

TOWN OF  
**CALMAR**



# The Chronicle

JANUARY 2024

YOU CAN FIND ME AT:

- MINT HEALTH + DRUGS
- LEE'S RESTAURANT
- WHATEVER REPAIRS
- GRASSHOPPER RESTAURANT
- CALMAR LIBRARY
- TOWN OFFICE
- CALMAR BAKERY
- IS GOOD COFFEE BAR & MORE
- HAYDUK LUMBER & HARDWARE
- CALMAR MEDICAL CLINIC



TOWN ADMINISTRATION OFFICE

4901-50 AVENUE, P.O. BOX 750, CALMAR, AB T0C 0V0

PHONE 780-985-3604

FAX 780-985-3039



WEBSITE: [WWW.CALMAR.CA](http://WWW.CALMAR.CA)

EMAIL [INFO@CALMAR.CA](mailto:INFO@CALMAR.CA)



# JANUARY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>01</b> Town Administration Office is closed.  <i>Happy New Year</i>	<b>02</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Stick n' Puck 3:30 - 4:45 p.m.	<b>03</b>	<b>04</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Public Skating 3:30 - 4:45 p.m. 	<b>05</b> Stick n' Puck 3:30 - 4:45 p.m.	<b>06</b>
<b>07</b>	<b>08</b> Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School  Public Skating 3:30 - 4:45 p.m.	<b>09</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Stick n' Puck 3:30 - 4:45 p.m.	<b>10</b>	<b>11</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Public Skating 3:30 - 4:45 p.m. 	<b>12</b> Stick n' Puck 3:30 - 4:45 p.m.	<b>13</b>
<b>14</b>	<b>15</b> Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School Public Skating 3:30 - 4:45 p.m.  Council Meeting @ 6:30pm 	<b>16</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Stick n' Puck 3:30 - 4:45 p.m.	<b>17</b>	<b>18</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Public Skating 3:30 - 4:45 p.m. 	<b>19</b> Stick n' Puck 3:30 - 4:45 p.m.	<b>20</b>
<b>21</b>	<b>22</b> Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School  Public Skating 3:30 - 4:45 p.m.	<b>23</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Stick n' Puck 3:30 - 4:45 p.m.	<b>24</b>	<b>25</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Public Skating 3:30 - 4:45 p.m. 	<b>26</b> Stick n' Puck 3:30 - 4:45 p.m.	<b>27</b>
<b>28</b>	<b>29</b> Adult Drop In Volleyball 6:45pm - 9:00pm Calmar Secondary School  Public Skating 3:30 - 4:45 p.m. 	<b>30</b> Calmar Pickleball 6:45pm - 9:00pm Calmar Secondary School  Stick n' Puck 3:30 - 4:45 p.m.	<b>31</b>			

## MAYORS CORNER

*Happy New Year to Everyone!*

*January: Sparkling winter sunshine, face all aglow, making resolutions, and angels in the snow – steaming cups of cocoa, a year that’s fresh and new...all of this is magic – unfolding just for you.*

2023 has come and gone and our community remains one of the coolest communities I know. Over the year we have seen continued change and growth in our community. We welcomed newcomers both business and residential. The town completed a major sewer replacement during the year and signed a utility right of way access to allow for the installation of fibre optic internet into our community to support the request of residents and businesses alike. We also welcomed aboard an additional Community Peace Officer to help keep our community safe.

The new year is a fresh start to many things but can be a tough month as we cope with the weather and the bills that come in from the seasons celebration. If you need help with these new year’s blues, please reach out to our FCSS, as we are here to help. The library always has fun activities every month, but in January this is a great way to keep active while staying warm indoors. First Night will be December 31<sup>st</sup>. Come out and celebrate the new year with friends, family and neighbours. Our celebrations continue to be a great success in our community.

After more than 3 months of hard work, Council was able to pass Calmar's interim budget at its December 18<sup>th</sup> meeting with the following key highlights:

- Council held several public meetings since October 2 as well as one public open house to discuss the budget.
- The budget is considered interim as Council will have the ability to amend it in the first quarter of 2024, once the final property assessments have been finalized.
- Despite significant operational expense increases for 2024, Council is aiming to contain budget increases to 3.5%. This increase will cover increased operational costs, as well as build our reserve funding for major infrastructure projects that will be upcoming in the future.
- With the continued increase in operations around the board, the overall budget is passing from 7.094 million to 7.324 million.
- 2024 capital budget is \$1.1 million. Most of these funds will be invested in sanitary infrastructure and road repaving. With the many items we need to address and limited government funding, we will need to chip away slowly at the projects.
- Other capital items that are planned are; a walking trail behind the high school, linking the east side of the high school to the west side of the high school, that did not happen in 2023, replacement of lagoon aerators, and repairs to fencing at the ball diamonds at the Calmar Outdoor Recreation Grounds.

Over the next 5 years, \$9.6 million could be injected into the community on various projects. Council will need to identify priorities. Council will use its Asset Management Committee to help the decision-making process, but residents and members of the business communities will need to play their part and let Council know what infrastructure is important to them.

