# TOWN OF CALMAR

YOU CAN FIND ME AT:

- MINT HEALTH + DRUGS
- LEE'S RESTAURANT
- WHATEVER REPAIRS
- GRASSHOPPER RESTAURANT
- CALMAR LIBRARY
- TOWN OFFICE
- CALMAR BAKERY
- ... IS GOOD COFFEE BAR & MORE
- HAYDUK LUMBER & HARDWARE
- CALMAR MEDICAL CLINIC
- FOR THE LOVE OF PEROGIES 'N' STUFF

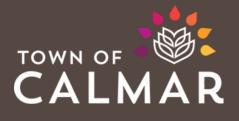
The Town office will be closed on Monday, April 1st

APRIL 2024

for Easter Monday

TOWN ADMINISTRATION OFFICE 4901-50 AVENUE, P.O. BOX 750, CALMAR, AB TOC OVO PHONE 780-985-3604 FAX 780-985-3039 WEBSITE: WWW.CALMAR.CA EMAIL INFO@CALMAR.CA





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01 APRIL FOOL'S DAY Easter Monday Town office is closed.	O2 Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School Council Meeting @ 6:30pm	03	04 Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School	05	06
07	08 Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School	<b>O9</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School	10	11	12	13
14	15 Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School Council Meeting @ 6:30pm	16 Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School	17	18 Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School	19 Volunteer Appreciation Open House 9:00am -12:00pm Calmar Program Centre	20
21	22 Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School	23 Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School	24 Committee of the Whole Council Meeting @ 1:30pm	25 Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School	26	27
28	29 Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School	<b>30</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School				



### April showers bring May flowers...

Spring is now upon us as the sun is with us longer each day. I would like to take a moment and thank all our public works & parks staff for their commitment to our roads, walking paths and our winter facilities. Thank you to all citizens and businesses for keeping walks cleared and passable through the winter season. The trees are starting to bloom, and many gardeners are getting the itch to start planning and planting early bulbs and preparing their garden plans. Please remember to include our local businesses in all your spring plans as they all strive to provide great services to our community.

The town has received the property tax valuations. Administration and Council will work through the final stages of our 2024 budget and set the mill rates in April so that tax notices can be sent out. Please watch your mail for these upcoming notices.

Finally, April 14th to April 20th is National Volunteer Week. We would like to extend a huge thank you to all volunteers. Without these special people we would not enjoy many of the programs within our community. I tip my hat to you all.

### Sean Carnahan, Mayor

### Calmar a great place to call home

In the last two editions of the Chronicle, I highlighted two departments that provide services to residents. This month, I would like to discuss Corporate Services, a department that provides services to both residents and other groups within the town's administration. For the residents, this department is responsible for overseeing the accounts payable and receivable. If you are paying an invoice or have provided a service to the Town and now require payment, this department is going to look after you. When you have questions about your utility bill or your assessment, Corporate Services is there to answer your questions. This department is also the point of contact for everyone that has an inquiry, and its staff will direct you to the appropriate department, pending your needs. While some inquiries may be super quick to answer, others will require more time, therefore, providing as much information as possible when you submit an inquiry will facilitate the process.

As for Corporate Services internal roles, these include; implementing financial processes such as reporting, monitoring, and processing, projecting revenues and expenses, and assisting each department with the preparation of their budget. Corporate Services also includes the function of Human Resources for the town's administration.

For more information about Calmar's Corporate Services or other town related topics, please reach out to me.

Sylvain, CAO Town of Calmar



### Good Day Town of Calmar...

Spring is here! Winter was not as bad as it used to be and warmer weather is just around the corner. Just a few things to bring up:

This is the time of year where our lawns and yard show the winter wear. From dog feces, blowing garbage, and other accumulated material, our yards will for sure require attention. Take the time to address any property maintenance issues before they grow into larger issues that require more time due to being left unattended.

Pets will be out and about the yard more. Please ensure proper care for your furry family members while outside. Shelter, food, and not allowing them to be a nuisance to neighboring homes. Barking at large, cats spraying on homes and gardens, etc.

Feeding of wild animals. It's nice to be generous in providing food for wild animals, but please consider the associated risk with feeding our wild cats, geese, etc. this will create a steady stream of unwanted animals into our town costing the tax payers to relocate, house, or veterinarian fees that these animals may require. We all should respect nature and keep the wild animals just that, wild. Feeding only creates bad habits within these animals which also make for unsafe encounters with our kids and adults throughout our community.

Speed in town. As the roads get drier, the itch to pick up the speed in town grows larger. Calmar is home to a lot of young children who tend to forget the safety risks while crossing roads, as we all used to. Do not risk a life changing catastrophic event because of a choice to race your vehicle or act in an unsafe manner. Any event of this nature will surely mean the victim and family will be known to the offender and family. Accidents may occur, but they are not accidents when they occur by choice. Do not make the choice to have our roads be unsafe for our residents and youth.

