg Park - 4 p.m. to 6 p.m.
- Summer Movie Series "Back to the Future" - Starts 6:30 p.m. Doors open at 6 p.m.

Saturday, August 15 - Calmar Days

- Calmar Days Pancake Breakfast - Mike Karbonik Arena Parking Lot - 8 a.m. to 10 a.m.
- Calmar Days MEGA MARKET - All day throughout the town
- Calmar Days Parade, along Main Street (see Map) - starts at 11 a.m.
- Thistle Hill Farms Petting Zoo, Mike Karbonik Arena Parking Lot - 12 p.m. to 4 p.m.
- FitSet Ninja, Mike Karbonik Arena - 12 p.m. to 4 p.m.
- Catherine McMillan Caricature's, Mike Karbonik Arena Parking Lot - 12 p.m. to 4 p.m.
- Magic Pixie Entertainment, Mike Karbonik Arena Parking Lot - 12 p.m. to 4 p.m.
- SGL Charitable Society, Mike Karbonik Arena Parking Lot - 12 p.m. to 4 p.m.
- Pop-Up Sports, Mike Karbonik Arena Parking Lot - 12 p.m. to 6 p.m.
- Food Trucks, Mike Karbonik Arena Parking Lot - 12 p.m. to 6 p.m.
- Calmar Days Indoor Movie "G.O.A.T.", Mike Karbonik Arena - 6:30 p.m. Doors open at 6 p.m.
- Calmar Days Fireworks - 10 p.m.



PEOPLE'S CHOICE AWARD



Our Council judges have their say, but we want yours too! Help celebrate the creativity and community spirit of our parade participants by voting for your favourite parade entry for the "People's Choice Award."

Vote by scanning the QR code below on Parade Day, or filling out a paper ballot. Paper ballots will be available during Calmar Days inside the Mike Karbonik Arena, at the Town of Calmar tent, and at the Town Office. Ballots can be dropped off at the Town tent located in the parking lot of the arena after the parade or at the Town Office.

- Voting closes Friday, August 21 at 4 p.m.
- Winner will be announced Monday, August 24

Who will take home the 2026 Calmar Days People's Choice Award? It's up to YOU!



Scan the QR code to vote for your favourite parade float.

Voting will open at 11 a.m. on August 15 and close on August 21 at 4 p.m.

Calmar Days

MEGA MARKET INFO!

Date: Saturday, August 15, 2026

Time: 8:00am - 5:00pm

**Location: Downtown along Hwy 39, from Woodland Park to the Mike Karbonik Arena
Outside on the public sidewalks.**

The Calmar Mega Market is a decades old tradition that started with local families holding garage sales that stretched from the West side of Leduc all the way to Warburg, along Highway 39. You will still find garage sales along the highway, but the biggest activity happens along the Town of Calmar's downtown sidewalks!

Want to be a vendor at the Mega Market? There is NO registration, NO sign up. You just show up on Saturday morning, set up your table and sell your products as if you were setting up for a garage sale.

Spots along the downtown are first come, first served, but please DO NOT set your tables up in front of a business display or entryway!

It is each vendor's responsibility to make sure you have all the proper documents and approvals to sell your goods at the garage sale.

If you have questions or want to get the right info, please call Sandra at the Town Office: 780-985-3604.

GRANT TO ORGANIZATIONS

**CALLING CALMAR-BASED NON-PROFITS
AND COMMUNITY GROUPS,
FUNDING IS NOW AVAILABLE!**

**APPLICATIONS NOW OPEN!
AUGUST 1 - OCTOBER 31, 2026**

FOR MORE INFO CONTACT FCSS COORDINATOR
MIKAYLA

MLEIBEL@CALMAR.CA | 780.985.3604 EXT. 233



CALMAR GRASS BUDDIES

**HELP A NEIGHBOUR'S YARD SHINE WITH OUR GRASS
BUDDY PROGRAM.**

**YOUR TIME TURNS OVERGROWN GRASS INTO A
WELCOMING SPACE WHICH MAKES SMILES THAT GROW
JUST AS FAST AS THE LAWN!**

VOLUNTEER, CONNECT, AND MAKE A DIFFERENCE.

**FOR MORE INFO & TO SIGN UP CONTACT FCSS COORDINATOR MIKAYLA -
MLEIBEL@CALMAR.CA | 780.985.3604 233**



CALMAR COMMUNITY NIGHTS

6 p.m. to 8 p.m.
Calmar Program Centre, 4815 - 49 St

UPCOMING NIGHTS

August 14 - Calmar Days Kick-off Party *Friday Night*

September 10

Sept 24 - Fall Signs (craft door signs) - Registration opens Sept. 14

Questions? Please contact:

FCSS Coordinator - MLeibel@calmar.ca
Recreation Coordinator - IMiller@calmar.ca



UPCOMING FCSS PROGRAMS

Seniors Chair Fitness - Starting back up September 2026

Home Alone Course - September 29, 2026

Scams & Fraud Seminar - October 7, 2026

Wills & Estates Seminar - October 8, 2026

Hearing Aid Awareness - October 14, 2026

For more info, please Contact FCSS Coordinator Mikayla:
MLeibel@calmar.ca | 780.985.3604 ext. 233

Visit www.calmar.ca for more information





1000 MILE RUN

1000 Miles

MOVE TOGETHER. GO FURTHER.



