



# The Chronicle

## June 2024

### YOU CAN FIND ME AT:

- MINT HEALTH + DRUGS
- LEE'S RESTAURANT
- WHATEVER REPAIRS
- GRASSHOPPER RESTAURANT
- CALMAR LIBRARY
- TOWN OFFICE
- CALMAR BAKERY
- ...IS GOOD COFFEE BAR & MORE
- HAYDUK LUMBER & HARDWARE
- CALMAR MEDICAL CLINIC
- FOR THE LOVE OF PEROGIES 'N' STUFF

CELEBRATING  
PRIDE  
MONTH

TOWN ADMINISTRATION OFFICE  
4901-50 AVENUE, P.O. BOX 750, CALMAR, AB T0C 0V0  
PHONE 780-985-3604 FAX 780-985-3039  
WEBSITE: [WWW.CALMAR.CA](http://WWW.CALMAR.CA) EMAIL [INFO@CALMAR.CA](mailto:INFO@CALMAR.CA)

# JUNE 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<i>Pride</i>				01 THE START TO PRIDE MONTH!
02	03 Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School  Council Meeting @ 6:30pm 	04	05	06 Weeds and unsightly OPEN HOUSE 6 - 8 pm at the Program Center 	07	08 Farmer's Day Free Pancake Breakfast at the Mike Karbonik arena 8:00am - 10:00am. 
09	10 Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School	11	12	13	14 Calmar Secondary School Graduation!  <i>Class of</i> <b>2024</b> 	15
16 Father's Day 	17 Council Meeting @ 6:30pm 	18	19 Business BBQ 11:30am - 1:30pm 49th Street South of 50 Ave.	20 Traffic Safety for new drivers OPEN HOUSE 6 - 8 pm at the Program Center 	21	22
23  30 Taxes are due.	24 Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School	25	26 Committee of the Whole Council Meeting @ 1:30pm	27	28	29 



# MAYOR'S CORNER AND IN THE KNOW WITH THE CAO

## **Welcome June we are ready for summer! But could we ever use some rain!**

I would like to start off first by saying Happy Father's Day to all the amazing fathers out there. We appreciate the bonds you hold with all the important people in your lives, whether biological, adopted or otherwise a part of your family. We hope that on June 16, 2024, you have an amazing day and enjoy time with family and loved ones.

With spring well underway it is that time of year that people begin to work on their annual yard projects. It is very important to do your research, know where your property lines actually are (this may mean getting a real property report), utilize click before you dig ([utilitysafety.ca](http://utilitysafety.ca)) to ensure you know where the hidden utilities and lines are, have a discussion with your neighbours, and check in with the town office to see what kind of permits you may require as there are rules around how much space you can cover on your property. Doing the research in advance will avoid costly mistakes or problems in the future.

Check out the town website and social media postings for the many upcoming summer events. We have Summer camp programs for the children and youth, the Calmar Canada Cup will return this year on Canada day, and of course the always popular Calmar Days in August. The Market on Main has returned to the green space along highway 39.

To end this article I would like to recognize that June is Pride month and thank the LGBTQI community for their contributions to communities though the world. I ask that all of us treat each other with respect and humanity as we are all people.

*Sincerely Yours*

*Sean Carnahan, Mayor*

*Calmar a great place to call Home*

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**In the last few editions of the Chronicle, I have presented town departments.**

**Today, I would like to highlight Public Works. With its base of operation on 44 Avenue, this department is responsible for the construction, operation, and maintenance of the town's capital assets. These include the facilities, the buildings, as well as the road, water, sanitary and stormwater infrastructure/network.**

**The employees in this department are trained in various fields and are active around the clock to ensure that residents have access to safe potable water, cleaned roads, proper sanitary services that meet all environmental regulations, and many other amenities that support life quality in Calmar. While conducting their business, employees from this department must ensure that community needs are met, the work is done within the budget allocated by Council, and that all provincial and federal laws/regulations are met or exceeded.**

**The regular hours of this department are from 7h00 to 3h30, but the Town offers an on-call service for emergencies such as water line breaks, street flooding, or damaged public infrastructure. The number to reach the Public Works on-call emergency service is 780-446-7319.**

**For more information about Calmar's Public Work or other town-related topics, please reach out to me.  
Sylvain**

# Peace Officer Corner

Good Day Town of Calmar.....

Summer is rolling in fast. Kids are going to be roaming the streets more. Visitors will be frequenting our community more often. Yard and lawn care will be keeping us all busy. There is nothing like the warm rays of the sun to fill us all of the vitamin D we have not had for so long. The chance to speak with neighbors that the cold weather may have prevented. Backyard fires during the warmer nights, Putting away our cold gear, and getting ready for the warmer season. With all that in mind, we are going to focus on what's positive in our town in this edition of the Chronicle.

We see our watering staff keeping the town looking like a lush garden and the staff on mowers trying to stay ahead of the rain and tall grass. We've watched our residents looking to make their slice of heaven from winter's harsh wear on their properties. Hopefully, by the time this article is read, the Oilers will be in a Stanley Cup series.

We will be running a couple of FREEZEE check stops over the summer. This is similar to our candy cane check top in winter. Look for some refreshing flavor handouts coming soon !

Law enforcement operations will be ongoing thru the summer to keep our traffic safety in line.

Treat everyone as you would want them to treat you. Enjoy the warmer weather.

AND HAVE A GREAT SUMMER !!

Calmar Enforcement  
OFFICER CIVIJECTC  
OFFICER LEGGIO





# The Town of Calmar

Is pleased to invite  
all Calmar residents to a  
Farmer's Day

**FREE Pancake Breakfast!**

**Sponsored by  
Chris Feist Realty!**

**When: Saturday, June 8th**  
**Where: Mike Karbonik Arena**  
**Time: 8:30am – 10:30am**

**Pancakes and sausages  
are being done by:**



@reallygreatsite



# **BULK WATER STATION**

THE BULK WATER STATION FOR THE TOWN OF CALMAR  
HAS OFFICIALLY CLOSED.