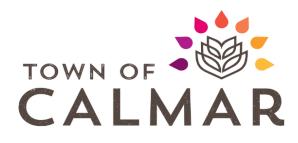
Lastly, you have all probably seen our new red-bearded Community Peace Officer. OFFICER CVIJETIC (pronounced CIV EH JET ICK) is up and running in both Calmar and Thorsby. He's a great addition to our enforcement team. Comes with a lot of enthusiasm, and most important, he cares about this community like the rest of the Enforcement Department does. Calmar will get more coverage through the seven day week, and he's one more person to count on in times of need. Calmar only hires CPO's with names you can't pronounce. Welcome to the Town of Calmar Officer CVIJETIC !

Enjoy the warmer weather visiting your neighbors. If they're more annoying than your family, well, you can always visit your Enforcement team. If we're more annoying than both of the others, I guess your stuck walking alone!

Take care and drive safe.

OFFICER CVIJETIC

OFFICER LEGGIO



# Glenn Wurban & Wanda Patterson, Owners, For the Love of Perogies "N" Stuff

# Getting to know your local businesses

The Town of Calmar is excited to present each of our businesses in a spotlight each month in the Calmar Chronicle! We will be interviewing a different business each month until we have highlighted every single business in the Town of Calmar. We invite you all to read about and get to know Glenn and Wanda from For the Love of Perogies "N" Stuff

# Tell us about your business.

Hi! We are a retail outlet selling "Yo Baba" Ukrainian foods, plus we are the Ultra-Pure R/O water refill station. We are also happy to carry "Rainbow Acres", locally grown, produce and preserves. As well as "A & A Sausage" products. We proudly market locally produced and home-made crafts and gifts. If you are looking for gift certificates, we have those in the amount of your choice.





Glenn Wurban & Wanda Patterson, Owners, For the Love of Perogies "N" Stuff

Why did you choose to open a business in Calmar? We felt the community and surrounding area would benefit from the delicious hand-made Ukrainian foods along with all of the other "stuff" we carry!

# <u>What is it like operating a business in rural</u> <u>Alberta, along HWY 39, the high load corridor?</u>

Every day is a new experience for us. With the high traffic load, we are pleased to meet new people. Some are just curiously checking us out, and then usually become customers. Others are customers that quite often become friends. All in all, its turning into an amazing experience.







# Glenn Wurban & Wanda Patterson, Owners, For the Love of Perogies "N" Stuff

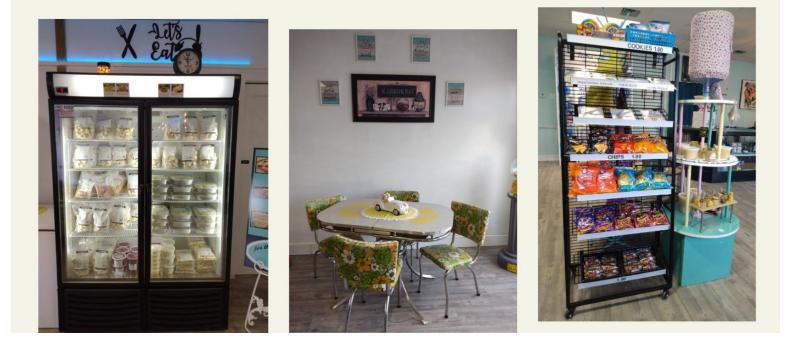
# <u>Do you have any advice for a new business</u> <u>opening up in Calmar?</u>

1.91.01

Spend some time and do your research to find out what the Town of Calmar and the surrounding areas are lacking. See if your plan has a chance of succeeding. Find a suitable location and if the majority of the stars line up, take the plunge! It might be the best thing you took a chance on! So far, for us, it has been a great experience, and we look forward to serving our community and seeing where For the Love of Perogies "N" Stuff takes us.

# Is there anything you want to add?

We'd like to thank our amazing customers, family, and friends for your continued support. If you haven't had the opportunity to stop by, please do and see what we have to offer. Call us at (780) 826-0955. You might be pleasantly surprised.



## Calmar Public Library: April 2024 WHAT'S HAPPENING?



### Generations in the Kitchen Saturday, April 13 @ 9:30am - 1:00pm

Program will be held at the Calmar Seniors Centre.

Join us for a heartwarming culinary adventure that bridges the generation gap! This program brings together the young and young at heart for a delightful cooking experience that promises laughter, learning, and delicious memories. This program was made possible by a grant from Leduc County. Due to space limitations, <u>registration is required</u> to participate.



### Rob Schmidt: Eating Healthy Wednesday, April 17th @ 6:30PM

Welcome Rob Schmidt to the library as part of Leduc County's Aging Well program! He will discuss the benefits of eating healthy—and how to do it—while also sharing some of his go-to recipes that make it easy to have delicious and healthy meals. Rob will also be handing out copies of his self-published book Life Coach: An Introduction to the World of Living Food.



### **Community Pantry**

Take what you need, leave what you can.

Our Community Pantry is now available to the public! Bags are available if needed, and we request that

shopping is limited to three items per person. We are also seeking donations of dried and canned foods, snacks and spreads, and toiletries and cleaning supplies!

