

TOWN OF
CALMAR



The Chronicle

July 2024

YOU CAN FIND ME AT:









- MINT HEALTH + DRUGS
- LEE'S RESTAURANT
- WHATEVER REPAIRS
- GRASSHOPPER RESTAURANT
- CALMAR LIBRARY
- TOWN OFFICE
- CALMAR BAKERY
- ...IS GOOD COFFEE BAR & MORE
- HAYDUK LUMBER & HARDWARE
- CALMAR MEDICAL CLINIC
- FOR THE LOVE OF PEROGIES 'N' STUFF



TOWN ADMINISTRATION OFFICE
4901-50 AVENUE, P.O. BOX 750, CALMAR, AB T0C 0V0
PHONE 780-985-3604 FAX 780-985-3039
WEBSITE: WWW.CALMAR.CA EMAIL INFO@CALMAR.CA

JULY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01 Calmar Canada Cup  Town office is closed.	02 Summer Getaway Camp Starts 	03	04 	05	06
07		09	10		12	13
14	Council Meeting @ 6:30pm	16	17		19	20
21		23	Committee of the Whole @ 1:30 pm		26	27
28	29	30	31			

Mayor's Corner

Welcome July – some of the best memories are made in flip-flops!

Happy birthday to our great country from coast to coast. I feel so privileged to live in this great nation with all people of different diversity and ethnicity. A country with beautiful lands, freedoms and many services for all to enjoy.

Reminder to all to adventure out on July 1 and see the 2nd Annual Canada Cup Street hockey tournament. Come on down to the free pancake breakfast and all kinds of fun for all ages.

We are starting to see the RV units becoming a welcome sight as people are beginning to enjoy the season. Just a reminder to be respectful of neighbours and other users of the roads. There are special rules relating to parking units on the streets. Please be familiar with these rules.

Construction has started on Highway 39 east of Calmar. This is a long coming project that will see the resurfacing of Highway 39 and a portion of Highway 795 within the town boundaries. Please be patient and give yourself some extra travel time on your journeys.

Council has had a review with the RCMP related to their activities in our community. Often we hear about the lack of policing, however, the stats are improving. One of the things that the RCMP use to determine trouble areas and where to focus more attention is data. This data is captured every time calls or reports are made to the RCMP. They have developed the Alberta RCMP app to make it easier to report crime to their offices. We urge people to utilize the app or continue to report crime of all types to the RCMP so that their data can be modelled properly for our community.

Sincerely Yours

Sean Carnahan, Mayor

Calmar a great place to call Home

Peace Officer Corner

Hello Calmar Residents,

Welcome to the July edition of the Peace Officers Corner! As summer warms up, our lovely town is buzzing with activities and friendly faces. To those lucky enough to be jet-setting abroad this summer, we envy you! Don't forget to send us a postcard while we hold down the fort here in sunny Calmar.

With school out and more folks enjoying the great outdoors, it's crucial to ensure road safety for everyone. Here are some friendly reminders to keep our town safe and harmonious:

Road Safety: With more people out and about, it's essential to avoid creating sightline obstructions at intersections. Parked cars along yellow curbs can make it difficult for pedestrians and other motorists to see, increasing the risk of accidents. Let's be mindful of where we park to ensure clear visibility for everyone.

Noise Considerations: Summer is perfect for outdoor fun, but let's be mindful of noise levels, especially after 10 PM. Being respectful of our neighbors helps maintain a peaceful and pleasant environment for all.

Yard Maintenance: A well-kept yard not only looks great but also shows community pride. Keep your lawns mowed, hedges trimmed, and pick up any litter. Think of it as giving your home a summer makeover!

Dog Etiquette: We love our furry friends, but let's ensure their barking doesn't disturb the peace. Clean up after them, control excessive barking, and keep them under your supervision. It's all part of being a responsible pet owner and a good neighbor.

Communication is key in maintaining our wonderful community. By talking with our neighbors and being considerate of each other's needs, we can foster a strong, supportive environment. Let's work together to keep our town the cheerful, welcoming place we all love, for both our residents and visitors.

Wishing everyone a fantastic July!

**OFFICER CVIJETIC
OFFICER LEGGIO**

TOWN OF 
CALMAR



Report it online!



The RCMP have a new APP!