ALL BULK WATER INQUIRES PLEASE CONTACT ALLAN  
BRODNIANSKY AT 780-984-4579 FOR INFORMATION ON THE  
STATION SYSTEM AND RATES.



- The new station is located in the industrial park of Calmar at 5026 42 Ave (Enter on SW side on 43 Ave).
- Invoices for the bulk water station that was run through the Town of Calmar will be sent out the first week of June.
- Key returns can be made to the town office at your earliest convenience for the refundable deposit.

Any questions regarding your account with the  
Town of Calmar please contact  
Darlene Parchoma at  
780-985-3604 ext. 222



*Town of Calmar's*

# **BUSINESS BBQ**

*RSVP*  

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*Today!*  

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## **The Deets:**

**Who:** Business owners / managers  
in Calmar only.

**Where:** 49th Street South of 50 Ave.

**When:** Wednesday, June 19, 2024  
11:30am - 1:30pm

**RSVP:** by June 14, 2024

Call Sandra at the Town Office  
780-985-3604



# Calmar Public Library: June 2024

## WHAT'S HAPPENING?



### Gently Used Book Sale June 3 - 14, 2024 (operating hours)

The Friends of the Library will be holding a book sale! Gently used books and DVDs for all ages will be available for sale. Stop by during the library's operating hours and take a look! All books are \$1.00 each, DVDs and audiobooks are \$2.00 each.

Donations will only be accepted from May 27 - May 31, 2024.

## CELEBRATE PRIDE WITH THE LIBRARY!

June is Pride Month, which commemorates years of struggle for civil rights and the ongoing pursuit for equality for the LGBTQ+ community, as well as the accomplishments of LGBTQ+ individuals.

Celebrate with the Calmar Public Library by adding your own chalk rainbow to our front sidewalk throughout the month!



### Celebrating Seniors Wednesday, June 5 @ 11:00 am

*Program will be held at the Calmar Seniors Centre.*

In partnership with Leduc County, Calmar & District Seniors Club, and the Town of Calmar FCSS, join us for this **FREE** event to celebrate the seniors in our community! Lunch and an afternoon of entertainment will be provided, along with door prizes and swag bags! Due to limited space, registration is required to attend. Please contact the Calmar Public library at 780-985-3472 to register for this event.



### Button Making Ages 6 and up June 5, 2024 @ 4:00 - 5:00PM

Buttons, buttons, buttons! The button machine is back at the library, and the only limit is your imagination. Design, draw, and create your very own pin-back buttons that you can use to decorate just about anything! Drop ins welcome!



### Movie and Pizza Night Ages 6 & up Wednesday, June 26 @ 5:00 pm

School's out for summer! Come down to the library to kick off the start of summer vacation with a movie night. Pizza will be provided. The movie being shown is **Kung Fu Panda 4!**



**Have a question? Want to register for a program?**  
**Website:** [www.calmarpubliclibrary.ca](http://www.calmarpubliclibrary.ca)  
**Contact Us:** 780-985-3472 or [circulation@calmarpubliclibrary.ca](mailto:circulation@calmarpubliclibrary.ca)

## LIBRARY HOURS

Monday, Tuesday, Thursday, Friday	11AM - 5PM
Wednesday	11AM - 8PM
<b>CLOSURES: weekends and statutory holidays</b>	

## IT'S FREE! JOIN THE LIBRARY!

New to the community and looking to get a library card? Great! Contact the library to apply for your card today!

## Monthly Programs



### Knit n' Stitch Tuesdays @ 1:30PM

All skill levels welcome!



### Stay n' Play Thursdays @ 10:00AM

Ages 0-5 with caregiver



### Cookbook Club June 12th @ 6:00PM

Theme: Foiled Again!  
Make something in a foil packet.



### LEGO Club June 19th @ 4:00PM

Ages 6 and up

## TAKE & MAKE KITS

Pre-K	Rainbow Fish
Tween	Tic-Tac-Toe



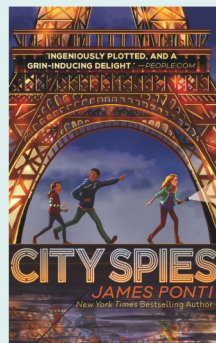
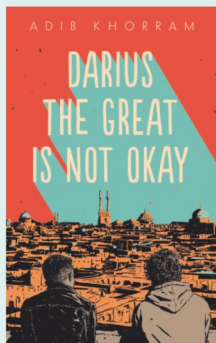
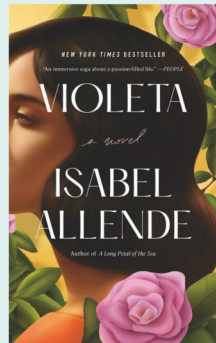
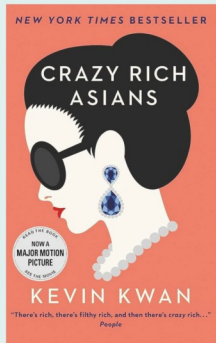
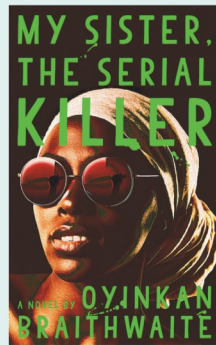
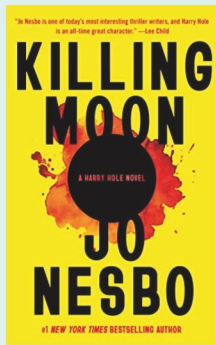


## 2024 Reading Challenge

### June Theme: A Book Set in Another Country

In a reading slump? Want to switch up your reading habits? This is the challenge for you! Each book you read that fits the monthly prompt will count as an entry into a draw for a bookish prize pack! Be sure to let us know what you've read.