DATE:
**SEPTEMBER
12TH, 2026**



EVENT TIME:
9-5



RACE:
10-4



LOCATION:
**CALMAR
BALL
DIAMONDS**



ENTERTAINMENT BY

Conjuring Creek



SCAN FOR DETAILS

BIKE. PLAY. RUN. CALMAR.

Calmar Communities in Bloom

NEW EMAIL

HELLO@CALMARCIB.CA



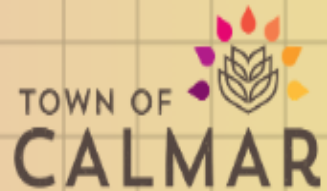
FACEBOOK PAGE - CALMAR COMMUNITIES IN BLOOM SOCIETY

CALL FOR VOLUNTEERS



We are looking for enthusiastic volunteers to help with Calmar Days! Volunteers will assist with setup, event supervision, and takedown to help create fun-filled weekend for the community.

Sign up on our website or contact FCSS
Mikayla Leibel mLeibel@calmar.ca



Calmar Play Dates

Calmar Program Centre
4815 49 Street
Monday Morning
9:15am - 10:15am

SUMMER INDOOR

MOVIE SERIES

TOWN OF
CALMAR



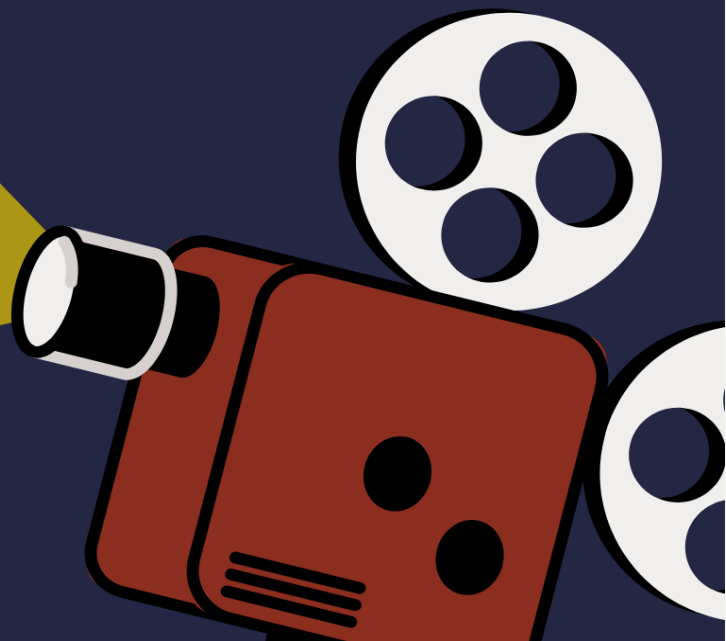
**FREE
ENTRY**

**A WIDE RANGE OF
FEATURE FILMS!**

**JULY 10 AND 21
AUGUST 14 AND 28**

**MIKE
KARBONIK
ARENA**

5019 47 STREET



2026 CALMAR ART WALK

AUGUST
1-31st, 2026

Leduc County
&
Surrounding
Communities

*A unique Art Walk partnering Artists with
local businesses*

NEW

Pick up your Calmar Art Walk Passport at the Calmar Town Office, Library, Chevron, Mint Pharmacy, or Calmar Medical Clinic. Visit participating Businesses.

Once your passport is completed, return it and be entered to win \$200!



ZYP
ART GALLERY



Sponsored by



calmarartsociety@gmail.com

- Visit the local businesses listed on the passport.
- Return your completed passport to the Town Office for a chance to win \$200.
- Passports are available at the Town Office, Mint Pharmacy, the Library, Chevron
- As well as several other participating businesses

*Please note that businesses hours of operation vary throughout our town. Many businesses are not open on Mondays or on weekends.

Economic Development

BUSINESS SHOUTOUT!

New Developments Coming To Town!

Calmar Crossing

5225 – 50 Avenue, Calmar, AB

We have a new Developer, building a shopping plaza on the west end of Calmar. This is a multi-phased project with the 1st phase announcing Shell Canada as their anchor tenant, along with a major drive-thru business, and popular food brands. Phase 1 & 2 should be ready by spring/summer, 2027.

