



TOWN OF
CALMAR

The Chronicle

FEBRUARY 2023

YOU CAN FIND ME AT:

- CALMAR PHARMACY
- LEE'S
- WHATEVER REPAIRS
- GRASSHOPPER
- CALMAR LIBRARY
- TOWN OFFICE

Please note the Office will be
closed for Family Day,
February 20, 2023.

TOWN ADMINISTRATION OFFICE

4901-50 AVENUE, P.O. BOX 750, CALMAR, AB T0C 0V0

PHONE 780-985-3604

FAX 780-985-3039

WEBSITE: WWW.CALMAR.CA

EMAIL INFO@CALMAR.CA

February 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Seniors fitness Classes 1pm @ The Program Center	2 **Functional fitness class— Program Centre @7pm ** 	3	4
5 Shinny 3:30pm-5pm	6 Town Utility bills are due Council Meeting  **7:00pm-9pm Kickboxing Prog. C. @ 7pm	7	8 Seniors fitness Classes 1pm @ The Program Center	9 **Kickboxing fitness class Program Center @ 7pm ** 	10	11 Winter try it festival—Wizard lake (day use area) 11am-3pm
12 Public Skating 3:30pm-5pm	13 **Circuit fitness class Program Center @7pm**  	14 Valentines Day 	15 Seniors fitness Classes 1pm @ The Program Center	16 **Circuit fitness class Program Center @7pm** 	17	18
19 Public Skating 3:30-5 pm Balanced Flow Yoga 7-8:30pm \$12	20 Family Day Office is Closed **Kettlebell fitness Prog.C.@7pm** 	21 Council Meeting 7:00pm-9:00pm	22 Seniors fitness Classes 1pm @ The Program Center	23 **Kettlebell fitness class Prog.C.@7pm** 	24	25
26 Shinny 3:30pm-5pm Balanced Flow Yoga 7- 8:30pm \$12	27  	28		** Fitness Classes — \$15 drop in fee. Located at Program Center**		



MAYORS CORNER

Romance, Family or Finance

Dear February, thank you for reminding us that love is always with us

Here we are 31 days of 2023 already behind us, wow time flies. January saw great weather for what can be a very cold month. Thank you to all residents who continued to keep sidewalks cleared and to all people for adhering to the parking requirements during our snow removal on the streets. This allowed us to successfully clean the roads and make the town easier to get around in.

In January Council had the first reading of 2 land use Bylaw adjustments and information has been posted for all that want to review. There will be 2 public hearings on February 6, 2023 to hear from those that want to have input into these changes. We look forward to the public input, please check with the Town administration on how to present if you would like to.

The Town, through the efforts of our Recreation Department has added some new activities and programs at our local Program Center (Scout's hall, please check out social media and our website for more information). These additions are in response to our communities request for more activities in town, lets support them and use the new additions to our community.

February has a number of items with the month. February 14th - Valentines Day. Please cherish the loved ones in your life and celebrate the love for one and another. (There are those who have lost loved ones that will tell you to cherish every moment you have, as you don't know when it will end). February 20th - Family Day. A day created to spend with family. This is a great time to shake off the winter blues and adventure outside with your family and enjoy any type of activity, from skating, tobogganing, or even just a good ole fashion weiner roast. The final item of February is RRSP season. Saving for our future retirement is an important thing for all of us as the time sneaks up on most people before they have had time to properly plan for it. Check out your banks or even research private investment advice as the end of February sneaks up quickly (RRSP deadline march 1, 2023).

Sincerely Yours

Sean Carnahan, Mayor

Calmar a great place to call home.

What's Happening at FEBRUARY 2023



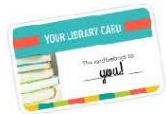
HOURS OF OPERATION

Monday – Tuesday – Thursday – Friday
11:00 am to 5:00 pm
Wednesday
11:00 am to 8:00 pm

LIBRARY CLOSED

Monday, February 20th for Family Day.

FREE LIBRARY CARD



New to the community? Library card needs renewing. Not a problem! Email circulation@calmarpubliclibrary.ca or call 780.985.3472 and one of our helpful staff will be happy to assist you.

