

TOWN OF
CALMAR



The Chronicle

DECEMBER 2023

YOU CAN FIND ME AT:

- MINT HEALTH + DRUGS
- LEE'S RESTAURANT
- WHATEVER REPAIRS
- GRASSHOPPER RESTAURANT
- CALMAR LIBRARY
- TOWN OFFICE
- CALMAR BAKERY
- IS GOOD COFFEE BAR & MORE
- HAYDUK LUMBER & HARDWARE
- CALMAR MEDICAL CLINIC

MERRY
CHRISTMAS

TOWN ADMINISTRATION OFFICE

4901-50 AVENUE, P.O. BOX 750, CALMAR, AB T0C 0V0

PHONE 780-985-3604

FAX 780-985-3039

WEBSITE: WWW.CALMAR.CA

EMAIL INFO@CALMAR.CA

DECEMBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					01	02
03	04 Adult Drop In Volleyball 7:00pm - 9:00pm Calmar Secondary School Council Meeting @ 6:30pm	05 Calmar Pickleball 7:00pm - 9:00pm Calmar Secondary School	06	07 Calmar Pickleball 7:00pm - 9:00pm Calmar Secondary School 	08	09
10	11 Adult Drop In Volleyball 7:00pm - 9:00pm Calmar Secondary School 	12 Calmar Pickleball 7:00pm - 9:00pm Calmar Secondary School	13	14 Calmar Pickleball 7:00pm - 9:00pm Calmar Secondary School 	15	16
17	18 Adult Drop In Volleyball 7:00pm - 9:00pm Calmar Secondary School Council Meeting @ 6:30pm	19 Calmar Pickleball 7:00pm - 9:00pm Calmar Secondary School	20	21 Calmar Pickleball 7:00pm - 9:00pm Calmar Secondary School 	22	23
24 Christmas Eve 31 First Night Celebration	25 Christmas Day Town Office is closed.	26 Boxing Day Town Office is closed. 	27 Town Office is closed.	28 	29	30

MAYORS CORNER

"A little smile, a word of cheer, a bit of love from someone near. A little gift from one held dear. Best wishes for the coming year. These make a merry Christmas!" - John Greenleaf Whittier

Well, here it is December 2023 already, wow where has another year gone. I watched the movie *Falling for Christmas*, it reminded me that the holiday season is about spending time with loved ones and giving even the littlest amount of hope to those that need a helping hand. December is a time of reflection and giving as we all get excited about the holiday season.

I want to start by thanking all the town administration, staff, council and all our community volunteers for the hard work and endless energy they pour into our community to continue to make Calmar a great place to call home. November wrapped up with an excellent Christmas in the Park where many residents and neighbours came to enjoy each other's company and festivities of the lights, sleigh rides, beverages, cookies and of course Santa.

December will bring some colder weather and snow (maybe). Please watch for snow removal schedules, and remember to clear our sidewalks. This will help keep our community safe.

The holiday season is about care, compassion, and the community we are all a part of. I urge everyone to find a way to express your own personal touch to the holiday season. Whether that be by mending or rebuilding relationships, volunteering for seasonal events, donate items of need to the food bank, seniors, or to those that have fallen on hard times or just need a helping hand or simply just lending an ear and or a shoulder to someone that may need it. Check out the town website or stop in and see our new FCSS team member Heather Hughes for information on the Christmas Elves and angel tree program where you can anonymously help a child or family in need.

The New Year will be upon us so quickly. With that in mind I would like to remind everyone of Calmar's First night celebration at the Mike Karbonik Arena on December 31, check the website for information. I also urge everyone to be safe during your holiday celebrations.

Wishing everyone a Merry Christmas & Happy New Year
Mayor & Council

Calmar a great place to call home!

In The Know *with the CAO*

It is hard to believe, but 2023 is almost done. The Town had a few highlights this year for sure. The pancake breakfasts were a hit. The Canada Day celebration was fantastic, and the Calmar Days Parade was well attended. There were many participants, and everyone was in for a good time. Those are a few highlights that brought light to Calmar at the regional level as many participants/visitors came from all corners of the metropolitan region.

As we are wrapping up the year, the Administration is making some final recommendations so that Council can pass an interim budget in December. Having a budget adopted before year end is a requirement of the Municipal Government Act. The Town hosted an open house Saturday, November 18, where two residents came to provide their thoughts, which were mainly about recreational opportunities to explore. For next year, the Town will explore different ways to engage as open houses do not seem to generate significant turnout. Feedback is crucial to the budget deliberation process, so we will explore other tools/mechanisms. Any suggestions that residents would have about how/when to engage would be welcomed. Please send them my way!

Lastly, as we are preparing ourselves for the Holiday Season, please be safe out there. If you intend to drink, please make other arrangements, and don't drive. Always take into consideration that the weather can change abruptly when travelling and/or when letting your pets go outside. I know that residents (and their pets) are sturdy, but Alberta's climate can be harsh. Have a fun, safe, healthy, and happy Holiday Season.

