

TOWN OF
CALMAR



The Chronicle

OCTOBER 2025

YOU CAN FIND ME AT:

- MINT HEALTH + DRUGS
- LEE'S RESTAURANT
- WHATEVER REPAIRS
- GRASSHOPPER RESTAURANT
- CALMAR LIBRARY
- FOR THE LOVE OF PEROGIES 'N' STUFF
- CALMAR BAKERY
- ...IS GOOD COFFEE BAR & MORE
- HAYDUK LUMBER & HARDWARE
- CALMAR MEDICAL CLINIC
- TOWN OFFICE



TOWN ADMINISTRATION OFFICE

4901-50 AVENUE, P.O. BOX 750, CALMAR, AB T0C 0V0

PHONE 780-985-3604

FAX 780-985-3039

WEBSITE: WWW.CALMAR.CA

EMAIL INFO@CALMAR.CA

OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Election Forum 6:30 pm - 9 pm Program Centre	2 	3	4 Advanced Voting 11 am - 2 pm Council Chambers 
5	6  Utility Bills Due Council Meeting @ 6:30pm	7 	8 Advanced Voting 5:30 pm - 8:30 pm Council Chambers	9 	10	11
----- FALL CLEAN UP -----						
12	13  Town Office Closed	14  Senior Fitness	15	16 	17	18
19	20  Election Day Calmar Legion 10 am - 8 pm 	21  Senior Fitness	22	23 	24	25
----- Small Business Week -----						
26 National Pumpkin Day 	27 	28  Senior Fitness	29 Committee of the Whole @ 1:30pm	30 	31 	



Adult Drop In Volleyball 7:00pm - 9:00pm
Calmar Secondary School



Calmar Pickleball 7:00pm - 9:00pm
Calmar Secondary School

Mayor's Corner

“Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale.” – Lauren DeStefano

September has come and gone; families have settled back into school routines and fall & winter recreation programs have started.

I would like to extend a huge thank you to the parks and recreation staff for the continued hard work in keeping our parks and flowers around our community looking beautiful all season. Thank you, CIB and all the volunteers that continue to bring the beautiful flowers to our community.

October starts off with the Fall clean up from Oct 6th to Oct 10th. Please have your items out front by Oct 5th. See the town website for more details. There are many recreational opportunities in the community. Pickleball, adult volleyball, seniors' fitness class, darts at the Legion and more. The library has a full schedule of fun and interesting events throughout October, please check out the library. We wrap October up with Halloween. The fun time to mask up and become that favourite ghost, witch or iconic cartoon character you love so much and parade through the community collecting goodies. Please everyone let's be mindful of all the extra foot traffic in our neighbourhoods.

Council and administration have been working on the beginning of the 2026 budget process. Budget season is always filled with many decisions, some are easy decisions while many others are tough, as we always need to be mindful of our ratepayers. Please watch the town website for your opportunities to provide input, suggestions, and feedback. If you have suggestions or questions, please feel free to reach out to the town administration or one of the council members. We always love hearing about the things that may enhance our community.

October 20th, 2025, is municipal election day. There are several candidates running in this years election. I would like to welcome all candidates that have decided to step up and be a part of the community. For all information related to the election please check out the town website or contact the town office. Watch for advanced polls. They provide an opportunity to vote should you not be able to make October 20th work in your busy schedules.

Sincerely Yours
Sean Carnahan, Mayor
Calmar, a great place to call home.



Run For Mayor or Council

CALMAR MUNICIPAL ELECTION
OCTOBER 20, 2025!



KEY DATES FOR THE UPCOMING ELECTION

- **October 1, 2025 – 6:30pm – 9:00pm Candidates Forum (Program Centre)**
- **October 4, 2025 – 11:00am – 2:00pm Advance Voting (Council Chambers)**
- **October 8, 2025 – 5:30pm – 8:30pm Advance Voting (Council Chambers)**
 - **October 20, 2025 – 10:00am – 8:00pm Voting (Calmar Legion)**

TO BE ELIGIBLE TO VOTE YOU MUST RESIDE WITHIN THE TOWN OF CALMAR MUNICIPAL BOUNDARIES

Voter Identification Requirements

In order to vote in the Calmar Municipal Election, voters are required to be named on the permanent electors register **and** produce one piece of identification issued by the Canadian government, whether federal, provincial or local, or an agency of that government, that contains a photograph of the person.

Alternatively, the person may make a statement that they are eligible to vote as an elector in the presence of an officer at the voting station, in the prescribed form and validates the persons identity and address of persons residence.