Phase 3 & 4 will see opportunities for retail, medical, lifestyle, and family focused services.

Construction should be starting this month!

Calmar Common

4718 – 50 Avenue, Calmar, AB

Work has begun on the new 6 unit retail commercial building with parking in the back, in our downtown.

Calmar Common is expected to be ready by spring/summer, 2027.

If you are looking for retail space to start a new endeavour or expand your current footprint, please call:

Vijay Malhotra at 780-970-3703

**Help us give them a huge WELCOME to the
Calmar Business Community!
We are so glad you chose Calmar!!**



Economic Development

BUSINESS UPDATE

This Summer's Shop Local Program

The Town of Calmar is proud of our Downtown business community, and we want to share the wonderful shopping experiences with residents and visitors alike!

How it works:

- Visitors and residents can pick up a passport starting on June 1, 2026.
- When someone comes into your store, and they have a passport, you can stamp the square that has your business name on it.
- Each business will have its own special stamp.

Business Participation is easy:

- Let Sandra at the Town office know you want your business to be part of the program.
- You will get a Passport Kit complete with everything you need (stamp, extra passports, poster, and instructions).
- June 1st – We go live and will hopefully get to meet new customers every week over the summer!

If you own or run a local downtown business, and you want to be part of this initiative,

Please call Sandra at the Town office.

780-985-3604 ext. 226

Join Us!

Downtown Calmar's
Shop Local
Passport Program
June 1 – Sept. 7, 2026

Pick up your passports at the
Town Office
or at any participating downtown
business!!

- Stop by each of the stores listed on this passport and receive a stamp on its square.
- Once you have all of your squares stamped, please bring the completed passport to the Town office to be entered in the prize draw.

You Could Win!

1st Prize:

\$100.00 Gift Card

2nd Prize:

\$ 50.00 Gift Card

Thank You!

For participating in
this summer's
Shop Local Campaign!

We hope you enjoyed
your time in Calmar!

If you have any questions, please stop
by the Town office or call Sandra at
780-985-3604.



Calmar's Downtown Shop Local Passport Program

The Town of Calmar is proud of our
Downtown shopping and wants to
share the wonderful experiences that
are found in the Town of Calmar!

- Stop by each of the stores listed
on this passport and receive a
stamp on its square.
- Once you have all of your squares
stamped, please bring this
passport to the Town office to be
entered in the prize draw.

1st Prize:

\$100.00 Gift Card

2nd Prize:

\$ 50.00 Gift Card



Downtown Shop Local Passport

Name	
Address	
Phone#	
Email	

*All fields must be completed to be entered
in the draw.*

- Ridley Law
4740 - 50 Ave

Calmar Esso
4710 - 50 Ave

BMO
4902 - 50 Ave
- Calmar Co-op
4613 - 50 Ave

Burger Bar
5102 - 50 Ave

Ivy Pho
4726 - 50 Ave
- Calmar Bakery
4906 - 50 Ave

New Business
4927 - 50 Ave

Dyck Insurance
49017 - 50 Ave
- Rhooster Tail Hair Salon
4701 - 50 Ave

Shanghai Restaurant
5014 - 50 Ave

Calmar Chiropractic
4715 - 50 Ave
- Yesterday's Treasure Mkt
4904 - 50 Ave

Is Good Coffee
4715 - 50 Ave

Calmar Subway
5006 - 50 Ave
- Maggie Moo's Ice Cream
5001 - 50 Ave

Calmar Dental Care
4741 - 50 Ave

Calmar Bottle Depot
4912 - 50 Ave
- Calmar ATB
4906 - 50 Ave

Mint Health
5002 - 50 Ave

Whatever Repairs
4737 - 50 Ave
- Calmar Chevron
5001 - 50 Ave

Grasshopper Restaurant
4703 - 50 Ave

Route 39 Fitness
4724 - 50 Ave
- Lees Family Restaurant
4731 - 50 Ave

Calmar Food Town
5018 - 50 Ave

Loganberry's Antiques & Curiosities
4732 - 50 Ave
- Countryside Vision Care
4715 - 50 Ave

Town of Calmar
4901 - 50 Ave

Pet Necessities
4726 - 50 Ave
- Calmar Compounding Pharmacy
4741 - 50 Ave

Hayduk Lumber & Hardware
4736 - 50 Ave

Rise Wellness
4715 - 50 Ave

CENTURY 21

Signature Realty

CALMAR COMMON



NOW LEASING

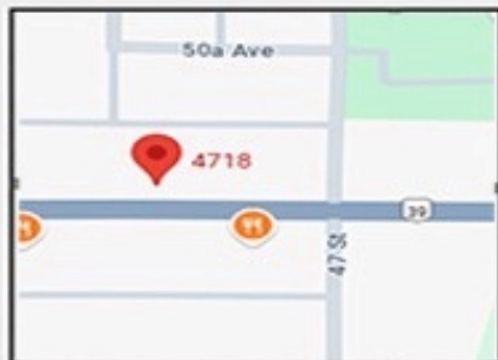
PRIME RETAIL OPPORTUNITY IN CALMAR

PROPERTY HIGHLIGHTS

- 6 CRUs, 1,000 sq. ft. each
- Expected Fall 2026
- 15 parking spaces

WHY CALMAR COMMON

- High local demand
- Busy main street location
- Close to residential neighborhoods



