

TOWN OF 
CALMAR

The Chronicle

MARCH 2023

YOU CAN FIND ME AT:

- CALMAR PHARMACY
- LEE'S
- WHATEVER REPAIRS
- GRASSHOPPER
- CALMAR LIBRARY
- TOWN OFFICE
- CALMAR BAKERY
- IS GOOD COFFEE

TOWN ADMINISTRATION OFFICE

4901-50 AVENUE, P.O. BOX 750, CALMAR, AB T0C 0V0


PHONE 780-985-3604

FAX 780-985-3039

WEBSITE: WWW.CALMAR.CA

EMAIL INFO@CALMAR.CA

March 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 **Seniors fitness Classes 1pm @ The Program Center Public skating 3:30-4:30pm	2 	3 Walking with grief 6:00-7:00pm @ Calmar Medical Clinic	4
5 Public skating 3:30pm-5pm	6 Regular Council Meeting @ 7pm 	7	8 **Seniors fitness Classes 1pm @ The Program Center Public skating 3:30-4:30pm	9 	10	11
12 Shiny 3:30pm-5pm Daylight Savings	13  	14	15 **Seniors fitness Classes 1pm @ The Program Center Public skating 3:30-4:30pm	16 	17 ST. PATRICKS DAY 	18
19 Public Skating 3:30-5 pm	20 Regular Council Meeting @ 7pm 	21 Music Jammers 1:00-3:00pm @ Seniors Hall	22 **Seniors fitness Classes 1pm @ The Program Center Public skating 3:30-4:30pm	23 	24	25
26 Shiny 3:30pm-5pm	27 Family paint night in Devon 6:00 -7:30pm Business Brunch 10-12pm  	28	29 **Seniors fitness Classes 1pm @ The Program Center Public skating 3:30-4:30pm	30 	31	** Seniors fitness classes are free!!



MAYORS CORNER

Daylight Savings Time.

February has come and gone. We have all survived the super cold weather that the month had for us. Council has completed most of the budget discussions and planning for the passing of our 2023 budget. Budgets season is never an easy season with the provincial government changing funding programs, downloading costs to municipalities, and asking us to do more with the same or lower funding. We continuously look for ways to find increased efficiencies while maintaining the level of service our community has grown accustomed to. The Calmar Land use Bylaw was changed twice during February to adjust for items that will allow for our business signage to be enhanced should the opportunity be needed and also to make way for the development of new 30 plus unit apartment building in Calmar.

As we begin into March, the sun will shine longer and warm the days nicely. We will all be scratching to get outside and enjoy some of the brightness and natural vitamin D. Maybe even take a stroll on the many trails around town. Some will start planning spring cleaning, spring gardens, and even spring projects. Please remember our great local stores and many local contractors as you begin your plans. Calmar has seen the addition of some increased recreation and personal wellness options at the Program Centre. Seniors Health & Wellness, Stir the Waters Fitness classes, Yoga and Music Jammers sessions are all new to our community. Stop by the town website or the town office for more information. Communities in Bloom is having it's annual general meeting and is always welcoming volunteers to help with the annual beautification of our town. The Calmar Seniors club hosted it's annual general meeting and we look forward to the great things to come for our seniors in town.

Calmar community services and our partnership with Leduc County Family Network, continues to offer many programs and services to assist families and individuals of all ages with physical, social, emotional and mental well being. We also offer volunteer tax preparation services for those that need help or support. Check out the town website or reach out to Leah MacDonald at the town office.

We would like to thank those that have come out and attended recent council meetings and who have reached out to our administration and council for clarifications and questions. We are all here to support our great community and work towards a bright future within our community. We would like to also welcome all newcomer residents and businesses who have joined our town.

Sincerely Yours

Sean Carnahan, Mayor

Calmar a great place to call home.

Ask your CAO

As we wrap up another cold-snap, I took some time to reflect on my first 6 month as Calmar's Chief Administrative Officer (CAO). Some of you may ask what a CAO is and what are the position duties? Well, CAO is simply the official name given to the Town Manager as per the Municipal Government Act (MGA). The MGA is the provincial Act that dictates what municipalities are entitled/empowered to do, and how they must go about conducting their business.

As the head of the administration, the CAO answers directly to Council. The duties of the CAO include:

- Advising Council as necessary;
- Being responsible for the administration, operation, financial management, and human resources of the Town;
- Implementing Council's decisions, policies, regulations;
- Determine the sufficiency of any petitions; and
- Various other task identified in the MGA and by Council.

Since I have started last June, I had the privilege to talk with many residents, business owners, employees, and organization representatives. There is a lot of positive going-on for the community, but I also noticed that we have some challenges.