Any of the following documents that contain BOTH YOUR NAME AND ADDRESS will be accepted as valid proof of identification:

- Photo identification issued by a Canadian government or agency, whether federal, provincial or local or an agency of that government, that contains a photograph of the elector and their name and current address.
- Alberta Operator's (Driver's) License
- Alberta Identification Card

Contact Us

If you have any questions, please contact Heather Bryans, Returning Officer at either hbryans@calmar.ca or 780-985-3604 x232.

Is your preschooler struggling?

Our Early Intervention Prekindergarten (EI Prek) program can help.

Learn more:

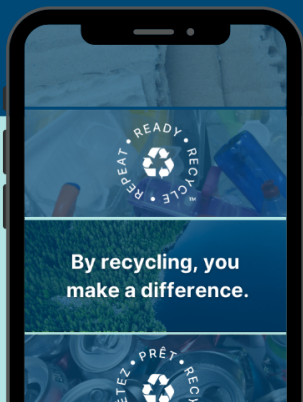
blackgold.ca/pre-kindergarten



BLACK GOLD SCHOOL DIVISION

The Circular Materials recycling app is now available in Calmar!

- See your recycling calendar.
- Check the accepted material list.
- Get recycling collection reminders.



Download at
circularmaterials.ca/app



**Notice of Election and Requirements
for Voter Identification***Local Authorities Election Act*
(Sections 12, 35, 46, 53)LOCAL JURISDICTION: TOWN OF CALMAR, PROVINCE OF ALBERTA

Notice is hereby given that an election will be held for the filling of the following offices:


Office(s)	Number of Vacancies	Ward or Electoral Division Number (If Applicable)
MAYOR	1	
COUNCILLOR	4	

Voting will take place on the 4 day of OCTOBER, 20 25, between the hours of 11:00AM
and 2:00PM. Voting stations will be located at:
Closing Time Start Time

Council Chambers
4901 - 50 Avenue (east entrance)
Calmar, AB
TOC OVO

In order to vote, you must produce for inspection one or more of the acceptable forms of identification required by section 53 of the *Local Authorities Election Act*.

DATED at the TOWN of CALMAR, in the
Province of Alberta, this 16 day of SEPTEMBER, 20 25.



Returning Officer

**Notice of Election and Requirements
for Voter Identification***Local Authorities Election Act*
(Sections 12, 35, 46, 53)LOCAL JURISDICTION: TOWN OF CALMAR, PROVINCE OF ALBERTA

Notice is hereby given that an election will be held for the filling of the following offices:


Office(s)	Number of Vacancies	Ward or Electoral Division Number (If Applicable)
MAYOR	1	
COUNCILLOR	4	

Voting will take place on the 8 day of OCTOBER, 20 25, between the hours of 5:30PM
Start Time
and 8:30PM. Voting stations will be located at:
Closing Time

Council Chambers
4901 - 50 Avenue (east entrance)
Calmar, AB
TOC OVO

In order to vote, you must produce for inspection one or more of the acceptable forms of identification required by section 53 of the *Local Authorities Election Act*.

DATED at the TOWN of CALMAR, in the
Province of Alberta, this 16 day of SEPTEMBER, 20 25.


Returning Officer

Notice of Election and Requirements for Voter Identification

Local Authorities Election Act
(Sections 12, 35, 46, 53)

LOCAL JURISDICTION: TOWN OF CALMAR, PROVINCE OF ALBERTA

Notice is hereby given that an election will be held for the filling of the following offices:

Office(s)	Number of Vacancies	Ward or Electoral Division Number (If Applicable)
MAYOR	1	
COUNCILLOR	4	

Voting will take place on the 20 day of OCTOBER, 20 25, between the hours of 10:00AM
Start Time
 and 8:00PM. Voting stations will be located at:
Closing Time

Calmar Legion
4815 - Veteran's Way (47 St)
Calmar, AB
TOC OVO

In order to vote, you must produce for inspection one or more of the acceptable forms of identification required by section 53 of the *Local Authorities Election Act*.

DATED at the TOWN of CALMAR, in the
 Province of Alberta, this 16 day of SEPTEMBER, 20 25.


 Returning Officer

CALMAR & DISTRICT SENIOR CITIZENS CLUB COFFEE TIME!

Join us down at the senior hall
for a cup of coffee and visit.

1:00 PM

**March 12, April 16, May 21, June 18,
July 15, August 12, September 16,
October 21, November 12, & December 17**
4916 - 50 Ave, Calmar

Edward Jones

> edwardjones.ca

Your retirement questions answered.