Need recommendations? Just ask our library staff for assistance!



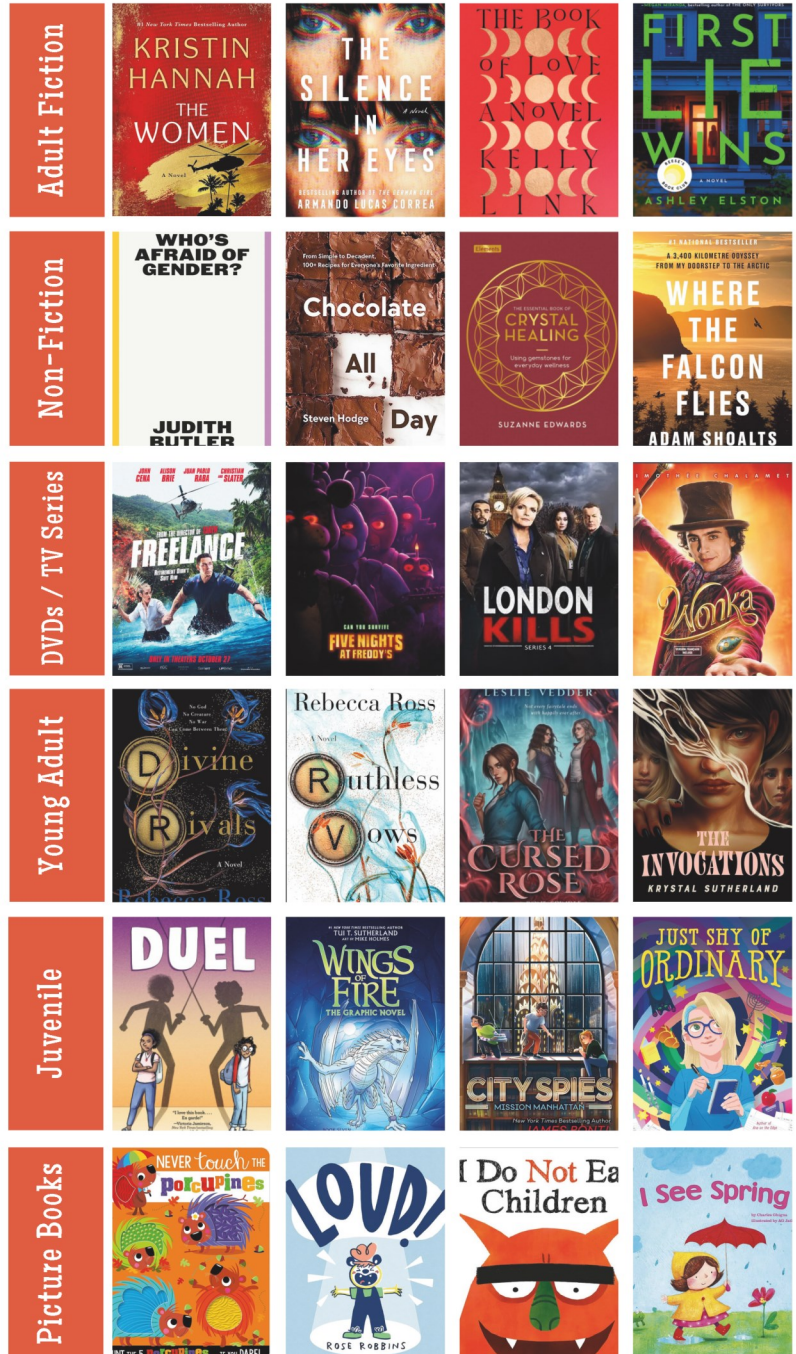
## Community Pantry

Take what you need, leave what you can.

Our Community Pantry is now available to the public! Bags are available if needed, and we request that shopping is limited to three items per person. We are also seeking donations of dried and canned foods, snacks and spreads, and toiletries and cleaning supplies!

## What's New on Our Shelves!

We are always adding to our collection! Here are some of the newest titles that we added last month. Contact the library to request a title!



Check us out online!

Facebook: [www.facebook.com/calmarlibrary](https://www.facebook.com/calmarlibrary)  
 YouTube: [www.youtube.com/@calmarpubliclibrary](https://www.youtube.com/@calmarpubliclibrary)

## **LIBRARY JUNE 2024 CALENDAR**

### **Take n' Make Kits**

Available June 3rd

Pre-k: Rainbow Fish

Tween/Teen: Tic-Tac-Toe

### **Adult Reading Challenge**

June Challenge – Read a book from another country.

### **Celebrate Pride with the Library**

June 1 - 31

Celebrate with the Calmar Public Library by adding your own chalk rainbow to our front sidewalk throughout the month.

### **Friends of the Library Gently Used Book Sale**

June 3 – 14<sup>th</sup> during operational hours

### **KNIT N' STITCH (all ages) (every Tuesday)**

Tuesday, June 4, 11, 18, 25<sup>th</sup> @ 1:30 PM – 3:00 pm

### **Celebrating Seniors**

Wednesday, June 5<sup>th</sup> 11:00 am – 2:00 pm

In partnership with Leduc County, Town of Calmar Seniors Club, and the Town of Calmar FCSS, join us for this FREE event to celebrate the seniors in our community! Lunch and entertainment provided, along with swag bags and door prizes! Contact the library to register 780.985.3472.