### 2024 Reading Challenge April Theme: A Book That Begins a Series

Are you in a reading slump or just wanting to switch up your reading habits? This is the challenge for you! Each book you read that fits the monthly prompt will count as an entry into a draw for a bookish prize pack! Be sure to stop by the library and let us know what you've read.

Need recommendations? Just ask our library staff for assistance!





Have a question? Want to register for a program? Website: www.calmarpubliclibrary.ca Contact Us: 780-985-3472 or circulation@calmarpubliclibrary.ca



### IT'S FREE! JOIN THE LIBRARY!

New to the community and looking to get a library card? Great! Contact the library to apply for your card today!

# **Monthly Programs**



### Knit n' Stitch Tuesdays @ 1:30PM

All skill levels welcome!



### Stay n' Play Thursdays @ 10:00AM

Ages 0-5 with caregiver



### Cookbook Club April 10th @ 6:00PM Theme: 5 Ingredients or Less!



LEGO Club April 17th @ 4:00PM Ages 6 and up

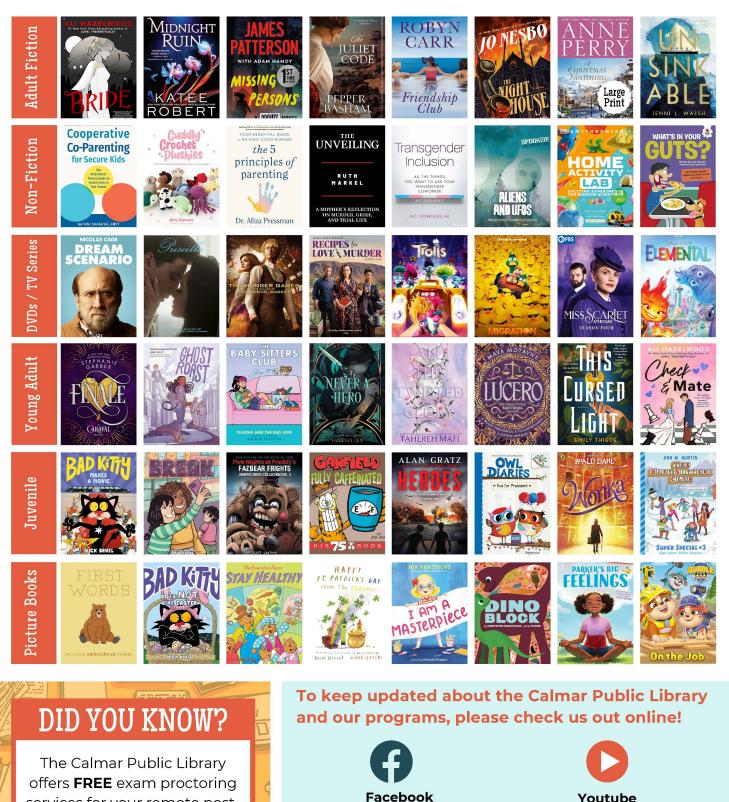


### What's New on Our Shelves!

services for your remote post-

secondary education courses!

We are always adding to our collection at the library! Here are some of the newest titles that we added last month. Contact the library if you would like to request one—or two, or three!



www.facebook.com/calmarlibrary

Youtube www.youtube.com/@calmarpubliclibrary

F

### LIBRARY APRIL 2024 CALENDAR

### April Take n' Make Kits

Available April 1st Pre-k: Earth Day Craft Tween/Teen: Repurposed Plastic Jewelry

Adult Reading Challenge April Challenge – A Book That Begins a Series

KNIT N' STITCH (all ages) (every Tuesday) Tuesday, April 2, 9, 14, 23 & 30 @ 1:30 PM – 3:00 pm

STAY N' PLAY (0-5 years with caregiver) – (every Thursday) Thursday, April 4, 11, 18, & 25 @ 10:00 – 11:00 am

**Cookbook Club** – (**Adult Program**) (2<sup>nd</sup> Wednesday of the month) Wednesday, April 10<sup>th</sup> @ 6:00 pm – 7:30 pm Theme – 5 Ingredients or less!

### Generations in the Kitchen

Saturday, April 13<sup>th</sup> @ 9:30 am – 1:00 pm Ages 8 and up. This cooking program brings together the young and the young at heart. Join us as we explore delicious recipes! Registration required. Limited spots. Program is funded by the Leduc County Grant *Aging Well*.

LEGO Club (6 years and up) (3<sup>rd</sup> Wednesday of the month)

Wednesday, April 17<sup>th</sup> @ 4:00 pm - 5:00 pm

### **Rob Schmidt: Eating Healthy**

Wednesday, April 17<sup>th</sup> 6:30 pm – 7:30 pm

Rob will discuss the benefits of eating healthy – and how to do it – while also sharing some of his go-to recipes that make it easy to have delicious and healthy meals. This program is funded by Leduc County Grant *Aging Well*.



# Volunteer Appreciation Open House

Calling ALL VOLUNTEERS! No matter how big or small the gesture, every moment matters! Please come see us on this dedicated day, so we can celebrate the collective impact we make when we come together to nurture the well-being of our community!