Rave Alert

The RCMP uses the RAVE ALERT mass notification system to share information with Albertans.



- to inform the public of alerts (wildfire evacuations etc.), bolos, crime prevention tips and proactive police activities
- You can report non-emergency crimes on the app!
- Once signed up and logged into the online system, individuals will be able to choose which areas of the province they would like to receive notifications for.
- Alternatively, they can choose to receive updates from across the entire province.

All Albertan's are encouraged to sign up for the online system:

www.getrave.ca/smart911/ref/login.actionpa=CrimeWatchAdvisoryA

For a step-by-step guide to sign up for RAVE notifications, please visit

<https://youtu.be/0TO9oevDo5c>

For any assistance with sign up, please contact

KDIV_RAVE_Support-Soutien_RAVE@rcmp-grc.gc.ca

BULK WATER STATION

THE BULK WATER STATION FOR THE TOWN OF CALMAR
HAS OFFICIALLY CLOSED.

ALL BULK WATER INQUIRES PLEASE CONTACT ALLAN
BRODNIANSKY AT 780-984-4579 FOR INFORMATION ON THE
STATION SYSTEM AND RATES.



- The new station is located in the industrial park of Calmar at 5026 42 Ave (Enter on SW side on 43 Ave).
- Invoices for the bulk water station that was run through the Town of Calmar will be sent out the first week of June.
- Key returns can be made to the town office at your earliest convenience for the refundable deposit.

Any questions regarding your account with the
Town of Calmar please contact
Darlene Parchoma at
780-985-3604 ext. 222

NEW HUMBLE COMMUNITY SCHOOL WISHES EVERYONE A HAPPY CANADA DAY!



“GET YOUR CHILD READY FOR SCHOOL IN THE FALL” SUMMER CHECKLIST

- PLAY OUTSIDE.....
- EMBRACE DOING NOTHING.....
- PLAY IN THE DIRT.....
- STRENGTHEN FAMILY CONNECTIONS.....
- READ BOOKS TOGETHER.....
- ENCOURAGE INDEPENDENCE.....
- SET GOALS.....
- ENCOURAGE ROUTINES.....
- PLAY IN THE MUD.....
- GIVE CHOICES- EMPOWER THEM.....
- TALK ABOUT WORRIES/ FEARS.....
- PLAY IN THE WATER.....
- SAY “YES” TO SOMETHING YOU NORMALLY WOULDN’T.....



WANT TO LEARN MORE?



LIBRARY JULY 2024 CALENDAR

Take n' Make Kits

Available July 2nd

Pre-k: Foam Puppets

Tween/Teen: Fairy Garden

Adult Reading Challenge

July Challenge – A Literary Classic

Alice in Wonderland Summer Reading Program

July 2nd – August 16

Fall down the rabbit hole for a summer filled with fun! Read books, complete simple challenges, and participate in library activities to earn stamps – including our life-sized Alice version of the game Snakes and Ladders! Collecting 25 stamps will earn you a ticket to the Mad Hatter's Tea Party.

KNIT N' STITCH (all ages) (every Tuesday)

Tuesday, July 2,9,16,23 & 30 @ 1:30 PM – 3:00 pm

Locked in the Library Fundraiser

Wednesday, July 3rd 10:00 am – 10:00 pm

Do you like to read and support the Arts? This 12-hour reading challenge will raise money for the Calmar Secondary Musical Theatre Program and the Calmar Public Library Reader's Theatre Program. Please register at the Calmar Secondary School office. Charity Sponsorship by the Calmar Friends Society.

STAY N' PLAY (0-5 years with caregiver) – (every Thursday)

Thursday, July 4,11,18, 25th @ 10:00 – 11:00 am

CookBook Club – (Adult Program) (2nd Wednesday of the month)

Wednesday, July 10th @ 6:00 pm – 7:30 pm Theme – Beginning & End.

Taste appetizers or sweet treats. Must be a new recipe.

LEGO Club (6 years and up) (3rd Wednesday of the month)

Wednesday, July 17 @ 4:00 pm – 5:00 pm

Camp Read S'More

Friday, July 19 from 1:00 – 5:00 pm

Registration required. Participants 7 to 12 years

Join us at the library for an afternoon of camping fun without leaving town! Camp Read S'Mores is the perfect way to spend a summer afternoon. We have an exciting lineup of activities planned. Contact 780.985.3472 to register.

