

Calmar Chronicle

March 2014



HELLO



SPRING



COBRAS SHOW THEIR TRUE COLOURS!

In an amazing show of support, the Calmar Cobras Midget Team, which includes players from Breton, Calmar and Warburg, have decided that they would spruce up their hockey gear with PINK to show their support for two of the team families dealing with cancer.

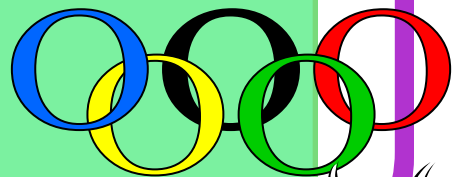
The idea was brought forward by the Players, ages 15 - 17. They will be sporting pink and dedicating the rest of their season and playoffs to them!

Our thoughts are with the families and we wish the Midgets a successful Season!



Special points of interest:


- ◆ WAY TO GO MIDGET COBRAS!
- ◆ Calmar Secondary School!
- ◆ Open Access Youth Club!
- ◆ Calmar Senior's Centre!
- ◆ Volunteer Income Tax Program
- ◆ Communities in Bloom !
- ◆ Calmar Legion!
- ◆ Calmar Prairie Players!
- ◆ Comments from the Mayor!
- ◆ New Humble Centre



Olympics!



CALMAR FAS GAS
 CONVENIENCE STORE - LIQUOR STORE - CARWASH



Darrin & Kathy Mills
 5001 - 50 Ave. P.O. Box 1200
 Calmar, AB. T0C 0V0
 email - dkmills_123@hotmail.com

Conv. Store 780-985-7224
 Liquor Store 780-985-3334
 Fax 780-985-3334

LITRE LOG

BUY MORE GAS. GET MORE CASH.

www.Devon Outgrown
It SALE.ca

April 5, 2014
 11 am to 3 pm
Devon Community Centre
www.devonoutgrownitsale.ca

Come Experience the Devon Outgrown it Sale, and find great deals on new and gently-used maternity, baby, toddler and children's clothes, toys, strollers, books, games, etc. (ages 0 - 12). This great, one-stop shopping experience includes local children/maternity -focused businesses and family resource agencies. Don't miss out on a chance to win one of many door prizes, and be one of the first 100 Shoppers to get a Grab Bag! While you are here, grab a hot lunch from out concession (operated by the Holy Spirit Catholic School Fundraising Committee). Admission is only \$2 per adult (children and vendors are free) - 50% of admission proceeds are donated to charity. Bring the entire family to our bi-annual Sale event!
www.devonoutgrownitsale.ca

Hours:
 Wed. Thurs.
 Fri. 10 - 6
 Sat. 10 - 3

Hair I am
 by
Michele
 Your Personal Stylist

4741 - 50 Avenue
 Calmar AB
 780.985.2266



BINGO
 WEDNESDAY NIGHTS

CALMAR 7:00 PM!


LEGION



CASTINE CANINES
 Dog Grooming



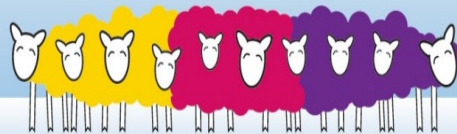
TRACY HAYDUK
 Professional Pet Stylist
 Box 603
 Calmar AB T0C 0V0

dtrcastine@yahoo.ca
 780-919-3371

4-1/4 Miles West of Calmar on Highway 39

 [facebook](https://www.facebook.com/castinecanines)

MEMBERSHEEP
 BE A PART OF THE FLOCK.



The Town of Calmar Recreation Board is continually looking for members! If you are looking to volunteer in our community, you can become a part of the events the Town coordinates!

For More Information contact Cory Jones at cjones@calmar.ca or 780.985.3604 ext. 224

Open Access Youth Club

NOT JUST A PLACE TO BE... A PLACE TO BELONG!

THE MUSIC CAFE

Movie Nights

BECOME A MEMBER - IT'S FREE

AND YOU CAN TAKE PART IN SPECIAL EVENTS AND OFFERINGS!