CONTACT US TODAY

Vijay Malhotra 780-970-3703
Neeraj Mudholkar 780-266-4094
calmarcommon@gmail.com



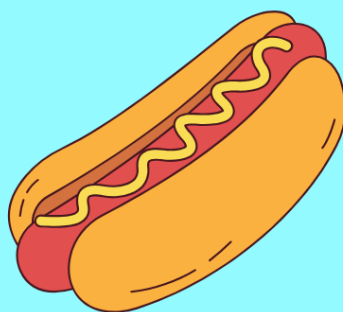


Garage Sale & Bake Sale

5120 50 AVENUE

**St. Margaret Mary will be hosting a
garage and bake sale happening
August 15, 2026 here in Calmar.
Great deals, fresh baking, & something
for everyone!**

**There will be a hot lunch counter selling hot
dogs, chili, and drinks both hot and cold.**



NEW HUMBLE COMMUNITY SCHOOL AUGUST 2026



NHCSA

Vision

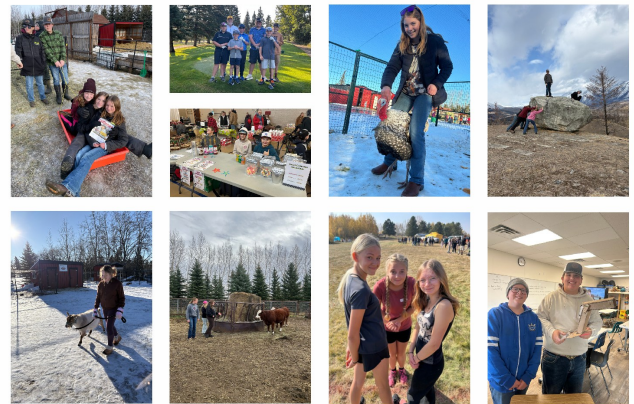
students
will use the lens of
agriculture,
stewardship and
experiential learning
to develop the skills, resilience,
and values to be accountable
and contributing citizens
of local and global communities.



JUNIOR HIGH AT NHCS

NHCS has limited Junior High spaces
available for the 2026-2027 school year!

Email us today to learn more about our
Junior High program and how to register.



NHCSA CHARTER GOALS

1. Students will recognize and understand the foundational knowledge of agricultural literacy.
2. Students will demonstrate problem solving through adaptability, resilience and critical thinking.
3. Students will understand the value of goals and outcomes.
4. Students will achieve academic success while displaying leadership.



WWW.NEWHUMBLESCHOOL.CA
48469 HWY 795, CALMAR, AB
TOCOVO

Calmar Public Library: August 2026 WHAT'S HAPPENING?

PIRATES IN THE LIBRARY

Summer Reading Program

Thursday, July 2 - Wednesday, August 12, 2026

Ahoy, mates! Set your sights on adventure, because the Library is taking to the high seas! This summer books are treasure, stories are maps, and every reader is a brave pirate on a quest for fun. Whether ye choose to chart your course alone or with a trusted crew, everyone is welcome aboard! Complete a variety of tasks and challenges to **earn 25 stamps** in exchange for a map that will guide ye to the **Buccaneer Blowout** at the end of the month!

All 25 stamps must be earned by August 12, 2026.

Flee the Flying Dutchman Escape Room

August 5 @ 3 - 7PM || August 6 and 7 @ 1 - 4PM

Registration is required to participate. Teams can be 1-5 people.

Stowing away aboard the famed ghostly ship is certainly a feat, but can you escape with the treasure before you become part of Davy Jones's crew...forever? **The escape room is open to anyone who wants to try!** Registration is offered in 30 minute slots. Rescheduling late or missed slots is subject to availability and may not be possible.



Board Game Bonanza!

Wednesday, August 19 @ 4:00 - 5:00PM

No registration required. Show up ready to roll the dice, draw your cards, and play! We will have a selection of board games and card games available for everyone to play.

NOTE: Due to the Summer Reading Program, LEGO Club will be taking a break over the summer, and resume in September.