See you all in 2024...
Sylvain





On The Bench

with Calmar Recreation

Happy December everyone!

Greetings from Recreation! We hope everyone is getting out and enjoying the wonderful weather! As the holiday season nears we are still offering adult drop in volleyball on Monday nights at Calmar Secondary School! Last day to play before the new year is December 18th and then returning on January 8th! Arrive at 6:45pm and games go until 9:00pm! Please bring non marking indoor shoes! On Tuesdays and Thursdays (no games on December 7th) we have our adult drop in pickleball, again at Calmar Secondary School. Arrive at 6:45pm and games go until 9:00pm, please bring non marking indoor shoes! Last day to play before the New Year is December 21st and then returning on January 9th!

Our public skating and is Mondays and Thursdays at the Mike Karbonik Arena from 3:30pm-4:45pm and our stick 'n' puck / shinny is on Tuesday and Fridays at 3:30pm until 4:45pm! We will have more public usage over the Christmas Holidays so make sure you stay tuned to our social medias and newly updated Facilities/Recreation tab on our website! We also fill in the weekends with public usage and will be posting on Fridays if we have any availability! Because of our balmy weather, unfortunately our outdoor rink is at the mercy of mother nature so that will be out of commission until weather conditions allow!

Our First Night celebration at the Mike Karbonik arena will be on December 31st again where we will have free skating and more! We will also have free hotdogs and hot chocolate followed by our famous First Night Fireworks! Doors open at 6:00pm

As always, stay happy, healthy and active out there!

Yours in Recreation,

Rec-Guy, Miller.



Christmas Elves

REFERRAL & REGISTRATION
IS NOW OPEN
REGISTRATION DEADLINE
DECEMBER 8TH, 2023

The Calmar & District Christmas Elves was established to provide food hampers and gifts to families in need within our community.

Many of us face hardships and financial struggles, especially during the holiday season. If you or someone you know is unable to afford the holidays and you would like to participate in the Calmar & District Christmas Elves program please complete a referral form by phone.

Contact FCSS, at the Town Office. 780.985.3604

Coming to the Mike Karbonik arena in December.



**COMING
SOON**



www.powerplaycafe.ca

Thank You

TO OUR SPONSORS

CHRISTMAS IN THE PARK

Cookie Sponsor: Jenn Kowalchuk, Realty

DJ Music Sponsor: Lacy Kuhn, Realty

Sleigh Rides Sponsor: Canadian Fiber Optics

Hot Chocolate Sponsor: Calmar Driving Range
and RV and Boat Storage

FIRST NIGHT CELEBRATION

Hot Dog Sponsor: Spreen Repair Services Ltd.

Hot Chocolate Sponsor: TBD

Fireworks Sponsor: The Car Doctor

the
interview

Meagan, Brent, & Garrett Hayduk Co-Owners Hayduk Lumber and Hardware Ltd.

Getting to know your local businesses.

The Town of Calmar is excited to present each of our businesses in a spotlight each month in the Calmar Chronicle! We will be interviewing a different business each month until we have highlighted every single business in the Town of Calmar. We invite you all to read about and get to know Meagan, Brent, and Garrett at Hayduk Lumber and Hardware Ltd.!!

Tell us about your business.

Hayduk Lumber and Hardware is a Canadian and family-owned company. A third-generation business, William P. Hayduk originally opened its doors in the 1940s as a farming supply company and later a building supplies and lumber yard, with his son, Brent taking over management in 1985. He owned the business for many successful years until it was sold in 2011. Fast forward to 2021, Brent and two of his children, Meagan and Garrett, have teamed up to carry on the family legacy, as proud members of the Castle Building Centre Group.



Meagan, Brent, & Garrett Hayduk Co-Owners Hayduk Lumber and Hardware Ltd.

Why did you choose to Open a home-based business in Calmar?

Hayduk Lumber & Hardware has been a staple in the community for over 80 years. We felt it was important to keep the business hub in Calmar as it is central to the many surrounding communities we serve.

What is it like operating a business in rural Alberta?

We feel fortunate to be located where we are. We can help customers from near and far. We meet many interesting people who stop in along their journey to their destination.

Do you have any advise for a new home-based business opening up in Calmar?

The people of Calmar are great, loyal people if you treat them well.



Meagan, Brent, & Garrett Hayduk Co-Owners Hayduk Lumber and Hardware Ltd.

Is there anything you want to add?

We look forward to opening our new storage building at yard 1 in the spring, where we will be able to store even more materials to help serve the community even better. The black and white photos are of the original yard building (which was just recently torn down).

Did you know? 3 quick facts

1. We have a 2000 sq ft. garden centre that is open for the months of May and June and stocked with a beautiful variety of annual bedding plants and hanging baskets. Be sure to stop on this spring and check it out!
2. We rent equipment! From small power tools to larger saws and lawn equipment. We are always adding to the fleet- stop in for the most up to date list of items (or check out our website)
3. Looking at financing a bigger renovation project? We can help- visit <https://castle.ca/flexiti/> to be approved in minutes.