2024 Reading Challenge

July Theme: A Literary Classic

Each book you read will count as an entry into a draw for a bookish prize pack! Stop by the library and let us know what you've read.



Want to stay updated about the Calmar Public Library and our programs? Check us out online!

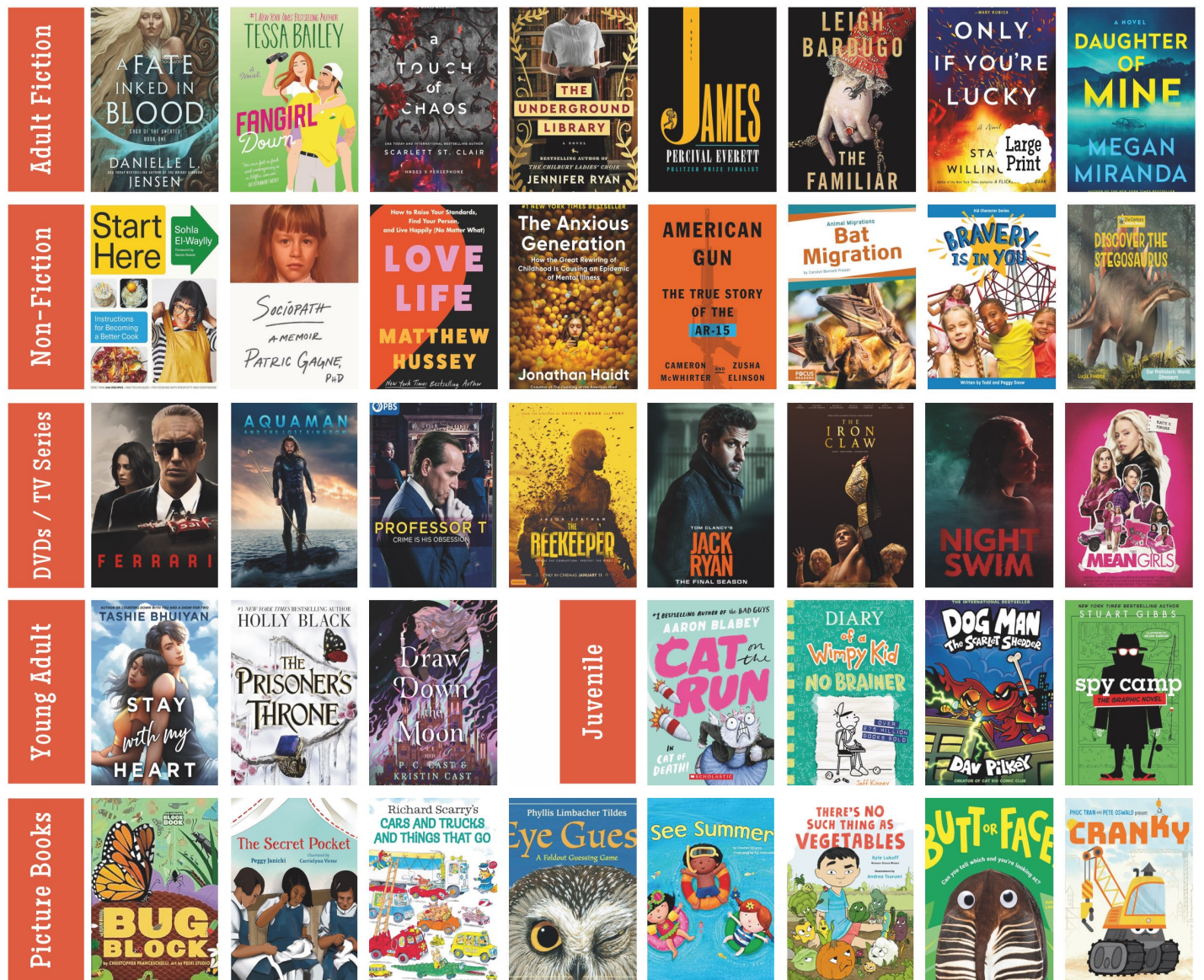
Facebook
www.facebook.com/calmarlibrary

Youtube
www.youtube.com/@calmarpubliclibrary



What's New on Our Shelves!