- Retirement planning
- Estate planning
- Intergenerational planning

Let's get started



Rick Medcke, CEA®, CEPA®
Financial Advisor

4302 50th Street
Suite 13
Leduc, AB T9E 6K8
780-986-2194
rick.medcke@edwardjones.com
<https://www.edwardjones.ca/rick-medc>



Name of Municipality:	TOWN OF CALMAR
Election Type:	GENERAL ELECTION
Election Date:	20-OCT-25

Section 28 of the Local Authorities Election Act
Section 577 of the Municipal Government Act

Candidate Information

Ward	First Name	Last Name	Acclaimed	Incumbent	Nominated Position
	KRISTA	GARDNER	[]	[]	MAYOR
	KIRK	POPIK	[]	[]	MAYOR
	ALVIN	RYAN	[]	[]	MAYOR
	TERRY	BALABAN	[]	[]	COUNCILLOR
	MICHELE	BORODAWKA	[]	[]	COUNCILLOR
	DANIELLE	BOURDIN	[]	[]	COUNCILLOR
	SEAN	CARNAHAN	[]	[]	COUNCILLOR
	DON	FAULKNER	[]	[X]	COUNCILLOR
	APRIL	MCDONALD	[]	[]	COUNCILLOR
	JAIME	MCKEAG REBER	[]	[X]	COUNCILLOR
	JODY	SIDER	[]	[]	COUNCILLOR

Returning Officer Information

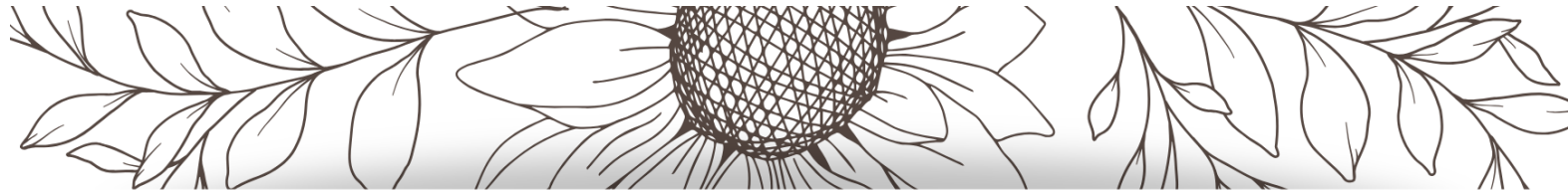
Name: HEATHER BRYANS
Email: HBBRYANS@CALMAR.CA
Office Number: (780) 985-3604

I certify that this is a true statement of the candidates nomination information as of 22-Sep-25.

Electronically signed and submitted to Municipal Affairs on 23-Sep-25.

Signature of Returning Officer _____ Date _____

The personal information on this form is being collected to support the municipal election process and is authorized under the Local Authorities Election Act. The personal information will be managed in compliance with the privacy provisions of the Freedom of Information and Protection of Privacy Act. If you have any questions concerning the collection of this personal information, please contact the Capacity Building at 780-427-2225 or by writing to the Director, Capacity Building, 17th Floor, Commerce Place, Edmonton, Alberta T5J 4L4. (Outside of Edmonton call 310-0000 to be connected toll free.)



HAVE YOUR SAY

**COMPLETE THIS SURVEY AND RETURN
IT BACK TO THE TOWN OFFICE TO BE
ENTERED INTO A GIVEAWAY.**

1. What do you enjoy most about the Calmar Chronicle?

2. What do you feel is missing or could be improved in the Chronicle?

3. What types of stories or topics would you like to see more of?

4. How do you prefer to read the Chronicle (print, online, social media)?

Name: _____

Email or Phone: _____



Calmar

WEED & UNSIGHTLY ENFORCEMENT SCHEDULE

June

- ★ June 3 - Inspection Date
- June 4 - Remedial Mail Out Date
- June 30 - Final Compliance Inspection Date

July

- ★ July 2 - Inspection Date
- July 3 - Remedial Mail Out Date
- July 30 - Final Compliance Inspection Date

August

- ★ August 1 - Inspection Date
- August 5 - Remedial Mail Out Date
- August 29 - Final Compliance Inspection Date

September

- ★ September 2 - Inspection Date
- September 3 - Remedial Mail Out Date
- September 27 - Final Compliance Inspection Date

October

- ★ October 1 - Inspection Date
- October 2 - Remedial Mail Out Date
- October 28 - Final Compliance Inspection Date





CALMAR AND DISTRICT SENIOR CITIZENS CLUB

The Calmar & District Senior Citizens is inviting all adults 50 years and older to join our Seniors Citizens Club for fun and camaraderie. The Club holds various functions throughout the year. We hold monthly MUSIC Jammer Sessions on the 4th Tuesday of the month where musicians from our region get together and provide lively music for your dancing and listening pleasure, a light lunch is served. Cost is \$10.00 pp, Musicians pay \$2.00 pp. . **Musicians for all ages are always welcome to join in at the monthly Music Jammers.**

Monthly meetings take place on the 2nd Wednesday of the month at 1:00 pm. These meetings are to inform members of what is going on at the center and with the club; we also have a celebratory meal for holidays.