Council and I are excited about 2024 as we continue to work on new development opportunities that will be new to our community and greatly welcomed. Council is dedicated to continuing to strive for improvement in our community with continued levels of services, changes to our policy and bylaws that will enhance the opportunity for our community to flourish into the future. I toast our entire community and look forward to the excitement of a new year with continued success in our great town.

**Sincerely Yours,**  
**Sean Carnahan, Mayor**  
**Calmar - A Great Place to Call Home**

# *In The Know* *with the CAO*

Looking outside the office window, it is hard to believe that we are now in January. Yet here we are! With the new year beginning, many people will make resolutions. Being more active, eating healthier, taking time to enjoy life, spending more time with loved ones, etc. These are all good resolutions and I truly hope that those who will make these, will succeed. If I could suggest an additional one, it would be to get involved in your community. It doesn't have to be a big project or time consuming, simply find something that you enjoy and get involved. Having a community purpose will enrich your life quality.

As for the Town Administration activities, 2024 will be charged with many projects. In addition to the new programs identified by Council in the 2024-2027 budget (façade program and grants to organizations), reviewing more than 150 bylaws and policies will be on the menu. A huge task like this will likely require more than a year, but with proper prioritization and momentum, we should make a significant dent into the workload. We will also work on doing repairs and improvements to many assets, including the arena, the ball diamonds, and 47 Avenue. For more details about the budget and the projects, please visit the Town's website.

Lastly, as we start this new year, I would like to ask everyone for their collaboration. The Town has many bylaws in-place to ensure good life quality and public safety. Snow clearing of the sidewalk, yard mowing/cleaning, traffic regulations obedience, and animal registering, are all activities governed by the Town's bylaws. Please follow the rules/regulations and be the best resident (and neighbour) you can be.

Hoping that 2024 will bring you all joy and happiness, that you will remain healthy, and that you will succeed in your undertakings.

Sylvain



# Renew Your Business License

# 2024

The Town of Calmar requires all businesses operating within Calmar to have a valid BUSINESS LICENSE.

Don't throw out your old Business License! We will be issuing the 2024 STICKER to put on your current business license.

A valid business license indicates to your customers that you run a responsible business that follows the rules and regulations - including zoning, health, fire & building code, and public safety requirements. Requiring all businesses to meet minimum regulatory standards also helps create a level playing field within the business community.

Invoices are in the mail. The payment due date is January 31, 2024, before penalties will be applied.

To apply for your 2024 Business License, please go to [calmar.ca/](http://calmar.ca/). To pay for your Town of Calmar Business License please drop by the Town office or call us at 780-985-3604 before January 31, 2024.

# Peace Officer Corner

Hello Town of Calmar,

First and foremost, on behalf of the Calmar Enforcement Department, I would like to wish each and everyone of you a happy and blessed new year!

As we move into 2024, we must look back at the end of 2023 and be grateful for a mild beginning to our winter. This year western Canada was fortunate enough to experience what scientists call an “El Niño event.” In an interview conducted by the University of Calgary, Professor John Yackel explained that “El Niño events typically lead to warmer and drier conditions in western Canada, including the Yukon, British Columbia, Alberta, and often much of western Saskatchewan during the winter season.”

With the lack of snow on the ground and the dry weather there may be a greater risk of exposed dry foliage which can pose a fire hazard if ignited by embers.

It is with the utmost earnest that I remind citizens to ensure that any open fires in the Town of Calmar always stay supervised and are extinguished properly.

For tips on managing campfires please visit: [www.alberta.ca/campfire-safety](http://www.alberta.ca/campfire-safety).

With that being said, I hope that everyone continues to enjoy the weather as I look forward to seeing everyone in the new year.

Sincerely,

Community Peace Officer CVIJETIC





# Top Reason to Shop Local

When you buy from a small business, you are **NOT** helping a CEO buy a third vacation home.

You **ARE** helping a little girl or boy get hockey equipment. You **ARE** helping parents put food on the table, pay a mortgage, or help pay for college.

As a community, we **ARE** the customers that our small businesses strive to make happy! When we buy a product or service, we are also buying moments in that business owners life.

One moment's success turns into two and soon we are getting more and more expertly crafted goods and services available in our community.

Good things come to those that *Shop Local!*

# What's Happening at JANUARY 2024



## HOURS OF OPERATION

**Monday – Tuesday – Thursday – Friday**

**11:00 am to 5:00 pm**

**Wednesday**

**11:00 am to 8:00 pm**

**THE LIBRARY WILL BE CLOSED  
MONDAY, JANUARY 1ST, 2024**

## FREE LIBRARY CARD



New to the community? Library card needs renewing. Not a problem! Email [circulation@calmarpubliclibrary.ca](mailto:circulation@calmarpubliclibrary.ca) or call 780.985.3472 and one of our helpful staff will be happy to assist you.