> Friday, April 19th, 2024 Calmar Program Centre (9:00 a.m. - 12:00 p.m.) 4815 49th Street (old Scout's Hall) Coffee and snacks will be served

As a token of our appreciation, please stop by to receive your gift and enter your name for a chance to win some great door prizes - including a \$100.00 gift certificate to a local business! We look forward to seeing you and having the opportunity to thank you personally for your hard and dedicated work in 2023.

To ensure we have a gift reserved for YOU, please confirm your attendance by April 11th by contacting Heather Hughes, FCSS Coordinator at 780.985.3604 ext. 233.

See you on April 19th!





Government



Sign up to receive our monthly update directly to your email inbox. Send an email to <u>fcssinfo@leduc-</u> <u>county.com</u> and ask to subscribe to our email distribution list.

### **Upcoming Sessions**

Registration is required for all sessions. Call us at 780-979-2385 or 1-888-301-FCSS.

### Walking with Grief

Have you experienced the loss of a loved one? Join us for a free in-person grief support group where you will learn about the nature of the grief process, emotion and healing. You will learn to build a community with individuals experiencing similar challenges, gain practical strategies for navigating grief and emerge with a clearer direction for moving forward.

Dates: Tuesdays, April 2nd, 9th, 16th, 23rd, 30th Time: 10 to 11:30 a.m. Location: Calmar Program Centre, 4815 49 Street, Calmar, AB

### Children in Change

This program is designed for children in grades three to five who have experienced parental separation or divorce. The session will provide an opportunity for children to interact with peers who have had similar challenges, share their thoughts and feelings in a safe environment and learn strategies for coping with change.

Date: Saturday, April 6, 2024. Time: 9:30 a.m. to 2:30 p.m. Location: Thorsby Family Resource Network Site, 4908 48 Street, Thorsby AB in the modular building across from the Arctic Spas Recreation Complex.

### Explore the Pulse-ibilities with Peas, Beans, Lentils & Chickpeas!

Pulses like field peas, dry beans, lentils and chickpeas are a great source of plant-based protein as well as fibre and other key nutrients that can boost the nutritional quality of any meal! Come join Debra McLennan, registered dietitian with Alberta Pulse Growers to learn about the nutrition, health benefits and agriculture of these nutritional powerhouses! Debra will also share some quick, easy and delicious ways to incorporate pulses into your meals every day.

Date: Wednesday, April 24, 2024. Time: 1:30 to 2:30 p.m. Location: Online or at the New Sarepta Golden Pioneers Centre

### E-Prep Emergency Preparedness Workshop

What is E-Prep? The intent of this workshop is to encourage individuals to discuss, explore, discover and develop their own personal emergency preparedness plan.

E-Prep is an interactive and educational workshop with a step-by-step approach to create a personalized preparedness kit while focusing on mental health and emotional wellness for both individuals and communities.

Date: Thursday, May 9, 2024 Time: 6 to 8 p.m. Location: Online via Zoom

### **Navigating Parenting Through Separation and Divorce**

Navigating co-parenting through separation and divorce can indeed be challenging, but with the right tools and strategies it is possible to foster healthy communication and prioritize the needs of the children. This session will ensure that we are able to manage the emotions involved in this process while ensuring we develop effective communication and conflict resolution strategies that allow for a co-parenting process that respects all parental parties and prioritizes the needs of the children. Participants in this session will leave with skills and strategies that allow them to manage the challenges of co-parenting with a former partner.

This session will be facilitated by Jenn Parker, Registered Provisional Psychologist with Level Up Wellness Group in Beaumont, AB. Her 20-year career in community and school-based settings along with personal experiences has led her to a passionate practice in supporting children and families through challenges and diverse situations including separation and divorce.

Date: Tuesday, May 7, 2024 Time: 6:30 to 8:30 p.m. Location: Coast Nisku Inn & Conference Centre (1101 4 Street, Nisku, AB)

# <u>Calmar Connects</u>

Murtured Munds

### Spring Cleaning of the Mind: Refreshing Mental Spaces for Renewed Wellness

As the brighter hues of spring start to emerge, it's not just our physical spaces that could use a thorough cleaning – our minds could benefit from a refreshing overhaul as well. Just as we declutter our homes, the practice of spring cleaning our minds can bring about renewed clarity, positivity, and overall well-being.

**Letting Go of Mental Clutter:** Similar to clearing out physical clutter, it's essential to identify and release mental clutter that weighs us down. This could include negative thought patterns, grudges, or worries about the past or future. Engaging in mindfulness practices such as meditation or journaling can help identify and gently release these burdens, creating space for more constructive and uplifting thoughts.

**Cultivating Positive Habits:** Spring presents an opportune time to establish or reinforce positive habits that nurture our mental health. Incorporating activities like regular exercise, spending time outdoors, or practicing gratitude can foster a sense of well-being and resilience. Additionally, embracing hobbies or creative pursuits can stimulate the mind and bring joy and fulfillment.

**Nurturing Inner Growth:** Just as spring is a season of growth and renewal in nature, it's an ideal time to focus on personal growth and development. Setting intentions or goals aligned with our values and aspirations can provide direction and purpose. Engaging in self-reflection and seeking opportunities for learning and self-improvement can lead to profound inner transformation.