JAMMERS @ 1:00 PM

March 25, 2025

April 22, 2025

May 27, 2025

June 24, 2025

Sept 23, 2025

Oct 28, 2025

Nov 25, 2025

MONTHLY MEETING @ 1:00 PM

March 19, 2025

April 9, 2025

May 14, 2025


June 11, 2025

Sept 10, 2025

Oct 15, 2025

Nov 12, 2025

Dec 10, 2025



Membership fees are \$10 per year per person.
Contact information is listed below for more information
regarding renting the hall or becoming a member.



seniorscalmar63@gmail.com



4916 50TH AVE, BOX 505 CALMAR, AB T0C 0V0



Terry Balaban @ 587-988-3636



COMMUNITY VOLLEYBALL MONDAYS

CALMAR SECONDARY
SCHOOL GYMNASIUM
6:45PM-9:00PM

TOWN OF
CALMAR 



COMMUNITY PICKLEBALL

TUESDAYS AND
THURSDAYS

CALMAR SECONDARY
SCHOOL GYMNASIUM
7:00PM-9:00PM

TOWN OF
CALMAR 

Public Skating

STICK 'N' PUCK

Mondays 3:30pm - 4:45pm

**Thursdays 3:30pm
- 4:45pm**

**Tuesdays 3:30pm
- 4:45pm**

**Additional Times will be posted on Social Media and
Calmar.ca**

Weekend Times will be Posted on Fridays!

TOWN OF
CALMAR



Calmar 2025 Municipal Election
Election Day

October 20, 2025, Calmar Legion, 10 am - 8 pm

TOWN OF
CALMAR



OCTOBER 2025



LEARNING
in action
AT NHCS



NEW HUMBLE COMMUNITY SCHOOL



Development Permit vs. Building Permit

What's the Difference?

What is a Development Permit?

Thinking about building, renovating, or adding something new to your property?

You might need a Development Permit first!



What it is:

Approval from the Town to make sure your project follows the Land Use Bylaw (district regulations).



What it checks:

- Is your project allowed in that district?
- Does it meet setbacks, height limits, and lot coverage rules?
- Is the use of the building permitted (e.g., home business, garage, secondary suite)?



Adding a garage, a new deck, changing a building's use.



Who issues:

Town Development Authority

What is a Building Permit?

Thinking about building, renovating, or adding something new to your property?

You might need a Building Permit!



What it is:

Approval to ensure your project meets the Alberta Building Code for safety and structural standards.



What it checks:

- Proper foundation, framing, insulation, and roofing
- Electrical, plumbing, and gas work
- Fire safety and code compliance



Finishing a basement, building a house, installing plumbing or electrical work



Who issues:

Safety Codes Officers
(Superior Safety Codes)

Development Permit = Planning approval (where and what)

Building Electrical, Plumbing and Gas Permit = Safety approval

Have questions? Call at 780.985.3604 ext. 227 or email at eagube@calmar.ca

Calmar Connects

A page dedicated to the wellness of our community.



Caring for Our Mental Health in Rural Alberta

Living in a small rural community brings many strengths. People often know their neighbors by name, lend a hand when someone is in need, and enjoy the peace and quiet of wide-open spaces. At the same time, living outside of a city can create unique challenges when it comes to mental health. Long and sometimes isolating winters and the stress that comes with farming, working away from home, or parenting children can all affect emotional well-being.

Mental health is just as important as physical health. Many of us would not think twice about seeing a doctor for a broken bone or an infection, yet we might hesitate to seek help when struggling with stress, depression, or anxiety. It is important to remember that emotional challenges are not a sign of weakness. They are a normal part of being human, and everyone needs support at different points in life.

There are many small but powerful ways to care for mental health in daily life. Staying connected with others is one of the most effective. Whether it is attending a local community event, stopping to talk with a neighbor, or making time for a phone call with family, these moments of connection help ease loneliness and strengthen resilience.

Spending time outside is another helpful tool. Research shows that being in nature can lower stress and lift mood. Rural communities are fortunate to have access to open skies, quiet trails, and fresh air. Even a short walk down a gravel road or time spent in a backyard garden can create a sense of calm.

Talking openly about mental health can also make a difference. Many people carry heavy burdens in silence because they fear being judged. Sharing how we feel with someone we trust, whether it is a friend, a family member, or a professional, can help lighten the load. These conversations can also help reduce stigma in our community. When we talk about mental health as openly as we talk about physical health, we send a clear message that it is okay to ask for help. Calmar is fortunate to have mental health support available right here in town. At Nurtured Minds Wellness, our team of therapists is dedicated to meeting you exactly where you are in your journey. We take a holistic approach that honors the connection between body and mind, recognizing that true well-being comes when both are cared for together.

