



Town of Calmar

# Calmar Chronicle

## FIRE PREVENTION

## OPEN HOUSE

Sunday, October 4

8:00 AM - 2:00 PM



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**PANCAKE BREAKFAST!**

**FIRE SAFETY  
AND PREVENTION**

**GIVEAWAYS!**

**Activities For the Kids!**

**Tours of the Hall  
and NEW Fire Trucks**

**Timed, Gear Events  
by the Firefighters**





Calmar  
Fire Rescue  
presents a



# HALLOWEEN Dance

**Fundraising Event in Support of:**



Calmar Fire Rescue

October 31, 2015

**BEST COSTUME PRIZES**

**8:00 PM**

**AGE 18+**

**DOOR PRIZES**

**TICKETS: \$25.00**

**MIDNIGHT LUNCH**

**Calmar Legion**

Tickets available from the Town Office,  
or any of the Calmar Firefighters

For Ticket Information Contact:

[ijcbm@outlook.com](mailto:ijcbm@outlook.com)

OCTOBER, 2015



## KIDPROOF BABYSITTER TRAINING

Over 80,000 kids trained to date



DATE: Saturday, November 7, 2015 (Tentative)

TIME: 10:00 AM - 5:00 PM (One day format)

PLACE: Calmar Community Hall

4815-49 Street

Minimum 10 Registered Participants for program to run

COST OF PROGRAM: \$25.00 + GST

PRE REGISTRATION REQUIRED by Thursday, October 29, 2015

To pre-register or want more information, please contact  
Yvonne @ (780)985-3191

F.C.S.S. Office Hours:

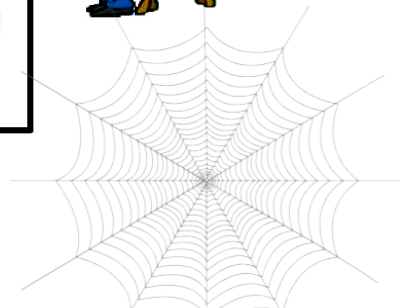
Tuesdays – Thursdays (9:00 AM – 4:30 PM)


- 7-8 hours
- Recommended for kids
  - ages 11+
- Includes Kidproof Babysitter's Handbook and Wallet




### Students will develop skills that will:

- help them find and prepare for a babysitting job
- help them care for kids of all ages and deal with difficult situations
- help them prepare safe and fun activities
- help them make safe choices while babysitting
- provide emergency first aid
- plus much more





Hear the **BEEP**



where you **SLEEP**

**EVERY BEDROOM NEEDS A WORKING SMOKE ALARM.**

FIRE PREVENTION WEEK  
OCTOBER 4-10, 2015

[firepreventionweek.org](http://firepreventionweek.org)

Sparky® is a trademark of NFPA.



# At the Library



## Available:

- ◆ Books, DVD's, periodicals and audio books
- ◆ As a member of TRAC we have access to thousands of items through their on-line catalogue.
- ◆ Membership to the Alberta Library
- ◆ Free wireless access
- ◆ Free access to 5 public computers
- ◆ Membership includes access to electronic resources including:
  - ◆ Tumblebooks
  - ◆ Crafts & Hobbies
  - ◆ Health & Wellness
  - ◆ Maps & Travel
  - ◆ Auto Repair
  - ◆ Consumer Reports
  - ◆ Business
  - ◆ Reference Materials
- ◆ Access to downloadable e-books and audio books

### Book Sale:

Drop by the Library and check out our Book Sale Bookcase.

Like gardening, the Calmar Public Library is always weeding!

**"Like one, that on a lonesome road  
Doth walk in fear and dread,  
And having once turned round walks on,  
And turns no more his head;  
Because he knows, a frightful fiend  
Doth close behind him tread.**

*-Samuel Taylor Coleridge*

## Services Offered:

Photocopying: .25¢ / page

Fax: \$1.00 / page—sending/receiving

Laminating: \$2.00 / page



### ALL AGES

#### Stitch & Chat Knitting and Crocheting of all levels Welcome

Wednesday 1st & 3rd of the month starting September 2nd at 6:30  
Saturday 2nd & 4th of the month starting September 12th at 1:30  
Drop Ins Welcome!  
Facilitator: Lola Coombes

#### Lego for Literacy

Mark the date! Lego is coming to Calmar! Design and build your own structure. Watch our website and Facebook pages for more information. January 2016