What's Happening at DECEMBER 2023



HOURS OF OPERATION

Monday – Tuesday – Thursday – Friday

11:00 am to 5:00 pm

Wednesday

11:00 am to 8:00 pm

THE LIBRARY WILL BE CLOSED:

MONDAY December 25th

TUESDAY December 26th

FREE LIBRARY CARD

New to the community? Library card needs renewing? Not a problem! Email circulation@calmarpubliclibrary.ca or call 780.985.3472 and one of our helpful staff will be happy to assist you.



DECEMBER NATIONAL DAYS OF INTEREST

December 1st: National Christmas Lights Day

December 10th: National Dewey Decimal System Day

December 26th: National Candy Cane Day

IN-HOUSE PROGRAMS

Knit & Stitch Club



Tuesday December 5, 12, & 19th @ 1:30PM – 3:00PM

This group is for all levels of experience. Wool and tools can be supplied if you are new to the craft. Bring your project down!

Dungeon & Dragons Club (16 years and up)

Wednesday, December 6th 5:00 pm – 7:00 pm (1st Wednesday of the month)



Dungeons & Dragons is a fantasy role-playing game that will take you and your friends on epic journeys. Never played? This is a great opportunity to learn. Drop-ins welcome!

Play n' Stay

Thursday December 7, 14, 21 @ 10:00AM - 11:00PM



This program is for 0-5 years with caregivers. Drop-ins welcome, but feel free to let us know if you are coming! To register or for more information, call 780.985.3472 or circulation@calmarpubliclibrary.ca

Play n' Stay will resume January 11th, 2024!

Let's Get Cooking Cookbook Club (2nd Wednesday of the month) December 13th @ 6:00PM



Do you enjoy browsing through cookbooks, trying new recipes or cooking techniques, and sampling and sharing new dishes? Or are you stuck in a rut and keep making the same dishes over-and-over again? **December's theme is Anything Christmas!** For more information call the Library at 780.985.3472 or email circulation@calmarpubliclibrary.ca

LEGO CLUB (6 years and up)

Wednesday, December 20th @ 4:00PM – 5:00PM (3rd Wednesday of the month)



If you like building "stuff," using your imagination, or a little challenge—then this is for you! Come on down and give your skills a try! We supply the LEGO! Registration is preferred but drop-ins are welcome! To register call 780.985.3472 or email us at circulation@calmarpubliclibrary.ca

To register for a program: Call 780.985.3472 or Email circulation@calmarpubliclibrary.ca

AT HOME PROGRAMS

TAKE & MAKE KITS – first come, first served while supplies last!

Take a kit and make a craft/project at home! The kits will include supplies to make a fun craft! You may need some basic craft supplies at home (scissors, tape, glue, etc) to complete the craft.

Available December 1st

Pre-K – Popsicle Stick Gingerbread House Ornament
Tween/Teen – Plastic Cub Ornaments

LOOKING FOR YOU!

Do you know how to make Kombucha? Would you be willing to share your knowledge? If yes, please contact Susan at sparkinson@calmarpubliclibrary.ca

SAVE THE DATE

January 31st – Puzzle Mania! This will be an evening of puzzle making with other puzzle mania members of the community. Bring your puzzle or try one of ours. All ages welcome.

COMMUNITY PANTRY

The Calmar Public Library is seeking donations of food and toiletries for our community pantry!

Donations can be dropped off during regular operating hours.



FRIENDS OF THE CALMAR PUBLIC LIBRARY SOCIETY

We need members! Please help this new non-profit organization in your community. If interested, please contact Susan @ sparkinson@calmarpubliclibrary.ca

NEW ITEMS AT THE LIBRARY

Below are a few of the new items that we have added to our collection. Contact the library at 780.985.3472 or circulation@calmarpubliclibrary.ca to reserve your copy today.

DVD'S/AUDIO

Interview with the Vampire: Season 1

Yellowjackets: Season 2

Ruby Gillman, Teenage Kraken

Transformers: Rise of the Beasts

Barbie

Meg 2: The Trench

ADULT NON-FICTION

ADULT FICTION

Traitors Gate by Jeffrey Archer

The Book Club Hotel by Sarah Morgan

The Defector by Chris Hadfield

People Collide by Isle McElroy

Sword Catcher by Cassandra Clare

The Exchange by John Grisham

Wreck the Halls by Tessa Bailey

LARGE PRINT

The Whispers by Ashley Audrain

Wreck the Halls by Tessa Bailey

Evil Eye by Etaf Rum

YOUNG ADULT

The Baby-sitters Club: Stacey's Mistake by Ann Martin
The Borrow a Boyfriend Club by Page Powers
Huda F Cares? by Huda Fahmy