We are always adding to our collection at the library! Contact the library if you would like to request any!



Community Pantry

Take what you need, leave what you can.

Our Community Pantry is now available to the public! Bags are available if needed, and we request that shopping is limited to three items per person. We are also seeking donations of dried and canned foods, snacks and spreads, and toiletries and cleaning supplies!



**THANK YOU TO OUR SPONSORS
OF THE
CALMAR CANADA CUP!**

- Pancake Breakfast Chris Feist Real Estate**
Family Fun Zone Satnam Anami Satsang Ghar
Coffee supplied by Is Good Coffee Bar & More
Division Sponsors United Sport & Cycle
Elite Promotional Marketing
Beer Gardens Leduc Brewing Co.

**We could not have done it
without you!!!!**

Economic Development

BUSINESS UPDATE

1.

The Youth Entrepreneur Training Program has been cancelled for 2024. We had a lot of comments loving the idea, but no one signed up for the training day. Not to worry, though, we will regroup and come back with a more fantastic idea for 2025.

2.

The Town of Calmar Downtown Facade Improvement Program is well under way. Take a drive downtown and check out the improvements to some of the downtown business facades.

3.

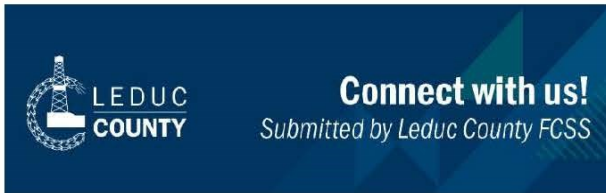
The Business BBQ was a great time for everyone. We had great weather, great conversations, and it was fantastic to see so many businesses taking part!. Can't wait for the fall Business Brunch!!

Highlight for July

The Calmar Canada Cup starts off this month with a bang!
Make sure you spend Canada Day in Calmar.

The event should bring Well over 1000 visitors to town.
Let's make the economic impact of this event be outstanding!

For questions or suggestions for updates, or to RSVP to an event,
please call Sandra McIntosh at 780-985-3604 Ext. 226



Taking care of our mental health

Our mental health affects how we feel, how we think and how we act. It's important to take care of ourselves and know where to find help when we, or someone else, needs it.

Supporting positive mental health

What can you do today? Here's some ideas:

- Feel your feelings, they may have something important to tell you.
- Get some fresh air or some exercise.
- Call a friend to say hi or meet up for coffee.
- Take some deep breaths or meditate.
- Try something new.
- Spend time doing something you especially enjoy.

If you know someone who is struggling or if you're feeling overwhelmed yourself, it is important to reach out for support.

Helping others

Are you concerned about someone you care about?

Signs that someone may need help:

- consistently expressing sadness or hopelessness
- unable to concentrate or focus
- constantly exhausted
- unusual irritability

How you can help:

- Ask the person what they need.
- Ask if they have someone they can talk to, such as a friend, spouse or doctor.
- Help raise awareness about mental health – every conversation counts!

Available resources

How do you find out what resources and supports are available if you have never had to ask for help? When times are tough, sometimes the first step is to prevent them from getting worse. There are

various resources available depending on what you're going through. No matter what it is, help is available.

Leduc County FCSS

780-979-2385

Leduc County Family and Community Support Services (FCSS) offers provides a variety of programs and support services to enhance the well-being of community members, such as:

- Offering information, referral and advocacy for a variety of social supports.
- Providing short-term support for individuals and families, assisting them to set goals and build on their strengths to help them cope and be resilient.
- Assisting people to identify their financial needs and work toward improving their financial health.
- Counselling subsidies available to low-income households without access to employer benefits.

211

Need information after hours? Call 2-1-1 to get connected.

24/7 information and referral line connecting you to social, health, and government services.

Important mental health resources

Always call 9-1-1 in an emergency. If someone is a danger to themselves or others, getting the right kind of help quickly is vital.

For serious mental health concerns, there are several crisis lines available as listed below.

Access 24/7

780-424-2424

Provides 24/7 telephone support, in-person assessment, crisis outreach and patient stabilization.

Mental Health Help Line

1-877-303-2642

Provides a 24/7 confidential service that offers support, information and referrals to Albertans experiencing mental health concerns.