Thursday Nights
7:00 - 9:00 pm

- ◆ Live Music
- ◆ Open Mike Nights
- ◆ Jam Sessions
- ◆ Karaoke Nights

HOURS OF OPERATION

Mondays:

3:00pm - 5:30pm

Tuesdays and Thursdays:

3:00pm - 5:30pm

7:00pm - 9:00pm

Wednesdays:

3:00pm - 5:30pm

(2:30 on early dismissal days)

Fridays:

3:00pm - 5:30pm

7:00pm - 9:30pm

musicians wanted
thursday nights



AIR HOCKEY

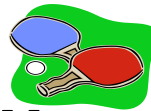


table tennis



guitar lessons

Donations Needed

- ◆ Vacuum
- ◆ Bookshelves
- ◆ Youth books
- ◆ Artificial trees/plants
- ◆ Storage Containers
- ◆ DVD Player
- ◆ SNACKS
- ◆ Art Supplies

Members Potlucks



BOARD GAMES
SHUFFLEBOARD



Facebook: Open Access Youth Club
Parents of Calmar Youth
Twitter: @CalmarYouth
Instagram: Open Access Youth Club
E-Mail: OpenAccessYouthClub@gmail.com
Youth/Young Adult Pastor and Director:
Shannon Huhtala 780-906-2412

Free Snacks



GAMER NIGHTS

pool..

CREATE!
Art at the Club

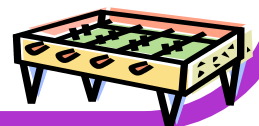


Snack Bar Open
Low Prices!



FEB 28
MEMBERS
ONLY
POTLUCK

Foosball



Announcement



Great News for Calmar Secondary School

Diana McQueen, MLA Drayton Valley/Calmar, made an announcement, January 24, 2014 at the Calmar Secondary School that the school would be part of the Government of Alberta initiative to build and modernize 120 schools throughout the province.. “School modernization and renewal is a great example of our government’s Building Alberta Plan and its responsible, strategic focus. Making the best use of existing space and investing wisely ensures our Calmar and area students benefit from having the most modern, up-to-date facility possible.”

Sean Flanagan, the school principal stated “We are very excited, this modernization announcement has energized our school community and we are excited for the future of Calmar Secondary School”.

We will keep our residents updated as more information comes available!





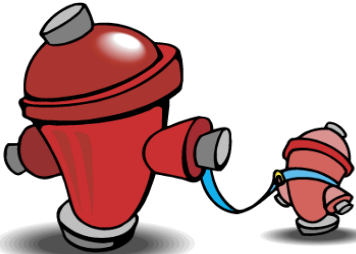
Pink Shirt Day Coming up Wednesday, Feb 26, 2014




Mark your calendars for **Wednesday, February 26, 2014** for the Seventh Annual Pink Shirt Anti-Bullying Day.

For 2014, Boys & Girls Clubs, schools, businesses, organizations and individuals across Canada will be participating in Pink Shirt Day and we anticipate adding more partners to make this the biggest anti-bullying awareness day in North America – if not the world!





**Details Coming Soon
for the Fire Department's
ADOPT-A-HYDRANT
Campaign!**



The Pampered Chef

Call Deenice Gibb
780-777-8642
To Book your
Pampered Chef
Party Today!

Calmar Pharmacy Ltd.

5002-50 Ave, Calmar, AB T0C 0V0
Front Store: (780) 985-3142
Pharmacy: (780) 985-3121

MARCH IS PHARMACIST AWARENESS MONTH!

The Pharmacist is In -

Did you know that Alberta pharmacists offer many more services than just dispensing medications? Pharmacists are medication experts and are the most accessible healthcare provider in your healthcare system. At Calmar Pharmacy Ltd. We offer a number of additional valuable services, including:

- ◆ Medication reviews
- ◆ Chronic disease counseling
- ◆ Help with smoking cessation
- ◆ Vaccinations
- ◆ Blister packing
- ◆ Home healthcare products (AADL approved vendor)
- ◆ Additional prescribing authorization
- ◆ Weekly delivery services

We invite you to come in and meet Sonia, the new addition to our pharmacy team, and explore how our pharmacists can work with you!

Hours of Operation
Mon - Sat 9:00 am to 7:00 pm
Sun & Holidays 11:00 am to 5:00 pm
Family owned and operated since 1977





New Humble Centre Parents Group
 Box 925
 Calmar, Alberta T0C 0V0
 780-985-3670 (Ph), 780-721-3445 (Cell)
 E-mail: rgmesser@xplornet.com



January 30, 2014

YES, I WANT TO SUPPORT THE NEW HUMBLE NEW PLAYGROUND PROJECT!