FEBRUARY NATIONAL DAYS OF INTEREST

Here are some of the recognized national days for January we found interesting:

February 4th: National Wear Red Day

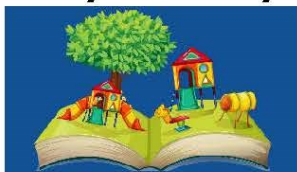
February 9th: National Pizza Day

February 26th: National Tell a Fairy Tale Day

IN-HOUSE PROGRAMS

Me & You Story Time

Every Thursday February 2, 9, 16 and 23 @ 10:00 am



Join us for stories, songs and fun the whole family can enjoy. This program is for 0-5 years with caregivers. Drop ins are accepted but if you know you are coming, please let us know! To register or for more information, call 780.985.3472 or circulation@calmarpubliclibrary.ca

LEGO CLUB

Wednesday, February 8TH 4:00 PM – 5:00 PM

WE HAVE LEGO! We are so excited as we now have enough LEGO to have a club! If you like building "stuff", using your imagination and even like a little challenges this is for you! Come on down and give your skills a try! Registration is preferred but drop-ins are welcome! To register call 780.985.3472 or email us at circulation@calmarpubliclibrary.ca

"CRETACEOUS CRUSADE" ESCAPE ROOM

Tuesday, February 21st – 1:00pm to 4:00pm (last time slot starts at 4:00pm)

Friday, February 24th – 1:30pm to 7:00pm (last time slot starts at 7:00pm)



30 years ago, dinosaurs were brought back from extinction. All attempts to showcase these incredible creatures were unsuccessful, and the dinosaurs were left to their own devices on an isolated island in the Pacific. Unfortunately, the island was a volcano, and an eruption two years ago wiped everything out. Or so the world thought.... Palaeontologists and wildlife conservationists have found proof that the island's lab may have survived the explosion, and they've hired you to retrieve the dinosaur DNA. But you're not the only ones hunting for it – or being hunted. Can you find the DNA before the competition beats you to it? Or worse, you become a hungry carnivore's next meal?

To Participate: Contact the library @ 780.985.3472 to reserve a time slot for your team (max 4 people). You will have 25 minutes to try and find the DNA!

LET'S GET COOKING COOKBOOK CLUB

February 8TH @ 6:00 pm - second Wednesday of the month



Do you enjoy browsing through cookbooks, trying new recipes, or cooking techniques, sampling and sharing new dishes? Or are you stuck in a rut and keep making the same dishes over-and-over again? February's theme is Finger Food! For more information call the Library at 780.985.3472 or email circulation@calmarpubliclibrary.ca

To register for a program: Call 780.985.3472 or Email circulation@calmarpubliclibrary.ca

AT HOME PROGRAMS

FEBRUARY TAKE & MAKE KITS – first come, first served while supplies last!

Take a kit and make a craft/project at home! The kits will include supplies to make a fun craft! You may need some basic craft supplies at home (scissors, tape, glue, etc) to complete the craft. February kits are available for pickup February 1st, 2023. We are going to try first come, first served pickup as in the past patrons would reserve kits and then not pick them up.

Available February 1st

Pre-K – Bird Feeder

Tween/Teen – Lace Doily Bowl

PINK SHIRT DAY

February 22nd



Pink Shirt Day or Anti-Bullying Day was started in Canada in 2007 and is now an annual event held in over 110 countries. Bullying is a major problem in our schools, workplaces, homes and online. Wear your pink shirt to show your support, we will be wearing ours! If you would like to send us a picture of you in your pink shirt, we would love to put it on our Facebook page. Send your pictures to circulation@calmarpubliclibrary.ca

FREEDOM TO READ WEEK 2023

February 19th to 25th



Freedom to Read Week is an opportunity for Canadians to think about and reiterate their commitment to intellectual freedom, which is guaranteed under the Charter of Rights and Freedoms. Help spread the word about Freedom to Read Week by posting on your Facebook, Twitter or Instagram account from [here](#).