Suicide Crisis Helpline

9-8-8

Whether you are thinking about suicide or worried about someone else, call or text **9-8-8** toll free, any time — lines are open 24/7/365.

Distress Line

780-482-4357 (HELP)

Provides 24/7 confidential, non-judgmental and short-term crisis intervention, emotional support and resources to people in crisis or distress, as well as to family, friends and caregivers of those in crisis.

Calmar's Good Neighbour Program

This program aims to recognize those fellow residents who:

- Model Community Spirit**
- Help in times of need**
- Improve feeling of safety and security**
- Encourage fellow neighbours to get together and connect**

Nominations do NOT have to be for your direct neighbour - anyone can nominate anyone!

Youth (12 -17 yrs old)

recipient will receive a \$50.00 gift certificate to a local business of their choice.

Adult (18 yrs +)

recipient will receive a \$100.00 gift certificate to a local business of their choice.

The next recipient for Calmar's Good Neighbour Recognition Award is:

Barb Abel

Please drop by the Town of Calmar Office at 4901 - 50 Street to claim your Award!!!

Nomination forms can be picked up at the Town office, the Public Library or can be submitted online through the Town website.

<https://calmar.ca/community/family-and-community-support/calmars-good-neighbour-program/>

**Please submit your nominations to: Mikayla, Calmar FCSS
780-985-3604 ext 233 or fcss@calmar.ca**

CALMAR DAYS MEGA MARKET INFO!!

Date: Saturday, August 17, 2024 **Time:** 8:00am - 4:00pm

Location: Downtown along Hwy 39 from Woodland Park to the Mike Karbonik Arena. Outside on the sidewalks and grass area by the Arena.

The Calmar Mega Market is a decades old, garage sale tradition that started with people holding garage sales that went from the West side of Leduc, all the way to Warburg, along Highway 39. You will still find garage sales all along the highway, but the biggest activity happens along the Town of Calmar's downtown sidewalks.

If you want to be a vendor at the Mega Market, there is NO registration. You just show up on Saturday morning and set up your own table and sell your products as if you were setting up for a garage sale. Spots along the downtown are first come, first served, but, please DO NOT set your tables up in front of a business entryway!

It is up to you to make sure you have all the proper documents and approvals to sell your goods at the garage sale.

Watch for more information on Calmar Days as we confirm plans. If you have questions or want to get the right information, please call Sandra or Ian at the Town Office 780-985-3604.



Grants to Organizations!

Are you a non-profit organization or an established group that is based within Calmar?

- **Do you Contribute Towards:**

- Arts, culture, and heritage,
- Community spirit and events,
- Community well-being and fitness,
- Environment, or
- Recreation.

- **Application Form:**

- Go on our website and download the application form
- <https://calmar.ca/grants/>

.....

- **Grant funding Criteria:**

- One application per year.
- For 2024, the Grant application is open from April 30 - May 31, 2024.
- Expenditures must be finished by December 31, 2024.
- Operating Expenditure - max of \$1,000.00
- Capital Expenditure - max of \$2,000.00

For More Information:

Contact our Grants Coordinator at grants@calmar.ca or
Phone Mikayla Leibel at 780-985-3604

Thank You!

**Chris Feist
Real Estate**

**Proud sponsor of the
Pancake Breakfast**



At the Calmar
Canada Cup,
the Pancake
Breakfast starts at
8am on July 1st
at the Mike
Karbonik arena!



Family Fun Zone

SPONSOR

**Satnam Anami
Satsang Ghar**

37a Parkview Crescent, Calmar, AB

A proud sponsor of
the Calmar Canada
Cup!

Register for Summer Camp Today

Ages
6-12

Camp Hours: 9am-4pm

With option for Early drop-off and Late pick-up!

Select a week/weeks in July and August for Camp

SUMMER GETAWAY

Day Camp Program

TOWN OF
CALMAR

MEDITATION
/ YOGA

PLAYING SPORTS
& GAMES

PAINTING/
DRAWING

SWIMMING

MAKING
CRAFTS

LEARNING
MUSIC



INFORMATION & REGISTRATION
WWW.CALMAR.CA

Email: SummerGetaway@calmar.ca



every child deserves a childhood.

Little Warriors is a national charitable organization focused on the awareness, prevention and treatment of child sexual abuse.