### ADULT PROGRAMING

#### Cook Book Group

Time to get out of your cooking rut!  
3rd Monday of the month at 6:30  
Facilitator: Susan Parkinson

#### Calmar Library Book Group

Each month the Library supplies a book for you to read and discuss. Join the conversation!  
New faces welcome.  
4th Wednesday of the month starting at 7:00 pm

#### Zookinesis Chair Exercises for Seniors

Zookinesis is an ancient Chinese system of mild exercise designed to bring youthful vitality back to the body. Drop Ins Welcome.  
Mondays starting November 2nd at 11:30 am  
Facilitator: Library Staff

### Psychic or Medium?

What is a Psychic? What does a Psychic do? What is the difference between a Psychic or Medium? Just a few of the questions that Rev. Dr. Janice Dodds, Psychic Adviser, will answer as she explains what's real and what's not in the world of Psychics. Registration Required.  
Monday October 26th at 7:00 pm  
Facilitator: Rev. Dr. Janice Dodds

### Get Comfortable with Computers

This class is great for beginners as there will be a maximum of 6 participants to ensure hands on coaching and support.  
Thursdays starting November 5th to 26th 1:30 pm to 3:30 pm  
Registration Required. This is a pre-request to the next computer course that will be offered in the spring of 2016.  
Facilitator: Ron Pettegrew from Devon Adult Learning Council

### Triple P Seminar (for parents and caregivers of children 2 - 12 years old)

Raising Confident Competent Children. Children are more likely to be confident, succeed at school and get on well with others when they develop specific life skills. Explore ways you can help equip your children with the essential social skills they will need for success.  
Monday, November 9th 6:00 to 7:30 pm  
Facilitator: Darlene Ede, Parent and Family Coach with Leduc Regional Parent Link

### FAMILY PROGRAMING

#### Family Literacy

0 to 5 years old with caregiver  
Wednesdays starting September 9th at 10:00 am  
Drop Ins Welcome  
Facilitator: Miss Darlene from Leduc Regional Parent Link

### TWEEN PROGRAMING

#### Tween Book Worm Book Club

Grab your friends and come on down to discover new books.  
Last Thursday of the month starting October 29th at 3:30 pm  
Facilitator: Miss Sue

#### Gingerbread House Decorating

7 to 11 years of age  
A little icing, a little house and a whole lot of "decorations" and you'll have everything you will need to create your gingerbread house to take home and enjoy. Registration is required as limited space.  
Saturday December 5th at 12:30 pm - 2:00 pm  
Cost is \$5.00 per child  
Facilitator: Miss Sue

4705 - 50 Avenue, Calmar, AB  
(780) 985-3472  
[www.calmarpubliclibrary.ca](http://www.calmarpubliclibrary.ca)

Monday	11AM to 8PM
Tuesday	11AM to 5PM
Wednesday	11AM to 8PM
Thursday	11AM to 5PM
Friday	11AM to 5PM
Saturday	11AM to 3PM
Sunday	Closed

\*Closed on statutory holidays and Saturdays of long weekends.



# GARAGE SALE

GLEN PARK HALL  
GARAGE AND BAKE SALE  
OCTOBER 16: 3:00PM—7:00PM  
OCTOBER 17: 10:00AM—5:00PM

## OCTOBER at the Senior's Centre...

FOOT CARE NURSE  
October 2, 2015  
Call for Appointment  
Diane @ 780.218.3268

Thanksgiving Dinner  
MEMBERS ONLY  
October 7: 12:20PM

MUSIC JAMMERS  
October 26, 2015  
Light Lunch Included  
1:00 - 3:00 PM  
\$4.00



7-90

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Jeff and  
Pete Kunk

"When Grandma was young, she had to walk all the way to the TV to change the channels."

SOUP & SANDWICH  
LUNCHEON

MONTHLY GENERAL MEETING  
Wednesday, October 15, 2015  
1:30 PM

Open to the PUBLIC  
October 22, 2015  
11:00 am—2:00 pm  
\$10.00/person

Senior's Club is looking for a maintenance person. If interested, contact President Colleen MacDonald at 780.886.3318, or Vice-President Ruth Dubitz at 780.985.3503.

Soup, Sandwich, Dessert and Beverage

NEW MEMBERS 50 YEARS OR OLDER ARE ALWAYS WELCOME  
\$5.00 ANNUALLY.