First, I will acknowledge that the relationships between Town Hall, the residents, and the various groups/organizations of the community need some love. I have heard several times that communication and trust is lacking, that we need to be better. Message received. Team Calmar is putting considerable efforts to be more active, involved, and available. The Chronicle is one of the many ways that we are hoping to interact. You can always book an appointment with Administration and/or invite us to your event/meeting/business. We want to hear from you, your perspective on your community. We need your feedback to identify where we are doing a good job and where we need to improve.

We also know that with inflation and the cost of living rising, we need to be more efficient in our service delivery. Like you, we need to find ways to stretch the dollars as much as possible. Throughout the year, we will analyze activities and level of services to identify additional ways to create savings.

Communication-Communication-Communication! We need to find better ways to communicate with the residents. We currently use the website, Facebook, the digital sign by the arena, the Chronicle, the Devon Dispatch, and signs in the Town's office doors to inform the community. We will need to hear from you on which tools are more practical and/or preferred.

Lastly, I would like to invite any members of this community to reach out to me (phone, email, visit, text) if you have questions/feedback about Calmar and its operation. I will use the feedback/questions received to provide targeted information in future edition of the Chronicle.

Until next time,

Sylvain



Economic Development

BUSINESS UPDATE

- 1.** Our Business Breakfasts are changing to a BRUNCH! The next BUSINESS BRUNCH is scheduled for March 27th. Seating is limited so RSVP to Sandra - ASAP!
- 2.** You need to Check It Out! If your business or organization wants to sponsor any upcoming Town of Calmar events, we have opportunities for you to help you get your business name "OUT THERE" Call Sandra for the deets!
- 3.** We are looking into what grants the town can apply for to upgrade our internet services. We are asking our residents to log into the CIRA website to test your home's internet speed. Go to <https://performance.cira.ca> to test your home!

Highlight for March

The economic development team will be reaching out to our local businesses to have a monthly spotlight starting in June in our Chronical, the electronic sign, and on social media.

If you would like your company to have a spotlight, call Sandra McIntosh at the town office today!! 780-985-3604 ext. 226

For Questions or suggestions for updates,
please call Sandra McIntosh at 780-985-3604 Ext. 226

What's Happening at MARCH 2023



HOURS OF OPERATION

Monday – Tuesday – Thursday – Friday
11:00 am to 5:00 pm
Wednesday
11:00 am to 8:00 pm

FREE LIBRARY CARD



New to the community? Library card needs renewing. Not a problem! Email circulation@calmarpubliclibrary.ca or call 780.985.3472 and one of our helpful staff will be happy to assist you.

MARCH NATIONAL DAYS OF INTEREST

March 1st: National Peanut Butter Lover's Day

March 14th: National PI Day

March 22nd: National Goof Off Day

IN-HOUSE PROGRAMS

Knitting & Crochet Club

Tuesday March 7, 14, 21, and 28 @ 1:30PM – 3:00PM



This group is for all levels of experience. Wool and tools can be supplied if you are new to the craft. Don't be shy, come on down! Drop-in group

Me & You Play & Stay

Thursday March 2, 9, 16, 23, and 30 @ 10:00 am



Join us for this participant led program for 0-5 years with caregivers. Drop ins are accepted but if you know you are coming, please let us know! To register or for more information, call 780.985.3472 or circulation@calmarpubliclibrary.ca

Registration is preferred but drop-ins are welcome! To register call 780.985.3472 or email us at circulation@calmarpubliclibrary.ca

LET'S GET COOKING COOKBOOK CLUB

March 8th @ 6:00 pm (2nd Wednesday of the month)



Do you enjoy browsing through cookbooks, trying new recipes, or cooking techniques, sampling and sharing new dishes? Or are you stuck in a rut and

keep making the same dishes over-and-over again? The theme for March is Going Greek! For more information call the Library at 780.985.3472 or email circulation@calmarpubliclibrary.ca

LEGO CLUB

Wednesday, March 15th 4:00 PM – 5:00 PM – ages 6 years and up

WE HAVE LEGO! We are so excited as we now have enough LEGO to have a club! If you like building “stuff”, using your imagination and even like a little challenge this is for you! Come on down and give your skills a try!



Learn to File Income Tax Workshop

March 15 6:00 – 7:00 pm



Have you ever wondered if you could learn to prepare and file your own income tax return? This free session will assist you to gain the confidence and skills to prepare and file your 2022 income tax return. The volunteer coaches will assist you to collect all the necessary paperwork, help you create a **My CRA Account**, and walk you through the free Turbo Tax online tax filing software. To register contact Kristin at 780.955.6421 or kristin@leduc-county.com/taxes-in-person-workshop

Spring Break Activities



Button Making – March 29th 4:00 – 5:00 ages 6 and up

The Button Making Machine is here! Come on down and make your own creation or use one of our designs.