JR. BOOKS

InvestiGators: All Tide Up by John Patrick Green
Max Meow's Taco Time Machine by John Gallagher
Meet David Suzuki by Elizabeth MacLeod
Horse Country: Friends Like These by Yamile Saied Mendez
Horse Country: Can't Be Tamed by Yamile Saied Mendez
Horse Country: No Place Like Home by Yamile Saied Mendez
Horse Country: Where There's Smoke by Yamile Saied Mendez
Horsetail Hollow: Magically Maximus by Kiki Thorpe
Horsetail Hollow: Fearlessly Philippe by Kiki Thorpe
Horsetail Hollow: Amazingly Angus by Kiki Thorpe
Horsetail Hollow: Stupendously Samson by Kiki Thorpe
Horsetail Hollow: Magnificently Major by Kiki Thorpe
Diary of a Pug: Pug the Prince by Kayla May

PICTURE/BOARD BOOKS

Sitting Shiva by Erin Silver
Kunoichi Bunny by Sara Cassidy
My Mad Hair Day by Nathalie Dion
Love is for Roaring by Mike Kerr
Pink is for Everybody by Ella Russell
The Tear Thief by Carol Ann Duffy
Lola Plants a Garden by Anna McQuinn
Dim Sum Palace by X. Fang

To keep up to date on information regarding the library please go to one of the resources below:


- Follow us on Facebook @ <https://www.facebook.com/calmarlibrary>
- Follow us on YouTube @ https://www.youtube.com/channel/UCU_34ttDgZU1zpV3WE5fWDA
- Go to our website @ <https://calmarpubliclibrary.ca/>
- E-mail us at: circulation@calmarpubliclibrary.ca
- Phone: 780.985.3472

Until next time....

Susan Parkinson

Director of Public Library Services





CALMAR, FIRST NIGHT CELEBRATION

December 31, 2023
at the Mike Karbonik arena

6:00 pm - 8:00pm

- Free Skating
- Free Hot Chocolate. TBD
- Free Hot Dogs. Sponsored by
Spren Repair Services

8:30 pm

- Fireworks from the field, east of
the Mike Karbonik arena. Sponsored by
The Car Doctor

Calmar Connects

A page dedicated to the wellness of our community.



Welcome to this new section of the Calmar Chronicle which aims to provide connection, education, and support to our community as a whole- and to reach those who may not have access to wellness guidance elsewhere.

At Nurtured Minds Wellness we practice clinical therapy through a holistic lens, which means our primary focus for this page is mental health; but we will address all areas of wellness via these articles.

Our mind and body are complexly interconnected and when we treat them separately, we miss vital opportunities to heal. An embodied approach to mental health care is essential for growth and moving forward in a sustainable way.

We recognize the barriers in accessing support; the stigma that still exists around mental health and also the deeply rooted struggles our people are facing. We live in a world that is more stressful than it's ever been, and we are more disconnected than ever. Our nervous systems are overwhelmed and many folk are living on the cusp of burnout.

We are here to bridge the gap and to provide a meaningful monthly article that is accessible and approachable. It will include any of the following:

- Wellness Articles and Resources: Provide information and resources that cover various aspects of wellness.
- Community Engagement: Create a space for readers to connect and ask questions.
- Expert Advice: Invite wellness experts such as nutritionists, fitness trainers, other mental health professionals etc. to share tips and advice.
- Create your own Wellness Plan: Allow readers the opportunity to create personalized wellness plans based on their goals, preferences, and health conditions.
- Wellness Challenges: Organize and promote wellness challenges to encourage readers to set and achieve specific health goals.
- Event Calendar: Highlight wellness events, workshops, webinars, or local meet ups related to health and wellness.

Contributed by Charlie Webb- Owner and Therapist at Nurtured Minds Wellness and Therapy Services.

This page will officially launch in January 2024, and we will be jumping right in with a more detailed explanation of what a mind/ body approach to healing looks like- along with some somatic techniques you can try right at home!

If you have a planned wellness event you'd like us to highlight or if you have any specific topics or questions you'd like us to cover then please email us at info@nurturedmindswellness.com with "Calmar Connects" as your title.

Calmar we are excited to connect with you!



CALMAR & DISTRICT SENIOR CITIZENS CLUB

MEMBERS ONLY CHRISTMAS POT LUCK

DECEMBER 6TH @ 12:00 PM

MONTHLY GENERAL MEETING TO FOLLOW
IF INTERESTED & TO KNOW WHAT TO BRING

PLEASE CONTACT
TERRY CHARCHUN
780.940.8403

4916 - 50 Ave Calmar AB



Calmar Christmas Elves

OUR DONATION BINS AND HAMPERS ARE SET OUT IN THE COMMUNITY. YOU CAN
FIND THE FOOD BINS AT THE FOLLOWING LOCATIONS:

- THE TOWN OFFICE
- CALMAR FOODS
- THE PUBLIC LIBRARY
- THE POST OFFICE
- THE PHARMACY
- MIKE KARBONIK ARENA
-

FOR MORE INFORMATION ON HOW TO DONATE OR REFERRALS PLEASE CONTACT
HEATHER AT THE TOWN OFFICE. 780.985.3604 EXT.233





Calmar Senior Corner

Calmar and District Senior Citizens Club

December 2023 News

WANTED

The Calmar and District Senior Citizens Club is inviting all adults 50 years and older to join our Senior Citizens Club for fun and camaraderie. The club holds various functions throughout the year. We hold monthly MUSIC Jammer Sessions of the 4th Tuesday of the month where musicians from our region get together and provide lively music for your dancing and listening pleasure, a light lunch is served for an entry fee of only \$7. Musicians of all ages are always welcome to join in at our monthly Music Jammers. We hold monthly general meetings to inform members of what is going on at the center and with the club; we also have a celebratory meal for holidays such as Easter, Thanksgiving and Christmas. The membership fee to join the Calmar and District Senior Citizens Club is ONLY \$10 per year. You can get your membership by just showing up at the hall for any of the senior club functions or by emailing Terry Balaban at tbalaban@shaw.ca or calling at 587-988-3636.