CONTACT COLLEEN MACDONALD FOR MORE INFORMATION  
780.886.3318

### Relationship Matters

Attachment Parenting Throughout the Lifespan  
for parents and children 0-18

**October 7**  
**6 - 8 PM**  
**Devon Library**

## Leduc & District Food Bank

### Food Round Up

*Monday, October 5, 2015 between  
5:30pm and 9:00pm*

Volunteers from the Church of Jesus Christ of Latter-day Saints will be picking up donations door-to-door **RAIN OR SHINE**

Non-perishable food items can be bagged and left on your doorstep labelled "Food Bank"

Non-Perishable food suggestions:

Fish, meat, soup, beans, stews, chili, tomatoes, fruit, vegetables, pasta, Mac & Cheese, rice, granola bars, juice boxes, peanut butter, cold cereal and hot cereal.

Please ensure that the food items have not passed their expiry date.

*Thank you in advance for your support.*

**Leduc & District Food Bank & The Church of Jesus Christ of Latter-day Saints**



### Ashtanga inspired Vinyasa Flow

FRIDAYS SEPT. 18—NOV. 20  
7:00—8:15 PM

### Power Yoga / Hatha

SUNDAYS - SEPT. 20—NOV. 22  
5:00—6:15 PM

### Yin Sanctuary Class

SUNDAYS SEPT. 20—NOV. 22  
3:00PM—4:15PM

10x Class FALL Pass - \$140.00

14x Class FALL Pass - \$185.00

\*should be consumed by end of Nov.

Freeze or extend upon request.

Drop IN: \$16.00

Children: \$10.00

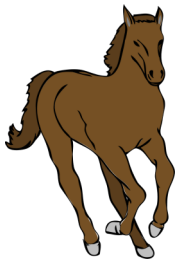


CALL OR EMAIL TO REGISTER

780.729.7808 or office@dtouch.ca



**CANADA**  
4-H Alberta



## Calmar

### "Heart of the Country"

### 4-H Club

"Learn to do By Doing"

New Members Welcome

Open to youth aged 9—20 years as of January 1, 2016

Possible 4-H projects include light horse, crafts, cooking plus...much much more!

Discover what 4-H has to offer!

For More Information Contact: Tracy 780.985.4231



\*I would like to extend my apologies to the Calmar 4-H Club and its leader, Tracy Hughes for erroneously using a non-authorized 4-H Logo and for the incorrect motto displayed in the September Newsletter.



# Calmar Pharmacy Ltd.

5002-50 Ave, Calmar, AB T0C 0V0  
 Front Store: (780) 985-3142  
 Pharmacy: (780) 985-3121

Website: [www.calmarpharmacy.com](http://www.calmarpharmacy.com)

### Hours of Operation

Mon - Sat 9:00 am to 7:00 pm  
 Sun & Holidays 11:00 am to 5:00 pm  
**Family owned and operated since 1977**

## CASTINE CANINES

Dog Grooming



**TRACY HAYDUK**  
 Professional Pet Stylist  
 Box 603  
 Calmar AB T0C 0V0


[dthayduk@yahoo.ca](mailto:dthayduk@yahoo.ca)  
 780-919-3371

4-1/4 Miles West of Calmar on Highway

 Find us on Facebook

## CALMAR FAS GAS

CONVENIENCE STORE - LIQUOR STORE - CARWASH



**Darrin & Kathy Mills**  
 5001 - 50 Ave. P.O. Box 1200  
 Calmar, AB. T0C 0V0  
 email - [dkmills\\_123@hotmail.com](mailto:dkmills_123@hotmail.com)

Conv. Store 780-985-7224  
 Liquor Store 780-985-3334  
 Fax 780-985-3334  
 email - [dkmills\\_123@hotmail.com](mailto:dkmills_123@hotmail.com)

**LITRE LOG**

**BUY MORE GAS. GET MORE CASH.**

## RHOOSTER TAIL HAIR SALON

### Family Hair Care

WALK-IN'S WELCOME  
 Open Late 3 Nights/week  
 Senior's Discount

**HOURS OF OPERATION**  
 Mon.: 10:00 am - 5:00 pm  
 Tue.: 8:30 am - 7:00 pm  
 Wed.: 8:30 am - 7:00 pm  
 Thur.: 8:30 am - 7:00 pm  
 Fri.: 8:30 am - 5:00 pm  
 Sat.: 8:30 am - 3:00 pm

4701 - 49 Avenue  
 Calmar Alberta  
 780.985.4588




# FALL FITNESS CLASSES

**12 CLASS PASS FOR \$120**  
 OR  
**\$12 DROP-IN**



**12 weeks of Fitness class offered in Calmar starting Tuesday, Sept 8 2015.**

**Tuesday Nights**  
**BodyPump at 6:45pm**

BodyPump is a hour long circuit class that works every muscle in your body! Great for beginners to advanced students!