**<u>Cultivating Mindful Connections</u>:** Finally, spring cleaning of the mind involves nurturing mindful connections with others. Strengthening relationships with loved ones, practicing empathy and compassion, and fostering a sense of community can enrich our lives and provide invaluable support during challenging times. Taking the time to truly connect with others can cultivate feelings of belonging and fulfillment.

As we embark on the journey of spring cleaning our minds, let's approach it with intention, patience, and self-compassion. By decluttering mental spaces, nurturing positive habits, fostering inner growth, and cultivating mindful connections, we can embrace the season of renewal with a refreshed outlook and a renewed sense of well-being.

www.nurturedmindswellness.com



Economic Development

# BUSINESS UPDATE



Keep a look out for information on the Youth Entrepreneur Training Program to be live this month. Contact Sandra at the Town office if you are between the ages of 9 & 17 and want to run your own business this summer.



The Town of Calmar Downtown Facade Improvement Program launched in late March. If you are a business along Calmar's downtown, you could qualify. Call Sandra at the Town office for more information!!!



The Town of Calmar is selling 1 town-owned property on main street. If you are looking to purchase land to open a business, this may be perfect for you! If you would like to view the property, please call Chris Feist Real Estate at 780-916-9530.

# **Highlight for April**

We are now in the second quarter of 2024. That went fast!! We are going to be announcing a few new sponsorship opportunities to help our local businesses get their names out in front of potential new clients.

For questions or suggestions for updates, or to RSVP to an event, please call Sandra McIntosh at 780-985-3604 Ext. 226

Happy Easter

Calmar & District Senior Club

# Easter Potluck

April 7th @ 1:00 pm Members Only Memberships available at the door \$10.00 pp. for the year! Participants are asked to bring a dish to share.

Calmar & District Senior Club 4916 50 Ave Calmar Calmar & District Senior Citizens Club

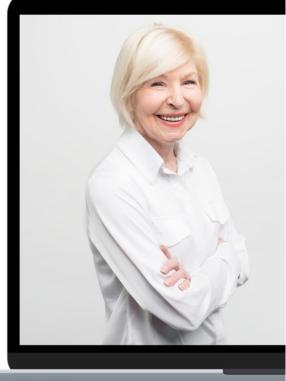
# CALMAR SENIOR CORNER APRIL 2024

### HALL RENTAL

The Calmar & District Senior Center is available for rent for meetings and social functions. The kitchen is AHSA approved. \$100.00 for 4 hours (\$100 refundable damage deposit) \$200.00 for more than 4 hours (\$200 refundable damage deposit)