We also advocate on behalf of child sexual abuse survivors.

little.
warriors

To learn more about the the Be Brave Ranch or free Prevent It! workshop, visit littlewarriors.ca



Zyp Art Gallery

Presents

SIGHT *Unseen*

Challenging the Visual in Visual Arts

May 3 - July 31, 2024

“The best and most beautiful things in the world cannot be seen or even touched...they must be felt in the heart.” —Hellen Keller

Made possible by Arts & Culture grant



Calmar Connects



Why try therapy?

Therapy can serve as a crucial resource for all individuals, whether navigating complex mental health challenges or simply seeking insight and connection. It can provide invaluable support for those facing obstacles, experiencing stress, or feeling lost or unmotivated.

- **Resolving Past Traumas:** Over time, we all experience stressful, frightening or distressing events that are difficult to cope with or out of our control that can stay with us, impacting our mental health. Therapy offers a safe space to process past traumas, fostering healing and growth as individuals confront and work through these experiences.
- **Setting Achievable Goals:** Therapists assist in setting and achieving realistic goals, whether for personal growth, career advancement, or enhancing relationships. They can also help clients build momentum, discover motivation, and develop coping skills and strategies to navigate life's hurdles more effectively.
- **Managing Uncomfortable Emotions:** Therapy provides essential support when facing overwhelming sadness, anxiety, or helplessness. Individuals can take steps towards self-care and healing by interpreting these emotions and their underlying messages.
- **Enhancing Emotional Self-Regulation:** Effectively managing big emotions is crucial for problem-solving and assertiveness. Therapy empowers individuals with healthier coping mechanisms, reducing reliance on unhealthy behaviors and fostering resilience in managing stress and anxiety.
- **Strengthening Relationships:** Through therapy, individuals gain insight into their relationships with themselves and others. Therapy can improve self-awareness of how we interact with others, interpersonal dynamics and communication within relationships, and cultivate healthier connections with important people.
- **Prioritising Self-Care:** Amidst life's demands, prioritizing self-care can be lost in the sauce. Carving out time to reconnect with one's beliefs and values can uncover hidden passions, provide clarity, and ensure individuals live up to their fullest potential.
- **Times of Transition:** Significant life changes, such as career shifts, marital status changes, or relocations, can feel overwhelming. Seeking support through therapy provides a beneficial outlet to talk through feelings and navigate transitions with guidance and support.
- **You Feel Like You Need to Talk:** Trusting your instincts to seek support is a courageous step towards self-care. Prioritizing mental health and acknowledging the need for assistance can support personal growth and well-being.

Embracing the value of therapy and taking proactive steps toward seeking support can lead to a transformative journey of self-discovery, growth, and resilience in the face of life's challenges. All issues, big and small, have space with an effective counsellor.



www.nurturedmindswellness.com



BUSINESS DIRECTORY

LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Ales Wine & Spirits	5001 - 50 Avenue Calmar, AB	(780)985-3334
Bank of Montreal	4902 - 50 Avenue Calmar, AB	(780)985-4727
Beads By Betty	By Appointment. Please Call	(867)872-4456
Big Wifi Inc.	By Appointment. Please call	(844)717-6237
BrenAlen Enterprises Ltd.	By Appointment. Please Call	(780)499-5260
Burger Bar	5102 - 50 Avenue Calmar, AB	(780)985-3511
Calmar ATB	4905 - 50 Avenue Calmar, AB	(780)985-2103
Calmar Bakery	4906 - 50 Avenue Calmar, AB	(780)985-3583
Calmar Big Country Auto Repair & Paint Ltd.	5005 - 42 Avenue Calmar, AB	(780)985-2590
Calmar Bottle Depot Ltd.	4912 - 50 Avenue Calmar, AB	(780)985-2155
Calmar Chiropractic Clinic	4715 - 50 Avenue Calmar, AB	(780)985-7260
Calmar Compounding Pharmacy	4741 - 50 Avenue Calmar, AB	(780)900-0222
Calmar Dental Clinic	4741 - 50 Avenue Calmar, AB	(780)985-2227
Calmar Grocery & Food Town	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Liquor Store	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Medical Clinic	4741 - 50 Avenue Calmar, AB	(780)985-3344
Calmar Petro Canada	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Pharmacy Ltd.	5002 - 50 Avenue Calmar, AB	(780)985-3141
Calmar Storage	5009 - 43 Avenue Calmar, AB	(780)985-2102
Calmar Subs	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Subway Ltd.	4725 - 50 Avenue Calmar, AB	(780)985-2282
CC's Therapeutic Massage	5310 - 52 Street Calmar, AB	(780)985-2149
Certified Spraybooths Inc.	39 Parkview Crescent Calmar, AB	(780)9853215
Chevron	5001 - 50 Avenue Calmar, AB	(780)985-7224
Clean and Simple Soap Company	5006 - 42 Avenue Calmar, AB	(780)913-0595
Cleaning with Meaning	By Appointment. Please call	(780)995-6808
Co-op Gas Bar	4613 - 50 Avenue, Calmar, AB	(780)985-4584
Country Cannabis Store	4910 - 50 Avenue Calmar, AB	(780)985-0150
Country Care Massage Therapy	5037 - 52 Street Calmar, AB	(780)239-9290
Countryside Liquor Store	5018 - 50 Avenue Calmar, AB	(780)263-0750