**Starts Tuesday Sept 8 - Nov 24, 2015**

**Thursday Nights**  
**HiIT Maximus at 6:30pm**


HiIT Maximus is a 45 Min aerobic & strength conditioning workout that will get your heart pumping! Great class if you want a challenge!

**Thursday Nights**  
**Kick-It at 7:30pm**

Kick-It is a great beginner class combining some kick-boxing inspired moves with dancing! Get ready to move, groove, and kick with this fun 45 min class!

**Both classes start on**  
**Thursday Sept 10 - Nov 26, 2015**

All classes are held at the Calmar Community Centre.  
 For more information contact Brittany at 780-298-7936!



## ACUPRESSURE


LEARN HOW TO BALANCE YOUR BODY, YOUR DIGESTIVE SYSTEM AND EMOTIONAL STATE ON A DAILY BASIS

JIN SHIN JYUTSU ACUPRESSURE—SELF HELP 101

SATURDAY, OCTOBER 24—9:00 AM—6:00 PM  
 SUNDAY OCTOBER 25—6:30PM—7:30PM

\$140.00 (Includes Book) - First Timers  
 \$110.00 - anyone who is repeating and has the book.

CALMAR COMMUNITY CENTRE  
 4815—49 STREET



Jin Shin Jyutsu

CALL OR EMAIL TO SIGN UP  
 780.729.7808 or [office@dtouch.ca](mailto:office@dtouch.ca)

Why pay more on a Website when you can pay less using an Agent! Serving Calmar & Area

Do you want to build a snowman?

No I don't want to build a freakin' snowman...



I want to build a sandcastle, on a beach, in the sun, where there is no snow! \*



Outstanding Service & Price  
Specializing in All-Inclusive  
& Wedding Group Packages  
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Find out how destination Brides and Grooms travel for FREE incl. Taxes!

\*on All-Inclusives, Cruises, Tours, or Packages.

Dew Drops Daycare Centre  
Calmar, Alberta

Open 7:00 am - 6:00 pm  
Monday - Friday

**Best Daycare in Town**

Now Accepting New Registrations  
Before and After School!

**Accredited**  
Subsidy Program Available

Well Qualified, Friendly Staff  
Full, Part-Time and Drop In Service Welcome  
Breakfast and Nutritious Snacks Daily  
NEW TOYS  
Fenced Outdoor Area

Play, Learn and Grow... Together!

For Inquiries Please Call:  
Fatima 780.985.2818  
Syed 789.504.4567

**PIANO LESSONS**

LOGAN MILLS, B.Mus.

Call: 1.416.876.4234  
Or Email:  
lmills.rld@gmail.com  
for Scheduling



## CALMAR ART GROUP

ARTS & CRAFTS

Thursdays from 1-5  
at the  
Calmar Legion Hall

Drawing, painting, knitting, crocheting – what is your specialty?

Join us for coffee and friendship, and  
work on your favourite art or craft project.

Info: Karen Baxter – 780-985-3529  
Debbie Sawatsky – 780-720-2850







# OPEN ACCESS YOUTH CLUB

presents:



## DATES TO WATCH IN OCTOBER

Our October calendar will be distributed soon! Follow us on facebook to keep up-to-date as more things will be added.

TUESDAY, OCTOBER 6—REOPENING  
THURSDAY, OCTOBER 8—League of Writers Begins  
FRIDAY—CREATE! Our first art project  
FRIDAY, OCTOBER 16—First Friday Night Event