## JANUARY NATIONAL DAYS OF INTEREST

**January 13th:** National Rubber Ducky Day

**January 20th:** National Cheese Lover's Day

**January 29th:** National Bubble Wrap Appreciation Day



## LIBRARY JANUARY 2024 CALENDAR

### **January Take n' Make Kits**

Available January 2<sup>nd</sup>

Pre-k: Treasure Chest

Tween/Teen: Canvas Pencil Case

### **Adult Reading Challenge**

January Challenge – Read a 2023 Debut Author

### **KNIT N' STITCH (all ages) (every Tuesday)**

Tuesday, January 9, 16, 23, & 30<sup>th</sup> @ 1:30 pm– 3:00 pm

### **Dungeons & Dragons Club (16 years and up) (1<sup>st</sup> Wednesday of the month)**

Wednesday, January 3<sup>rd</sup> @ 5:00 pm – 7:00 pm

### **Play & Stay (0-5 years with caregiver) – (every Thursday)**

Thursday, January 11, 18, & 25<sup>th</sup> @ 10:00 – 11:00 am

### **CookBook Club – (Adult Program) (2<sup>nd</sup> Wednesday of the month)**

Wednesday, January 10<sup>th</sup> @ 6:00 pm Theme – Vegetarian Delights!

### **LEGO Club (6 years and up) (3<sup>rd</sup> Wednesday of the month)**

Wednesday, January 17<sup>th</sup> @ 4:00 pm – 5:00 pm

### **How Money Works Seminar**

Wednesday, January 17<sup>th</sup> @ 6:30 pm

### **Home Alone**

Wednesday, January 24<sup>th</sup> 6:00 pm – 8:00 pm (9 yrs & older with care giver)

Registration Required [kristin@leduc-county.com](mailto:kristin@leduc-county.com)

### **Puzzle Mania**

Wednesday, January 31<sup>st</sup> @ 6:30pm – 7:30pm

## FCSS - Did you know?

*Family and Community Support Services (FCSS) is a Municipal/Provincial cost-shared program that provides information regarding social and emotional supports that are available to residents of Calmar.*

*Through FCSS, many services, activities and programs are made available with the intention of promoting and enhancing family and community life. Volunteerism and prevention are emphasized, and FCSS helps the community help itself. Services and programs are varied, depending on the need.*

*Information and referrals play an important role for FCSS. Anyone who requires information, referrals or support on social, community or personal issues, may contact the FCSS office. Although counselling is not available through our local office, the FCSS Coordinator can provide information and assistance with obtaining counselling. Confidentiality is protected.*

*In collaboration with Leduc County, the Town of Calmar FCSS department provides referral services for several programs currently being offered, including;*

- *Family Resource Network*
- *Financial Supports and Services*
- *Adults and Seniors Support Services*
- *Health and Wellness*

*FCSS appointments are typically Mondays and Fridays, however exceptions can be made. For more information, contact Heather Hughes, FCSS Coordinator to make your appointment. 780-985-3604 ext. 233 or [fcss@calmar.ca](mailto:fcss@calmar.ca)*

***Are you familiar with the programs currently being offered in Calmar?***

### **Community Volunteer Income Tax Program (CVITP)**

*Need help completing your income taxes? Prepare for income tax season and file your taxes for FREE\*\* through our **Community Volunteer Income Tax Program (CVITP)**. If you are over the age of 65 or have a low-income, you may qualify for the volunteer income tax program.*

*\*\*The volunteer income tax program **does not** complete returns for people who are deceased, bankrupt, or have business, farming or rental income.*

*To find out if you are eligible for this program or to make an appointment, please contact [fcss@calmar.ca](mailto:fcss@calmar.ca)*

### **Volunteer for the Program**

*If you'd like to offer your tax filing expertise – we NEED you! As a volunteer, you will work one-on-one assisting someone in our community through the completion and filing of their income taxes. Of course, tax time is busier, however we would love additional volunteers who can offer tax assistance year-round.*



## **We are starting a new year with a new program... 'CALMAR'S GOOD NEIGHBOUR PROGRAM'**

Do you have someone in your neighbourhood who is always lending a helping hand? Maybe they voluntarily shovel your walk, help you carry in your groceries, or organize neighbourhood events. Well, it's time to recognize those good neighbours!

Calmar's Good Neighbour program aims to recognize those individuals who contribute to a safe, connected, and friendly community.

We encourage you to nominate your fellow neighbours who:

**Model community spirit**  
**Help in times of need**  
**Improve feeling of safety and security**  
**Encourage fellow neighbours to get together and connect**

The Good Neighbour program will recognize recipients on a quarterly basis in The Chronicle, Town of Calmar website and on our Facebook page - for the months of March, June, September, and December.

There are two categories for nominations and one from each category will be selected (Youth 12-17 yrs old) and Adult (18+). Each recipient of the Good Neighbour award will receive:

- A congratulatory letter and certificate signed by the Mayor
- \$50.00 (12-17 yrs old) and \$100.00 (18 +) gift card to a local business of their choice
- A feature in The Chronicle, Town of Calmar website and the Town's Facebook page

Nomination Forms can be found at the Town Office and Calmar Public Library and will soon be available on our website.

For questions regarding this program, please contact Heather Hughes, FCSS Coordinator, [fcss@calmar.ca](mailto:fcss@calmar.ca) or 780.985.3604 ext. 233.





**Christmas Elves**

**Thank  
You**

**Calmar Business  
Community**

Thank you to our supportive  
business community for the  
amazing donations to the Calmar  
Christmas Elves.