Rent our Hall: The Calmar & District Senior Center is available for rental for meetings and all social functions. The kitchen has received a valid Food Handling Permit from AHSA and is therefore classified as a Certified Kitchen. The rental fees are:

\$100 for 4 hours or less plus a \$100 refundable damage deposit

\$200 for more than 4 hours plus a \$200 refundable damage deposit.

Call Terry Balaban at 587-988-3636 for bookings.

Christmas Hall Decoration: December 3, 2023 1:00 PM

Bus Trip – Christmas Lights: December 7, 2023

(Rad Torque Raceway) Meet at Seniors Center 6:45 PM

(\$10 per person) Bus Bus Departs at 7:00 PM

capacity 18 people. Contact Wally Yachimetz at 780-722-4147 to reserve your seat on the bus.

Annual Christmas Dinner: December 6, 2023 12:00 PM (members only) - Pot Luck

Contact Terry Charchun at 780-940-8403 to tell us what dish you are contributing to the Potluck.

General Meeting: December 6, 2023 1:00 PM

Comedy Night: January 19, 2024 Entry Fee - \$15.00 Door Open @ 7:00 PM (Show, Desserts & Coffee)

Show starts @ 7:30 PM Contact Wally Yachimetz at 780 -722-4147 for tickets.

****There is NO Music Jammers being held in December 2023.****

January - June 2024 - Activity Schedule

Music Jammers

January 23, 2024 1:00 PM

February 27, 2024 1:00 PM

March 26, 2024 1:00 PM

April 23, 2024 1:00 PM

May 28, 2024 1:00 PM

June 25, 2024 1:00 PM

Monthly General Meeting

January 10, 2024 1:00 PM

February 14, 2024 1:00 PM

March 13, 2024 1:00 PM

April 10, 2024 1:00 PM

May 8, 2024 1:00 PM

June 12, 2024 1:00 PM





Economic Development

BUSINESS UPDATE

1.

Do you look for ways to sponsor events in the Town of Calmar? Of course you do! We all do!!! If you have an idea of how and where you would like to see your business name big, bold, and in front of new potential clients, call Sandra at the Town Office and she will work with you to put your dreams to a reality!

2.

We have a few new businesses in town. Let's give them a warm community welcome. Ridley Law, For the Love of Perogies N Stuff, The Country Barber, and a couple more we cannot announce yet. Stay tuned for Grand Openings happening soon!

3.

The Town of Calmar is selling 1 town-owned property on main street. If you are looking to purchase land to open a business, this may be perfect for you! If you would like to view the property, please call Chris Feist Real Estate at 780-916-9530.

Highlight for December

The Calmar Christmas Gala is a go!!


December 2nd at the Calmar Legions. Tickets are pre-sold only so don't wait! Call the Town office today!!!


For Questions or suggestions for updates, or to RSVP to an Event,
Please call Sandra McIntosh at 780-985-3604 Ext. 226





CALMAR

PICKLEBALL



 TUESDAYS & THURSDAYS

 7:00 PM
9:00 PM
Arrive at 6:45

 Calmar Secondary School, Calmar

Equipment provided! 

Contact Us
(780)-985-3604

  Our Website
www.calmar.ca

CALMAR SECONDARY PRESENTS

Mean
Girls

TICKETS
\$12
FOR STUDENTS

TICKETS
\$15
FOR ADULTS

High School Version

*Music by
Jeff Richmond*

*Lyrics by
Nell Benjamin*

Book by Tina Fey

AT CALMAR SECONDARY SCHOOL

DECEMBER 6-9, 2023 AT 7 PM

TICKETS AVAILABLE AT THE SCHOOL OFFICE
BASED ON THE PARAMOUNT PICTURES FILM
Mean Girls

MEAN GIRLS HIGH SCHOOL VERSION
IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH MUSIC THEATRE INTERNATIONAL (MTI). ALL
AUTHORIZED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI. WWW.MTISHOWS.COM

TOWN OF CALMAR

Yearly Events in 2024

Watch our Facebook page and our website for event announcements.

www.calmar.ca

- Farmer's Day Celebrations - Every June
- Canada Day Celebrations - Every July 1st
- Market on Main - Every Friday over the summer!
- Calmar Days - 3rd Saturday in August
- Christmas in the Park - Family friendly Santa visit every November
- Christmas Gala - Business & Resident friendly Christmas Party every December
- First Night Celebrations - Family friendly event every New Year's Eve

Call Ian or Sandra at the Town office 780-985-3604 for more information.