Donations Needed! Looking for Art and Craft Supplies

The Calmar Public Library is currently seeking donations of craft supplies for use in future projects and programming: **paper punches, scrapbooking supplies, Cricut supplies, beads, yarn and ribbon, and fabric!** Donations can be dropped off during our regular operating hours. Thank you!



Have a question? Want to register for a program?

Website: www.calmarpubliclibrary.ca

Contact: 780-985-3472 or circulation@calmarpubliclibrary.ca

LIBRARY HOURS

Monday, Tuesday, Thursday, Friday	11AM - 5PM
Wednesday	11AM - 8PM

CLOSURES: weekends and statutory holidays

IT'S FREE! JOIN THE LIBRARY!

New to the community and looking to get a library card? Great! Contact the library to apply for your card today!

Monthly Programs



Knit n' Stitch Tuesdays @ 1:30PM

All skill levels welcome!



Stay and Play Thursdays @ 10:00AM

Ages 0-5 with caregiver



Chess Club August 5 @ 5:00PM

All ages and skill levels



Cookbook Club August 12 @ 6:00PM

Theme: Mediterranean Diet



LEGO Club **NO LEGO CLUB IN AUGUST**

Ages 6 and up

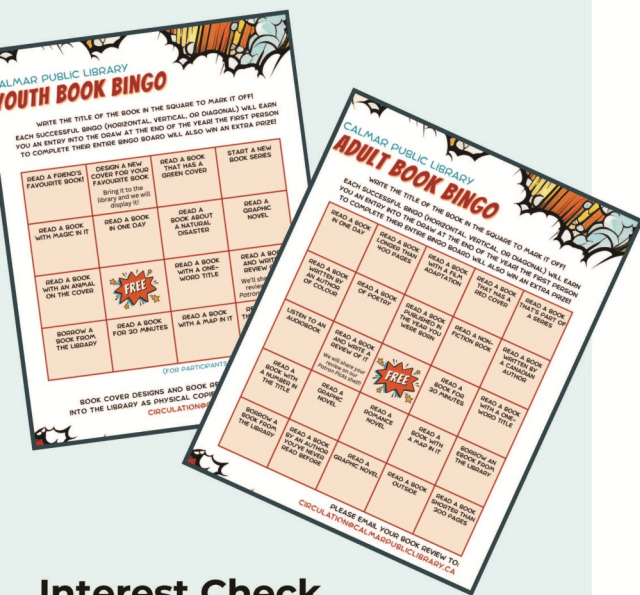
TAKE & MAKE KITS

Pre-K	CD Case Nature Art
Tween	Marshmallow Launcher

Book Bingo 2026 Reading Challenge

Readers young and old: we challenge you to read throughout the year and see if you can complete your bingo card! For every bingo achieved (horizontal, vertical, and diagonal) you will earn an entry into the draw for a bookish gift card! The first people from each age category to complete every challenge on their bingo card will also win a bookish prize pack!

Bingo cards can be picked up from the library or found on our website!



Interest Check Model Building Club

Do you enjoy building model kits, miniatures, or painting tabletop game figures? If so, we want to hear from you! The Calmar Public Library is exploring starting a monthly drop-in club for model kit and figure hobbyists! If there is enough interest, we plan to start the club up in the fall!