BUSINESS DIRECTORY

LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Countryside Vision Care	4715 - 50 Avenue Calmar, AB	(587)906-1515
Dew Drops Daycare Centre Calmar Ltd.	4917 - 50 Avenue Calmar, AB	(780)985-2818
Direct-Line Insurance Inc.	4905 - 50 Avenue Calmar, AB	(780)985-3666
Dyck Insurance Agency Ltd.	4915 - 50 Avenue, Calmar, AB	(780)985-3650
Edmonton Calmar Marketplace	4406 - 50 Avenue, Calmar, AB	
Elite Carpet Care	By Appointment. Please call	(780)985-4253
Esthetics Avenue	By Appointment. Please call	(780)966-1480
For The Love of Perogies N Stuff	4737 - 50 Avenue, Calmar, AB	(780)826-0955
Georg Fischer Urecon Ltd.	5010 - 43 Avenue, Calmar, AB	(780)985-3636
Graceful Skin Spa & Massage	44 Parkview Crescent, Calmar, AB	(587)357-5957
Grasshopper Café	4703 - 50 Avenue, Calmar, AB	(780)985-2529
Hayduk Lumber & Hardware Ltd.	4736 - 50 Avenue, Calmar, AB	(780)985-2202
Haylstorm Fitness (by Hayley Pratt)	By Appointment. Please call	(780)898-5650
Income Taxes Done Right	By Appointment. Please call	(587)599-5520
Is Good Coffee Bar & More	Unit 201, 4715 - 50 Avenue	Please drop by
Ivy Pho Restaurant	4726 - 50 Avenue, Calmar, AB	(780)985-0658
JMR Collective Yoga & Fitness Classes	By Appointment. Please call	(780)616-2191
Komplete Modular Solutions Ltd.,	5030 - 43 Avenue, Calmar, AB	(587)991-5015
Krisp Kleen Janitorial	By Appointment. Please call	(587)982-9510
Lanko Systems Inc.	4424 - 50 Avenue Calmar, AB	(780)288-7376
Latmann Equipment Ltd.	5022 - 42 Avenue, Calmar, AB	(780)985-4202
Leduc Mechanical Industries Inc.	4412 - 50 Avenue, Calmar, AB	(780)985-8591
Lee's Family Restaurant	4731 - 50 Avenue, Calmar, AB	(780)985-2221
Loganberrys Antiques & Curiosities	4732 - 50 Avenue, Calmar, AB	(780)985-2553
Luz Massage Therapy	By Appointment. Please call	(780)289-7176
Maggie Moo's Ice Cream Barn	5001 - 50 Avenue, Calmar, AB	(780)619-5399
MWG Trucking Ltd.	5033 - 42 Avenue, Calmar, AB	(780)985-3197
New Shanghai Restaurant	5014 - 50 Avenue, Calmar, AB	(780)985-3989
Newport Manufacturing & Design Ltd.	4436 - 50 Avenue, Calmar, AB	(780)985-7000

