

The Chronicle

February 2026



News:

Town facilities will be closed on **Monday, February 16** for **Family Day**.

Events:

Playdates run every Monday, excluding statutory holidays from 9:15 AM - 10:45 AM at the Program Centre.
4815 49 Street

Council:

Council Meetings will be on February 2 & February 17 @ 6:30pm
Committee of the Whole will be on February 25 @ 1:30 pm

Where to find the Chronicle:

- Mint Health + Drugs
- Lee's Restaurant
- Whatever Repairs
- Grasshopper Restaurant
- Calmar Library
- Wild Summit Co.
- Calmar Bakery
- ...Is Good Coffee Bar & More
- Hayduk Lumber & Hardware
- Calmar Medical Clinic
- Town Office



Calmar's Collegiate Now Open!

Black Gold School Division and Mayor Gardner cutting the ribbon for the opening ceremony on January 15.

Kindness takes center stage this February in Calmar! Join us in celebrating Kindness Month, capped off with Pink Shirt Day on February 25.

Plus, our 2026 event schedule is officially out, so mark your calendars and get ready for a year full of community connection.



Get in touch:

Town Administration Office - 4901-50 Avenue, P.O. Box 750, Calmar, AB T0C 0V0

Phone: 780-985-3604 **Fax:** 780-985-3039

Website: www.calmar.ca **Email:** info@calmar.ca

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  Black History Month Start of Kindness Month	2   HAPPY GROUNDHOG DAY Playdates Council Meeting @ 6:30pm	3  Senior Health and Wellness	4	5 Coffee With Seniors 1:00 PM  	6	7
8	9  Playdates	10  Senior Health and Wellness	11	12  	13	14  Happy Valentines Day
15	16  HAPPY family DAY Town Office Closed	17  Senior Health and Wellness Council Meeting @ 6:30pm	18	19  Community Night Kick-Off Coffee With Seniors 1:00 PM  	20	21
22	23  Playdates	24  Senior Jam Sessions 1:00 PM Senior Health and Wellness	25 National Pink Shirt Day  Committee of the Whole @ 1:30pm	26  	27	28



Adult Drop In Volleyball 7:00pm - 9:00pm
Calmar Secondary School



Calmar Pickleball 7:00pm - 9:00pm
Calmar Secondary School

In The Know with the CAO

It has been several months since my last contribution to the Chronicle. In that time, our community came together to celebrate two notable annual events: Christmas in the Park and First Night. Both occasions brought out the very best in Calmar, highlighting our town in its brightest lights. Residents participated enthusiastically, enjoying the activities alongside family, friends, neighbours, and fellow community members. The festivities even attracted visitors from neighbouring communities, illustrating the welcoming spirit of Calmar.

As we move into 2026, my hope is that the positive energy, joy, and happiness shared during these celebrations will continue to inspire us all. Each of us should strive to bring that same positivity into our daily environments throughout the year. While it is understandable that life can be stressful and unpredictable—especially with rising inflation and other challenges—it is important to acknowledge our feelings of frustration, discouragement, or irritation. Many factors affecting us may be beyond our control, but we retain the ability to choose our responses and shape our interactions with others.

Unfortunately, recent months have seen a significant increase in both the frequency and intensity of disrespectful behaviour directed at the town's staff. Instances of shouting and swearing have risen sharply, and the level of disrespect shown to our public servants is unprecedented. Such conduct is neither constructive nor acceptable. The administration remains committed to listening to all opinions and inquiries, provided that they are communicated respectfully. We are here to support our community, but abuse, harassment, and disrespect will not be tolerated. Accordingly, administration has been directed to cease any conversation or interaction when faced with unacceptable behaviour.

As I look forward to 2026 and the years beyond, I am optimistic about the many possibilities and exciting opportunities awaiting Calmar and its residents. By working together and maintaining a positive outlook, we greatly improve our chances of success. Let us continue to care for one another and uphold the values that make Calmar a wonderful place to live.

Yours Truly,
Sylvain Losier, CAO



ROYAL CANADIAN MOUNTED POLICE

A January Message from Leduc RCMP

January is often a quieter month in our community, but from a policing perspective, it's also an important one. The holidays have passed, routines return, and winter conditions are at their peak. This makes January a time to focus on safety, awareness, and community care.

Winter brings unique challenges; cold temperatures, icy roads, and reduced daylight can all impact daily life. We encourage residents to take extra care while driving. Slow down and allow extra time to stop, and ensure your vehicle is winter-ready. Pedestrians are also reminded to wear visible clothing during darker hours, especially near roadways.

This time of year is also a good opportunity to revisit home safety. Simple steps like locking vehicles, removing valuables, ensuring exterior lights are working, and watching out for one another help keep crime low. In small communities like Calmar, crime prevention is very much a shared effort.

As we move through the winter months, we thank the residents of Calmar for continuing to look out for one another. Strong communities are built on trust, communication, and shared responsibility, and that is something we see every day here.

Stay safe, stay warm, and don't hesitate to reach out when help or guidance is needed.