SPONSORSHIP OPPORTUNITIES

- TITANIUM \$7,500 +
- DIAMOND \$5,000 +
- PLATINUM \$2,500+
- GOLD \$1,000 +
- SILVER \$500+
- BRONZE \$100+
- DONATION IN-KIND Description: _____

Proposed Structure



First Name _____

Last Name _____

Company Name _____

Address _____

City _____

Province _____ Postal Code _____

Phone Number: _____ E-mail: _____

Please make your cheque payable to *New Humble Centre Parents Group* and return it with this form to: New Humble Centre Parents Group as per the above address.

Please Note: We will be happy to pick up your sponsorship.

Official receipt for the full amount of all sponsorships are available upon request

I require a receipt (please mark box if you would like us to send you a receipt)

If you are interested in sponsorship or would like more information or if you have another way your organization would like to make a contribution, please contact Giselle Messer at 780-721-3445 or e-mail: rgmesser@xplornet.com.



Congratulations!

New Humble New Playground!

New Humble Centre School New Playground Revitalization

The students at New Humble Centre School are closer to realizing that the dream of their new playground isn't that far off, thanks to a \$37,500.00 grant from the Alberta Government. On January 24, 2014, Drayton Valley-Devon MLA, the Honorable Diana McQueen presented a cheque to the New Humble Centre Parents Group at the school with students, staff, parents and a few special guests in attendance.

"this is a project milestone we have all been working towards," commented Giselle Messer, President of the New Humble Centre Parents Group, adding that this new playground will give the kids a safe and fun place to play and families of the community a place to gather.

New school Principal Bernadette Hawkins stated, "It is going to be wonderful to see our students out there with a safe and modern playground to play on. It will help us to promote play-based learning, physical activity and healthy lifestyles."

The push for a new playground was started back in 2011 after an inspection of the current 20+ year old wooden structure deemed it unsafe. What the group didn't realize at that time was the significant cost involved in the purchase and installation of the new structure. This grant will put the group closer to the total figure needed for the playground project which is estimated to be around \$140,000.

"The community support has been amazing," added Messer.

The fundraising has been ongoing for just over two years and the group continues to seek other avenues to acquire the necessary funding.

Messer encourages anyone interested in donating towards the playground project to contact her at 780-721-3445 or by email at rgmesser@xplornet.com.



**For Sponsorship Opportunities
See Previous Page!**





Communities in Bloom

Hello again folks. Guess what time of year it is! It's time to think about SPRING - it's just around the corner.

Have you noticed it's not quite so cold, the daylight hours are getting longer, and you are bored with winter and shovelling? Now is the time to think about our gardens and what we would like to plant. Some of you may have already started germinating seeds for this year's gardens. Others may just be in the dreaming and planning stages.

Communities in Bloom has been busy all Fall and Winter designing the Town flower beds. We have a new strategy this year; to find out more you will have to come to our meetings and get involved! I will tell you this - we have some exciting ideas we are striving for.

We are thinking of having a "Plant Swap". So if anyone has any perennials they would like to donate to Communities in Bloom, or with other people, stay tuned. We will keep you informed of the time and place.

Here's something you might like to try to bring some sense of Spring into your home... you can sow lettuce, spinach and radish seeds in small containers, dampen the soil, and put them in a cool, fairly dark corner. They will sprout. When they do, bring them out to a south-facing window, or put under fluorescent lights. We use "grow" lights. Make sure the lights are quite close to the new shoots, in order that they not grow lanky. Keep them watered, and if you wish, once the first full leaf has emerged, you can fertilize them with either an organic fertilizer or 20-20-20. Presto! You will have fresh salad greens in a few weeks.