BUSINESS DIRECTORY

LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Nik 'N' Nak & All That	4729 - 50 Avenue, Calmar, AB	(825)652-2037
Norpoint Sandblasting & Painting Ltd.	4420 - 50 Avenue, Calmar, AB	(780)469-6271
Paragon Wireline Services Ltd.	5021 - 42 Avenue, Calmar, AB	(780)690-6766
Platinum Home Inspections	By Appointment. Please call	(780)940-0287
Power Play Café Ltd.	5019 - 47 Street, Calmar, AB	(780)231-0363
Pro Eavestroughing Ltd.	By Appointment, Please call.	(780)985-3237
Rhooster Tail Hair Salon	4701 - 49 Avenue, Calmar, AB	(780)985-4588
Ridley Law	4740 - 50 Avenue, Calmar, AB	(780)666-2351
Rise Wellness	#202, 4715 - 50 Avenue, Calmar, AB	(780)913-7718
Route 39 Public House Inc.	5010 - 50 Avenue, Calmar, AB	(825)995-9520
Segue Seniors Health Consulting Inc.	By Appointment. Please call	(587)576-3663
Silverstar Oilfield Transportation Ltd.	4301 - 52 Avenue, Calmar, AB	(780)985-8501
Skip's Sports Bar	4726 - 50 Avenue, Calmar, AB	(780)985-2089
Spreen Repair Services Ltd.	5001 - 43 Avenue, Calmar, AB	(780)985-3317
The Car Doctor	5010 - 42 Avenue, Calmar, AB	(780)886-5013
The Country Barber	4737 - 50 Avenue, Calmar, AB	(877)323-1209
The Difference Office Services	By Appointment. Please call	(780)498-2986
TLC Dog Grooming	By Appointment, Please call	(780)239-7065
TNT Storage	5403 - 50 Street, Calmar, AB	(780)263-0319
Vertex Resource Services Ltd.	5046 - 42 Avenue, Calmar, AB	(780)985-2213
Whatever Repairs and Services Inc	4737 - 50 Avenue, Calmar, AB	(780)995-4374
Wizard Lake Marine Inc.	4444 - 50 Avenue, Calmar, AB	(780)985-4200
Xtreme Foam Applicators Ltd.	5007 - 42 Avenue, Calmar, AB	(780)218-3626
Yesterday's Treasure Market Inc.	4904 - 50 Avenue, Calmar, AB	(780)985-2522
ZYP Art Gallery	4715 - 50 Avenue, Calmar, AB	(780)984-4114



2024 WASTE COLLECTION SCHEDULE



Waste collection is every Thursday.
Please use bin provided and set at front curb.

All bins are property of GFL. If you require a bin to be replaced, the cost is the sole responsibility of the property owner. Requests for replacement or additional bins can be made by contacting the Town Office. 780-985-3604.



Organics collection every Monday (Spring through Fall)

Grass clippings, leaves, etc.

Must be in *Clear* NON-COLOURED bags.



Blue bag collection every second MONDAY

Tin cans, rigid plastic, flattened cardboard, newsprint/mixed paper.



Call 780-985-3604 ext. 222 for more info.
See reverse for landfill details

January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Have bags and/or bins out at front curb by 7:00 AM on pick up day.

Community Groups are free!

NEWSLETTER
DEADLINE
15TH OF THE
MONTH!

\$100.00 Full Page
\$75.00 Half Page
\$50.00 Quarter Page
\$25.00 Business Card

To Book ad space, please
Phone: 780.985.3604
Fax: 780.985.3039
email: mblack@calmar.ca

Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime throughout the year, but you will need to pay up front for the months that have already passed to stay caught up.

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank. No more missed due dates and penalties, and no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather Bryans at 780.985.3604 EXT. 232

Council Meetings

Regular Council meetings are held on the first and third Monday of each month, except on a holiday, in which case the meeting will be held on the following day (Tuesday). Meetings are at 6:30pm in Council Chambers.

Committee of the Whole meetings are held the 4th Wednesday of each month at 1:30 p.m. Meetings are held in Council Chambers at 4901 – 50 Ave

Alternatively, you may join the regular meetings from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/211016493>

You can also dial in using your phone.

(For supported devices, tap a one-touch number below to join instantly.)

Canada: +1 (647) 497-9391

– One-touch: <tel:+16474979391>, 211016493#

Access Code: 211-016-493

All current Agendas can be found on calmar.ca

Public Works On Call: 780.446.7319
Public Works Shop: 780.985.2121
Community Peace Officer 780.999.7181
Emergency 911