Contact Information:
Administration: 780-980-7200
Emergencies: 911



CALMAR *Events* 2026

1-28
FEBRUARY

KINDNESS MONTH

7

APRIL

WORLD HEALTH DAY

19-25
APRIL

VOLUNTEER
APPRECIATION WEEK

4

MAY

MAY THE FOURTH
BE WITH YOU

29
MAY

BUSINESS BRUNCH

1-7
JUNE

SENIORS
APPRECIATION WEEK

5
JUNE

NATIONAL DONUT DAY

20
JUNE

RESIDENT APPRECIATION
& LEMONADE STANDS

1
JULY

CANADA DAY

14-16
AUGUST

CALMAR DAYS

TBD
SEPTEMBER

BACK TO SCHOOL
BBQ & MOVIE

27
NOVEMBER

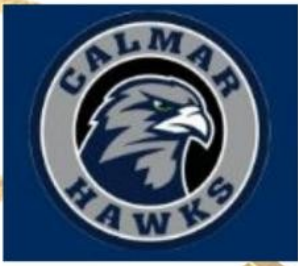
CHRISTMAS IN THE PARK

1-31
NOV-DEC

CHRISTMAS ELVES

31
DECEMBER

CALMAR FIRST NIGHT



2026 CSCS GRADUATES PRESENTS

DESSERT THEATRE & SILENT AUCTION

Cash, cheques and E-Transfers accepted for auction

\$25/TICKET

Available in the CSCS front office
Cash/Cheques only

CALMAR LEGION

4815 47 St, Calmar, AB

**SATURDAY
7 MAR 2026**

DOORS OPEN AT 6:30 PM
Show Starts at 7:30 PM

The
GRINDSTONE
Comedy Theatre & Bistro

GRINDSTONE THEATRE IS A NON-PROFIT ORGANIZATION FOUNDED IN 2011 WHICH AIMS TO CREATE PROFESSIONAL OPPORTUNITIES FOR EMERGING ARTISTS THROUGH HIGH QUALITY PRODUCTIONS. GRINDSTONE'S SHOWS HAVE TOURED NATIONALLY AND PERFORMED TO SELL OUT AUDIENCES BOTH IN EDMONTON AND ABROAD.

IN 2018, GRINDSTONE OPENED THE GRINDSTONE COMEDY THEATRE AND BISTRO, AN INTIMATE 78 SEAT THEATRE AND LICENSED RESTAURANT WHICH IS HOME TO INDEPENDENTLY PRODUCED SHOWS EACH WEEK IN THE AREAS OF IMPROV, STAND UP, SKETCH COMEDY, TALK SHOWS, MAGIC, BURLESQUE, MUSICAL THEATRE AND MORE! SHOWS ARE ON TWICE A NIGHT FROM WEDNESDAY TO SUNDAY. VOTED EDMONTON'S BEST COMEDY CLUB BY VUE WEEKLY, GRINDSTONE IS A VENUE BUILT BY ARTISTS FOR ARTISTS.

WE ARE PROUD TO BE A PART OF THE EDMONTON COMEDY SCENE AND THE EDMONTON MUSIC THEATRE COMMUNITY





COMMUNITY VOLLEYBALL

MONDAYS

CALMAR SECONDARY
SCHOOL GYMNASIUM

6:45PM-9:00PM



COMMUNITY PICKLEBALL

TUESDAYS AND

THURSDAYS

CALMAR SECONDARY
SCHOOL GYMNASIUM

7:00PM-9:00PM



COMMUNITY NIGHTS

Thursday, February 19

Program Centre

6PM - 8PM



Kick Off February with Mardi Gras

Annual Calmar Kindness Month Campaign

Throughout February, Town of Calmar celebrates Kindness Month alongside National Pink Shirt Day, held on February 25, 2026.

This initiative encourages small acts of kindness, helping others, listening, and showing appreciation. This strengthens connections and creates a more welcoming community.

To join the campaign and be part of Calmar's Kindness Month,
Contact FCSS Coordinator, Mikayla
780-985-3604 ext 233
mleibel@calmar.ca

#CalmarKindness



The Town of Calmar's Ambassador Team

The Economic Development Team at the Town of Calmar, will be starting an Ambassador Program in the spring.

We are seeking 6 people to join the Town as part of the Ambassador Team.

- 2 - that are residents of Calmar
- 2 - that are from the business community
- 2 - that are from one of our local groups.

We want to get local leaders together to promote Calmar and help the Town provide new avenues of communication!

We are accepting applications from January 5, 2026 to March 2, 2026.



Questions:
Call Sandra
at the Town Office
780-985-3604

Town of Calmar Ambassador Who Should Apply



- You are a resident of Calmar, or you run a business in Calmar.
- You are an Influencer in the Town of Calmar.
- You like to talk to people.
- You are passionate about Calmar.
- You like to share your positive experiences.
- You want to be part of a team that is helping to grow Calmar's economy.
- You have ideas to share about improving Calmar.
- You like to volunteer or need to collect volunteer hours.

Being an Ambassador can:

- Improve your leadership skills
- Make lifelong friends
- Find new passion
- Build capacity in your town.



For more info:
Call Sandra at
780-985-3604



MEDIA RELEASE

FOR IMMEDIATE RELEASE

Calmar Collegiate Secondary School celebrates grand opening of new trades-focused addition

Calmar, Alberta (January 15, 2026) - Trustees, government officials, division and school administrators, industry and community members, and students have celebrated the grand opening of a new addition to Calmar Collegiate Secondary School (CSCS). The 5000-square-foot addition, and the equipment inside of it, will support skilled trades training for students.

“We are pleased to celebrate this new industry-standard facility,” says Michael Borgfjord, Superintendent, Black Gold School Division. “As it opens, we are anticipating the valuable experiences that will benefit students as they experience and prepare for careers in the skilled trades.”

“Thank you to the Alberta Government for its investment in this facility, in trades training, and in our students. We are excited about the opportunities this new facility will provide for our students as they gain skill and experience in the trades,” Devonna Klaassen, Board Chair, Black Gold School Division.