For Bookings: Terry Balaban @ 587.988.3636





MUSIC JAMMERS @ 1:00 PM \$7.00 PP INCLUDES LIGHT LUNCH

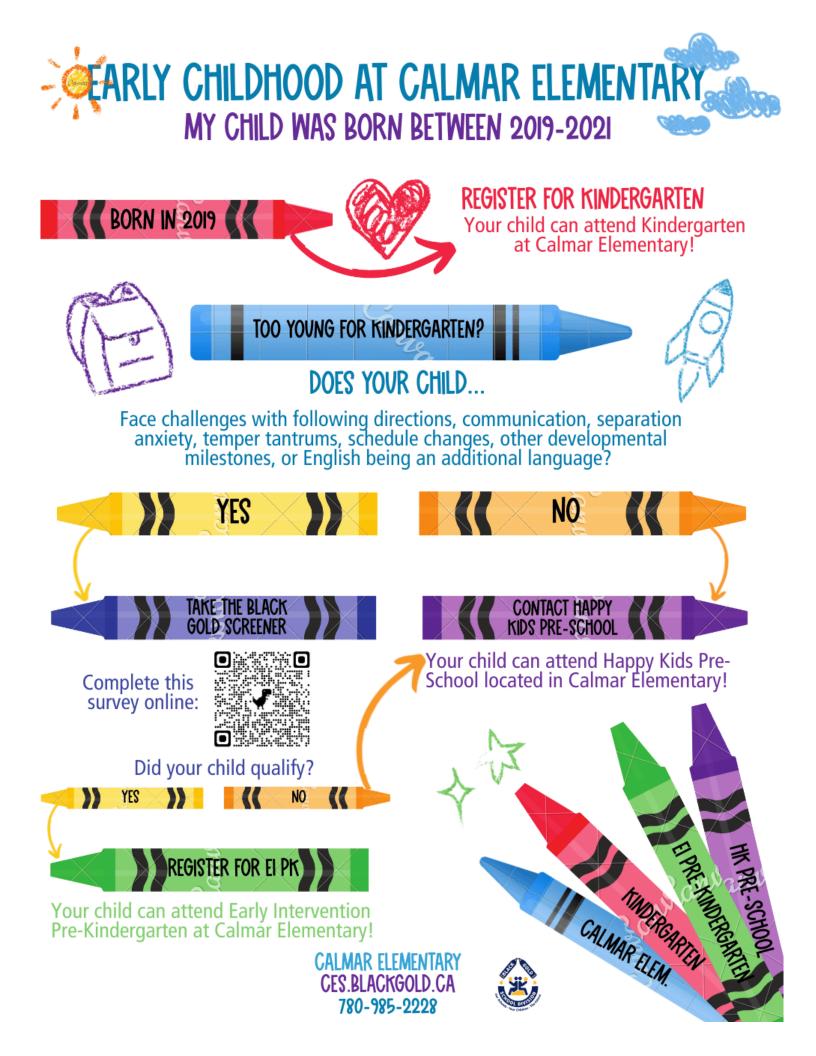
April 23

May 28

June 25

MONTHLY GENERAL MEETINGS 1:00 PM April 10 May 8 June 12

**New Mem**bers Welcome @ \$10.00 per person for the year.



# APRIL 2024

# HAND IN HAND HUMBLE ROOF-RAISER

Calmar Curling Rink • April 13, 2024



## LOOKING FORWARD TO OUR UPCOMING EVENT!

2 y

To our wonderful sponsors, donors, auction buyers, volunteers and champions! Your generosity and support have made this event possible. Thank you for helping us make a difference.



# GREENHOUSE AT NHCS SCHOOL: COMING SOON!

ANOTHER PROJECT THAT WILL ENRICH THE HANDS ON LEARNING EXPERIENCES FOR NHCS STUDENTS! ALL MADE POSSIBLE THROUGH COMMUNITY SUPPORT



### NEW HUMBLE COMMUNITY SCHOOL





UTILITY BILL DUE DATES JANUARY - FEBRUARY = APRIL 6TH MARCH - APRIL = JUNE 6TH MAY - JUNE = AUGUST 6TH JULY - AUGUST = OCTOBER 6TH SEPTEMBER - OCTOBER = DECEMBER 6TH NOVEMBER - DECEMBER = FEBRUARY 6TH Reminder to set up your E-Billing. Go to our website calmar.ca for more details.

Or Contact Darlene at the Town Office @ 780.985.3604 Ext. 222



SPRING HAS SPRUNG! ... and that means, the Spring Real Estate Market is coming in HOT!

My name is Jamie Rideout, and I'm a Real Estate associate with Royal LePage Gateway Realty. My passion is working with homeowners to help them achieve their goals, whether that be downsizing, upgrading, investing or helping you find your first home! I spent over a decade in the finance industry before naturally moving into the amazing world of Real Estate. Being born and raised in The County of Leduc, gives me a wonderful understanding of the beautiful communities that lie within, as well as the surrounding areas. I have an incredible team of resources that can help you begin your next chapter, stress free and it's easier than it seems!

The New Year is in full swing and I often have people wondering,"When is the right time to list home?" or. "I wish knew what could mv Ι Ι sell mv home for". Listing your home at the very beginning of the busy spring market can have several potential advantages!

<sup>1</sup>. Less competition: In many real estate markets, the spring season brings new listings, as many homeowners wait for warmer weather to put their homes on the market. By selling at the beginning of a busy spring market, you may face less competition from other sellers, potentially making your home more attractive to buyers.

<sup>2</sup>. Motivated buyers: Buyers who were actively searching for homes before the spring rush may be more motivated to make a purchase. This could result in a faster sale and potentially a better price for your home.

<sup>3.</sup> Quicker sale: With fewer homes on the market, your property may stand out more and attract buyers looking to make a purchase quickly. This could lead to a faster sale and less time spent on the market.

4. Timing: Selling at the beginning of the spring market can also provide you with more flexibility in terms of timing your move. You may have an easier time coordinating your sale with the purchase of your next home and the logistics of moving.

I would love the opportunity to sit down and build a custom, no obligation, free home market evaluation for you to determine the value of your home. Please don't hesitate to contact me with any questions you might have. I can't wait to get started!

Jamie Rideout, Real Estate Associate Royal LePage Gateway Realty \*Specializing in Residential and Rural Real Estate



"Unlocking your Dreams... One door at a time"