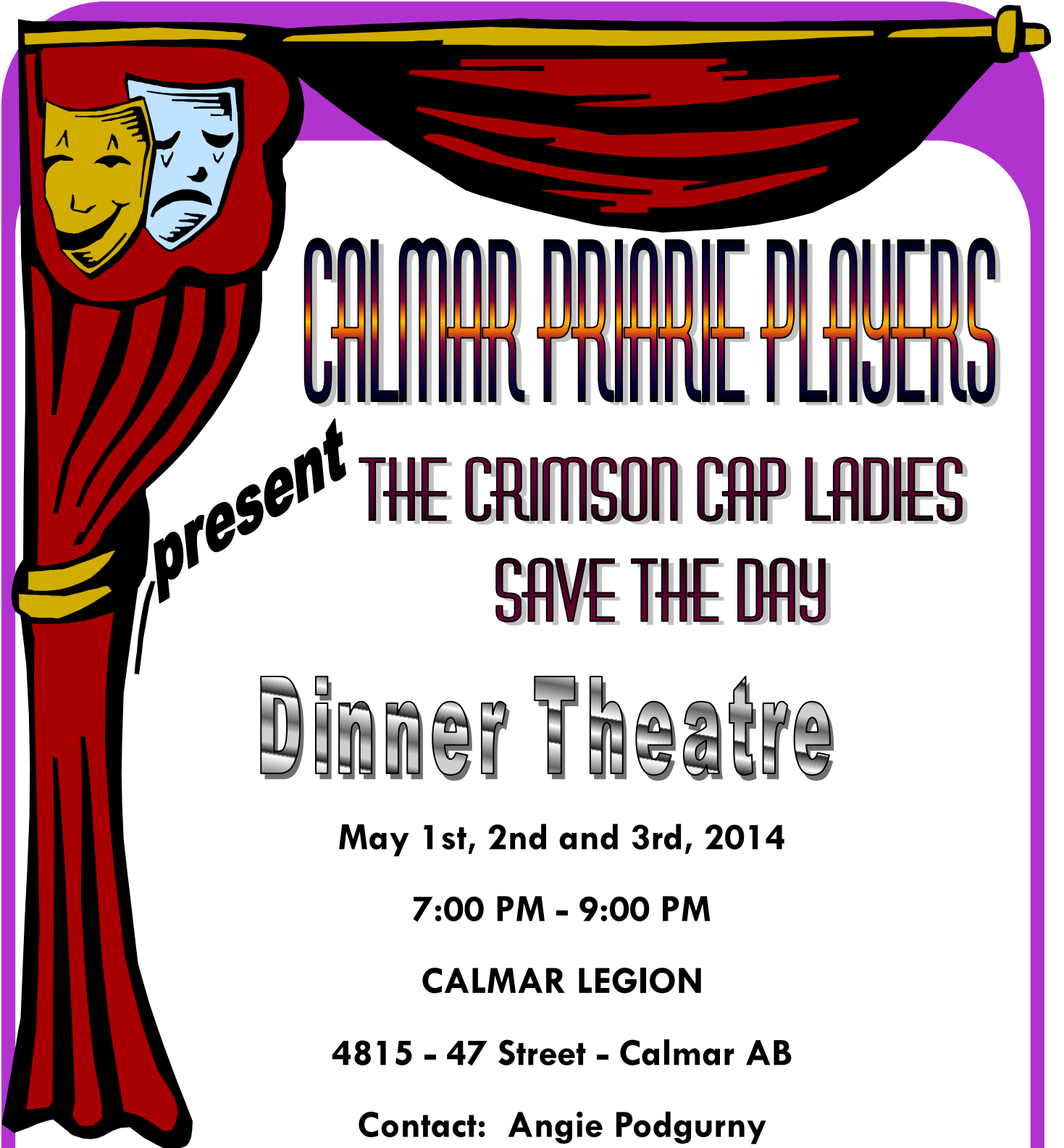
If you brought bulbs in last Fall, you can start them now as well. It's a good time to plant gladiola bulbs and dahlias. Transplant them outside as soon as the weather is warm with no danger of frost.

We will let everyone know when our next meeting is and hope to see some new faces this year!

Lola Coombes
President

Bring Your Families...
Bring Your Friends...
Help make our Community
SPRING Alive!