The cost of the building is \$3.3 million. Industry-standard equipment inside the facility brings the project cost to almost \$3.5 million total. The provincial government provided the funding. Students from across Black Gold, as well as from Wetaskiwin Regional Public Schools and Wild Rose School Division, will be able to access career pathways experiences at CSCS.

“The vision for this project started with the need for career pathways opportunities for students within their own communities,” says Justin Klaassen, Principal, CSCS. “We have created a program that starts with wide exposure to trades, and then refines the student experience when they learn what they are most interested in.”

In Grade 10, students visit industry sites to learn more about carpentry, electrical, and pipe trades as well as iron works, welding and brick laying. They receive high school and post-secondary credits at the completion of the class. In Grade 11, students experience hands-on learning within their new facility, with a refined focus on carpentry, electrical and pipe trades, while also earning high school credits. Grade 12 students take a class that focuses on single trade, and prepare to challenge industry technical exams. Instructors are journeymen from trade unions.

“We are grateful for our partnerships with industry partners and with our community,” says Erin Tisdale, Director of Curriculum Development, Black Gold. “Because of industry connections, students have access to high quality careers training without having to leave their home community.”

Currently 65 students are participating in the program, and it is anticipated the number will grow.

The name of the school has also changed to reflect the school’s trades focus. Calmar Secondary School is now Calmar Secondary Collegiate School. A [collegiate program](#) in Alberta offers specialized programming in a particular subject or field and provides all students with a clear pathway into post-secondary education and careers in their chosen field. CSCS will continue to provide excellent academic programming, in addition to specialized learning in the trades.

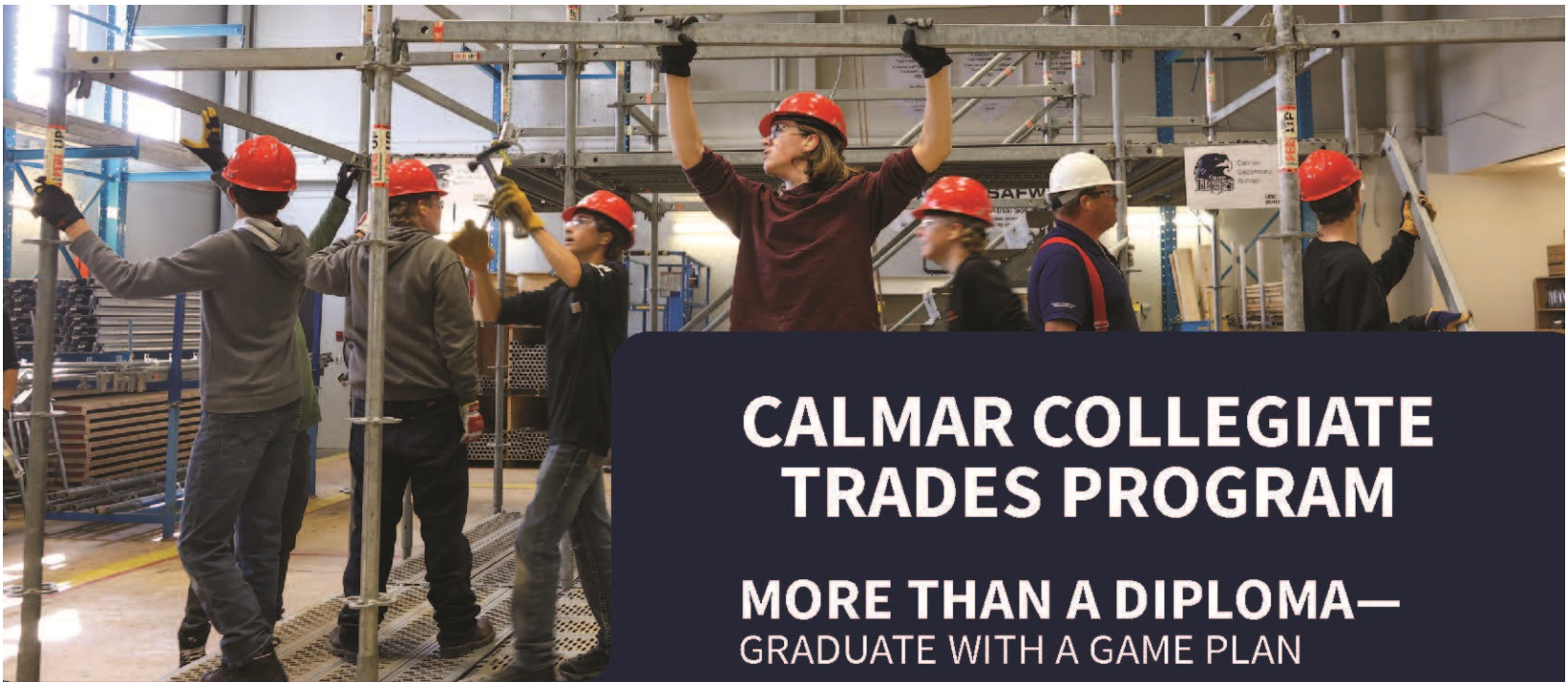
Before and after the Grand Opening event, students were able to access a job and career resource fair at the school. The Leduc / Nisku / Wetaskiwin Regions Chamber of Commerce organized the event in partnership with the school, to provide students with a chance to connect with industry representatives.

“Thank you to so many in our community who have supported us, our work in the trades, and especially our students. Your partnership is important and appreciated,” says Norm Dargis, Associate Superintendent, Black Gold.