Connect with us!
Submitted by Leduc County FCSS

Register for any session by calling 780-955-6421 or emailing Kristin@leduc-county.com

When grief is a guest

When we have lost someone we love, the holidays can feel like the most painful time of the year. If you are missing a loved one this holiday season, we invite you to join us for an evening of learning and support. Together we will acknowledge your loss, new or old, and explore ways of navigating the holiday season with self-kindness and understanding.

Join us to explore:

- The experience of grief
- The impact of the holidays
 - The role of traditions
- The importance of self-kindness

The session will be facilitated by Registered Psychologist Amy Walton from Karunia Counselling in partnership with Leduc County FCSS.

Date: Tuesday, Dec. 5

Time: 6:30 to 8 p.m.

Location: online via Zoom

Blue Holiday – a time of reflection and remembrance

Join us for a special Blue Holiday event, a time to remember the ones we have loved and have lost. The holiday season can be a difficult time for those who are grieving. This event will be a peaceful gathering where you can honor and cherish the memory of your loved ones in a supportive environment. We invite you to join us for a ceremony of healing and hope during this challenging time of year. The session will be facilitated by Registered Psychologist Amy

Walton from Karunia Counselling in partnership with Leduc County FCSS.

Date: Friday, Dec. 8

Time: 6:30 to 8:30 p.m.

Location: Calmar



Connect with us!
Submitted by Leduc County FCSS

Budget Breakers

“Where did all of my money go this month?” Does this question sound familiar? Ever wondered how you can still have more month to go but not enough money to cover the expenses that come with it? It’s become common and normal to feel broke, like you never seem to have enough. It’s also common and normal to feel like you’re not sure what the solution is. We can help you to stick to your budget by helping you to understand what you need to account for in your spending plan. We can also give you the education and the support you need to learn what you should keep your eye on to avoid breaking your budget.

Join us for an informative and interactive webinar on Budget Breakers where you’ll learn to:

- Understand the components of a budget.
- Anticipate, plan and pay for irregular expenses like birthdays, car maintenance, clothing, school supplies, and vacations.
 - Create an emergency savings plan for rainy days.
 - Recognize when you’re spending money impulsively.
- Create an easy-to-implement action plan to manage impulse spending so that you stop the cycle.
- Learn what your money set point is so that you can sleep at night knowing that you’ll be able to handle any potential budget breakers that may arise!

This session is presented by the Credit Counselling Society.

Date: Friday, Jan. 12

Time: 1 to 2 p.m.

Location: online via Zoom

Home Alone: parent & child

Do you think your child is ready to start staying home alone occasionally for short periods of time? Does your child have some experience being home alone? No matter what your situation, this workshop will enhance your child’s skill and confidence to stay home alone while giving you the knowledge about what your child needs in order to be ready.

This workshop focuses on home alone skills and readiness, as well as emergencies, back up plans and scenario practices.

Children must be a minimum of nine years old to attend. A parent or caregiver must be in attendance.

Open to residents of Leduc County, Calmar, Thorsby, and Warburg.

Date: Wednesday, Jan. 24

Time: 6 to 8 p.m.

Location: Calmar Library

New Humble Community School

December 2023

OUTDOOR LEARNING
YEAR ROUND
NHCS Winter Dress Code

Have
yourself a
Merry
Christmas &
Happy Holidays

THANK YOU

ON BEHALF OF NHCS
STAFF, SCHOOL COUNCIL,
PARENTS GROUP & NHCSA
THANK YOU TO THE NHCS
COMMUNITY FOR YOUR
CONTINUED SUPPORT AND
GENEROSITY



See what we've been up to

visit our website at

<http://newhumblecg.wixsite.com/website>



Renew Your Business License

2024

The Town of Calmar requires all businesses operating within Calmar to have a valid BUSINESS LICENSE.

Invoices will go out in November. The payment due date is January 31, 2024, before penalties will be applied.

A valid business license indicates to your customers that you run a responsible business that follows the rules and regulations - including zoning, health, fire & building code, and public safety requirements. Requiring all businesses to meet minimum regulatory standards also helps create a level playing field within the business community.

To apply for your 2024 Business License, please go to calmar.ca/. To pay for your Town of Calmar Business License please drop by the Town office or call us at 780-985-3604 before January 31, 2024.