CALMAR PRAIRIE PLAYERS

present

THE CRIMSON CAP LADIES

SAVE THE DAY

Dinner Theatre

May 1st, 2nd and 3rd, 2014

7:00 PM - 9:00 PM

CALMAR LEGION

4815 - 47 Street - Calmar AB

Contact: Angie Podgurny

780-985-3580





2013 INCOME TAX RETURNS



VOLUNTEER INCOME TAX PROGRAM BEGINNING MARCH 12, 2014

HELP IS AVAILABLE FOR FREE

**FOR SENIORS, STUDENTS, ADULTS OR FAMILIES WITH LOW INCOME
TAX RETURNS DONE BY APPOINTMENT ONLY**

**FOR APPOINTMENT OR MORE INFORMATION CONTACT
YVONNE @ 780-985-3191**

OFFICE HOURS: Tues - Wed. 9:00 am - 4:30 pm

EMAIL: ypearson@calmar.ca

The Volunteer program **DOES NOT** complete returns with income from:

- * Capital Gains
- * Fishing Income
- * Farming Income
- * Bankruptcies
- * Rental Income
- * Deceased Persons
- * Self Employment Income
- * Interest over \$1000

Individuals who have transportation challenges.

Please contact me @ (780)985-3191 between

March 12 to March 26, 2014



**INCOME TAX RETURN
FILING DEADLINE
APRIL 30, 2014**

Calmar Figure Skating Club

We are Turning 40 this year!

JOIN US FOR...

Our Annual Ice Show Carnival

Mike Karbonik Arena

Sunday, March 16 @ 1:00 PM

Doors Open at 12:30

NO ENTRANCE FEE REQUIRED

(Coin Donations will be accepted at the Door and would be greatly appreciated)

ALL WELCOME TO ATTEND!

50/50 Draw
and Flowers for Purchase!



**Calmar Cultural Arts and Recreation
Enhancement Society
ANNUAL GENERAL MEETING
TUESDAY, MARCH 11, 2014**

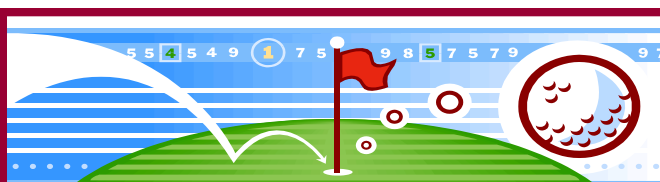


7:00 PM

**CALMAR ROYAL CANADIAN LEGION
EVERYONE IS WELCOME TO ATTEND**

Our Not for profit society is committed to the betterment of Calmar and Area through the enhancement of cultural, arts & recreational opportunities.

For More information contact Tracy at
780.985.4231



**REGISTRATION
TUESDAY, MARCH 25, 2014
6:30 PM
MIKE KARBONIK ARENA**

Calmar Junior Golf

For Further Information Contact:

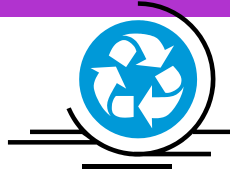
Howard @ 790-991-6717 or 780-985-2207



Looking for better health naturally... Nikken offers healing with natural energy medicine, organic-based nutrition & a whole-wellness home

Call Stacy Zorn @ (780) 691-7240 or Link to
Website: www.nikken.com/Stacy860370000

Annual Spring Tradeshow Details Coming Soon!



Recycle Your Cell

The Town of Calmar has partnered with the "Recycle My Cell" Program in Canada!

It's Easy and it's Free!

Just drop off your unwanted or old Cell Phones, Rechargeable Batteries, Chargers and any other cell phone accessories to the Town Office - 4901 - 50th Avenue.



Please ensure that all personal information, photos, videos and data are deleted!



PUBLIC SKATING

Tuesdays: 4:00 PM - 4:45 PM
Sundays: 4:30 PM - 5:45 PM

SHINNY

Thursdays: 4:00 PM - 4:45 PM
Sundays: 3:15 PM - 4:15 PM

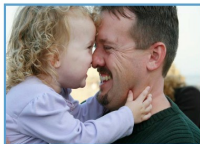
OPEN HOUSE

Leduc County Family & Community Support Services

When: Wednesday, March 19
Time: Drop in between 3 and 6 p.m.
Where: 5th floor, 1101 - 5th St., Nisku (County Centre Building)

- Meet FCSS staff and learn about programs and services offered!
- Refreshments, activities, door prizes!

Non-perishable food items will be accepted on behalf of the Leduc & District Food Bank



Everyone is welcome!