FRIENDS OF THE CALMAR LIBRARY

The Friends of the Library is a charitable non-profit organization of volunteers who fundraise and advocate to support our library.

Friends of the Library are library lovers who believe that a strong and vibrant Library is a vital part of our community.

The Friends are looking for you! If you are interested in supporting your library, contact Susan at sparkinson@calmarpubliclibrary.ca



DID YOU KNOW?

The Library is always looking for new ideas for programs we can offer. Or if you have knowledge/skill you would like to share, we would like to hear from you. Drop us a line if you would like to help out or have an idea. sparkinson@calmarpubliclibrary.ca

SAY GOODBYE TO OVERDRIVE!

Attention, OverDrive app users! OverDrive is discontinuing the OverDrive app in early 2023 and transitioning users to the Libby app. Libby app is OverDrive's newer app for browsing and enjoying digital content from our Library. It's time to give Libby a try! All your loans, holds, and wish list items will be waiting for you in Libby when you add your library card. To learn more about this change contact the Library.

NEW ITEMS AT THE LIBRARY

Below are a few of the new items that we have added to our collection. Contact the library at 780.985.347 or www.calmarpubliclibrary.ca to reserve your copy today.

DVD'S/AUDIO

The Good House

The Invitation

Thor Love and Thunder

Magpie Murders #1

ADULT NON-FICTION

Missing From Me by Heather Shtuka
Needle Felting for Beginners by Roz Dace
Making Fairy Folk by Steffi Stern
Cocktail Chemistry by Nick Fisher
Wise Gals by Nathalia Holt
Spare by Prince Harry

ADULT FICTION

The Call of the Wrens by Jenni L. Walsh
A Light in the Flame by Jennifer Armentrout
Exes & O's by Amy Lea
A World of Curiosities by Louise Penny

LARGE PRINT

It Starts with Us by Colleen Hoover

YOUNG ADULT

Five Survive by Holly Jackson

JR. BOOKS

Paws – Mindy Makes Some Space by Michele Assarasakorn (Graphic Novel)
Cat Kid Comic Club Collaboration by Dav Pilkey

PICTURE/BOARD BOOKS

Being a Good Teammate by Katie Peters
Losing Well by Katie Peters
Winning Well by Katie Peters
Sloths by Laura Buller
Meet the Quokkas by Caryn Jenner
Dinosaurs Discovered by Dean Lomax
Rainforest Animals by Caryn Jenner
Super Facts for Super Kids: snakes by Thea Feldman
Super Facts for Super Kids: Alligators by Thea Feldman

SAVE THE DATE

BUTTON MAKER coming in March! Watch our webpage and Facebook for more information.

To keep up to date on information regarding the library please go to one of the resources below:

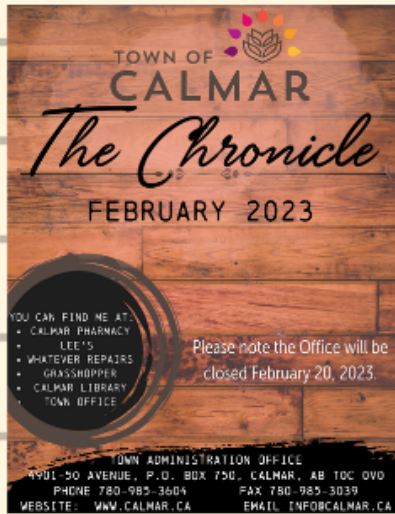
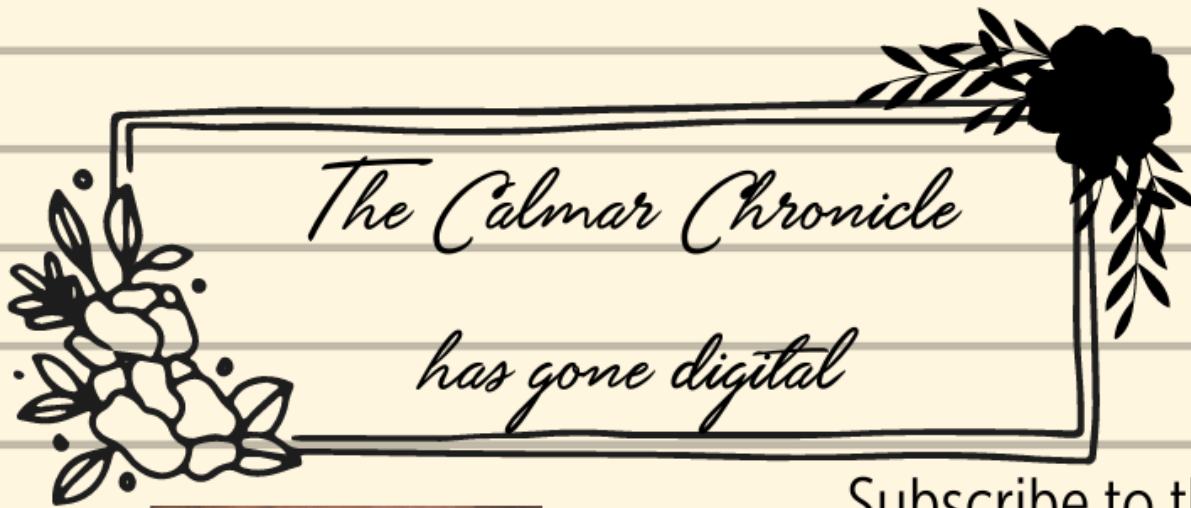
- Follow us on Facebook @ <https://www.facebook.com/calmarlibrary>
- Follow us on YouTube @ https://www.youtube.com/channel/UCU_34ttDgZU1zpV3WE5fWDA

- Go to our website @ <https://calmarpubliclibrary.ca/>
- E-mail us at: circulation@calmarpubliclibrary.ca
- Phone: 780.985.3472

Until next time....