-30-

For more information, please contact:

Laurette Woodward
Communications Officer
Black Gold School Division
T: 780.955.4570
C: 780.203.6337
laurette.woodward@blackgold.ca



CALMAR COLLEGIATE TRADES PROGRAM

**MORE THAN A DIPLOMA—
GRADUATE WITH A GAME PLAN**

Step into the spotlight as a member of Calmar Collegiate's inaugural cohort.

Pre-Apprenticeship Opportunity

As a Grade 12 student, you'll complete a pre-apprenticeship in carpentry, pipe trades, or electrical (carpentry only in 2025/26). You'll finish by writing your AIT (Apprenticeship and Industry Training) exam and earn an industry-recognized credential that sets you apart.

Carpentry First-Year Training

Looking for the ultimate head start? Complete your first-year technical training in Carpentry for just \$900 (a \$5,000 value). Graduate with real skills, real savings, and a career advantage.

Earn While You Learn

Don't just prepare—get started. Log Blue Book hours, earn wages, and gain hands-on experience before returning to school.

Pathway to the Trades

Step straight into high-demand, high-paying careers through hands-on training and exciting Registered Apprenticeship Program (RAP) placements.

Secure your spot today—limited spaces available for 2025!

Graduate ahead of the crowd with the skills Alberta's workforce is demanding.

Program Highlights

- ✓ 60 full days starting Semester 2, on-site at Calmar Collegiate
- ✓ Train with ticketed instructors who bring real-world expertise
- ✓ Stay on track with outreach teachers supporting your core courses
- ✓ Connect with partners like Northern Lakes College, the Building Trades of Alberta, and the Educational Partnership Foundation for direct industry exposure

Why This Program Stands Out

- 👤 Graduate with industry-recognized training
- 💰 Save over \$4,000 in tuition costs
- 👷 Connect directly with trades professionals and employers
- 🚀 Launch into high-demand, high-paying careers



**CALMAR SECONDARY
COLLEGIATE SCHOOL**



Calmar Elementary School

KINDERGARTEN REGISTRATION IS UNDERWAY FOR 2026-27

www.blackgold.ca/kindergarten



Help Shape How Our Community Grows.

THE LAND USE BYLAW IS BEING UPDATED.
WATCH FOR OPPORTUNITIES TO SHARE
YOUR FEEDBACK.

The Land Use Bylaw is the Town's "rulebook" that guides how land is used and developed. It helps ensure that different land uses work well together and that new development supports a functional, safe, and livable community for residents, businesses, and builders.

WHY THIS MATTERS TO YOU

Whether you're a homeowner, business owner, renter, builder, developer, or are interested in how land use rules affect you.

The Land Use Bylaw helps shape:

- Where structures like sheds, garages, decks or houses can be built
- What types of businesses can operate nearby
- How neighbourhoods change and adapt over time
- What kinds of housing are permitted in different areas
- How residential areas are separated

LAND USE BYLAW SURVEY

The Land Use Bylaw is the Town's rulebook that guides what can be built, where it can be built, and how development fits on a property. These rules, adopted and modified by Council, can be more flexible or more restrictive. More flexible rules can support new housing, businesses, and different types of development. More restrictive rules provide greater predictability and help people understand what to expect but can also limit options on individual properties and make some types of development harder to achieve. This survey asks for your input on how much regulation the Town should require moving forward and what elements are important to you and should require additional attention from Council and Administration.

What level of restrictions and regulations do you want the Town to have?

(Please remember that these regulations would apply to you and your neighbors that are within the same district.)

- High level of rules and regulations
- Medium level of rules and regulations
- Low level of rules and regulations
- Unsure / no opinion

NEIGHBORHOOD

What characteristics of the Town of Calmar's neighborhood do you value most *(select maximum 3)*

- Green space (parks, mature trees)
- Variety of housing options (single detached, suites, duplexes, townhouses)
- Yard size
- Building size (design, height, lot)
- Wide streets
- Parking
- Proximity to goods and services
- Other? _____

How much would you support the following statements (*strongly agree, agree, neutral, disagree and strongly disagree*)

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Secondary suites (such as basement or garden suites) should be permitted in all residential districts.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A wider range of housing types (such as duplexes, triplexes, and townhouses) should be allowed in residential areas.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Smaller homes and more compact housing should be encouraged to support affordability.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
New residential developments should provide housing options for different household sizes, ages, and incomes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Modular and manufactured (prebuilt, permanent) homes should be permitted wherever traditional site-built homes are allowed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A mix of residential and commercial uses should be encouraged in more areas to increase housing options.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The Town should be open to a variety of housing forms to meet current and future community needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What would help support and strengthen older neighborhoods over time?

(*Select all that apply*)

- Protecting and maintaining green spaces and parks
- Preserving mature trees and natural features
- Allowing a small range of housing options over time
(*such as modest infill or redevelopment that fits the neighborhood*)
- Improving access to nearby services and amenities
- No changes are needed (existing neighborhoods should remain as they are)
- Other (please specify): _____

What mix of housing types should be allowed in older neighborhoods (select those that apply)

- Duplexes
- Single Detached Homes
- Secondary Suites
- Townhouses
- Low rise apartments (2-3 stories)

How do you feel about allowing higher fences on residential properties?

- Current fence height limits are appropriate — no change needed
- Slightly higher fences should be allowed
- Significantly higher fences should be allowed
- Fence heights should be more restricted
- Unsure / no opinion

How well does parking work in your neighborhood today?