### **Button Making ages 6 and up.**

Wednesday, June 5<sup>th</sup> @ 4:00 pm

Buttons, buttons, buttons! The button machine is back at the library, and the only limit is your imagination. Design, draw, and create your very own pin-backed buttons that you can use to decorate just about anything! Drop-ins welcome!



**STAY N' PLAY (0-5 years with caregiver) – (every Thursday)**

Thursday, June 6, 13, 20, 27th @ 10:00 – 11:00 am

**Cookbook Club – (Adult Program) (2<sup>nd</sup> Wednesday of the month)**

Wednesday, June 12 @ 6:00 pm – 7:30 pm Theme – Foiled Again! Make a new recipe using a foil packet.

**LEGO Club (6 years and up) (3<sup>rd</sup> Wednesday of the month)**

Wednesday, June 19th @ 4:00 pm – 5:00 pm

**Movie and Pizza Night ages 6 & up**

Wednesday, June 26 @ 5:00 pm

Schools out for summer! Come down to the library to kick off the start of summer vacation with a movie night. Pizza will be provided. Kung Fu Panda 4

**“When I got my library card, that  
was when my life began.”**

– Rita Mae Brown

## **Fraud Alert! From The Canadian Anti-Fraud Centre**

### **Internet, cable or cellphone service providers**

A fraudster calls and claims to be from an internet, cable or cellphone service provider. They offer a deal that's too good to be true. The fraudsters proceed to ask for the victim's personal information including their Social Insurance Number (SIN) and Driver's License number. They will then use your personal information for identity fraud.

How can you stay safe? If you get a call from your service provider, tell them that you will call them back and end the call. Look up the legitimate phone number for the company and communicate with them directly by always making the outgoing call.

### **World Elder Abuse Awareness Day – June 15**

Stop by your local FCSS office to grab some information and pick up a passport card to take part in a fun and interactive game right in your local community from June 10th to June 14th for the chance to win a prize!

June 15 a day to help bring awareness to the importance of preventing elder abuse, the struggles some of our senior community members experience and to help identify and combat elder abuse.

Elder abuse is often committed by someone known to the victim, such as a family member, friend or caregiver. To note, emotional and financial abuse are the most frequently reported forms of elder abuse.

Some common signs of elder abuse:

- Confusion
- Depression or anxiety
- Unexplained injuries
- Changes in hygiene
- Seeming fearful around certain people
- Fear or worry when talking about money

### **Elder Abuse resources**

#### **Leduc County FCSS**

- Provides subsidies to low-income individuals to access counselling services.
- Offers free one-to-one support to encourage people to cope and be resilient.
- Hosts workshops to promote positive mental health strategies.

Reach out to our FCSS team at **780-979-2385** if you feel you need support.

#### **Edmonton Seniors Abuse Help Line**

Call 780-454-8888 available 24/7 to report and to get help.



## **Edmonton Seniors Abuse Help Line**

Call 780-454-8888 available 24/7 to report and to get help.

**211**

Dial 211 or text 211 and type INFO for 24/7 information on social supports.

## **Upcoming Workshops**

Call us at 780-979-2385 or 1-888-301-FCSS to register and learn more.

### **Empowering Older Adults: Navigating the Digital Realm & Family Dynamics**

Dive into healthy relationships and online safety through this two-part session with complimentary lunch. Stephanie Gulaga from SAiF will guide participants through the crucial process of setting boundaries with family members, especially our adult children and provide invaluable tips to deal with challenging situations. After lunch, we'll explore the digital realm and what may be lurking in the shadows - from the complexities of online dating to the potential pitfalls of scams and beyond. Participants will learn ways to safeguard themselves against fraudsters in the digital world.

**Date:** Friday, June 14, 2024

**Time:** 10:30 a.m. to 2 p.m.

**Location:** Warburg Cultural Centre

### **Unconditional Love: Supporting and Caring for LGBTQ Youth**

Parenting and caregiving are challenging for everyone no matter the situation. Sometimes we feel un-equipped to deal with the changes and experiences we will have. This session will help you feel more confident in how to love and support a youth who may be LGBTQ and how to open the avenues of communication between the both of you.

This session will be facilitated by Terry Stroud, Canadian Certified Counsellor with Level Up Wellness Group, who has worked in many roles from the trades, to pastoring, to working in the mental health field. Terry looks to help teens, parents, and adults with whatever challenges life may throw at them.

**Date:** Tuesday, June 18, 2024

**Time:** 6 to 7:30 p.m.

**Location:** online via Zoom



## Black Gold nominee wins ASBA Friends of Education Award

The Black Gold School Division is proud to congratulate Wetaskiwin-based Manluk Global Manufacturing Solutions, our nominee for the 2024 Alberta School Boards Association's Friends of Education Award for Zone 2 /3, for winning this prestigious award.

"Manluk's support has allowed our students to gain the skills they need to become better at their chosen skilled trade, and their participation in the competitions helps them hone their skills as they pursue meaningful careers in the skilled trades," said Board Chair Esther Eckert.



Since 2019, Manluk has been a friend and partner to Black Gold through their sponsorship of the machining program at Calmar Secondary School. They are helping to foster high-quality skills education through their financial support and encouragement, providing supplies of essential tools and materials for our students to practice on, and hiring the program students for work in the summer.

The company also provides monetary donations to support students and coaches in attending and competing in provincial and national skills competitions. "Thanks to Manluk's generosity, Calmar students have gone on to win 22 provincial medals, 9 national medals, and one student has competed internationally at the WorldSkills competition," said Vice Chair Angie Charpentier.

"The impact Manluk has had on Calmar Secondary is evident the moment you walk into the school," said Ward 2 Trustee Devonna Klaassen. "Banners fly in the common area to honour students who have placed in competitions, and the school enjoys a reputation of excellence in skills training."