On behalf of the families, thank  
you for your generosity and helping  
to make this year's Christmas  
Elves campaign another very  
successful one!





# Thank you Calmar Community

This community has come together once again to make the Christmas Elves program such a success!

A big shout out to the volunteers who worked so tirelessly - your efforts are so appreciated!

On behalf of the recipients, thank you to everyone for the wonderful support.

If you or someone you know, requires assistance from Family and Community Support Services (FCSS), please contact Heather Hughes [fcss@calmar.ca](mailto:fcss@calmar.ca) or call 780.985.3604 ext. 233



## Providing resources and supports for mental health at Black Gold

It is a sad statistic that 4,500 people across Canada succumb to suicide annually - the equivalent to 12 lives lost each day. In response, the 9-8-8 Suicide Crisis Helpline, which provides immediate access to suicide prevention services via call or text - 24/7, free of charge was recently launched to prioritize mental health for all Canadians.

The Black Gold School Division's Ward 2 Trustee Devonna Klaassen is proud to have been part of a team of dedicated people who worked hard to advocate for this much-needed service.

"Prior to becoming a school trustee, I worked for 15-plus years at the Support Network," said Trustee Klaassen. "Suicide prevention was a cornerstone of their crisis programs. Over the years I not only served in all programs at some point, but eventually ended up overseeing all of them as the director."

"The 9-8-8 helpline - an easy to remember number - helps to reduce barriers to access."

Klaassen said that her experiences working directly with youth in crisis, was a major driver for her to pursue a role as a school trustee. "I know what the system looks like on the other side of education, so I wanted to put my skills and experience to use supporting kids and families from within the education system and support opportunities to strengthen the overlaps between the two," she said.

Mental health has long been a cornerstone within all Black Gold schools. "Supporting the mental health of students, staff and families requires a complex strategy, involving many layers and community partnerships," said Student Services Director Niki Gill.

There are comprehensive supports available to students and staff in all Black Gold schools, including the Division's [Mental Health Capacity Building](#) team, an Alberta Health Service school-linked mental health nurse, as well as educational psychologists, and occupational therapists. Each school has family school liaison workers, school counsellors, wellness instructional support teachers, and mental health lead teachers.

"We also rely heavily on our community partnerships to support families holistically," said Gill.

"These include Family and Community Supports Services, the Family Resource Network, Mental Health and Addictions, Settlement Workers in Schools, food banks, primary care networks, and many local area businesses who donate to our schools to support needs like food insecurity, school supplies, or warm clothing."

In addition to the above services and supports, students and staff can also access a wide range of mental health information and resources on the Division website: <https://sites.google.com/gshare.blackgold.ca/mental-health/?authuser=0>.





**Connect with us!**  
*Submitted by Leduc County FCSS*

### Budget Breakers

"Where did all of my money go this month?" Does this question sound familiar? Ever wondered how you can still have more month to go but not enough money to cover the expenses that come with it? It's become common and normal to feel broke, like you never seem to have enough. It's also common and normal to feel like you're not sure what the solution is. We can help you to stick to your budget by helping you to understand what you need to account for in your spending plan. We can also give you the education and the support you need to learn what you should keep your eye on to avoid breaking your budget.

Join us for an informative and interactive webinar on Budget Breakers where you'll learn to:

- Understand the components of a budget.
- Anticipate, plan and pay for irregular expenses like birthdays, car maintenance, clothing, school supplies, and vacations.
  - Create an emergency savings plan for rainy days.
  - Recognize when you're spending money impulsively.
  - Create an easy-to-implement action plan to manage impulse spending so that you stop the cycle.
- Learn what your money set point is so that you can sleep at night knowing that you'll be able to handle any potential budget breakers that may arise!

This session is presented by the Credit Counselling Society.

Date: Friday, Jan. 12

Time: 1 to 2 p.m.

Location: online via Zoom

### Home Alone: parent & child

Do you think your child is ready to start staying home alone occasionally for short periods of time? Does your child have some experience being home alone? No matter what your situation, this workshop will enhance your child's skill and confidence to stay home alone while giving you the knowledge about what your child needs in order to be ready.

This workshop focuses on home alone skills and readiness, as well as emergencies, back up plans and scenario practices.

Children must be a minimum of nine years old to attend. A parent or caregiver must be in attendance.

Open to residents of Leduc County, Calmar, Thorsby, and Warburg.

Date: Wednesday, Jan. 24

Time: 6 to 8 p.m.

Location: Calmar Library

# Calmar Connects

A page dedicated to the wellness of our community.



Happy New Year and Cheers to 2024! With the holidays behind us and much of winter still ahead, January and February can be difficult months for many folk. The days are short and roads make for messy travel- the winter blues set in and we yearn for warmer months. Winter is a time for rest, but society tells us we need to keep going. What if this year could be different? What if this year you intentionally slowed down, spared some energy and tuned into taking care of your 'self'?

Very few of us have made it into adult life unscathed- yet even fewer of us were equipped with coping skills and the ability to communicate our needs effectively. Then we add the cultural conditioning we experience that tells us our emotions don't matter and we need to tough it out. Our culture takes pride in burnout and over-achieving; yet we are the most anxious and depressed we've ever been. Our bodies are literally storing the emotions and trauma's we have experienced; and it's making us sick.