Susan Parkinson

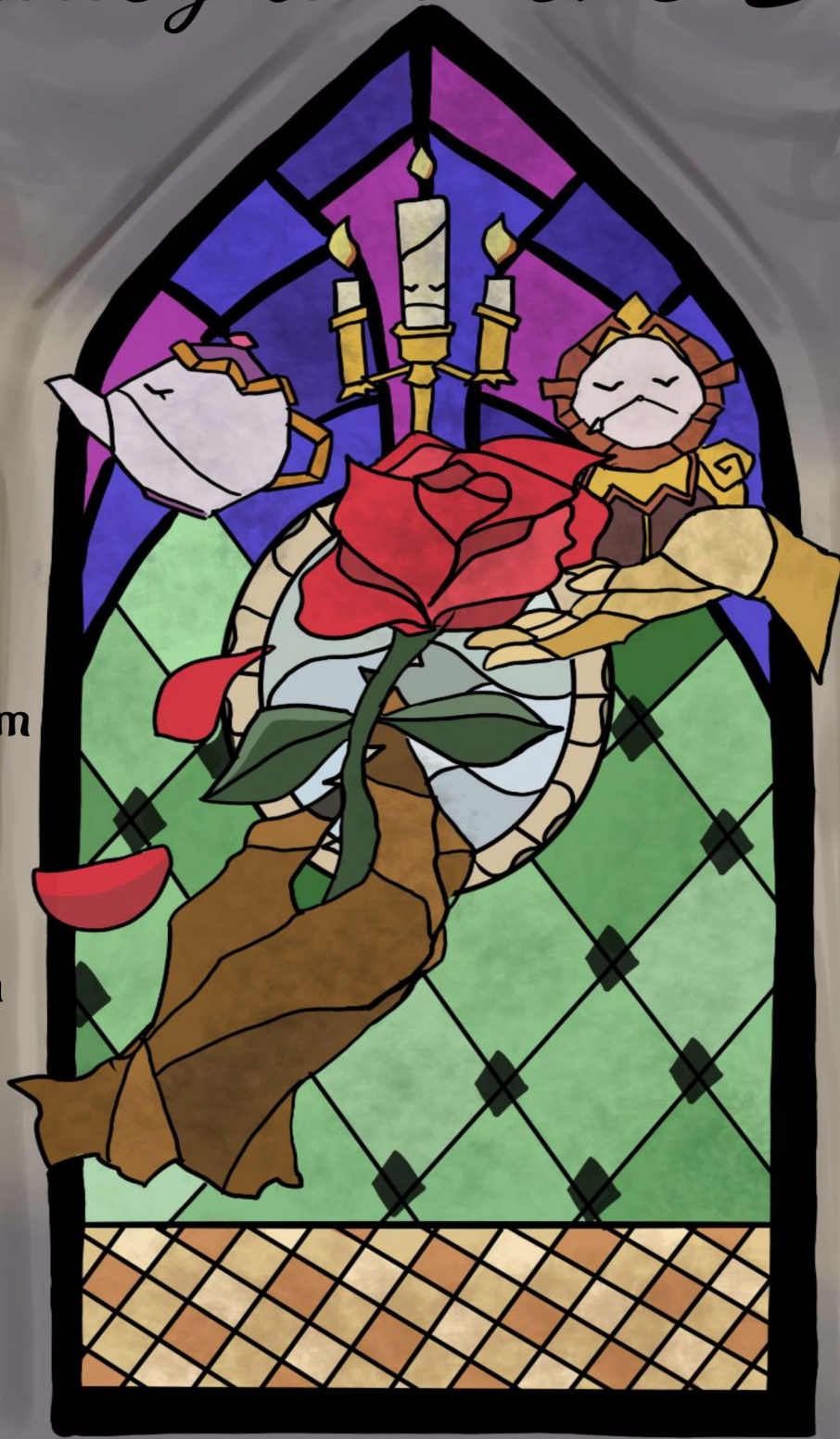
Director of Public Library Services



Subscribe to the Town of Calmar local news outlet and have all the latest happenings and upcoming events in the community delivered directly to your inbox, free of charge!! Simply go to www.calmar.ca and subscribe today!



Disney's **The Calmar Secondary School Production of**
Beauty and the Beast



February
8 at 11 am
\$10

February
9 & 10 at 7 pm
\$18

Tickets
available at
ticketpro.ca

At The
MacLab
Centre for the
Performing
Arts in Leduc,
Alberta



Music by
**Alan
Menken**

Lyrics by
**Howard Ashman
& Tim Rice**

Book by
**Linda
Woolverton**

DISNEY'S BEAUTY AND THE BEAST Is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. www.mtishows.com

Economic Development

BUSINESS UPDATE

1.

Our second Business Breakfast was a great success. We have such a wonderful business community! We are looking forward to the next one in March!

2.

If you missed the Jan 14th Grand Opening of TMP Collective. There are many vendors selling in one space where you can find just about anything you want. You need to Check It Out!

3.

Lots of changes going on at the Town office. We are planning the events for 2023! It's going to be an exciting year! If you would like to volunteer for any of our upcoming events, give us a call! We are going to have some great benefits to being a volunteer in Calmar!

Highlight for February

Do you book your Company Christmas Party early in the year? Consider joining the Town of Calmar in a Christmas Gala. Call Sandra McIntosh for details!!

**For Questions or suggestions for updates,
please call Sandra McIntosh at 780-985-3604 Ext. 226**



BUSINESS LICENSING
Is Ready

Invoices have been emailed
to every business!



IF YOU HAVE NOT RECEIVED YOUR EMAIL,
OR IF YOU HAVE QUESTIONS, PLEASE
CALL SANDRA MCINTOSH AT
780-985-3604 EXT. 226





Stirring The Water Fitness

FITNESS/WELLNESS FOR MATURE ADULTS

Cassie is a certified fitness instructor with a passion to help people live their best life! For over 10 years she has led various cardiovascular and resistance-based exercise classes which led her to leading older adult, chair based, low impact exercise classes. These classes provide a safe, effective and functional way to improve balance, mobility and strength while still having fun.

Inclusive to all genders, ages, and every fitness level. Beginning with mainly seated chair exercises, eventually progress to a sit-stand combo. Resistance bands and chairs will be supplied for you.

Increasing quality of life and health as well as adding a social aspect!

Calmar Program Center
Wednesdays @ 1:00pm

For more information call
780.985.3604 or email
IMiller@Calmar.ca

Classes are Free!