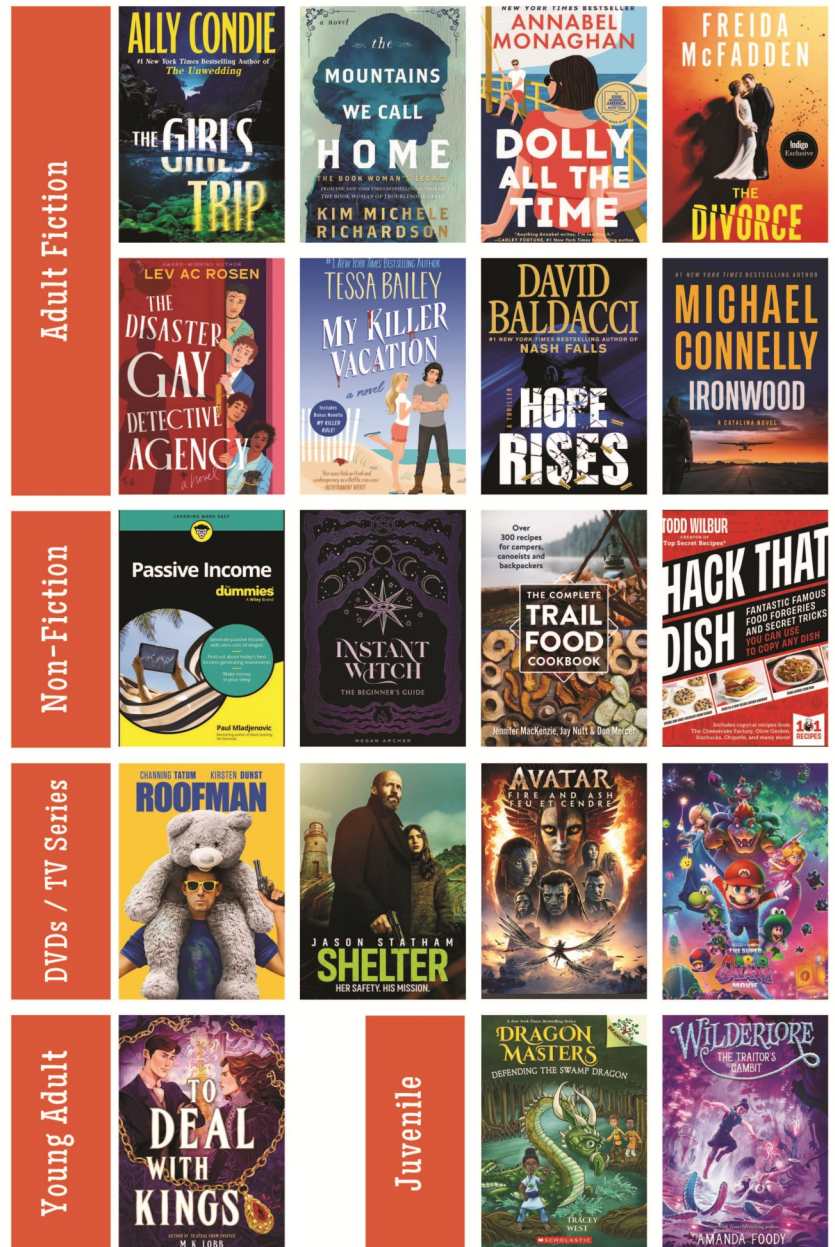
DID YOU KNOW?

Bill 28 may impact how you use and access library materials in the future. Get informed:

<https://www.caplibraries.ca/what-does-bill-28-do>

What's New on Our Shelves!

We are always adding to our collection! Here are some of the newest titles that we added last month.



Community Pantry

Our Community Pantry is now available to the public! Bags are available if needed, and we request that shopping is limited to three items per person.

Due to increasing demand, we are actively seeking donations of the following items:

- canned and other non-perishable foods
- sauces and spreads
- instant and "soup in a cup" noodles
- toiletries and cleaning supplies

Check us out online!

Facebook: www.facebook.com/calmarlibrary
YouTube: www.youtube.com/@calmarpubliclibrary



Progressive Pathways Behaviour and Disability Services

Progressive Pathways is a nonprofit organization that provides diverse individual counseling and support to children, adolescents; and adults with cognitive disabilities and their families.

SUPPORT SERVICES

- 24 Hour support
- Emergency support (24 hr respite, hourly)
- Respite care (hourly, work related, Community)
- Day Camps for Children, adolescents and Adults
- Riding lessons



Equine Therapy

Evidence-based approaches:

- Cognitive Behavioural Therapy (CBT)
- Dialectical Behaviour Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Prolonged Exposure Therapy



825-758-1656

info@progressivepathwaybds.ca



Calmar Connects

A page dedicated to the wellness of our community.



How to let yourself really enjoy summer

August in Alberta is a season many people look forward to all year. Warm evenings, long days, and plenty of chances to be outside can feel energizing and uplifting. At the same time, some people notice a different kind of pressure creeping in — the sense that they need to make the most of every moment before the cold returns.

Whether you love summer or find it a little overwhelming, it's common to feel pulled between wanting to enjoy the season and trying to keep up with everything happening around you. Here are a few gentle reminders to help you enjoy August in a way that feels true to you.

1. It's okay to embrace the slower moments

Some people feel their best when summer is full and busy. Others enjoy quieter pockets of time. There's no right way to do it. Let your energy guide your pace, not the calendar.

2. Choose the experiences that matter most to you

If you thrive on activity, go for it. If you prefer simple evenings on the deck, that counts too. Focus on what actually brings you joy, not what you feel you "should" be doing.

3. Let yourself enjoy the spontaneous parts of summer

Some of the best memories come from moments you didn't plan. A late-night walk, a last-minute ice cream trip, or sitting outside to watch the sunset can be just as meaningful as full days of activities.

4. Notice how your body feels

Heat, social schedules, and long days affect everyone differently. If you're full of energy, enjoy it. If you need more rest, that's normal too. Your body knows its limits.

5. Pay attention to the small things

Warm air, laughter from the yard, the sound of birds, fresh produce, the feeling of sunlight. These simple sensory moments support the nervous system and help you feel grounded.

August doesn't have to look a certain way to be enjoyable. It can be busy or quiet, adventurous or simple, social or peaceful. What matters most is that it feels right for you. If you're wanting support with stress, emotional wellbeing, or finding steadiness in any season, Nurtured Minds Wellness offers therapy and nature-based services for our local community.