Mental health challenges can feel heavy, but no one needs to carry them alone. Reaching out for support is a sign of courage. Every conversation, every act of kindness, and every effort to care for ourselves and others helps strengthen the fabric of our community.

Together, as neighbors, friends, and family members, we can make mental health a priority. Small towns thrive when people look out for each other. By building a culture where it is safe to talk about emotional struggles and safe to ask for help, we ensure that our communities remain strong, resilient, and compassionate places to live.

At Nurtured Minds we offer a holistic wellness checkup- this article has been created based on the foundations of that session.

A reminder that these articles don't serve as therapy. If you are experiencing distress in any of these areas you may benefit from speaking with a therapist or other support.

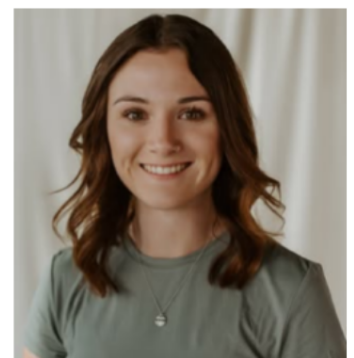
If you are experiencing crisis, please contact any of the following:

Alberta Mental Health Help Line: 1 (877) 303 2642

Addictions Helpline: 1 (866) 332 2322

Suicide Crisis Line: CALL or TEXT 988

Call 911 or go to the nearest ER.



TOWN OF
CALMAR



fcss
Family and Community
Support Services



HEALTH & WELLNESS CHAIR EXERCISE

**Tuesday Afternoons
1:30pm – 2:30pm
Program Centre
4815 – 49 St,**

**Contact Cassie Kreil for registration or
questions
stwfitness@yahoo.ca | 780-241-0987**

2026 GRANT TO ORGANIZATIONS

APPLICATIONS OPEN

AUGUST 1ST - OCTOBER 31, 2025

COMPLETED GRANT
APPLICATION TO
GRANTS@CALMAR.CA

ANY QUESTIONS PLEASE CONTACT FCSS
COORDINATOR MIKAYLA
MLEIBEL@CALMAR.CA



2025

Fall Clean Up

OCTOBER 6 - OCTOBER 10

ITEMS MUST BE PLACED OUT BY 7 AM ON
MONDAY OCTOBER 6TH.

PICK UP WILL BE COMPLETED BY 3:30 PM ON
FRIDAY OCTOBER 10TH.

CURB-SIDE FRONT YARD PICK UP ONLY
NO EXCEPTIONS

MAXIMUM PICK UP IS **1/2 TON TRUCK LOAD PER
RESIDENCE**. BRANCHES ARE TO BE BUNDLED IN 3 FOOT
(MAX LENGTH) BUNDLES
PLACE METAL IN A SEPERATE PILE
PLACE ELECTRONICS IN A SEPERATE PILE

WE WILL NOT ACCEPT THE FOLLOWING:

*PROPANE TANKS, FRIDGES, DEEP FREEZES, MICROWAVES, AIR
CONDITIONERS, WATER COOLERS, BROKEN GLASS, BATTERIES, CAR
PARTS, TIRES, CONCRETE, PAINT, OIL, ANTIFREEZE, OR CHEMICALS.*

**FOR MORE INFORMATION ABOUT THE 2025 FALL CLEAN UP
PLEASE CONTACT THE TOWN OFFICE @ 780-985-3604**

Calmar Public Library: October 2025

WHAT'S HAPPENING?



NEW PROGRAM! Monthly Chess Club **Wednesday, October 1 @ 6:00PM**

Come learn, play, and challenge your friends in a fun and relaxed setting. All ages and skill levels are welcome—from beginner to pro. Chess boards and pieces are supplied, just bring your best moves! Chess Club will take place on the **first Wednesday** of every month.



Halloween Monster Mash **Wednesday, October 29 @ 5:00 - 7:30PM**

Registration is required and space is limited. For ages 8 and up. Join us at the library for a night of spooky fun! Magic potions, slime making, snacks, games and more! Come in costume and get ready for a monstrously good time!

This program is offered in partnership with the Town of Calmar.



INTEREST CHECK! Adult Theatre Program **Wednesday, November 19 @ 7:00PM**

Join us for coffee, treats, and a discussion about a proposed Adult Theatre Program, which would be scheduled to start in January 2026. We hope to gauge community interest and tailor the program to the participants' interests!