- Works well — no concerns
- Works fairly well with occasional issues
- Needs improvement
- Needs significant improvement
- Not applicable

If parking is a challenge, what causes it?

(e.g., number of vehicles, garage use, visitors, snow storage)

ECONOMIC GROWTH

What types of commercial employment would you like to see in Town (Select all that apply)

- Local retail (shops, groceries, personal services)
- Restaurants, cafés, and food services
- Professional offices (medical, legal, financial, administrative)
- Home-based businesses

- Light industrial or trades (contractors, workshops, storage)
- Community services (childcare, seniors services, health)
- No additional commercial development needed
- Other (please specify): _____

How supportive are you of additional commercial or employment development in Town?

- Very supportive
- Somewhat supportive
- Neutral
- Somewhat opposed
- Very opposed

How should home-based businesses be regulated in residential areas?

- Current rules are appropriate — no change needed
- More flexibility should be allowed
- Clearer limits are needed to manage impacts
- Both more flexibility and clearer limits are needed
- Unsure / no opinion

What types of home-based businesses or impacts should be considered?

(e.g., customer visits, parking, noise, signage, deliveries)

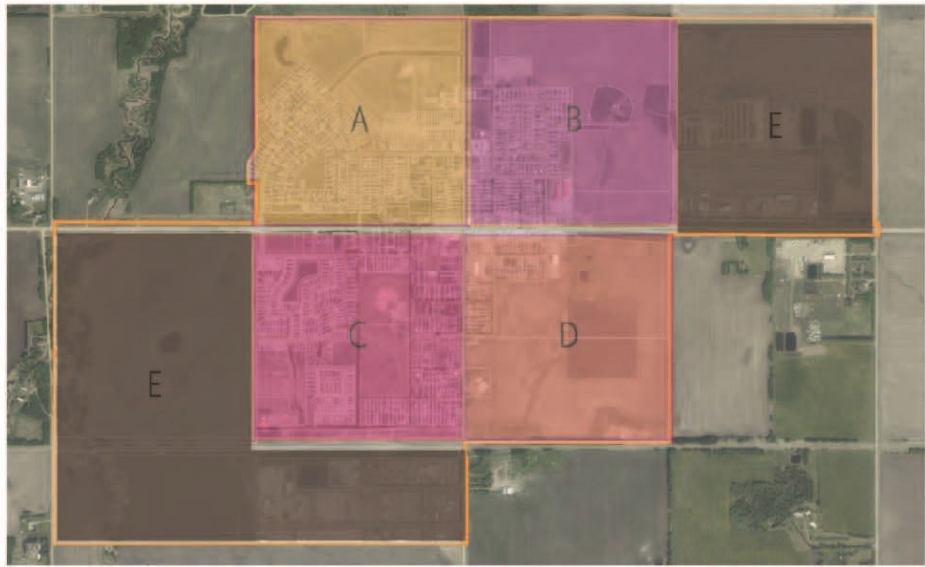
DEMOGRAPHICS

Which best describes you?

(Select all that apply)

- Resident/ Homeowner
- Renter
- Business Owner
- Developer or builder

What area of Town do you live in or own in based on the map below



- A B
- C D
- E

What is your age

- Under 18
- 18-24
- 25-34
- 34-44
- 45-54
- 55-64
- 65+

Do you have any other comments regarding the Town’s Land Use Bylaw

Please fill and submit it back to Sylvain Losier at the Town Office by Friday, February 20th.

How to submit:

By email – SLosier@calmar.ca or return to Town Office 4901 50 Avenue, Calmar.

CALMAR & DISTRICT SENIOR CITIZENS CLUB

INFORMATION

- 4916 50 AVE CALMAR AB
- seniorscalmar63@gmail.com
- Terry @ 587-988-3636

2026 JAN TO JUNE MONTHLY EVENTS



MEETING SCHEDULE 2026 @ 1:00 PM

- January 14th
- March 11th (AGM)
- April 8th
- June 10th

JAM SCHEDULE 2026 @ 1:00 PM

- January 27th
- February 24th
- March 24th
- April 28th
- May 26th
- June 23rd

COFFEE TIME 2026 @ 1:00 PM

- January 8th & 22nd
- February 5th & 19th
- March 5th & 19th
- April 2nd & 16th
- May 7th & 21st
- June 4th & 18th

Calmar Play Dates

Calmar Program Centre
4815 49 Street
Monday Morning
9:15am - 10:15am

**Public
Skating**

**STICK
'N'
PUCK**

Mondays 3:30pm -4:45pm

**Thursdays 3:30pm
-4:45pm**

**Tuesdays 3:30pm
-4:45pm**

**Additional Times will be posted on Social Media and
Calmar.ca**

Weekend Times will be Posted on Fridays!

TOWN OF
CALMAR

Calmar Connects

A page dedicated to the wellness of our community.



How to Choose a Word of the Year

January often brings pressure to change everything at once. Resolutions sound good, but for many people they create stress, guilt, or unrealistic expectations. A Word of the Year offers a gentler approach. Instead of focusing on one rigid goal, you choose a single guiding intention that supports you all year long. A word is easier for your nervous system to follow because it isn't about perfection. It's about direction. Words like "soften," "steady," "clarity," or "courage" act as anchors that you can return to when life feels busy or overwhelming.

Here's a simple way to choose your word:

1. Ask what you need more of this year

Not what you "should" do. What you genuinely need.

2. Notice what your body responds to

If a word makes your shoulders drop or your breath deepen, that's a good sign.

3. Keep it simple

Your word doesn't have to be profound. It just needs to feel true.