Spring Break Boredom Buster March 30th 2-4 pm ages 9 years and up

Grab a friend and come on down and play with our iPad, robotics, board, and card games, crafts, and enjoy good company. We will even break out our best crafting supplies! We have ways of keeping the

boredom at bay.

To register for a program or for more information: Call 780.985.3472 or Email circulation@calmarpubliclibrary.ca

AT HOME PROGRAMS

MARCH TAKE & MAKE KITS – first come, first served while supplies last!

Take a kit and make a craft/project at home! The kits will include supplies to make a fun craft! You may need some basic craft supplies at home (scissors, tape, glue, etc) to complete the craft.

Available March 1st

Pre-K – Dancing Ribbon Ring

Tween/Teen – Wooden Bookmarks

2023 CALMAR LIBRARY WRITING CONTEST



The Calmar Library Writing Contest is BACK!

The Library will accept submission from March 1st to April 28th at 4:00 pm. For a set of rules and regulations, contact the Library at circulation@calmarpubliclibrary.ca

or drop into the library to pick up a copy. Once again, we are so grateful for the support of the Calmar Art Society for their generosity in sponsoring the contest.

Save the date

Week of April 11th to 13th Earth Day celebration – Plant Exchange

Start your cuttings now so you are ready for the plant exchange. We will accept “healthy” plants and cuttings that are rooted in water.

April 22 - Resin Art Workshop \$100.00 per person limited spots

DID YOU KNOW?

The Library is always looking for new ideas for programs we can offer. Or if you have any knowledge or skills that you would like to share, we would like to hear from you. Drop us a line with your ideas. sparkinson@calmarpubliclibrary.ca

NEW ITEMS AT THE LIBRARY

Below are a few of the new items that we have added to our collection. Contact the library at 780.985.347 or www.calmarpubliclibrary.ca to reserve your copy today.

DVD'S/AUDIO

Black Adam

House of the Dragon Season 1

Reacher Season 1

ADULT NON-FICTION

The Krakow Ghetto Pharmacy by Tadeusz Pankiwicz

Book of Mormon Talks by Forgotten Books

Have I Told You This Already by Lauren Graham

ADULT FICTION

How to Sell a Haunted House by Grady Hendrix

Into the West by Mercedes Lackey

The House in the Pines by Ana Reyes

The Night Traveler's by Armando Lucas Correa

Queen of Myth and Monsters by Scarlett St. Clair
Age of Vice by Deepti Kapoor

YOUNG ADULT

Highly Suspicious and Unfairly Cute by Talia Hibbert
Nine Liars by Maureen Johnson
The Babysitters Club – Mary Anne’s Bad Luck Mystery
The Stolen Heir by Holly Black
A Thousand Heartbeats by Kiera Cass
Coven by Jennifer Dugan

JR. BOOKS

Wings of Fire – Moon Rising by Tui Sutherland
Meet Mary Ann Shadd by Elizabeth MacLeod
Baby-sitters Little Sister – Karen’s Birthday by Ann Martin

PICTURE/BOARD BOOKS

A Garden of Creatures by Shelia Heti
A Kid is a Kid is a Kid by Sara OLeary
Baby-sitters Little Sister Karen’s Birthday by Katy Farina
Dinosaur Dance Off by Jordan Foss
Halloween Mouse by Philip Roy
I am Everything in Between by Sydney Sunderland
Pugs Cause Traffic Jams by Jennifer McGrath

To keep up to date on information regarding the library please go to one of the resources below:

- Follow us on Facebook @ <https://www.facebook.com/calmarlibrary>
- Follow us on YouTube @ https://www.youtube.com/channel/UCU_34ttDgZU1zpV3WE5fWDA
- Go to our website @ <https://calmarpubliclibrary.ca/>
- E-mail us at: circulation@calmarpubliclibrary.ca
- Phone: 780.985.3472

Until next time....

Susan Parkinson
Director of Public Library Services



Stirring The Water Fitness

FITNESS/WELLNESS FOR MATURE ADULTS

Cassie is a certified fitness instructor with a passion to help people live their best life! For over 10 years she has led various cardiovascular and resistance-based exercise classes which led her to leading older adult, chair based, low impact exercise classes. These classes provide a safe, effective and functional way to improve balance, mobility and strength while still having fun.