# BUSINESS DIRECTORY LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Ales Wine & Spirits	5001 - 50 Avenue Calmar, AB	(780)985-3334
Bank of Montreal	4902 - 50 Avenue Calmar, AB	(780)985-4727
Beads By Betty	By Appointment. Please Call	(867)872-4456
Big Wifi Inc.	By Appointment. Please call	(844)717-6237
BrenAlen Enterprises Ltd.	By Appointment. Please Call	(780)499-5260
Burger Bar	5102 - 50 Avenue Calmar, AB	(780)985-3511
Calmar ATB	4905 - 50 Avenue Calmar, AB	(780)985-2103
Calmar Bakery	4906 - 50 Avenue Calmar, AB	(780)985-3583
Calmar Big Country Auto Repair & Paint Ltd.	5005 - 42 Avenue Calmar, AB	(780)985-2590
Calmar Bottle Depot Ltd.	4912 - 50 Avenue Calmar, AB	(780)985-2155
Calmar Chiropractic Clinic	4715 - 50 Avenue Calmar, AB	(780)985-7260
Calmar Compounding Pharmacy	4741 - 50 Avenue Calmar, AB	(780)900-0222
Calmar Dental Clinic	4741 - 50 Avenue Calmar, AB	(780)985-2227
Calmar Grocery & Food Town	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Liquor Store	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Medical Clinic	4741 - 50 Avenue Calmar, AB	(780)985-3344
Calmar Petro Canada	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Pharmacy Ltd.	5002 - 50 Avenue Calmar, AB	(780)985-3141
Calmar Storage	5009 - 43 Avenue Calmar, AB	(780)985-2102
Calmar Subs	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Subway Ltd.	4725 - 50 Avenue Calmar, AB	(780)985-2282
CC's Therapeutic Massage	5310 - 52 Street Calmar, AB	(780)985-2149
Certified Spraybooths Inc.	39 Parkview Crescent Calmar, AB	(780)9853215
Chevron	5001 - 50 Avenue Calmar, AB	(780)985-7224
Clean and Simple Soap Company	5006 - 42 Avenue Calmar, AB	(780)913-0595
Cleaning with Meaning	By Appointment. Please call	(780)995-6808
Co-op Gas Bar	4613 - 50 Avenue, Calmar, AB	(780)985-4584
Country Cannabis Store	4910 - 50 Avenue Calmar, AB	(780)985-0150
Country Care Massage Therapy	5037 - 52 Street Calmar, AB	(780)239-9290
Countryside Liquor Store	5018 - 50 Avenue Calmar, AB	(780)263-0750



# **BUSINESS DIRECTORY**

## LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Countryside Vision Care	4715 - 50 Avenue Calmar, AB	(587)906-1515
Dew Drops Daycare Centre Calmar Ltd.	4917 - 50 Avenue Calmar, AB	(780)985-2818
Direct-Line Insurance Inc.	4905 - 50 Avenue Calmar, AB	(780)985-3666
Dyck Insurance Agency Ltd.	4915 - 50 Avenue, Calmar, AB	(780)985-3650
Edmonton Calmar Marketplace	4406 - 50 Avenue, Calmar, AB	
Elite Carpet Care	By Appointment. Please call	(780)985-4253
Esthetics Avenue	By Appointment. Please call	(780)966-1480
For The Love of Perogies N Stuff	4737 - 50 Avenue, Calmar, AB	(780)826-0955
Georg Fischer Urecon Ltd.	5010 - 43 Avenue, Calmar, AB	(780)985-3636
Graceful Skin Spa & Massage	44 Parkview Crescent, Calmar, AB	(587)357-5957
Grasshopper Café	4703 - 50 Avenue, Calmar, AB	(780)985-2529
Hayduk Lumber & Hardware Ltd.	4736 - 50 Avenue, Calmar, AB	(780)985-2202
Haylstorm Fitness ( by Hayley Pratt)	By Appointment. Please call	(780)898-5650
Income Taxes Done Right	By Appointment. Please call	(587)599-5520
Is Good Coffee Bar & More	Unit 201, 4715 - 50 Avenue	Please drop by
Ivy Pho Restaurant	4726 - 50 Avenue, Calmar, AB	(780)985-0658
JMR Collective Yoga & Fitness Classes	By Appointment. Please call	(780)616-2191
Komplete Modular Solutions Ltd.,	5030 - 43 Avenue, Calmar, AB	(587)991-5015
Krisp Kleen Janitorial	By Appointment. Please call	(587)982-9510
Lanko Systems Inc.	4424 - 50 Avenue Calmar, AB	(780)288-7376
Latmann Equipment Ltd.	5022 - 42 Avenue, Calmar, AB	(780)985-4202
Leduc Mechanical Industries Inc.	4412 - 50 Avenue, Calmar, AB	(780)985-8591
Lee's Family Restaurant	4731 - 50 Avenue, Calmar, AB	(780)985-2221
Loganberrys Antiques & Curiosities	4732 - 50 Avenue, Calmar, AB	(780)985-2553
Luz Massage Therapy	By Appointment. Please call	(780)289-7176
Maggie Moo's Ice Cream Barn	5001 - 50 Avenue, Calmar, AB	(780)619-5399
MWG Trucking Ltd.	5033 - 42 Avenue, Calmar, AB	(780)985-3197
New Shanghai Restaurant	5014 - 50 Avenue, Calmar, AB	(780)985-3989
Newport Manufacturing & Design Ltd.	4436 - 50 Avenue, Calmar, AB	(780)985-7000