Manluk's ongoing commitment to the Calmar Secondary's machining program is for education's sake – they operate with passion and foster positive relationships that support and improve student-centred learning. Black Gold is honoured and proud to have them as a partner and friend of education.







**MONDAY JULY 1ST**

## 2nd Annual Calmar Canada Cup

Mike Karbonik Arena and parking lot.

6-9, 10-13, 14-17 and Adult divisions.

For information and registration  
head to [Calmar.ca](http://Calmar.ca)



**FOR INFORMATION CONTACT [IMILLER@CALMAR.CA](mailto:IMILLER@CALMAR.CA)**

## Calmar's Good Neighbour Program

This program aims to recognize those fellow residents who:

- Model Community Spirit**
- Help in times of need**
- Improve feeling of safety and security**
- Encourage fellow neighbours to get together and connect**

Nominations do NOT have to be for your direct neighbour - anyone can nominate anyone!

### **Youth (12 -17 yrs old)**

recipient will receive a \$50.00 gift certificate to a local business of their choice.

### **Adult (18 yrs +)**

recipient will receive a \$100.00 gift certificate to a local business of their choice.

**The next recipient for Calmar's Good Neighbour Recognition Award is:**

**Barb Abel**

**Please drop by the Town of Calmar Office at 4901 - 50 Street to claim your Award!!!**

Nomination forms can be picked up at the Town office, the Public Library or can be submitted online through the Town website.

<https://calmar.ca/community/family-and-community-support/calmars-good-neighbour-program/>

**Please submit your nominations to: Mikayla, Calmar FCSS  
780-985-3604 ext 233 or fcss@calmar.ca**



# CALMAR DAYS MEGA MARKET INFO!!

**Date:** Saturday, August 17, 2024    **Time:** 8:00am - 4:00pm

**Location:** Downtown along Hwy 39 from Woodland Park to the Mike Karbonik Arena. Outside on the sidewalks and grass area by the Arena.

The Calmar Mega Market is a decades old, garage sale tradition that started with people holding garage sales that went from the West side of Leduc, all the way to Warburg, along Highway 39. You will still find garage sales all along the highway, but the biggest activity happens along the Town of Calmar's downtown sidewalks.

If you want to be a vendor at the Mega Market, there is NO registration. You just show up on Saturday morning and set up your own table and sell your products as if you were setting up for a garage sale. Spots along the downtown are first come, first served, but, please DO NOT set your tables up in front of a business entryway!

It is up to you to make sure you have all the proper documents and approvals to sell your goods at the garage sale.

Watch for more information on Calmar Days as we confirm plans. If you have questions or want to get the right information, please call Sandra or Ian at the Town Office 780-985-3604.

# Calmar Connects



A page dedicated to the wellness of our community.

As we head into June we are going to explore the 8 Pillars of Wellness- expanding our holistic approach to wellness.

In the pursuit of a fulfilling life, achieving wellness encompasses more than just physical health. It involves nurturing various aspects of our lives to attain a state of overall well-being. To address this multifaceted concept, many experts advocate for the Eight Pillars of Wellness. These pillars serve as a framework for cultivating balance and harmony across different dimensions of our existence.

1. **Physical Wellness:** Maintaining a healthy body through regular exercise, proper nutrition, and sufficient rest. Engaging in physical activities not only enhances physical fitness but also contributes to our mental and emotional well-being. Taking care of ailments and illnesses when they arise.
2. **Emotional Wellness:** Emotional wellness involves understanding and managing our emotions effectively. It encompasses developing resilience, coping mechanisms, and healthy relationships. Cultivating emotional intelligence allows us to navigate life's challenges with greater ease and maintain a positive outlook.
3. **Social Wellness:** Humans are inherently social beings, and nurturing meaningful connections with others is vital for our well-being. Social wellness involves building supportive networks, fostering communication skills, and cultivating empathy and compassion towards others.
4. **Intellectual Wellness:** Stimulating the mind through continuous learning, critical thinking, and creativity is essential for intellectual wellness. Engaging in activities that challenge the intellect, such as reading, problem-solving, or pursuing hobbies, fosters our personal growth and cognitive function.
5. **Occupational Wellness:** Finding satisfaction and fulfillment in our work or chosen vocation is central to occupational wellness. This pillar emphasizes the importance of pursuing a career that aligns with personal values, interests, and skills, as well as maintaining a healthy work-life balance.
6. **Environmental Wellness:** Environmental wellness involves fostering a connection with the natural world and promoting harmony with our surroundings. It encompasses efforts to conserve resources, reduce pollution, and create sustainable living environments for present and future generations. On a closer level it is maintaining our spaces or environments to a state that we are able to function to our fullest.
7. **Financial Wellness:** Achieving financial stability and security is fundamental to overall well-being. This pillar emphasizes prudent financial management, including budgeting, saving, investing, and planning for the future, to alleviate stress and promote peace of mind. Especially where income is lower, gaining these skills can improve spending habits and reduce stress around money and debt.
8. **Spiritual Wellness:** Spiritual wellness encompasses finding meaning and purpose in life, as well as connecting with something greater than oneself. This dimension may include religious beliefs, meditation, mindfulness practices, or engaging in activities that nurture the soul and promote inner peace.

At Nurtured Minds we offer a holistic wellness checkup- this article has been created based on the foundations of that session.

To assess yourself and your overall holistic wellness- you can mark each pillar either as a "met need" or "unmet" need. This will provide clarity and direction for future wellness goals and areas of focus.

A reminder that these articles don't serve as therapy- if you are experiencing distress in any of these areas you may benefit from speaking with a therapist or other support.

If you are experiencing crisis, please contact any of the following:

Alberta Mental Health Help Line: 1 (877) 303 2642

Addictions Helpline: 1 (866) 332 2322

Suicide Crisis Line: Call or TEXT 988

Call 911 or go to your nearest ER.