Inclusive to all genders, ages, and every fitness level. Beginning with mainly seated chair exercises, eventually progress to a sit-stand combo. Resistance bands and chairs will be supplied for you.

Increasing quality of life and health as well as adding a social aspect!

Calmar Program Center
Wednesdays @ 1:00pm

For more information call
780.985.3604 or email
IMiller@Calmar.ca

Classes are Free!

FAMILY PAINT NIGHT

MARCH 27TH



6-7:30PM

SNACK+REFRESHMENTS PROVIDED

FREE BUSING FROM WARBURG TO DEVON

COME JOIN US FOR A FREE PAINT NIGHT

PICK UP FROM VILLAGE OF WARBURG OFFICE AT 5 PM-

PLEASE REGISTER WITH FCSS AT 780-848-2828

BEFORE MARCH 20TH

Bus schedule:

4:50 pm- Depart from Warburg (Village Office)

5:10- Depart from Thorsby(Artic Spa FRN Module)

5:35- Depart from Calmar(town office)

PLEASE CONTACT SHAUNA AT THE VILLAGE OF WARBURG OFFICE FOR REGISTRATION AND MORE
INFORMATION

@ 780-848-2828



CALMAR ELEMENTARY SCHOOL

Good News!

- Last month our **PTA** donated \$5300 towards the purchase of new Chromebooks for our school!
- The **BOKS** program has been keeping students busy before school. Read more about **Building Our Kids' Success** here: <https://www.bokskids.org/program/>
- **Floor hockey** has begun for boys and girls in grades 3/4 and 5/6. Good luck to all of our athletes on your upcoming games and tournaments!
- The **Empowering Girls Program** has been very popular with our older students.
- Daylight Savings begins on March 12th, so there is a **PD Day** on the 13th! Coincidentally, the 13th is also National Napping Day 😴.
- **Spring Break** is March 27-31.
- Students and staff have been recording kind deeds on strips of paper that we are turning into a **kindness chain** to adorn our hallway. Each act of kindness is recognized during our morning announcements.
- Did you know that you can collect **Boston Pizza** receipts and send them to our school? A portion of the total comes back to the school in cash. Ask for a second receipt if you need the original for your own records. Photocopied receipts will not be accepted.

Contact:

Calmar Elementary School
5402-50 Street
Calmar, AB T0C 0V0
Phone 780-985-2228

Website:

www.ces.blackgold.ca



**HAPPY
π DAY**
3-14

Now accepting registrations for Pre-K and Kindergarten.
Visit www.blackgold.ca/schools/programs
for more information

Tickets on
sale now!

HAND IN HAND HUMBLE FARM RAISER

April 15, 2023 CALMAR CURLING RINK



PROCEEDS FROM THIS EVENT WILL GO TO NHCSA
SCHOOL AND OUTDOOR PROGRAMMING INITIATIVES

Help us foster student growth through innovative academics, stewardship and agricultural literacy. Back by popular demand, this fundraiser is a 400 person event that will include a delicious dinner, live auction, silent auction, dance and more!

Event Program

Doors Open 5:00 pm
Dinner 5:45pm
Thank You's 7:00 pm
Live Auction
Dance to Follow
Late Lunch 10:30pm

TICKETS \$50

*Must be 18 or older to attend
780-985-3211
contact@newhumbleschool.ca

Purchase a Table

\$450

Reserve your table
for 8!

NHCS in partnership with School Council Presents: March 10th Literacy Event

NHCS parents and guardians are invited to an afternoon of fun literacy building activities! With guest speaker, Amanda Decker, representative of the Calmar Public Library, and a performance by Alberta cowboy poet, BJ Smith, the afternoon will leave you and your children inspired to pick up that next book!



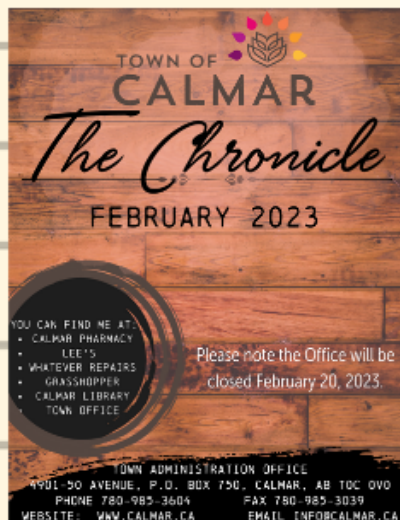
Happy
ST. PATRICK'S DAY



TOWN OF
CALMAR



The Calmar Chronicle
has gone digital



Subscribe to the Town of Calmar local news outlet and have all the latest happenings and upcoming events in the community delivered directly to your inbox, free of charge!! Simply go to www.calmar.ca and subscribe today!