Muscle tension, aches and pains, frequent headaches, GI (gut) issues, heart disease, high blood pressure, chronic fatigue and so many other symptoms are often a direct result of a "dysregulated nervous system"- or stored emotional pain and/ or chronic stress.

This year we will offer a stop by step guide to building resilience, letting go of past trauma and emotion, stress management, self-growth and expanding joy in life. But first, we need to introduce the importance of a mind-body (embodied) approach to healing.

When we focus in on a specific symptom or ailment, we miss the bigger picture which can lead to misdiagnosis and not getting to the root of the issue. When we only treat the symptom and not the underlying cause; a new symptom will appear. Then we treat it, and again miss the cause. We get stuck in a cycle of symptom treatment- but when we take that holistic and embodied approach we are able to identify and treat the root, eliminating the appearance of new symptoms. We heal.

The first step to healing is slowing down- even if it's only for 5 minutes. Giving our nervous systems a chance to pause and reset. As you move through January, I invite you to try something new. Set an alarm for the same time each day (this helps build consistency) and give yourself permission to breathe deeply for 5 minutes. Sit or lay in a comfortable position and close your eyes/ soften your gaze. Breathe in through your nose and out through your mouth as if you were pushing air through a straw. Breathe in for a count of 4 and out for a count of 6, repeat this 10-20 times. This breathing technique activates what is called our 'parasympathetic response' which kicks our bodies out of stress mode and forces us to relax. Its starting point in turning inward and gaining awareness of our 'selves'.

As always, I invite you to email us if there is anything specific you want to know about mental wellness or healing- please email as at [info@nurturedmindswellness.com](mailto:info@nurturedmindswellness.com) with the subject "Calmar Connects".



[www.nurturedmindswellness.com](http://www.nurturedmindswellness.com)





# SPONSORSHIP



# OPPORTUNITIES

Are you looking for a way to get your company's name in front of new potential customers?

**Then you need to talk to Us.**

We have events that are staples every year & many more events that are in the planning stages for 2024.

Here are some confirmed events that we will be looking to partner with local businesses through sponsorships.

- Farmers Day (June)
- Canada Day (July 1st)
- Calmar Days (3rd Saturday in August)
- Christmas in the Park (Late November)
- Christmas Gala (First weekend in December)
- First Night Celebrations (December 31st)

**We also have advertising / sponsorship opportunities for our local businesses in 2024:**

- Sponsor boards added at the Mike Karbonik Arena.
- Additional sponsorships at the Mike Karbonik Arena
- Sponsor Boards at the Ball Diamonds
- Monthly Calmar Chronicle advertising
- Town owned facility naming opportunities.
- Friends of the Parks sponsorship opportunities
- etc.

**For more information:**

Call Sandra at the Town Office today!

780-985-3604 ext. 226





# Economic Development

## BUSINESS UPDATE

1.

Happy New Year from the Economic Development department at the Town office! On behalf of Council and Administration, we wish you all health, happiness and economic abundance in 2024!

2.

The Town of Calmar is selling 1 town-owned property on main street. If you are looking to purchase land to open a business, this may be perfect for you! If you would like to view the property, please call Chris Feist Real Estate at 780-916-9530.

3.

Do you look for ways to sponsor events in the Town of Calmar? Of course you do! We all do!!! If you have an idea of how and where you would like to see your business name big, bold, and in front of new potential clients, call Sandra at the Town Office and she will work with you to put your dreams to a reality!

### Highlight for January

We have lots of new plans and new ideas to bring out in 2024! Keep your eyes on your business emails, the town website, and of course FaceBook for announcements!! 2024 is going to be a great year!!

For Questions or suggestions for updates, or to RSVP to an Event,  
Please call Sandra McIntosh at 780-985-3604 Ext. 226





# CALMAR

# PICKLEBALL



TUESDAYS &  
THURSDAYS



7:00 PM  
9:00 PM

Arrive at 6:45



Calmar Secondary  
School, Calmar

Equipment  
provided!



Contact Us  
(780)-985-3604



Our Website  
[www.calmar.ca](http://www.calmar.ca)

# COMEDY DESSERT & COFFEE *Show*

Join us for a night of laughter!

Date : **19TH JANUARY, 2024**

Doors Open: **7:00 pm**

Venue : **Senior Hall 4916 - 50 Ave**

**GET YOUR TICKET NOW**

Wally Yachimetz @ 780.722.4147



## CALMAR & DISTRICT SENIOR CITIZENS CLUB JANUARY 2024 CALENDAR

### COMEDY NIGHT

January 19<sup>th</sup>

\$10.00 per person

Tickets: Wally Yachimetz @ 780.722.4147

### Monthly General Meeting

Wednesday, January 10th @ 1:00 pm

### Music Jammers

Tuesday, January 23rd @ 1:00 pm

\$7.00 per person includes light lunch

Calmar & District Senior Citizens Club

## **CALMAR SENIOR CORNER JANUARY 2024**

### **HALL RENTAL**

The Calmar & District Senior Center is available for rent for meetings and social functions. The kitchen is AHSA approved.  
\$100.00 for 4 hours (\$100 refundable damage deposit)  
\$200.00 for more than 4 hours (\$200 refundable damage deposit)