# Economic Development

## BUSINESS UPDATE

1.

The Youth Entrepreneur Training Program is live. Contact Sandra at the Town office if you are between the ages of 12 & 17 and want to run your own business this summer. Check out our Facebook page and website for more details.

2.

The Town of Calmar Downtown Facade Improvement Program intake closed on May 15th. We have 6 downtown businesses that have taken advantage of the program to improve their facades. Keep your eye out over the summer for some fantastic changes!

3.

The Town of Calmar is ready to host our next meal - it will be a summer BBQ on June 19th! If you are business owner or manager, working in the Town of Calmar, you are invited and we would love to see you and your staff for a great BBQ cooked by our Town Council. RSVP to Sandra at the town office 780-985-3604!

### Highlight for June

The Town of Calmar introduced a  
**“Special Edition Calmar Chronicle”**

The Spring Edition went out May 15th!! Did you check out the business section? Was this a good way to get your business information out to residents and visitors?

Call me and let me know your thoughts!

For questions or suggestions for updates, or to RSVP to an event, please call Sandra McIntosh at 780-985-3604 Ext. 226



# Grants to Organizations!

**Are you a non-profit organization or an established group that is based within Calmar?**

- **Do you Contribute Towards:**

- Arts, culture, and heritage,
- Community spirit and events,
- Community well-being and fitness,
- Environment, or
- Recreation.

- **Application Form:**

- Go on our website and download the application form
- [https://calmar.ca/grants /](https://calmar.ca/grants/)

- **Grant funding Criteria:**

- One application per year.
- For 2024, the Grant application is open from April 30 - May 31, 2024.
- Expenditures must be finished by December 31, 2024.
- Operating Expenditure - max of \$1,000.00
- Capital Expenditure - max of \$2,000.00

**For More Information:**

Contact our Grants Coordinator at [grants@calmar.ca](mailto:grants@calmar.ca) or  
Phone Heather Bryans at 780-985-3604



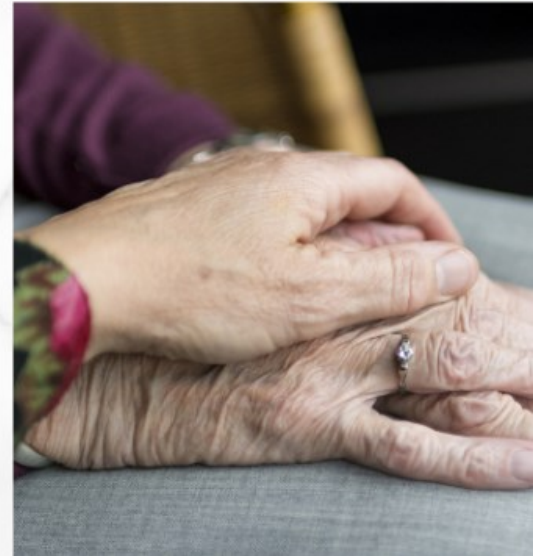
## **CALMAR AND DISTRICT SENIOR CITIZENS CLUB**

The Calmar & District Senior Citizen's Centre is located at Main Street at 4916 - 50 Ave.

**Monthly meeting**  
Wednesday, June 12 @ 1:00 pm

**Jammers**  
4th Tuesday of the month  
June 25 @ 1:00 pm.  
\$7.00 per person includes a light lunch.

For information on hall rental contact:  
Terry Balaban at 587.988.3636



## **Stars of Alberta Volunteer Awards**

Nominations Open



To nominate a great volunteer in your area, please go to:

<https://www.alberta.ca/stars-of-alberta-volunteer-awards>





# Zyp Art Gallery

Presents

## SIGHT *Unseen*

*Challenging the Visual in Visual Arts*

**May 3 - July 31, 2024**

**“The best and most beautiful things in the world  
cannot be seen or even touched...they must be felt  
in the heart.” —Hellen Keller**

Made possible by Arts & Culture grant







# YOUTH BUSINESS TRAINING PROGRAM

## The Program:

- For youth 12 - 17 years old who want to learn how to start their own business in the Town of Calmar.
- Must be a resident of the Town of Calmar.
- Learn everything you need to know to run your own business over the summer.
  - How to collect money
  - How to advertise
  - How to be safe in your business
  - Meet other youth business owners
  - Meet local business leaders
- Meet the Town Council and receive a Town of Calmar Youth Business License when you finish the program.

## How to Apply:

- Go to <https://calmar.ca/youth-business-training-program/> and download the application form

## Where:

- Calmar Program Centre  
4815 - 49 Street  
Calmar, AB

## When:

- Saturday, June 29, 2024
- 10:00am - 3:00pm

**Where Dreams are  
Born & Legends are  
Made!**

## To Register:

Go to

<https://calmar.ca/youth-business-training-program/>

or

call Sandra at 780-985-3604

# 5

## WAYS TO SUPPORT



# Small Business on Social Media!

 Like Their Post 

 Share Their Post

 Comment  
Something Nice

 Tag Your  
Friend

 Leave a  
Positive Review



Alice Hager  
780-498-2986  
thediff2@telus.net

Specializing in:

**Bookkeeping and  
Personal Income Tax**

Laser Printing - Black & White or Color  
Photocopy, Scanning, Faxing



## UTILITY BILL DUE DATES

JANUARY - FEBRUARY = APRIL 6TH

MARCH - APRIL = JUNE 6TH

MAY - JUNE = AUGUST 6TH

JULY - AUGUST = OCTOBER 6TH

SEPTEMBER - OCTOBER = DECEMBER 6TH

NOVEMBER - DECEMBER = FEBRUARY 6TH

Reminder to set up your E-Billing. Go to our website [calmar.ca](http://calmar.ca) for more details.