MUNICIPAL ELECTIONS & THE LIBRARY



Election Day - October 20, 2025

With the upcoming municipal election, now is a great time to ask your candidates how they intend to support their community—and that includes the Calmar Public Library! Be sure to ask how they have demonstrated support for libraries in the past, and how they plan to ensure stable funding in the future so that the Library can continue to add to our collection and offer engaging programs.

Some Questions You Can Ask:

- If elected, how do you intend to support the Library?
- What do you believe the Library brings to Calmar? How will you help the Library achieve that role if you are elected?
- Libraries are a key pillar of support for seniors, newcomers, students, and other vulnerable and minority groups. If elected, how will you work with the Library to ensure they can continue to help these groups?



VOTE

LIBRARY HOURS

Monday, Tuesday, Thursday, Friday	11AM - 5PM
Wednesday	11AM - 8PM

CLOSURES: weekends and statutory holidays

IT'S FREE!

JOIN THE LIBRARY!

New to the community and looking to get a library card? Great! Contact the library to apply for your card today!

Monthly Programs



Knit n' Stitch **Tuesdays @ 1:30PM**

All skill levels welcome!



Stay n' Play **Thursdays @ 10:00AM**

Ages 0-5 with caregiver



Cookbook Club **October 8 @ 6:00PM**

Theme: Tailgate Extravaganza!

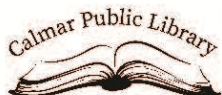


LEGO Club **October 15 @ 4:00PM**

Ages 6 and up

TAKE & MAKE KITS

Pre-K	Monster Puppet
Tween	Shrink Art Magnets



Have a question? Want to register for a program?

Website: www.calmarpubliclibrary.ca

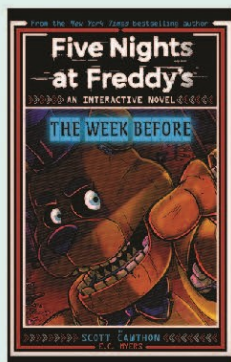
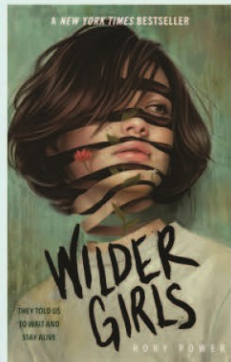
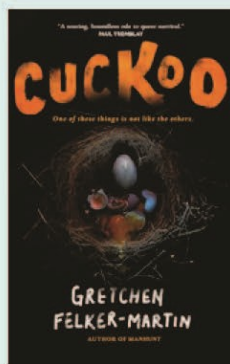
Contact: 780-985-3472 or circulation@calmarpubliclibrary.ca



2025 Reading Challenge October: A Horror Story

In a reading slump? Want to switch up your reading habits? This is the challenge for you! Each book you read that fits the monthly prompt will count as an entry into a draw for a bookish prize pack! Be sure to let us know what you've read.

Need recommendations? Just ask our library staff for assistance!