FCSS
family & community support services

Playful Parenting

Leduc Regional & Beaumont Early Childhood Development Mapping (ECMap) Coalitions present:

- Three workshops in **Devon**, **Beaumont** and **Leduc**
- Featuring **Jeff Johnson** from *New Explorations Early Learning* (newexplorationsearlylearning.com)
- Each workshop is \$10 to attend



Jeff Johnson

Devon: Getting Messy: Building Brains with Hands-on Play

This session looks at why messy play is an important part of early learning, messy play ideas and tools and tips to help caregivers make messy work for them.

When: Tuesday, March 11 from 7 to 9 p.m.
Where: Devon Community Centre, Braun Hall, 20 Haven Avenue
Register: jeffjohnson.eventbrite.ca or call 780-987-8325 or, using a smart phone, scan the QR code at the right



Beaumont: You are a Professional Role Model

This session looks at how actions, stress and emotions influence children and how you can be an effective role model.

When: Wednesday, March 12 from 7 to 9 p.m.
Where: Beaumont Eaglemont Church, 5002 - 62 Street
Register: onlineca.activecommunities.com/Beaumont_barcode_#12311 or, using a smart phone, scan the QR code at the right



Leduc: The Benefits of Gun Play, Wrestling and Superheroes

This session looks at the positive side of aggressive play and suggests ways to make it safe.

When: Thursday, March 13 from 7 to 9 p.m.
Where: Leduc Fellowship Church, 4401 Rollyview Road, Leduc
Register: <https://www.leduc.ca/ezrec/start/start.asp>, barcode #26168 or call 780-980-7120 or, using a smart phone, scan the QR code at the right



If you have a financial barrier that prevents you from attending, please call Tonya at 1-866-979-2386 (Devon and Leduc) or Margaret at 780-929-1236 (Beaumont).

10 Gold



10 Silver 5 Bronze

We Canadians are a very Proud nation! We can hold our heads high and let our flag fly! According to BUZZFEED.com, an American Site, Canada won the Olympics based on the following events, saying that "Canadian's have a heart of Gold and a lot of Gold",

1. When the statement was made by the Canadian Institute of Diversity and Inclusion in response to Russia's anti-LGBT laws - "The games have always been a little gay. Let's fight to keep them that way"!
2. When a qualifier, Gilmore Junio, took one for Team Canada and gave up his spot to fellow teammate, Denny Morrison who went on to win Silver and Bronze.
3. Shortly after Morrison won he nominated Junio to carry the Canadian Flag at the closing ceremonies.
4. When a Canadian coach helped a Russian skier complete his Olympic race with dignity by replacing his broken ski so he could cross the finish line!
5. When they showed everyone up with their ingenious beer fridge that can only be accessed by a Canadian passport.
6. When Ottawa's mayor decided to fly the Pride Flag at City Hall until the end of the Olympics.
7. When two out of three sisters won medals but supported each other throughout the games.
8. When Alex Bilodeau beat Mikael Kingsbury, his fellow countryman, he praised him with the words, "That guy that finished second, he is going to win everything after I'm gone".
9. When Bilodeau then dedicated his Olympic gold to his brother who has cerebral palsy.
10. And when - amid all sportsmanship and thoughtfulness - Canada actually won a bunch of medals.

Canada's Medal Standings

25

	Gold	Silver	Bronze
Freestyle Skiing	4	4	1
Curling	2	0	0
Ice Hockey	2	0	0
Short Track	1	1	1
Bobsleigh	1	0	0
Figure Skating	0	3	0
Snowboard	0	1	1
Speed Skating	0	1	1
Alpine Skiing	0	0	1



Russia Finished first with a total of 13 Gold 11 Silver and 9 Bronze



Norway took second place with 11 Gold, 5 Silver and 10 Bronze.



CANADA RANKED THIRD OVERALL!!



ON BEHALF OF ALL CANADIANS,
SORRY
FOR BEING SO AWESOME
ALL THE TIME.



Calmar Seniors Centre

Small changes,
big differences.



DEALING WITH DISOBEDIENCE

Join other parents for a 2 hour session to learn and discuss positive parenting strategies on how to motivate your kids to "listen the first time".

Monday, March 3

Time: 6:00 - 8:00 p.m.