This article is for general information only and is not a replacement for therapy, counselling, or medical care.



If you are in crisis, call 911 or go to your nearest Emergency Room. You can also reach the Alberta Mental Health Help Line at 1-877-303-2642 or the Mental Health Crisis Text Line by texting CONNECT to 741741.

Articles written by Charlie Webb, RP, CT. Founder of Nurtured Minds Wellness Therapy and Retreat Group.

www.nurturedmindswellness.com





Leduc County Family and Community Support Services

The following are events, webinars and other important information.
Everyone is welcome!

Sign up to receive our monthly update directly to your email inbox. Send an email to fcssinfo@leduc-county.com and ask to subscribe to our email distribution list.

Upcoming Registered Sessions

Registration is required for all upcoming sessions and space is limited. Call us at 780-979-2385 or 1-888-301-FCSS to learn more.

Preparing for what matters most: An introduction to the Aging Well in Leduc County workbook

What would happen if your health, mobility, or financial situation changed tomorrow—would your life still reflect what matters most to you?

This session introduces the *Aging Well in Leduc County* workbook, a practical and supportive resource for adults, older adults, and caregivers who want to plan ahead with confidence. You'll learn how the workbook can help you identify where you—or a loved one—are in the planning journey, and how to take meaningful first steps toward a future that aligns with your values, wishes, and priorities.

Date: Thursday, August 13, 2026

Time: 10 a.m. to 3 p.m.

Location: Online

S.A.F.E.R. Online

This training increases parent and caregiver awareness of the current online landscape, educating participants about trends and online harms that affect children and youth of all ages. We will explore app terms and conditions, risks of oversharing through posting and streaming, the rise of artificial intelligence in online exploitation, and more. Caregivers will walk away with proactive strategies to help set healthy boundaries with children online, foster open communication, and seek help where and when they may need it.

Facilitated by Saffron Centre.

Date: Wednesday, Aug. 19, 2026

Time: 6 to 8 p.m.

Location: Online



Connect with us!

780-979-2385 or fcssinfo@leduc-county.com





Leduc County Family and Community Support Services

The following are events, webinars and other important information.
Everyone is welcome!

Invitation to Change information session

Loving someone with a substance use problem can be exhausting, confusing, and often isolating. Family members and loved ones are rarely given the tools, language, or support they need, even though their role is one of the most powerful factors in a person's recovery. This free 2-hour session introduces Invitation to Change (ITC), an evidence-based approach designed specifically for families and loved ones of people struggling with substance use. Keeping the values of education, connection, and compassion at the forefront, ITC gives families practical skills to reduce conflict, encourage positive change, and take care of themselves.

Who it's for: Community members supporting a loved one with substance use, as well as service providers who want to better understand this approach and how to refer to the 10-week program being held in the fall.

What participants will take away:

- A clear understanding of the ITC model and the research behind it
- An introduction to:
 - Practical communication strategies to reduce conflict and increase connection
 - The Stages of Change model and how to meet a loved one where they are
 - Self-care and boundary-setting as core parts of supporting someone else
 - Information about our 10-week ITC group launching this fall, for those who feel a deeper dive into these topics would be supportive

We know from our work in the field that this kind of support for families remains a significant gap in service delivery across much of Alberta. This session, and the series it leads into, is one small step toward closing that gap.

Facilitators:

Kevin brings extensive experience in the addiction field, including years of work as an addiction counsellor, supervisor, and educator for other addiction counsellors. He holds a Bachelor of Psychology and a Diploma in Addiction Counselling. He is trained in the ITC model and has a strong passion for working with families.

Amber holds a Master of Social Work and has spent most of her career in addiction counselling. She has also served for the past four years as an educator in an addiction counselling diploma program.

Learn more about the model at invitationtochange.com

Date: Friday, Aug. 28

Time: 1 to 3 p.m.

Location: Clover Therapy, 2104 8 St, Nisku, AB



Connect with us!

780-979-2385 or fcssinfo@leduc-county.com

ORGANICS

Safety, Knowledge and Experience - The GFL Advantage

ACCEPTED ORGANIC MATERIALS



Food Waste



Plant Waste/Grass Clippings



Soiled Paper Products



Paper Towels & Napkins



Pet Waste



Certified Compostable Products

PLEASE DO NOT PLACE THE FOLLOWING ITEMS IN THE ORGANICS BIN.



NO Plastics



NO Glass



NO Metal



NO Diapers



NO Rubber Bands or Twist Ties



RECYCLING

These items must be placed in your blue bag and be clean and free of foods, liquids and dirt.