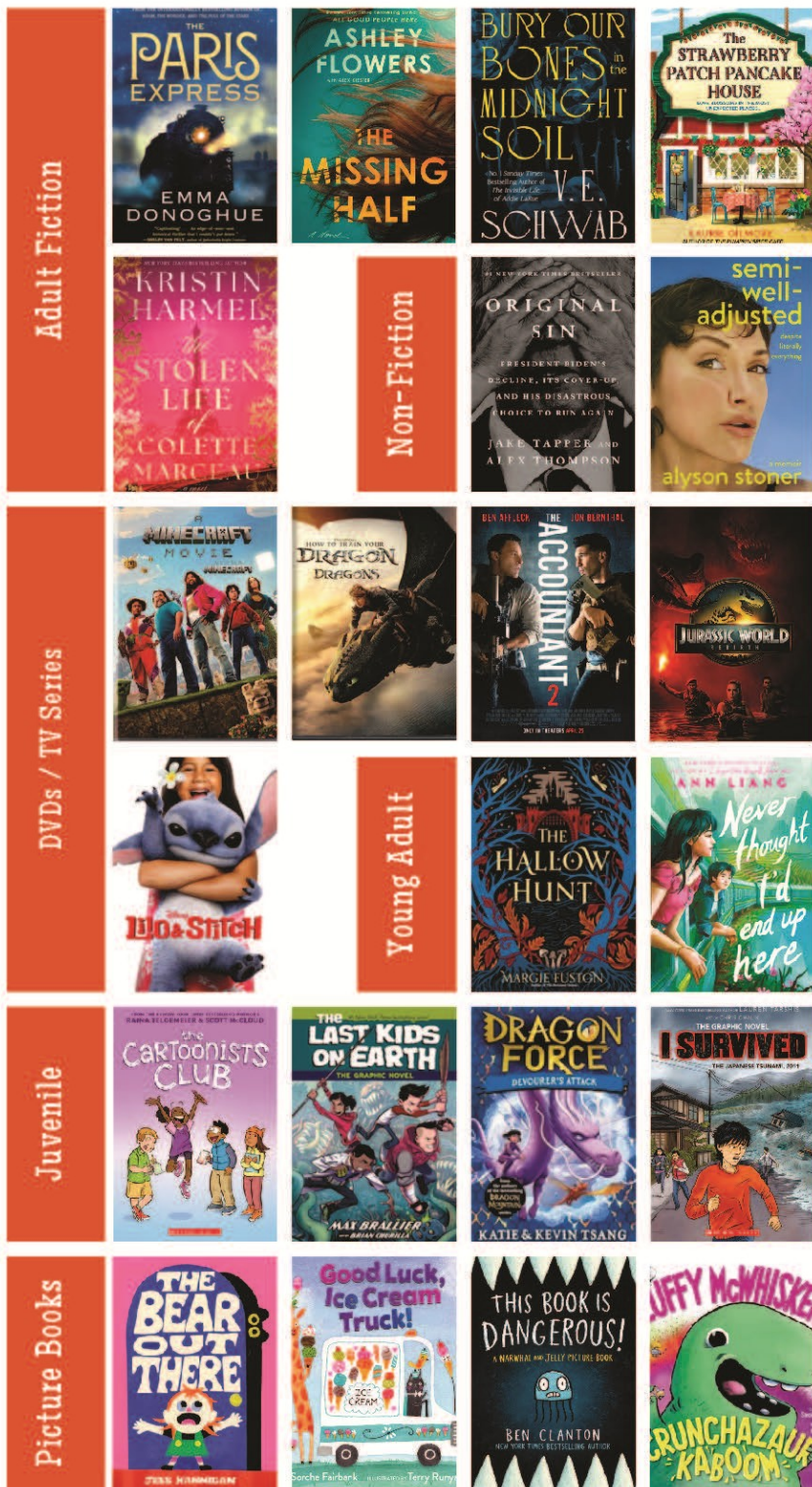


Community Pantry: Thank You!

The Calmar Public Library would like to extend our immense gratitude to **Leduc Insurance Agency**, who donated a generous amount of food to the Community Pantry, as well as \$250 (including donations from the community collected during Calmar Days) to the *Friends of the Calmar Public Library Society* so that more food can continued to be purchased for the Pantry in the future!

What's New on Our Shelves!

We are always adding to our collection! Here are some of the newest titles that we added last month.



Economic Development
BUSINESS SHOUTOUT!

A Huge Thank You!

to the following businesses for:

For Being a Drive-In Movie & BBQ

SPONSOR!!!

BBQ Sponsor

**Chris Feist REMAX
Real Estate**

Drive-In Movie Sponsor

Northern Lights Fibre



If you would like to join these wonderful businesses and sponsor an activity at a Calmar event, please call Sandra at the Town office. 780-985-3604



Economic Development **BUSINESS UPDATE**

- **Events Happening in Calmar**
that May Effect Your Business

MARK YOUR CALENDARS

- | | |
|---------------|--|
| October 5 | • Loganberry's - Fall Tea, Market & Fashion Show |
| October 19-25 | • Small Business Week |
| November 28 | • Christmas in the Park |
| November 12 | • Christmas Elves begins |
| December 31 | • First Night Celebration |

If your business has an event coming up in 2025, let Sandra at the Town office know so we can support your event!!

For more information, please check out the events calendar on the Town's website at www.calmar.ca



Leduc County Family and Community Support Services

The following are events, webinars and other important information.
Everyone is welcome!

Sign up to receive our monthly update directly to your email inbox. Send an email to fcssinfo@leduc-county.com and ask to subscribe to our email distribution list.

Upcoming Registered Sessions

Registration is required for all upcoming sessions and space is limited. Call us at 780-979-2385 or 1-888-301-FCSS to learn more.

Making friends in the adult world

Are you feeling overwhelmed by the unique challenges of making and keeping close friends as an adult? You're not alone! Many of us find that nurturing friendships becomes more complex after childhood. Join us as we discuss the key elements needed to forge long-lasting and meaningful friendships in the adult world.

This session will be facilitated by Kim Silverthorn, BA, RPC, MPCC, CT from Tacit Knowledge.

Date: Tuesday, October 14

Time: 6 to 7:30 p.m.

Location: online

Leading beyond bias: practical inclusive leadership skills

Organizational culture isn't built by HR policies - it's created through daily leadership choices. In this session we will learn to recognize unconscious bias in team dynamics and hidden patterns that impact team performance.