TOWN OF
CALMAR





Walking with Grief

A free, four-week supportive space; INFORMATION NIGHT

Leduc County Family and Community Support Services (FCSS) and Karunia Counselling are offering a free four-week grief group in partnership with the Calmar Medical Clinic. The grief group series is planned for April 14 to May 5.

Before the grief group sessions begin, we are hosting an **information night**.

The drop-in information night will allow you to meet the facilitators and learn more about the group. **You do not need to register for the information night**, you are welcome to just drop in.

Coffee and snacks will be provided.

- ▶ **Date:** Friday, March 3
- ▶ **Time:** 6 to 7 p.m.
- ▶ **Location:** Calmar Medical Clinic lobby
- ▶ **Register:** drop-in session.

For more information, contact Kristin at **780-955-6421** or kristin@leduc-county.com.



Do you LIVE in the Town of Calmar?

WHAT IS YOUR INTERNET SPEED?

For the Town of Calmar to be eligible to apply for the Alberta Broadband Fund and get access to high-speed internet, we need to prove that our speeds are below the Federal targets of

Upload: 10 Mbps / Download: 50 Mbps

Any questions,

Please call Sandra McIntosh at 780-985-3604 ext 226

Go to

<https://performance.circa.ca>

**to calculate your internet
speed and see your dot on
the map!!**



Calmar Business Brunch

This free "Invitation Only" event
is for businesses operating in
the Town of Calmar.

Whether you are on Main Street,
in the Industrial Parks, or
Operating out of one of our
residential areas,
YOU ARE INVITED!

MONDAY, MARCH 27TH

Doors open at 10:00 am

AT THE PROGRAM CENTRE

TO GET ON THE GUEST LIST,

RSVP to Sandra McIntosh 780-985-3604 ext. 226

Communities In Bloom (CIB) AGM

**Are you interested in joining
CIB?**

Then come to the AGM and see what
we are all about!

We would love to see you there!!



Date: March 19, 2023

Time: 1:00 pm

Where: Town of Calmar,
Council Chambers

IT'S TAX TIME!

**MARCH 9TH
APPOINTMENTS BEGIN**

Interested in the income tax program? Reach out to Leah at the Town office @ [780.985.3604](tel:780.985.3604) EXT 233.

Intakes are now open! You can come in to the office during the new FCSS open hours, Or phone and speak with Leah to complete the intake form.

FCSS Hours

Monday - 9:00 - 4:30 pm

Wednesday - 9:00 - 4:30 pm

Friday - 9:00 - 4:30 pm

Closed daily for lunch 12:30 - 1:00 pm

 **FREE HELP**

For low income individuals, families, students & seniors. The Volunteer Income Tax Program is done by appointments only - starting March 9th. The Volunteer Program does not complete returns with income from : Self-employed individuals - Capital Gains / or losses. - Fishing Income - Farming income - Bankruptcies - Deceased Persons - Interest over \$1000 - Individuals who report employment expenses or individuals who report business or rental income and expenses.

FOR SALE

14 acres R3 development land
Utilities available at lot line
75 Westview Crescent Reduced to \$1,750,000

Gerald Tostowaryk – Century 21 Urban Realty
780.887.3709 gerald.tostowaryk@c21.ca



Community Groups are free!

NEWSLETTER
DEADLINE
15TH OF THE
MONTH!

\$100.00 Full Page
\$75.00 Half Page
\$50.00 Quarter Page
\$25.00 Business Card

Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime through out the year! (You will need to pay up front for the months that have already passed to stay caught up.)


All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank. No missed due dates and penalties, no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather @ 780.985..3604 EXT. 232

Public Works On Call : 780.446.7319
Public Works Shop: 780.985.2121
Community Peace Officer :
780.999.7181
Emergency : 911

Phone: 780.985.3604 ext.233 Fax:
780.985.3039
Email: lmacdonald@calmar.ca

 **Calmar Pharmacy Ltd**

Family owned and operated since 1977

5002 - 50 Ave, Calmar AB T0C 0V0
Front Store: 780.985.3142
Pharmacy: 780.985.3121
Website: www.calmarpharmacy.com

Hours of Operation

Monday-Friday	9:00AM-7:00PM
Saturday	9:00AM-5:00PM
Sundays & Holidays:	11:00AM-5:00PM

 **THE DIFFERENCE**
Office Services

Alice Hager
780-498-2986
thediff2@telus.net

Specializing in:
**Bookkeeping and
Personal Income Tax**

Laser Printing - Black & White or Color
Photocopy, Scanning, Faxing