Or Contact Darlene at the Town Office @ 780.985.3604 Ext. 222







# every child deserves a childhood.

Little Warriors is a national charitable organization focused on the awareness, prevention and treatment of child sexual abuse.

We also advocate on behalf of child sexual abuse survivors.

little.  
warriors

To learn more about the the Be Brave Ranch or free Prevent It! workshop, visit [littlewarriors.ca](http://littlewarriors.ca)



## REMINDER:

**Town of Calmar**  
**Taxes are Due:**  
**June 30, 2024**

**If you have any questions,  
please call the town office at  
780-985-3604**





July 1st

# Sponsorship Opportunities at The Calmar Canada Cup!

## Sponsorship Levels:

- Pancake Breakfast - Chris Feist Real Estate!!
  - Family Fun Zone - \$2,500.
  - Naming Rights to 1 of the 2 outdoor rinks - \$1,000. ea.
  - Hardest Shot Game - \$500.
  - Accuracy Shooting Game - \$500.
- All sponsorships include business name and logo on all printed material, social media, and signage at the event.
- To find out what each sponsorship level provides to give you the best bang for your buck, please call Sandra McIntosh at 780-985-3604 Ext 226.



# BUSINESS DIRECTORY

## LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Ales Wine & Spirits	5001 - 50 Avenue Calmar, AB	(780)985-3334
Bank of Montreal	4902 - 50 Avenue Calmar, AB	(780)985-4727
Beads By Betty	By Appointment. Please Call	(867)872-4456
Big Wifi Inc.	By Appointment. Please call	(844)717-6237
BrenAlen Enterprises Ltd.	By Appointment. Please Call	(780)499-5260
Burger Bar	5102 - 50 Avenue Calmar, AB	(780)985-3511
Calmar ATB	4905 - 50 Avenue Calmar, AB	(780)985-2103
Calmar Bakery	4906 - 50 Avenue Calmar, AB	(780)985-3583
Calmar Big Country Auto Repair & Paint Ltd.	5005 - 42 Avenue Calmar, AB	(780)985-2590
Calmar Bottle Depot Ltd.	4912 - 50 Avenue Calmar, AB	(780)985-2155
Calmar Chiropractic Clinic	4715 - 50 Avenue Calmar, AB	(780)985-7260
Calmar Compounding Pharmacy	4741 - 50 Avenue Calmar, AB	(780)900-0222
Calmar Dental Clinic	4741 - 50 Avenue Calmar, AB	(780)985-2227
Calmar Grocery & Food Town	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Liquor Store	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Medical Clinic	4741 - 50 Avenue Calmar, AB	(780)985-3344
Calmar Petro Canada	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Pharmacy Ltd.	5002 - 50 Avenue Calmar, AB	(780)985-3141
Calmar Storage	5009 - 43 Avenue Calmar, AB	(780)985-2102
Calmar Subs	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Subway Ltd.	4725 - 50 Avenue Calmar, AB	(780)985-2282
CC's Therapeutic Massage	5310 - 52 Street Calmar, AB	(780)985-2149
Certified Spraybooths Inc.	39 Parkview Crescent Calmar, AB	(780)9853215
Chevron	5001 - 50 Avenue Calmar, AB	(780)985-7224
Clean and Simple Soap Company	5006 - 42 Avenue Calmar, AB	(780)913-0595
Cleaning with Meaning	By Appointment. Please call	(780)995-6808
Co-op Gas Bar	4613 - 50 Avenue, Calmar, AB	(780)985-4584
Country Cannabis Store	4910 - 50 Avenue Calmar, AB	(780)985-0150
Country Care Massage Therapy	5037 - 52 Street Calmar, AB	(780)239-9290
Countryside Liquor Store	5018 - 50 Avenue Calmar, AB	(780)263-0750



# BUSINESS DIRECTORY

## LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Countryside Vision Care	4715 - 50 Avenue Calmar, AB	(587)906-1515
Dew Drops Daycare Centre Calmar Ltd.	4917 - 50 Avenue Calmar, AB	(780)985-2818
Direct-Line Insurance Inc.	4905 - 50 Avenue Calmar, AB	(780)985-3666
Dyck Insurance Agency Ltd.	4915 - 50 Avenue, Calmar, AB	(780)985-3650
Edmonton Calmar Marketplace	4406 - 50 Avenue, Calmar, AB	
Elite Carpet Care	By Appointment. Please call	(780)985-4253
Esthetics Avenue	By Appointment. Please call	(780)966-1480
For The Love of Perogies N Stuff	4737 - 50 Avenue, Calmar, AB	(780)826-0955
Georg Fischer Urecon Ltd.	5010 - 43 Avenue, Calmar, AB	(780)985-3636
Graceful Skin Spa & Massage	44 Parkview Crescent, Calmar, AB	(587)357-5957
Grasshopper Café	4703 - 50 Avenue, Calmar, AB	(780)985-2529
Hayduk Lumber & Hardware Ltd.	4736 - 50 Avenue, Calmar, AB	(780)985-2202
Haylstorm Fitness ( by Hayley Pratt)	By Appointment. Please call	(780)898-5650
Income Taxes Done Right	By Appointment. Please call	(587)599-5520
Is Good Coffee Bar & More	Unit 201, 4715 - 50 Avenue	Please drop by
Ivy Pho Restaurant	4726 - 50 Avenue, Calmar, AB	(780)985-0658
JMR Collective Yoga & Fitness Classes	By Appointment. Please call	(780)616-2191
Komplete Modular Solutions Ltd.,	5030 - 43 Avenue, Calmar, AB	(587)991-5015
Krisp Kleen Janitorial	By Appointment. Please call	(587)982-9510
Lanko Systems Inc.	4424 - 50 Avenue Calmar, AB	(780)288-7376
Latmann Equipment Ltd.	5022 - 42 Avenue, Calmar, AB	(780)985-4202
Leduc Mechanical Industries Inc.	4412 - 50 Avenue, Calmar, AB	(780)985-8591
Lee's Family Restaurant	4731 - 50 Avenue, Calmar, AB	(780)985-2221
Loganberrys Antiques & Curiosities	4732 - 50 Avenue, Calmar, AB	(780)985-2553
Luz Massage Therapy	By Appointment. Please call	(780)289-7176
Maggie Moo's Ice Cream Barn	5001 - 50 Avenue, Calmar, AB	(780)619-5399
MWG Trucking Ltd.	5033 - 42 Avenue, Calmar, AB	(780)985-3197
New Shanghai Restaurant	5014 - 50 Avenue, Calmar, AB	(780)985-3989
Newport Manufacturing & Design Ltd.	4436 - 50 Avenue, Calmar, AB	(780)985-7000