Whether you lead a team of employees, volunteers, or folks in your community, participants will come away with practical strategies that lead to stronger relationships, better mental health, and higher performing teams.

This session is presented by Next Gen Men Equity Leaders

Date: Friday, October 17

Time: 1 to 2:30 p.m.

Location: online



Connect with us!

780-979-2385 or fcssinfo@leduc-county.com





Leduc County Family and Community Support Services

The following are events, webinars and other important information.
Everyone is welcome!

Creating Change: Domestic violence awareness in the workplace

In recognition of Family Violence Prevention Month, join us as we explore the intersections of domestic violence within the workplace. This free event is open to all including community members, professionals, and those in the business community. The event will include the following sessions:

Domestic Violence and Your Workplace, presented by Alberta Council of Women's Shelters.

Gain a better understanding of the realities of domestic violence, how the COVID pandemic changed the landscape for survivors and those who support them, how domestic violence relates to work and the workplace, and how they can be part of the solution.

Leading Change, presented by Camrose Women's Shelter.

Become a leader in your community against gender-based violence by learning about healthy, unhealthy, and abusive relationships, how to recognize warning signs, and how to help those effected

Date: Friday, November 7

Time: 10 a.m. to 2:30 p.m.

Location: Rig Hand Distillery

Ending the financial feud

Does it seem like you and your loved one are constantly arguing about money? Do you find it hard to get on the same page with your finances without it turning into a fight? Your loved one isn't trying to make your financial life difficult; they likely just think about money differently.

This workshop will provide the education you need to support yourself and your loved one to understand each other's relationship with money and create an achievable plan to reach your collective financial goals.

- Identify your money histories- how money was handled in your households growing up
- Identify your relationship to money
- Set joint goals that meet each of your values and needs
- Implement a household money management plan

This workshop is presented by Credit Counselling Society.

Date: Friday, November 21

Time: 12 to 1 p.m.

Location: Online



Connect with us!

780-979-2385 or fcssinfo@leduc-county.com



Get your own Calmar Branded Swag!

Go to:

<https://calmar.ca/community/shop/>



CALMAR



Utility Bill Due Dates

JANUARY - FEBRUARY = APRIL 6

MARCH - APRIL = JUNE 6

MAY - JUNE = AUGUST 6

JULY - AUGUST = OCTOBER 6

SEPTEMBER - OCTOBER = DECEMBER 6

NOVEMBER - DECEMBER = FEBRUARY 6

Reminder to set up your E-Billing. Go to our website www.calmar.ca for more details. Or contact Darlene Parchoma at the Town Office @ 780-985-3604 ext 222

2025 WASTE COLLECTION SCHEDULE



Waste collection is every Thursday.
Please use bin provided and set at front curb.

All bins are property of GFL. If you require a bin to be replaced, the cost is the sole responsibility of the property owner. Requests for replacement or additional bins can be made by contacting the Town Office, 780-985-3604.



Organics collection every Monday (Spring through Fall)

Grass clippings, leaves, etc.

Must be in *CLEAR* NON-COLOURED bags.



Recycling is through Circular Materials and GFL, download their app or contact 780-444-8805

Blue bag collection every second MONDAY
The Town of Calmar is no longer responsible for recycling collection.



Call 780-985-3604 ext. 222 for more info.
See reverse for landfill details

January 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Have bags and/or bins out at front curb by 7:00 AM on pick up day.

Community Groups are free!

NEWSLETTER
DEADLINE
15TH OF THE
MONTH!

\$100.00 Full Page
\$75.00 Half Page
\$50.00 Quarter Page
\$25.00 Business Card

To Book ad space, please
Phone: 780.985.3604
Fax: 780.985.3039
email: mblack@calmar.ca

Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime throughout the year, but you will need to pay up front for the months that have already passed to stay caught up.

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank. No more missed due dates and penalties, and no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather Bryans at 780.985.3604 EXT. 232

Council Meetings

Regular Council meetings are held on the first and third Monday of each month, except on a holiday, in which case the meeting will be held on the following day (Tuesday). Meetings are at 6:30pm in Council Chambers.

Committee of the Whole meetings are held the 4th Wednesday of each month at 1:30 p.m. Meetings are held in Council Chambers at 4901 – 50 Ave

Alternatively, you may join the regular meetings from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/211016493>

You can also dial in using your phone.

(For supported devices, tap a one-touch number below to join instantly.)

Canada: +1 (647) 497-9391

– One-touch: <tel:+16474979391,211016493#>

Access Code: 211-016-493

All current Agendas can be found on calmar.ca

Public Works On Call: 780.446.7319
Public Works Shop: 780.985.2121
Community Peace Officer 780.999.7181
Emergency 911