Hard Plastic Containers, Tubs and Bottles.
No Lids or Caps.
(e.g. detergent, condiment or shampoo bottles, margarine and large yogurt containers, ice cream pails)



Aluminum and Tin Cans and Containers



Cardboard - Flattened



Mixed Paper/Paperboard
(e.g. Magazines, flyers, newspaper, Catalogues, Office Paper, Envelopes, Craft Paper, Books with front and back cover removed)



Deposit Items Including:
Mix Containers, Pop & Beer, Cans and Bottles, Tetra Paks



Wrapping Paper Greeting Cards
No Foil, decorations removed



No Styrofoam / Plastic Clamshells



No Shredded Paper



No Coffee Cups/ Plastic Cups



No Straws/ Plastic Utensils



No Plastic Bags



No Hazardous Waste



Food Waste



Food Soiled Paper



Plants/Grass Clippings

Small Quantities of Pet Waste



Shredded Paper



Certified Compostable Bags



No Plastic Bags



No Produce Stickers



No Glass or Metal



No Diapers



No Rubber Bands or Twist Ties



ORGANICS



Styrofoam & Rubber



Coffee Cups



Non Refundable Glass



Plastic Clamshells



Fabric



Film Plastic



Single Use Packaging



No Recyclables



No Organics



***No Hazardous Waste**
Must be taken to Enviroserve Station

BE CART SMART

STOP. THINK. SORT.



Items may be sorted differently depending on your community

csredmonton@gflenv.com

Introducing the Circular Materials Recycling App

Now available in the Town of Calmar.

- Find your recycling schedule.
- Get collection notifications.
- Search what materials go into your recycling.

Download the Circular Materials recycling app.

circularmaterials.ca/app



Utility Bill Due Dates

JANUARY - FEBRUARY = APRIL 6

MARCH - APRIL = JUNE 6

MAY - JUNE = AUGUST 6

JULY - AUGUST = OCTOBER 6

SEPTEMBER - OCTOBER = DECEMBER 6

NOVEMBER - DECEMBER = FEBRUARY 6

Reminder to set up your E-Billing. Go to our website www.calmar.ca for more details. Or contact Darlene Parchoma at the Town Office @ 780-985-3604 ext 222

2026 WASTE COLLECTION SCHEDULE



Waste collection is every Thursday.
Please use bin provided and set at front curb.

All bins are property of GFL. If you require a bin to be replaced, the cost is the sole responsibility of the property owner. Requests for replacement or additional bins can be made by contacting the Town Office. 780-985-3604.



Recycling is through Circular Materials and GFL, download their app, or contact **780-444-8805**

NEW:

Blue bag collection will be every second THURSDAY.



UPCOMING:

Organics collection will be weekly May thru October.

NEW:

Monthly collection starts November 2026

Roll Bins will be provided in the Spring of 2026.
Watch for updates.

Call 780-985-3604 ext. 222 for more info.
See reverse for landfill details

January 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Have bins at front curb by 7:00 AM on pick up day.

HELPFUL INFORMATION

IMPORTANT NUMBERS:

- Public Works On Call: 780.446.7319
- Public Works Shop: 780.985.2121
- Community Peace Officer: 780.985.0405
- Emergency: 911

SUBMISSIONS:

The deadline for content submissions is the 15th of each month for the next edition. Please email Deven at dkumar@calmar.ca for assistance.

ADVERTISE WITH US

For more info about rates and to book ad space, please email Deven at dkumar@calmar.ca.

Note - Community groups can advertise for free!

Property taxes made easier

Town of Calmar offers residents a Tax Installment Payment Plan (TIPS), allowing homeowners to pay their yearly property taxes in 12 equal installments via monthly automatic withdrawals.

No more missed due dates or penalties, and there's no need to renew every year. The monthly payment is calculated based on your most current levy.

You can sign up anytime throughout the year. All you need is a signed pre-authorized debit form and a void cheque/direct deposit form from your bank.

If you join part way through the year, you must make up payments from prior months to stay current. For example, if you decide to join in April, you need to make up the payments for January, February, March and April.

Interested in joining TIPS program? Please visit the Town Office or contact Heather Bryans at 780.985.3604 ext. 232.

How to stay in the know!



Regular Council meetings are held on the first and third Monday of each month, except on a public holiday, in which case the meeting is held the following day.

Regular Meetings start at 6:30 p.m. in the Council Chambers, located at 4901 50 Ave. Committee of the Whole meetings are held on the fourth Wednesday of each month at 1:30 p.m. in the Council Chambers.

Can't attend in-person? You can join the regular meetings from your computer, tablet or smartphone. You can also dial in using your phone:

- Canada: +1 (647) 497-9391
- One-touch: tel: +16474979391,211016493#
- Access Code: 211-016-493

Current meeting agendas are available for review on www.calmar.ca.