**For Bookings: Terry Balaban  
@ 587.988.3636**



### **COMEDY NIGHT**

January 19th, 2024  
\$10.00 p.p. includes  
dessert & refreshments.  
Doors Open: 7:00 pm  
Show Starts: 7:30 pm  
For tickets contact:  
**Wally Yachimetz @  
780.722.4147**

### **MUSIC JAMMERS @ 1:00 PM \$7.00 PP INCLUDES LIGHT LUNCH**

January 23	February 27
March 26	April 23
May 28	June 25

### **MONTHLY GENERAL MEETINGS 1:00 PM**

January 10	February 14
March 13	April 10
May 8	June 12

**New Members Welcome @ \$10.00 per person for the year.**

## NOTICE TO CREDITORS AND CLAIMANTS

Estate of Daniel Harold Weldon, also known as Dan Weldon and Dan H. Weldon, who died on June 22, 2022.

If you have a claim against this estate, you must file your claim by March 1, 2024, with the lawyer for the Personal Representative:

DAYLEN LAFLEUR, MAIN STREET LAW LLP, Box 3407, #12, 119 First Avenue, Spruce Grove, Alberta, T7X 3A and provide the details of your claim.

If you do not file by the date above, the estate property can lawfully be distributed without regard to any claim you may have.

Please let me know if you have any further questions or need any further information.

Kind Regards.

Donna L. Fortune | Legal Assistant to Daylen Lafleur |



**Direct Line:** 780.960.8670  
nue

**Direct Email:** [d.fortune@mainstreetlaw.ca](mailto:d.fortune@mainstreetlaw.ca)

**Fax Line:** 780.962.3644

Office Address: #12, 119 First Ave-

#12, 119 First Avenue

Spruce Grove, AB T7X 2H4

**Mailing Address:**

PO Box 3407, Spruce Grove, AB, T7X 3A7

**[www.mainstreetlaw.ca](http://www.mainstreetlaw.ca)**

Hours of Work: Tuesday to Friday - 8:30 am—4:30 pm



JANUARY 2024

WELCOME

NHCSA is pleased to introduce our new Superintendent

*Doug Nicholls*



HAPPY  
*New Year*



**NHCS  
Learning in  
Action**

**How is NHCS different?  
Visit the NEW Learning in Action website  
to see the exciting learning occurring in  
and outside the classrooms!**

NEW HUMBLE COMMUNITY SCHOOL







# Zyp Art Gallery

Presents

## ABOUD SALMAN

# Love Letters from Euphrates

عبود سلمان  
رسائل حب من الفرات



January 8-April 19, 2024





CELEBRATING 30 YEARS | 1993-2023

Leduc Community  
Hospital Foundation

# Apply now for Scholarships/Awards

## Healthcare Studies Scholarship

The Leduc Community Hospital Foundation is pleased to offer scholarships to students from the Leduc region who are pursuing post-secondary healthcare-related studies. Two (2) scholarships of \$1,000 each will be awarded annually to eligible applicants.

Application deadline: **January 31 ANNUALLY**



## Healthcare Professional Development Award

The Foundation is offering financial awards to help support continuing education/professional development opportunities, for healthcare professionals working in the Leduc region. Two (2) awards of up to \$500 each will be awarded annually to eligible applicants.

Application deadline: **February 15 ANNUALLY**

# Apply Today!

Apply today at [lchfoundation.ca/about/scholarships-and-awards](http://lchfoundation.ca/about/scholarships-and-awards)



Inquiries: E: [lchfoundation@ahs.ca](mailto:lchfoundation@ahs.ca) | Ph: Executive Director, Colleen, 780-980-4536

# FOR SALE

**14 acres R3 development land**

Utilities available at lot line

75 Westview Crescent **Reduced to \$1,650,000**

Gerald Tostowaryk, CCIM – Royal LePage ArTEAM

780.887.3709 [gerald.t@royalpagecommercial.com](mailto:gerald.t@royalpagecommercial.com)



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Alice Hager  
**780-498-2986**  
[thediff2@telus.net](mailto:thediff2@telus.net)





# **THANK YOU** **TO OUR** **FIRST NIGHT CELEBRATION** **SPONSORS!!**

**HOT CHOCOLATE SPONSORED BY**  
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**HOT DOGS SPONSORED BY**  
**SPREEN REPAIR SERVICES LTD.**