A Word of the Year isn't something to achieve. It's something to grow with. As you move into 2026, consider choosing a word that supports you rather than pressures you.

If you're needing emotional support this season, Nurtured Minds Wellness offers therapy and nature-based services for individuals and families in the community.



This article is for general information only and is not a replacement for therapy, counselling, or medical care.



If you are in crisis, call 911 or go to your nearest Emergency Room. You can also reach the Alberta Mental Health Help Line at 1-877-303-2642 or the Mental Health Crisis Text Line by texting CONNECT to 741741.

Articles written by Charlie Webb, RP, CT. Founder of Nurtured Minds Wellness Therapy and Retreat Group.



www.nurturedmindswellness.com

TOWN OF
CALMAR



fcss

Family and Community
Support Services



HEALTH & WELLNESS CHAIR EXERCISE

**Tuesday Afternoons
1:30pm - 2:30pm
Program Centre
4815 - 49 St,**

**Contact Cassie Kreil for registration or
questions
stwfittness@yahoo.ca | 780-241-0987**

SNOW ANGEL VOLUNTEER CALL

WE ARE SEEKING A BIT OF EXTRA SUPPORT FROM OUR COMMUNITY VOLUNTEERS TO ASSIST WITH SIDEWALK SNOW REMOVAL AS PART OF OUR SNOW ANGELS PROGRAM.

IF YOU'RE WILLING TO LEND A HAND TO A COMMUNITY MEMBER WHO COULD USE SOME HELP, WE WOULD LOVE TO HAVE YOU ON BOARD!

ANY QUESTIONS OR TO SIGN UP PLEASE CONTACT FCSS COORDINATOR MIKAYLA MLEIBEL@CALMAR.CA | 780.985.3604 EXT. 233





Progressive Pathways Behaviour and Disability Services

Progressive Pathways is a nonprofit organization that provides diverse individual counseling and support to children, adolescents; and adults with cognitive disabilities and their families.

SUPPORT SERVICES

- 24 Hour support
- Emergency support (24 hr respite, hourly)
- Respite care (hourly, work related, Community)
- Day Camps for Children, adolescents and Adults
- Riding lessons



Equine Therapy

Evidence-based approaches:

- Cognitive Behavioural Therapy (CBT)
- Dialectical Behaviour Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Prolonged Exposure Therapy



**SUCCESS
AHEAD**

825-758-1656

info@progressivepathwaybds.ca



JANUARY 2025

NEW HUMBLE COMMUNITY SCHOOL



HAPPY
New Year FROM NHCS
STUDENTS AND STAFF



CHOICE IN EDUCATION

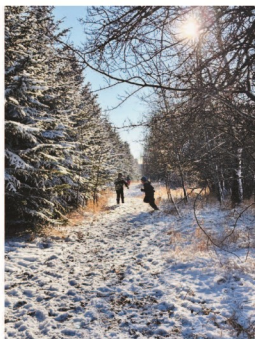
Choice in education empowers parents, drives innovation, and enables students to access learning pathways that fit their strengths and goals.

LEARN MORE



NHCS

At New Humble Community School, we believe not all classrooms have four walls, and not all students learn in the same ways. NHCS offers a unique learning experience through the use of agriculture, environment and stewardship as an instrument for experiential hands-on learning.



COMMUNITY

The greatness of a community is most accurately measured by the compassionate actions of its members.



BARNYARD PROGRAMS

- Garden
- Sheep
- Heifer
- Broiler Chicken
- Greenhouse
- Layer Chicken
- Turkey
- Hog
- Goats
- Compost
- Cat
- Maintenance

FEBRUARY 2026 NEW HUMBLE COMMUNITY SCHOOL



Thank you

NHCSA PARENT SOCIETY & SCHOOL COUNCIL

Huge shout out to NHCS's incredible parent society, school council and volunteers. Your efforts and support mean the world to the students and staff. Thank you for everything!



April 11, 2026
Hand in Hand
Fundraiser



NHCS
Learning in
Action



Calmar Public Library: February 2026 WHAT'S HAPPENING?



2026 Calmar Library Writing Contest Submissions Close: February 27, 2026

The Calmar Public Library is thrilled to announce the return of our annual writing contest. The writing contest is open to residents of Calmar, Leduc, Devon, Millet, Thorsby, Warburg, and surrounding Leduc County communities. **Participants are welcome to submit one entry per category.** Entries must be typed and submissions will only be accepted via email.

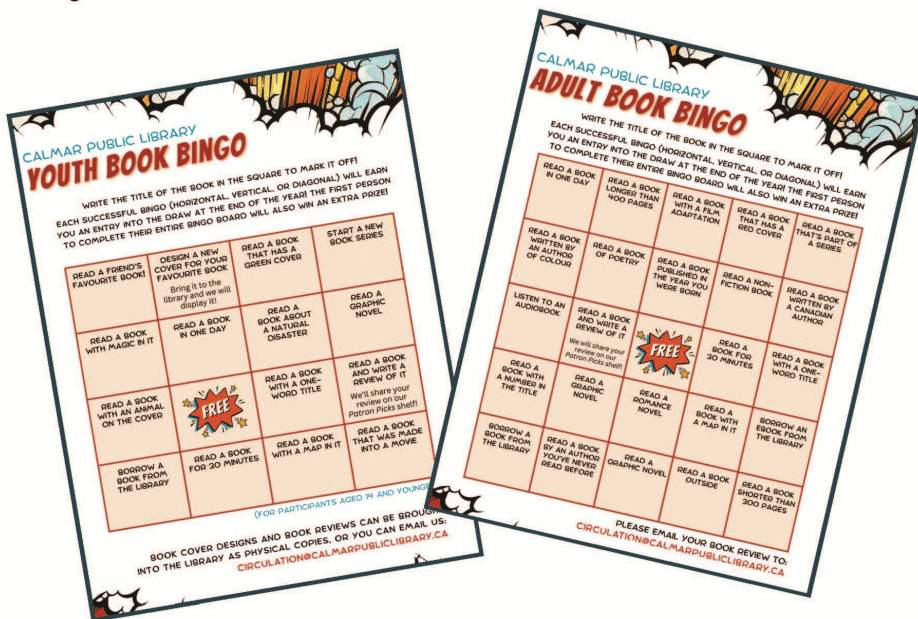
Prizes to be announced! For a full list of rules and submission guidelines, please email us at circulation@calmarpubliclibrary.ca