# BUSINESS DIRECTORY

## LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Nik 'N' Nak & All That	4729 - 50 Avenue, Calmar, AB	(825)652-2037
Norpoint Sandblasting & Painting Ltd.	4420 - 50 Avenue, Calmar, AB	(780)469-6271
Paragon Wireline Services Ltd.	5021 - 42 Avenue, Calmar, AB	(780)690-6766
Platinum Home Inspections	By Appointment. Please call	(780)940-0287
Power Play Café Ltd.	5019 - 47 Street, Calmar, AB	(780)231-0363
Pro Eavestroughing Ltd.	By Appointment, Please call.	(780)985-3237
Rhooster Tail Hair Salon	4701 - 49 Avenue, Calmar, AB	(780)985-4588
Ridley Law	4740 - 50 Avenue, Calmar, AB	(780)666-2351
Rise Wellness	#202, 4715 - 50 Avenue, Calmar, AB	(780)913-7718
Route 39 Public House Inc.	5010 - 50 Avenue, Calmar, AB	(825)995-9520
Segue Seniors Health Consulting Inc.	By Appointment. Please call	(587)576-3663
Silverstar Oilfield Transportation Ltd.	4301 - 52 Avenue, Calmar, AB	(780)985-8501
Skip's Sports Bar	4726 - 50 Avenue, Calmar, AB	(780)985-2089
Spreen Repair Services Ltd.	5001 - 43 Avenue, Calmar, AB	(780)985-3317
The Car Doctor	5010 - 42 Avenue, Calmar, AB	(780)886-5013
The Country Barber	4737 - 50 Avenue, Calmar, AB	(877)323-1209
The Difference Office Services	By Appointment. Please call	(780)498-2986
TLC Dog Grooming	By Appointment, Please call	(780)239-7065
TNT Storage	5403 - 50 Street, Calmar, AB	(780)263-0319
Vertex Resource Services Ltd.	5046 - 42 Avenue, Calmar, AB	(780)985-2213
Whatever Repairs and Services Inc	4737 - 50 Avenue, Calmar, AB	(780)995-4374
Wizard Lake Marine Inc.	4444 - 50 Avenue, Calmar, AB	(780)985-4200
Xtreme Foam Applicators Ltd.	5007 - 42 Avenue, Calmar, AB	(780)218-3626
Yesterday's Treasure Market Inc.	4904 - 50 Avenue, Calmar, AB	(780)985-2522
ZYP Art Gallery	4715 - 50 Avenue, Calmar, AB	(780)984-4114





# 2024 WASTE COLLECTION SCHEDULE



Waste collection is every Thursday.  
Please use bin provided and set at front curb.

All bins are property of GFL. If you require a bin to be replaced, the cost is the sole responsibility of the property owner. Requests for replacement or additional bins can be made by contacting the Town Office. 780-985-3604.



Organics collection every Monday (Spring through Fall)

Grass clippings, leaves, etc.

Must be in *Clear* NON-COLOURED bags.



Blue bag collection every second MONDAY

Tin cans, rigid plastic, flattened cardboard, newsprint/mixed paper.



Call 780-985-3604 ext. 222 for more info.  
See reverse for landfill details

## January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## February 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

## March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## April 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## May 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## June 2024

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## July 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## August 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## October 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## December 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Have bags and/or bins out at front curb by 7:00 AM on pick up day.



# Community Groups are free!

NEWSLETTER  
DEADLINE  
15TH OF THE  
MONTH!

\$100.00 Full Page  
\$75.00 Half Page  
\$50.00 Quarter Page  
\$25.00 Business Card

To Book ad space, please  
Phone: 780.985.3604  
Fax: 780.985.3039  
email: mblack@calmar.ca

## Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime throughout the year, but you will need to pay up front for the months that have already passed to stay caught up.

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank. No more missed due dates and penalties, and no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather Bryans at 780.985.3604 EXT. 232

## Council Meetings

Regular Council meetings are held on the first and third Monday of each month, except on a holiday, in which case the meeting will be held on the following day (Tuesday). Meetings are at 6:30pm in Council Chambers.

Committee of the Whole meetings are held the 4th Wednesday of each month at 1:30 p.m. Meetings are held in Council Chambers at 4901 – 50 Ave

Alternatively, you may join the regular meetings from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/211016493>

You can also dial in using your phone.

(For supported devices, tap a one-touch number below to join instantly.)

Canada: +1 (647) 497-9391

– One-touch: <tel:+16474979391>, 211016493#

Access Code: 211-016-493

All current Agendas can be found on [calmar.ca](http://calmar.ca)

Public Works On Call: 780.446.7319  
Public Works Shop: 780.985.2121  
Community Peace Officer 780.999.7181  
Emergency 911