**FIRE WORKS SPONSORED BY**  
**NORTHERN LIGHTS FIBER**  
**THE CAR DOCTOR**

# BUSINESS DIRECTORY

## LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Ales Wine & Spirits	5001 - 50 Avenue Calmar, AB	(780)985-3334
Bank of Montreal	4902 - 50 Avenue Calmar, AB	(780)985-4727
Beads By Betty	By Appointment. Please Call	(867)872-4456
Big Wifi Inc.	By Appointment. Please call	(844)717-6237
Burger Bar	5102 - 50 Avenue Calmar, AB	(780)985-3511
Calmar ATB	4905 - 50 Avenue Calmar, AB	(780)985-2103
Calmar Bakery	4906 - 50 Avenue Calmar, AB	(780)985-3583
Calmar Big Country Auto Repair & Paint Ltd.	5005 - 42 Avenue Calmar, AB	(780)985-2590
Calmar Bottle Depot Ltd.	4912 - 50 Avenue Calmar, AB	(780)985-2155
Calmar Chiropractic Clinic	4715 - 50 Avenue Calmar, AB	(780)985-7260
Calmar Compounding Pharmacy	4741 - 50 Avenue Calmar, AB	(780)900-0222
Calmar Dental Clinic	4741 - 50 Avenue Calmar, AB	(780)985-2227
Calmar Grocery & Food Town	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Liquor Store	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Medical Clinic	4741 - 50 Avenue Calmar, AB	(780)985-3344
Calmar Petro Canada	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Pharmacy Ltd.	5002 - 50 Avenue Calmar, AB	(780)985-3141
Calmar Storage	5009 - 43 Avenue Calmar, AB	(780)985-2102
Calmar Subs	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Subway Ltd.	4725 - 50 Avenue Calmar, AB	(780)985-2282
Carson Production Services Ltd.	5001 - 42 Avenue Calmar, AB	(780)915-9148
Carter's Pilings	4424 - 50 Avenue Calmar, AB	(780)777-8404
CC's Therapeutic Massage	5310 - 52 Street Calmar, AB	(780)985-2149
Certified Spraybooths Inc.	39 Parkview Crescent Calmar, AB	(780)9853215
Chevron	5001 - 50 Avenue Calmar, AB	(780)985-7224
Clean and Simple Soap Company	5006 - 42 Avenue Calmar, AB	(780)913-0595
Cleaning with Meaning	By Appointment. Please call	(780)995-6808
Co-op Gas Bar	4613 - 50 Avenue, Calmar, AB	(780)985-4584
Country Cannabis Store	4910 - 50 Avenue Calmar, AB	(780)985-0150



# BUSINESS DIRECTORY

## LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
Country Care Massage Therapy	5037 - 52 Street Calmar, AB	(780)239-9290
Countryside Liquor Store	5018 - 50 Avenue Calmar, AB	(780)263-0750
Countryside Vision Care	4715 - 50 Avenue Calmar, AB	(587)906-1515
Dew Drops Daycare Centre Calmar Ltd.	4917 - 50 Avenue Calmar, AB	(780)985-2818
Direct-Line Insurance Inc.	4905 - 50 Avenue Calmar, AB	(780)985-3666
Dyck Insurance Agency Ltd.	4915 - 50 Avenue, Calmar, AB	(780)985-3650
Edmonton Calmar Marketplace	4406 - 50 Avenue, Calmar, AB	
Elite Carpet Care	By Appointment. Please call	(780)985-4253
Esthetics Avenue	By Appointment. Please call	(780)966-1480
For The Love of Perogies N Stuff	4737 - 50 Avenue, Calmar, AB	
Georg Fischer Urecon Ltd.	5010 - 43 Avenue, Calmar, AB	(780)985-3636
Graceful Skin Spa & Massage	44 Parkview Crescent, Calmar, AB	(587)357-5957
Grasshopper Café	4703 - 50 Avenue, Calmar, AB	(780)985-2529
Hannah, Colin and Co.	By Appointment. Please call	(780)984-3470
Hayduk Lumber & Hardware Ltd.	4736 - 50 Avenue, Calmar, AB	(780)985-2202
Haylstorm Fitness ( by Hayley Pratt)	By Appointment. Please call	(780)898-5650
Income Taxes Done Right	By Appointment. Please call	(587)599-5520
Is Good Coffee Bar & More	Unit 201, 4715 - 50 Avenue	Please drop by
Ivy Pho Restaurant	4726 - 50 Avenue, Calmar, AB	
JMR Collective Yoga & Fitness Classes	By Appointment. Please call	(780)616-2191
Komplete Modular Solutions Ltd.,	5030 - 43 Avenue, Calmar, AB	(587)991-5015
Krisp Kleen Janitorial	By Appointment. Please call	(587)982-9510
Latmann Equipment Ltd.	5022 - 42 Avenue, Calmar, AB	(780)985-4202
Leduc Mechanical Industries Inc.	4412 - 50 Avenue, Calmar, AB	(780)985-8591
Lee's Family Restaurant	4731 - 50 Avenue, Calmar, AB	(780)985-2221
Loganberrys Antiques & Curiosities	4732 - 50 Avenue, Calmar, AB	(780)985-2553
Luz Massage Therapy	By Appointment. Please call	(780)289-7176
Maggie Moo's Ice Cream Barn	5001 - 50 Avenue, Calmar, AB	(780)619-5399
Mr. Fix It/Rhythm Mechanical	By Appointment. Please call	(780)940-8403
MWG Trucking Ltd.	5033 - 42 Avenue, Calmar, AB	(780)985-3197