STIRRING THE WATERS FITNESS

**SIX WEEKS
12 CLASSES**

**JANUARY 30 + FEB 2ND - FUNCTIONAL
FEBRUARY 6 + 9 - KICKBOXING
FEBRUARY 13 + 16 - CIRCUIT
FEBRUARY 20 + 23 - KETTLEBELL**

DROP IN TO A CLASS - \$15.00

Program Center

TOWN OF
CALMAR



NEW HUMBLE COMMUNITY SCHOOL

A PUBLIC CHARTER SCHOOL



WE WANT TO SAY

THANK YOU

STUDENTS AND STAFF AT NEW HUMBLE COMMUNITY SCHOOL BENEFIT FROM THE DEDICATION AND SUPPORT OF VOLUNTEERS, FUNDRAISERS, PARENTS, DONORS AND OTHER ADVOCATES!

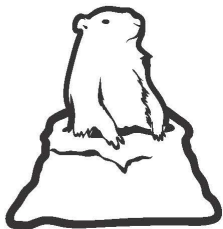
TO ALL OF YOU, THE NHCS COMMUNITY, WE THANK YOU!



Happy Groundhog Day

February 2, 2023

Shadow or no, spring is right around the corner!



6 tips to help teachers and parents **embrace spring fever**

06 TIPS FOR SPRING FEVER

01

GO OUTSIDE

Take the learning outside.

02

HANDS ON

Let them make something.

03

INTERACTION

Let them work together.

04

ACTIVITIES & MOVEMENT

Daily

05

PAINT & PLAYDOUGH

Let them create.

06

BRAIN BREAKS

Let them pause and reset.

CALMAR ELEMENTARY SCHOOL

Did you know?

- CES is a Pre-K to Grade 6 inclusive school with 250 students and 25 staff members
- Our school mascot is a stingray
- Students attend weekly Character Education assemblies
- Black Gold School Division provides classroom and after school wellness support programs
- Calmar School PTA has raised enough funds to purchase an additional playground structure
- Each of our 14 classrooms have Viewboard or Smartboard technology
- Our library has thousands of books and classroom resources for students and teachers.
- Our Google Chromebook ratio is 1:2 students
- CES has a breakfast program
- Volunteers organize weekly hot lunch and popcorn sales
- We have a recycle squad
- Spelling champs compete at the BGSD Spelling Bee Competition
- Older students have the option to participate in various team and individual sports: cross-country track, volleyball, basketball, floor hockey, curling, high jump, track & field
- Our track & field athletes attend the annual District Track Meet
- We host our own Terry Fox Walk/run each fall for students and their families
- Staff and students participate in Jump Rope for Health



Contact:

Calmar Elementary School
5402-50 Street
Calmar, AB TOC OVO
Phone 780-985-2228

Website:

www.ces.blackgold.ca



Kindergarten registration opens January 9th.
Pre-Kindergarten registration opens February 1st.
Visit www.blackgold.ca/schools/programs
for more information



Happy Family Day!

“Have a wonderful and safe time spent with your loved ones.”



TOWN OF
CALMAR



NEW HOURS FOR FCSS

MONDAY 9:00-4:30PM

WEDNESDAY 9:00-4:30PM

FRIDAY 9:00-4:30PM

Closed daily for lunch 12:30-1:00pm

If you need support and assistance please don't
hesitate to give Leah a call @ 780.985.3604 EXT 233 to
schedule an appointment.

IT'S TAX TIME!

FCSS Hours

Monday - 9:00 - 4:30 pm

Wednesday - 9:00 - 4:30 pm

Friday - 9:00 - 4:30 pm

Closed daily for lunch 12:30 - 1:00 pm

MARCH 6TH APPOINTMENTS BEGIN

Interested in the income tax program? Reach out to Leah at the Town office @ 780.985.3604 EXT 233.

Intakes opens February 20th! You can come in to the office during the new FCSS open hours, Or phone and speak with Leah to complete the intake form.