Leduc Parent Link site

(299 Telford Court Community Centre)

To register: **Becky at 780-979-2387** or

lrplc@leduc-county.com

Limited child minding spaces available, please enquire at time of registration.



a new
CAREER
awaits you!



Leduc Employment Fair

Saturday, March 29, 2014

1 pm to 4 pm

Leduc Legion
5210 - 50 Avenue
Leduc, AB



Visit with various
employers & check out
the latest job
opportunities in Leduc!

Canada Alberta

The Monthly General Meeting

will be Held on

Wednesday, March 12, 2014 @ 1:30



Monthly Member Birthdays

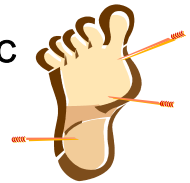
Wednesday, March 19, 2014 @ 1:30

FOOT DOCTOR CLINIC

Monday, March 31, 2014

9:00 am—12:00 pm

Contact: Lorraine Knull 780-985-3857



Music Jammers

Tuesday, March 25, 2014

1:00 pm - 3:00 pm

Admission \$3.00 - A light lunch will be served

CALMAR PRESCHOOL REGISTRATION NIGHT

**Tuesday, March 11
7pm**



The Preschool is
located in the Calmar
Elementary School.
Main Entrance and in
Room #5!

3 and 4 year old
Program

Students must be 3 by
September 1, 2014

Registration Forms can be picked up at the Town of
Calmar Office, the Office in the Calmar Elementary School
or at the Registration night.

Please bring a copy of your child's birth certificate and
Alberta Health Care.

Our Annual General Meeting and Board Member Elections
also take place that evening!

Any questions please Call the Preschool (780) 985~2510

Comments from the Mayor



A Wise man recently told me that communities are like people, all with their individual personalities, strengths and weaknesses. Let me ask the questions...

- ◆ **Are we all that we want to be?**
- ◆ **Are we the caring, self reliant, compassionate community that takes advantage of our strengths and mitigates our weaknesses?**
- ◆ **Do you take pride in your community and is there something else that you can add?**

Calmar Town Council and Staff work very hard at keeping the Town functioning, we endeavour to keep tax increases as low as possible and strive to provide the services that our residents and businesses demand.

What we need from you goes to the personality of our community. Pride of who and what we are as a community comes from within. We all must take responsibility for projecting the enthusiasm and energy that comes from a proud and committed town.

All I ask is that you take the time to contribute where you can; answer a questionnaire, attend an open house, or join a local organization. You can also have a one on one with a council member, we are available prior to council meetings (the First and Third Monday of the month) or as you see us around town.

After April 15th, I will be committing to spending scheduled time at the town office where you can drop by and have a coffee with me (stay tuned to the next newsletter for details). The order of the day will be engagement and that will take an effort from us all.

Take a little time to reflect on what we have and how lucky we are. This is an awesome community with so much to offer. Let's make the most of it. Be PROUD Calmar, I am!



Newsletter Submissions due on the 15th of the Month.

WE'RE ON THE WEB!

Contact: Leah Ofstedahl
Town of Calmar
lofstedahl@calmar.ca
(780) 985-3604 ext. 0



Watch for our Improved Website!



An old Irish Blessing

May love and laughter light your days,
and warm your heart and home.
May good and faithful friends be yours,
wherever you may roam.
May peace and plenty bless your world
with joy that long endures.
May all life's passing seasons
bring the best to you and yours!

NEW OPTIONS:

\$100.00 Full Page

\$75.00 Half Page

\$50.00 Quarter Page

\$25.00 Business Card



Are Always Welcome...
Contact Leah at
lofstedahl@calmar.ca

GET INVOLVED

CALMAR FIRE DEPARTMENT
MEDICAL EMERGENCY RESPONSE RESCUE SERVICE

ALBERTA VOLUNTEER FIREFIGHTERS

Did you know that 80% of Alberta's firefighters are volunteers?

You give us some of your free time; We will give you: Training and Equipment to keep you safe and the ability to serve your community!

Applications can be picked up from the Town of Calmar Office or any Tuesday evening at the Fire Hall after 7:00 pm.

FOR MORE INFORMATION
CALL FIRE CHIEF DAVID BROOKS
587.985.7587