COMPANY NAME	ADDRESS	PHONE #
Ales Wine & Spirits	5001 - 50 Avenue Calmar, AB	(780)985-3334
Bank of Montreal	4902 - 50 Avenue Calmar, AB	(780)985-4727
Beads By Betty	By Appointment. Please Call	(867)872-4456
Big Wifi Inc.	By Appointment. Please call	(844)717-6237
Burger Bar	5102 - 50 Avenue Calmar, AB	(780)985-3511
Calmar ATB	4905 - 50 Avenue Calmar, AB	(780)985-2103
Calmar Bakery	4906 - 50 Avenue Calmar, AB	(780)985-3583
Calmar Big Country Auto Repair & Paint Ltd.	5005 - 42 Avenue Calmar, AB	(780)985-2590
Calmar Bottle Depot Ltd.	4912 - 50 Avenue Calmar, AB	(780)985-2155
Calmar Chiropractic Clinic	4715 - 50 Avenue Calmar, AB	(780)985-7260
Calmar Compounding Pharmacy	4741 - 50 Avenue Calmar, AB	(780)900-0222
Calmar Dental Clinic	4741 - 50 Avenue Calmar, AB	(780)985-2227
Calmar Grocery & Food Town	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Liquor Store	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Medical Clinic	4741 - 50 Avenue Calmar, AB	(780)985-3344
Calmar Petro Canada	4714 - 50 Avenue Calmar, AB	(780)282-1171
Calmar Pharmacy Ltd.	5002 - 50 Avenue Calmar, AB	(780)985-3141
Calmar Storage	5009 - 43 Avenue Calmar, AB	(780)985-2102
Calmar Subs	4725 - 50 Avenue Calmar, AB	(780)985-2726
Calmar Subway Ltd.	4725 - 50 Avenue Calmar, AB	(780)985-2282
Carson Production Services Ltd.	5001 - 42 Avenue Calmar, AB	(780)915-9148
Carter's Pilings	4424 - 50 Avenue Calmar, AB	(780)777-8404
CC's Therapeutic Massage	5310 - 52 Street Calmar, AB	(780)985-2149
Certified Spraybooths Inc.	39 Parkview Crescent Calmar, AB	(780)9853215
Chevron	5001 - 50 Avenue Calmar, AB	(780)985-7224
Clean and Simple Soap Company	5006 - 42 Avenue Calmar, AB	(780)913-0595
Cleaning with Meaning	By Appointment. Please call	(780)995-6808
Co-op Gas Bar	4613 - 50 Avenue, Calmar, AB	(780)985-4584
Country Cannabis Store	4910 - 50 Avenue Calmar, AB	(780)985-0150
Country Care Massage Therapy	5037 - 52 Street Calmar, AB	(780)239-9290
Countryside Liquor Store	5018 - 50 Avenue Calmar, AB	(780)263-0750
Countryside Vision Care	4715 - 50 Avenue Calmar, AB	(587)906-1515
Dew Drops Daycare Centre Calmar Ltd.	4917 - 50 Avenue Calmar, AB	(780)985-2818
Direct-Line Insurance Inc.	4905 - 50 Avenue Calmar, AB	(780)985-3666
Dyck Insurance Agency Ltd.	4915 - 50 Avenue, Calmar, AB	(780)985-3650
Elite Carpet Care	By Appointment. Please call	(780)985-4253

COMPANY NAME		PHONE #
Esthetics Avenue	By Appointment. Please call	(780)966-1480
Georg Fischer Urecon Ltd.	5010 - 43 Avenue, Calmar, AB	(780)985-3636
Graceful Skin Spa & Massage	44 Parkview Crescent, Calmar, AB	(587)357-5957
Grasshopper Café	4703 - 50 Avenue, Calmar, AB	(780)985-2529
Hannah, Colin and Co.	By Appointment. Please call	(780)984-3470
Hayduk Lumber & Hardware Ltd.	4736 - 50 Avenue, Calmar, AB	(780)985-2202
Haylstorm Fitness (by Hayley Pratt)	By Appointment. Please call	(780)898-5650
Income Taxes Done Right	By Appointment. Please call	(587)599-5520
Is Good Coffee Bar & More	Unit 201, 4715 - 50 Avenue	Please drop by
JMR Collective Yoga & Fitness Classes	By Appointment. Please call	(780)616-2191
Komplete Modular Solutions Ltd.,	5030 - 43 Avenue, Calmar, AB	(587)991-5015
Krisp Kleen Janitorial	By Appointment. Please call	(587)982-9510
Latmann Equipment Ltd.	5022 - 42 Avenue, Calmar, AB	(780)985-4202
Leduc Mechanical Industries Inc.	4412 - 50 Avenue, Calmar, AB	(780)985-8591
Lee's Family Restaurant	4731 - 50 Avenue, Calmar, AB	(780)985-2221
Loganberrys Antiques & Curiosities	4732 - 50 Avenue, Calmar, AB	(780)985-2553
Luz Massage Therapy	By Appointment. Please call	(780)289-7176
Maggie Moo's Ice Cream Barn	5001 - 50 Avenue, Calmar, AB	(780)619-5399
Mr. Fix It/Rhythm Mechanical	By Appointment. Please call	(780)940-8403
MWG Trucking Ltd.	5033 - 42 Avenue, Calmar, AB	(780)985-3197
New Shanghai Restaurant	5014 - 50 Avenue, Calmar, AB	(780)985-3989
Newport Manufacturing & Design Ltd.	4436 - 50 Avenue, Calmar, AB	(780)985-7000
Norpoint Sandblasting & Painting Ltd.	4420 - 50 Avenue, Calmar, AB	(780)469-6271
Paragon Wireline Services Ltd.	5021 - 42 Avenue, Calmar, AB	(780)690-6766
Platinum Home Inspections	By Appointment. Please call	(780)940-0287
Pro Eavestroughing Ltd.	By Appointment, Please call.	(780)985-3237
Rhooster Tail Hair Salon	4701 - 49 Avenue, Calmar, AB	(780)985-4588
Rise Wellness	#202, 4715 - 50 Avenue, Calmar, AB	(780)913-7718
Route 39 Public House Inc.	5010 - 50 Avenue, Calmar, AB	(780)203-4219
Segue Seniors Health Consulting Inc.	By Appointment. Please call	(587)576-3663
Silverstar Oilfield Transportation Ltd.	4301 - 52 Avenue, Calmar, AB	(780)985-8501
Skip's Sports Bar	4726 - 50 Avenue, Calmar, AB	(780)985-2089
Spreen Repair Services Ltd.	5001 - 43 Avenue, Calmar, AB	(780)985-3317
The Car Doctor	5010 - 42 Avenue, Calmar, AB	(780)886-5013
The Difference Office Services	By Appointment. Please call	(780)498-2986
The Super Patch Company Associate	4710 - 48 A Ave Calmar, AB	(780)991-0856