# **BUSINESS DIRECTORY**

### LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Nik 'N' Nak & All That	4729 - 50 Avenue, Calmar, AB	(825)652-2037
Norpoint Sandblasting & Painting Ltd.	4420 - 50 Avenue, Calmar, AB	(780)469-6271
Paragon Wireline Services Ltd.	5021 - 42 Avenue, Calmar, AB	(780)690-6766
Platinum Home Inspections	By Appointment. Please call	(780)940-0287
Power Play Café Ltd.	5019 - 47 Street, Calmar, AB	(780)231-0363
Pro Eavestroughing Ltd.	By Appointment, Please call.	(780)985-3237
Rhooster Tail Hair Salon	4701 - 49 Avenue, Calmar, AB	(780)985-4588
Ridley Law	4740 - 50 Avenue, Calmar, AB	(780)666-2351
Rise Wellness	#202, 4715 - 50 Avenue, Calmar, AB	(780)913-7718
Route 39 Public House Inc.	5010 - 50 Avenue, Calmar, AB	(825)995-9520
Segue Seniors Health Consulting Inc.	By Appointment. Please call	(587)576-3663
Silverstar Oilfield Transportation Ltd.	4301 - 52 Avenue, Calmar, AB	(780)985-8501
Skip's Sports Bar	4726 - 50 Avenue, Calmar, AB	(780)985-2089
Spreen Repair Services Ltd.	5001 - 43 Avenue, Calmar, AB	(780)985-3317
The Car Doctor	5010 – 42 Avenue, Calmar, AB	(780)886-5013
The Country Barber	4737 - 50 Avenue, Calmar, AB	(877)323-1209
The Difference Office Services	By Appointment. Please call	(780)498-2986
TLC Dog Grooming	By Appointment, Please call	(780)239-7065
TNT Storage	5403 - 50 Street, Calmar, AB	(780)263-0319
Vertex Resource Services Ltd.	5046 - 42 Avenue, Calmar, AB	(780)985-2213
Whatever Repairs and Services Inc	4737 - 50 Avenue, Calmar, AB	(780)995-4374
Wizard Lake Marine Inc.	4444 - 50 Avenue, Calmar, AB	(780)985-4200
Xtreme Foam Applicators Ltd.	5007 - 42 Avenue, Calmar, AB	(780)218-3626
Yesterday's Treasure Market Inc.	4904 - 50 Avenue, Calmar, AB	(780)985-2522
ZYP Art Gallery	4715 - 50 Avenue, Calmar, AB	(780)984-4114





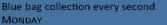
### **2024 WASTE COLLECTION SCHEDULE**



Waste collection is every Thursday. Please use bin provided and set at front curb.

All bins are property of GFL. If you require a bin to be replaced, the cost is the sole responsibility of the property owner. Requests for replacement or additional bins can be made by contacting the Town Office. 780-985-3604.





Tin cans, rigid plastic, flattened cardboard, newsprint/mixed paper.



Organics collection every Monday (Spring through Fall)

Grass clippings, leaves, etc.

Must be in *Clear* NON-COLOURED bags.

Call 780-985-3604 ext. 222 for more info. See reverse for landfill details

### January 2024

SUN	MON	TUE	WED	THU	FRI	SAT		
	1	2	3	4	5	6		
7	8	9	10	11	12	13		
14	15	16	17	18	19	20		
21	22	23	24	25	26	27		
28	29	30	31					

### April 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### July 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31		-	

#### 0 ctober 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### February 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	-	

### May 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

#### August 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

#### March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31				2		

### June 2024

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						1

### September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

#### December 2024

мо	TUE	WED	THU	FRI	SAT
2	3	4	5	6	7
9	10	11	12	13	14
16	17	18	19	20	21
23	24	25	26	27	28
30	31				
	2 9 16 23	2 3   9 10   16 17   23 24	2 3 4   9 10 11   16 17 18   23 24 25	2 3 4 5   9 10 11 12   16 17 18 19   23 24 25 26	2 3 4 5 6   9 10 11 12 13   16 17 18 19 20   23 24 25 26 27

Have bags and/or bins out at front curb by 7:00 AM on pick up day.

ary	202	4	
	-		_

NEWSLETTER DEADLINE 15TH OF THE MONTH!

\$100.00 Full Page \$75.00 Half Page \$50.00 Quarter Page \$25.00 Business Card

Community Groups are free!

Phone: 780.985.3604 Fax: 780.985.3039 email: fcss@calmar.ca

### Property Taxes The Town offers a penalty free payment plan specially for Tax Accounts. You can sign up anytime throughout the year, but you will need to pay up front for the months that have already passed to stay caught up. All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank. No more missed due dates and penalties, and no need to renew every year. Just an automatic withdrawal from your account once a month. The payment is calculated based on your most current levy. If you are interested in joining, contact Heather Bryans at 780.985.3604 EXT. 232

### April Council Meetings

April Regular Council meetings will be held on Tuesday, April 2nd (in lieu of Easter Monday), and Monday, April 15th, at 6:30pm. Committee of the Whole meeting will meet on Wednesday, April 24th at

1:30 p.m. All meetings will be held in Council Chambers at 4901 – 50 Ave Alternatively, you may join the meeting from your

computer, tablet or smartphone. https://global.gotomeeting.com/join/211016493 You can also dial in using your phone.

(For supported devices, tap a one-touch number

below to join instantly.) Canada: +1 (647) 497-9391 One-touch: <u>tel:+16474979391,,211016493#</u> Access Code: 211-016-493

Agenda to follow.

TOWN

Public Works On Call: 780.446.7319 Public Works Shop: 780.985.2121 Community Peace Officer 780.999.7181 Emergency 911