# BUSINESS DIRECTORY

## LOCAL SERVICES

COMPANY NAME	ADDRESS	PHONE #
New Shanghai Restaurant	5014 - 50 Avenue, Calmar, AB	(780)985-3989
Newport Manufacturing & Design Ltd.	4436 - 50 Avenue, Calmar, AB	(780)985-7000
Nik 'N' Nak & All That	4729 - 50 Avenue, Calmar, AB	
Norpoint Sandblasting & Painting Ltd.	4420 - 50 Avenue, Calmar, AB	(780)469-6271
Paragon Wireline Services Ltd.	5021 - 42 Avenue, Calmar, AB	(780)690-6766
Platinum Home Inspections	By Appointment. Please call	(780)940-0287
Power Play Café Ltd.	5019 - 47 Street, Calmar, AB	Please Drop By
Pro Eavestroughing Ltd.	By Appointment, Please call.	(780)985-3237
Rhooster Tail Hair Salon	4701 - 49 Avenue, Calmar, AB	(780)985-4588
Ridley Law	4740 - 50 Avenue, Calmar, AB	
Rise Wellness	#202, 4715 - 50 Avenue, Calmar, AB	(780)913-7718
Route 39 Public House Inc.	5010 - 50 Avenue, Calmar, AB	(780)203-4219
Segue Seniors Health Consulting Inc.	By Appointment. Please call	(587)576-3663
Silverstar Oilfield Transportation Ltd.	4301 - 52 Avenue, Calmar, AB	(780)985-8501
Skip's Sports Bar	4726 - 50 Avenue, Calmar, AB	(780)985-2089
Spreen Repair Services Ltd.	5001 - 43 Avenue, Calmar, AB	(780)985-3317
The Car Doctor	5010 - 42 Avenue, Calmar, AB	(780)886-5013
The Country Barber	4737 - 50 Avenue, Calmar, AB	
The Difference Office Services	By Appointment. Please call	(780)498-2986
The Super Patch Company Associate	4710 - 48 A Ave Calmar, AB	(780)991-0856
TLC Dog Grooming	By Appointment, Please call	(780)239-7065
TNT Storage	5403 - 50 Street, Calmar, AB	(780)263-0319
Vertex Resource Services Ltd.	5046 - 42 Avenue, Calmar, AB	(780)985-2213
Whatever Repairs and Services Inc	4737 - 50 Avenue, Calmar, AB	(780)995-4374
Wizard Lake Marine Inc.	4444 - 50 Avenue, Calmar, AB	(780)985-4200
Xtreme Foam Applicators Ltd.	5007 - 42 Avenue, Calmar, AB	(780)218-3626
Yesterday's Treasure Market Inc.	4904 - 50 Avenue, Calmar, AB	(780)985-2522
ZYP Art Gallery	4715 - 50 Avenue, Calmar, AB	(780)984-4114



## ***Town Wide Utility Fiber Construction Update***

*January construction will start on the south side of Hwy 39 moving east to west. All residential properties will have construction work performed on the utility easements of the property as the main lines are run.*

*After construction is complete, we will remediate and restore your property to the pre-construction condition. We use various methods to restore the utility right-of-ways, lawns, and back alleyways. In some cases (frozen ground, winter conditions, heavy rain) we are required to return when the ground is done adjusting and can be repaired properly.*

*If you would like to have a fiber line run directly to your home for future use and to increase your property value, visit [LightUpCalmar.ca](http://LightUpCalmar.ca) and fill out a Fiber Access Agreement or call 1-888-236-2947 for further information or construction updates.*

### **UTILITY BILL DUE DATES**

**JANUARY - FEBRUARY = APRIL 6TH**

**MARCH - APRIL = JUNE 6TH**

**MAY - JUNE = AUGUST 6TH**

**JULY - AUGUST = OCTOBER 6TH**

**SEPTEMBER - OCTOBER = DECEMBER 6TH**

**NOVEMBER - DECEMBER = FEBRUARY 6TH**

Reminder to set up your E-Billing. Go to our website [calmar.ca](http://calmar.ca) for more details.

Or Contact Darlene at the Town Office @ 780.985.3604 Ext. 222





# Community Groups are free!

NEWSLETTER  
DEADLINE  
15TH OF THE  
MONTH!

\$100.00 Full Page  
\$75.00 Half Page  
\$50.00 Quarter Page  
\$25.00 Business Card

Phone: 780.985.3604  
Fax: 780.985.3039  
email: fcss@calmar.ca

## Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime throughout the year, but you will need to pay up front for the months that have already passed to stay caught up.

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank.

No more missed due dates and penalties, and no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather Bryans at 780.985.3604 EXT. 232

## January Council Meeting

January Council meeting will be held on Monday,

January 15th, at 6:30pm in

Council Chambers at 4901 – 50 Ave

Alternatively, you may join the meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/211016493>

You can also dial in using your phone.

(For supported devices, tap a one-touch number

below to join instantly.)

Canada: +1 (647) 497-9391

– One-touch: tel:+16474979391,,211016493#

Access Code: 211-016-493

Agenda to follow.

Public Works On Call : 780.446.7319

Public Works Shop: 780.985.2121

Community Peace Officer :

780.999.7181

Emergency : 911

TOWN OF  
CALMAR