COMPANY NAME	ADDRESS	PHONE #
TLC Dog Grooming	By Appointment, Please call	(780)239-7065
TNT Storage	5403 - 50 Street, Calmar, AB	(780)263-0319
Vertex Resource Services Ltd.	5046 - 42 Avenue, Calmar, AB	(780)985-2213
Whatever Repairs and Services Inc	4737 - 50 Avenue, Calmar, AB	(780)995-4374
Wizard Lake Marine Inc.	4444 - 50 Avenue, Calmar, AB	(780)985-4200
Xtreme Foam Applicators Ltd.	5007 - 42 Avenue, Calmar, AB	(780)218-3626
Yesterday's Treasure Market Inc.	4904 - 50 Avenue, Calmar, AB	(780)985-2522
ZYP Art Gallery	4715 - 50 Avenue, Calmar, AB	(780)984-4114

UTILITY BILL DUE DATES

JANUARY - FEBRUARY = APRIL 6TH

MARCH - APRIL = JUNE 6TH

MAY - JUNE = AUGUST 6TH

JULY - AUGUST = OCTOBER 6TH

SEPTEMBER - OCTOBER = DECEMBER 6TH

NOVEMBER - DECEMBER = FEBRUARY 6TH

Reminder to set up your E-Billing. Go to our website calmar.ca for more details.

Or Contact Darlene at the Town Office @ 780.985.3604 Ext. 222



Merry Christmas



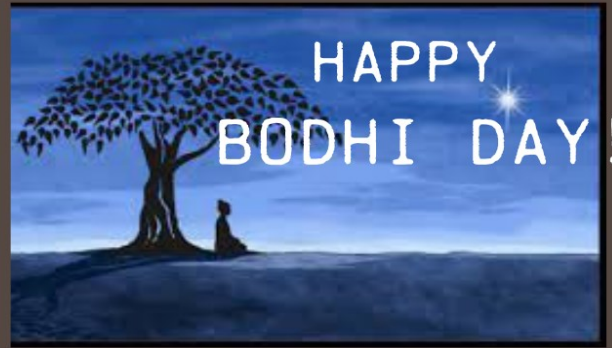
HAPPY
SAINT NICHOLAS DAY

HAPPY KWANZA



Happy
Feast Day of Our
Lady Guadalupe

HAPPY
HANUKKAH



HAPPY WINTER SOLSTICE
AND THE FESTIVAL OF YULE



and Happy New Year!

FROM THE
TOWN COUNCIL & STAFF
AT THE TOWN OF CALMAR

Community Groups are free!

NEWSLETTER
DEADLINE
15TH OF THE
MONTH!

\$100.00 Full Page
\$75.00 Half Page
\$50.00 Quarter Page
\$25.00 Business Card

Phone: 780.985.3604
Fax: 780.985.3039
email: fcss@calmar.ca

Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime through out the year! (You will need to pay up front for the months that have already passed to stay caught up.)

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank.

No missed due dates and penalties, no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather @ 780.985.3604 EXT. 232

December Council Meetings

Are on the first and third Mondays of each month.

December 4th & 18th at 6:30pm in
Council Chambers at 4901 – 50 ave.

Alternatively, you may join the meeting from your
computer, tablet or smartphone.

<https://global.gotomeeting.com/join/211016493>

You can also dial in using your phone.

(For supported devices, tap a one-touch number
below to join instantly.)

Canada: +1 (647) 497-9391

– One-touch: tel: +16474979391, 211016493#

Access Code: 211-016-493

Agenda to follow.

Public Works On Call : 780.446.7319

Public Works Shop: 780.985.2121

Community Peace Officer :

780.999.7181

Emergency : 911

TOWN OF
CALMAR