Age Categories	Submission Categories	
Youth 9-14 years	Poetry 600 words max	Open theme, but must be original and unpublished (both in print and online)
Adult 15+ years	Short Story 1200-1800 words	



Book Bingo - Pick Up Your Card Today! 2026 Reading Challenge

Readers young and old: we challenge you to read throughout the year and see if you can complete your bingo card! For every bingo achieved (horizontal, vertical, and diagonal) you will earn an entry into the draw for a bookish gift card! The first people from each age category to complete every challenge on their bingo card will also win a bookish prize pack! **Bingo cards can be picked up from the library or found on our website!**



LIBRARY HOURS

Monday, Tuesday, Thursday, Friday	11AM - 5PM
Wednesday	11AM - 8PM

CLOSURES: weekends and statutory holidays

IT'S FREE! JOIN THE LIBRARY!

New to the community and looking to get a library card? Great! Contact the library to apply for your card today!

Monthly Programs



Knit n' Stitch Tuesdays @ 2:30PM

All skill levels welcome!



Stay and Play Thursdays @ 10:00AM

Ages 0-5 with caregiver



Chess Club February 4 @ 5:00PM

All ages and skill levels



Cookbook Club February 11 @ 6:00PM

Theme: Valentine High Tea



LEGO Club February 18 @ 4:00PM

Ages 6 and up

TAKE & MAKE KITS

Pre-K Valentine Bubbles

Tween Spin-finite Tops



Have a question? Want to register for a program?

Website: www.calmarpubliclibrary.ca

Contact: 780-985-3472 or circulation@calmarpubliclibrary.ca

SAVE THE DATE

Reader's Theatre Makes a Return!

Due to demand and popularity, our Reader's Theatre program will be returning in 2026. **The program will run for 6 weeks during April and May from 4:00-5:00PM.**

Intended for participants between the ages of 8-12, our Reader's Theatre Group will offer kids an introduction to informal acting opportunities —where having fun is the only ultimate goal!

Each week participants will play theatre games and have the chance to perform a play at the end of the 8 week program. Line memorization is not required; the focus is on fluency and vocal expression. Snacks will be provided.

Registration will be required, so be sure to keep an eye on our website and social media for updates!



What's New on Our Shelves!

We are always adding to our collection! Here are some of the newest titles that we added last month.

Adult Fiction					
	Non-Fiction		DVDs / TV Series		
Juvenile					
	Picture Books				

Coming Soon!

Community Pantry

Our Community Pantry is now available to the public! Bags are available if needed, and we request that shopping is limited to three items per person.

Due to increasing demand, we are actively seeking donations of the following items:

- canned and other non-perishable foods
- sauces and spreads
- instant and "soup in a cup" noodles
- toiletries and cleaning supplies

Check us out online!

Facebook: www.facebook.com/calmarlibrary
 YouTube: www.youtube.com/@calmarpubliclibrary

Economic Development

BUSINESS SHOUTOUT!

**The New
Ambassador Program**

Have you heard about the new
Ambassador Program beginning in April?

We are seeking 2 leaders from among our
business community.

We want to get local leaders together to
promote all of the wonderful things that Calmar
has to offer!

If you own, run, or work at a local business, and
you want to make a difference in Calmar...

Please call Sandra at the Town office.

780-985-3604



If you have a shout out for one of our local
businesses, please call Sandra at the Town office.

780-985-3604



Economic Development

BUSINESS UPDATE

**Are you interested in the
Nisku Energy Show ?**

The Regional Chamber of Commerce is putting on the

Nisku Energy Show

May 27 & 28, 2026!

If you are a Calmar business and are looking into having a booth at the Nisku Energy Show this May 27th & 28th, the Town would like to partner with you and all of the Calmar businesses that want to be an exhibitor.

If you are interested or want to learn more about this initiative, please call Sandra at the Town office at 780-985-3604 ext 226



Leduc County Family and Community Support Services

The following are events, webinars and other Important Information.
Everyone is welcome!

Sign up to receive our monthly update directly to your email inbox. Send an email to fcssinfo@leduc-county.com and ask to subscribe to our email distribution list.

Upcoming Registered Sessions

Registration is required for all upcoming sessions and space is limited. Call us at 780-979-2385 or 1-888-301-FCSS to learn more.

Managing Menopause

Dealing with hot flashes, night sweats, trouble sleeping or mood swings related to menopause? Discover ways to help manage these symptoms through lifestyle changes, pelvic floor therapy, non-prescription and prescription therapy options including a detailed discussion on hormone therapy. Sessions will be facilitated by Melissa, a registered nurse at the Leduc Beaumont Devon Primary Care Network. She grew up on a farm in Leduc County and has built her career in rural nursing.