FREE HELP

For low income individuals, families, students & seniors. The Volunteer Income Tax Program is done by appointments only - starting March 6th. The Volunteer Program does not complete returns with income from : Self-employed individuals - Capital Gains / or losses. - Fishing Income - Farming income - Bankruptcies - Deceased Persons - Interest over \$1000 - Individuals who report employment expenses or individuals who report business or rental income and expenses.

UTILITY E-BILLING REGISTRATION

The Town of Calmar is now offering a free utility e-Billing option to customers with utility billing accounts. With this service customers can opt out of receiving a paper bill through the mail and instead elect to receive a utility bill notification via e-mail.

To get started, simply fill out and return the authorization form at the bottom of this page or email to dparchoma@calmar.ca with your full name(s), civic address(es) and account number(s). Customers may sign up more than one utility billing account for e-Billing.

Choosing to sign up for e-Billing will not affect the way you pay your utility bills. Customers will continue to have the following options for payment: Cash, Cheque, Debit, Online/Telephone Banking, and Pre-Authorized Debit.

If you decide to stop the e-Billing Notification service, simply e-mail your request to: dparchoma@calmar.ca or contact the Utility Billing Department at 780.985.3604 Ext 222.

PLEASE NOTE:

If you change your email address you will be responsible for contacting the Utility Billing Department with your new information. Non-receipt of your e-bill is not justification for late payment and penalties will apply, as well as standard non-payment procedures as per the Utility Rates Bylaws.

All bi-monthly billings will be electronically delivered to the email address you provide on the first week of Jan, Mar, May, July, Sept, and Nov. If you do not receive your e-bill by these dates or have further questions about utility e-billing, please contact the Utility Billing Department at 780.985.3604 Ext 222

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This information is being collected in accordance with section 3 of the Municipal Government Act and section 33 (c) of FOIP for the implementation of the Town of Calmar utility e-billing project and to maintain customer contacts for the Town of Calmar. To protect your privacy this information will not be shared, traded or sold or used for any purpose other than that described above and is protected by the Freedom of Information and Protection of Privacy Act. The Town of Calmar FOIP Coordinator can be reached at slosier@calmar.ca or by phone at 780.985.3604 Ext 229.

Name: _____ Utility Account #: _____

Civic Address: _____
Unit/ House Number Street Municipality

Mailing Address: _____
Unit/ PO Box # Street Municipality Postal Code

Email Address: _____ Phone Number: _____

Signature: _____ Date: _____ Customer ID: _____
Office use only



T 780.985.3604 F 780.985.3039 PO Box 750 Calmar, AB T0C 0V0

Calmar.ca

Community Groups are free!

**YOUR
ADD
HERE!**

\$100.00 Full Page
\$75.00 Half Page
\$50.00 Quarter Page
\$25.00 Business Card

**NEWSLETTER
DEADLINE
15TH OF THE
MONTH!**

Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts.

You can sign up anytime through out the year! (You will need to pay up front for the months that have already passed to stay caught up.)


All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit form from your bank. No missed due dates and penalties, no need to renew every year. Just an automatic withdrawal from your account once a month.

The payment is calculated based on your most current levy.

If you are interested in joining, contact Heather @ 780.985.3604 EXT. 232

Public Works On Call : 780.446.7319
Public Works Shop: 780.985.2121
Community Peace Officer :
780.999.7181
Emergency : 911

Phone: 780.985.3604 ext.233 Fax:
780.985.3039
Email: lmacdonald@calmar.ca

 **Calmar Pharmacy Ltd**

Family owned and operated since 1977

5002 - 50 Ave, Calmar AB T0C 0V0
Front Store: 780.985.3142
Pharmacy: 780.985.3121
Website: www.calmarpharmacy.com

Hours of Operation

Monday-Friday	9:00AM-7:00PM
Saturday	9:00AM-5:00PM
Sundays & Holidays:	11:00AM-5:00PM

 **The Difference**
Office Services

Alice Hager
780-498-2986
thediff2@telus.net

Specializing in:

**Bookkeeping and
Personal Income Tax**

Laser Printing - Black & White or Color
Photocopy, Scanning, Faxing



TOWN OF
CALMAR