Date: Tuesday, Feb. 10

Time: 6 to 8 p.m.

Location: Zoom online

Relationship skills workshop series

Relationship Skills is a series of 4 free workshops for adults designed to enhance participants' knowledge and skills to support healthy relationships with self and others. By registering, participants will receive one zoom link and are encouraged to attend any of the sessions.

Time: 6 to 7:15 p.m.

Location: Online

Tuesday, Feb. 3: Relationship with self

Knowing ourselves can help us define what is important to us in relationships. This workshop helps us to learn about ourselves through identifying our personal values.

Tuesday, Feb. 10: Boundaries

Boundaries help us to support our sense of self as being different from others, empowering us to make choices within our relationships. This workshop looks at what boundaries are, where they come from and some skills to establish them.



Leduc County Family and Community Support Services

The following are events, webinars and other important information.
Everyone is welcome!

Tuesday, Feb. 17: Enhancing communication

This workshop explores communication methods and styles that can affect how our message is delivered and received. We will look at how to apply skills that can enhance the way we communicate with others.

Tuesday, Feb. 24: Listen to understand

Listening skills improve our relationships by helping us to connect with others and their perspective. This workshop looks at skills that can help us to listen and respond with intention.

Winter well-being for 55+: Staying warm, bright, and connected

Join us for a warm and welcoming session designed to help you stay healthy, uplifted, and connected through the colder months. Learn practical tips to support your mental and emotional wellness and keep social connections strong despite winter's challenges. Leave with simple strategies, new ideas, and a brighter outlook for the season ahead. Sessions will be facilitated by Kim Silverthorn, BA, RPC, MPCC, CT from Tacit Knowledge.

Date: Thursday, Feb. 26

Time: 2:30 to 4 p.m.

Location: Zoom online

Get ready for tax season

You need to file your personal tax return every year to receive many government benefits such as Guaranteed Income Supplement, Canada Child Benefit, or the GST Credit. This year, your 2025 taxes can be filed between the end of February and the end of April. To prepare for tax season, make sure CRA has your up-to-date contact information. The easiest way is to create and maintain a CRA account. If you don't have one, you can contact them by phone at 1-800-959-8281. You will need to provide information from your most recently filed tax return to prove your identity.

As you receive your tax slips over the next few weeks, keep them in a safe place. If you don't receive them, you must contact the issuer for a replacement. Or you can find your t-slip information directly on your CRA account.

If you have a moderate income and a simple tax situation, you may be eligible for free tax-filing assistance from the Community Volunteer Income Tax Program (CVITP). Information will be shared about this program eligibility and availability soon.



Connect with us!

780-979-2385 or fcssinfo@leduc-county.com



Introducing the Circular Materials Recycling App

Now available in the Town of Calmar.

- Find your recycling schedule.
- Get collection notifications.
- Search what materials go into your recycling.

Download the Circular Materials recycling app.

circularmaterials.ca/app



Utility Bill Due Dates

JANUARY - FEBRUARY = APRIL 6

MARCH - APRIL = JUNE 6

MAY - JUNE = AUGUST 6

JULY - AUGUST = OCTOBER 6

SEPTEMBER - OCTOBER = DECEMBER 6

NOVEMBER - DECEMBER = FEBRUARY 6

Reminder to set up your E-Billing. Go to our website www.calmar.ca for more details. Or contact Darlene Parchoma at the Town Office @ 780-985-3604 ext 222

2026 WASTE COLLECTION SCHEDULE



Waste collection is every Thursday.
Please use bin provided and set at front curb.

All bins are property of GFL. If you require a bin to be replaced, the cost is the sole responsibility of the property owner. Requests for replacement or additional bins can be made by contacting the Town Office. 780-985-3604.



Recycling is through Circular Materials and GFL, download their app, or contact 780-444-8805

NEW:
Blue bag collection will be every second THURSDAY.



UPCOMING:
Organics collection will be weekly May thru October.
NEW:
Monthly collection starts November 2026

Roll Bins will be provided in the Spring of 2026.
Watch for updates.

Call 780-985-3604 ext. 222 for more info.
See reverse for landfill details

January 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Have bins at front curb by 7:00 AM on pick up day.

Helpful Information

Important Numbers:

Public Works On Call: 780.446.7319
Public Works Shop: 780.985.2121
Community Peace Officer: 780.985.0405
Emergency: 911

Submissions:

Newsletter Submissions
Deadline is the 15th of each
month for the next edition.
Community Groups are free!

Want to Submit?

To Book ad space and for rates
Phone: 780.985.3604
Fax: 780.985.3039
email: mblack@calmar.ca

Property Taxes:

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime throughout the year, but you will need to pay up front for the months that have already passed to stay caught up.

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank.

No more missed due dates and penalties, and no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather Bryans at 780.985.3604 EXT. 232

Council Meetings:

Regular Council meetings are held on the first and third Monday of each month, except on a holiday, in which case the meeting will be held on the following day (Tuesday). Meetings are at 6:30pm in Council Chambers.

Committee of the Whole meetings are held the 4th Wednesday of each month at 1:30 p.m. Meetings are held in Council Chambers at 4901 – 50 Ave

Alternatively, you may join the regular meetings from your computer, tablet or smartphone.

You can also dial in using your phone.

Canada: +1 (647) 497-9391

One-touch: tel:+16474979391,,211016493#

Access Code: 211-016-493

All current Agendas and information can be found on www.calmar.ca