### Volunteer Opportunities



**We need Volunteers so that we can make a difference!**

**Are you being Called?**

**Do you know of someone?**

**OAYC is looking for adults 21 years of age or older to apply to be volunteer leaders.**

**The work is straight forward and extremely rewarding.**

**No experience necessary...**

**just a desire to make a positive difference.**

**Contact Shannon Huhtala via email for more information**

**[OpenAccessYouthClub@gmail.com](mailto:OpenAccessYouthClub@gmail.com)**

## Attention Homeschoolers

**OPEN ACCESS YOUTH CLUB  
IS HOME SCHOOL FRIENDLY**

**We offer a variety of activities that could fit  
Into your homeschooling plan.**

**We can provide reports/write ups to show your  
Facilitator what your student has been doing.**





**2015 devon business expo**

It's time to **SHOP**

THIS THAT & THE OTHER THING

Friday, Oct 16 - 4pm-8:30pm  
Saturday, Oct 17 - 10am-4pm

**WIN**  
Grand Prize Draw  
**\$500 CASH**  
2nd Prize  
**\$150**  
Shopping Spree  
Tickets \$2 ea. 3 for \$5

OVER 40 EXHIBITORS

Admission \$2  
Children under 12 FREE

Concession on Site


Devon Community Centre  
20 Haven Avenue

Contact: devoncc@telus.net 780.987.5177

5th Annual Devon Business Expo  
Brought to you by

Devon  
Town of Devon  
Devon Dispatch  
GARDEN MARKET  
IGA  
servus  
LANE 88.1  
LANE 99.1

Celebrating Devon Milestones



CALMAR PUBLIC LIBRARY  
780.985.3472

MONDAY OCTOBER 26  
7:00 PM

REGISTRATION REQUIRED

# PSYCHIC OR MEDIUM

REV. DR. JANICE DODDS

What is a Psychic? What does a Psychic do? What is the difference between a Psychic and a Medium? Just a few of the questions that Rev. Dr. Janice Dodds, Psychic Adviser, will answer as she explains what's real and what's not in the world of Psychics.

## PUBLIC SKATING SHINNY

SUNDAYS 2:00 PM - 4:00 PM

FRIDAYS 4:00 PM - 6:00 PM

WEDNESDAYS 4:00 PM - 6:00 PM

SATURDAYS 9:00 AM - 11:30 AM

*\*Subject to change without notice*

Check the Town Website or Facebook Page for any changes.



# CLASS OF 2016



WE **NEED** YOUR BOTTLES & CANS!



# BOTTLES CAN BE DONATED AT BOB'S BOTTLE DEPOT



# GATEWAY FAMILY CHURCH

Wednesday, October 7

7:00 PM

Praying Circles  
Around Your  
Biggest Dreams  
and Greatest Fears



Saturday, October 3

For more information and to register

contact Giselle: [rgmesser@xplornet.com](mailto:rgmesser@xplornet.com) / 780.721.3445



A Collective/Community Kitchen is a program where a group of people meet together at the church to prepare meals. It is a great way to develop skills in preparing healthy, delicious, and affordable meals, as well as learn about meal planning and healthy eating! At the end of the three hour session participants will have meals to take home with them to freeze for later when they are needed.

Is debt overwhelming you or are you overcoming it.

There's no denying that debt takes a toll on us financially, emotionally, relationally, and spiritually.

Through video and teaching, we will help you create a plan to attack your debt and be free from the dangers of debt dependence.

February 2016

For info call Alice Hager  
780.498.2986







# MAYOR'S CORNER

A wonderful summer has come to an end and we are into Fall. Mark your calendars for the Annual Fall Clean Up, which will take place from October 5 to 9.

At the September 21 council meeting we had Inspector Kevin Kunetski from the Leduc RCMP come out and talk about policing in our community. There is going to be a policing survey released on January 1, 2016 to every home in Calmar. It would be greatly appreciated if residents could fill out the survey so that Council and the RCMP can get a better feel for the needs of our Community.

Council could hire another Community Peace Office (CPO) at a cost of around \$75,000.00 a year for 40 hours per week to enforce Town Bylaws. Or we could hire a dedicated RCMP officer for Calmar, which would cost \$150,000.00 per year for a 3 year term at 40 hours per week. This survey is very important to our Town and will help Council make this decision.

Due to complaints from business and the safety of our residents the Town has removed the trees on the south side of Main street in order to make the sidewalk wider. We consulted with an arborist and the trees were moved to a park location. The Arborist stated that the wrong type of tree was planted in the sidewalk and that the trees would eventually damage the sidewalk and the street.

We have also been experiencing traffic delays on the east end of Town. This road construction is necessary so that a new intersection can be built for movement in and out of the new 32 acre industrial park.

Council is going over the Land Use Bylaw and we would like community input into the changing of these bylaws. We will be giving further notice to the public as to when these meetings will take place. This is your chance to be heard!

Council appreciates any feedback that you provide us. Our contact information is on the Town website. Please contact me anytime!

Let's make Calmar the Best Calmar it can be!

Mayor Wally Yachimetz



Find us on  
**Facebook**



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# HAPPY BOSS'S DAY!

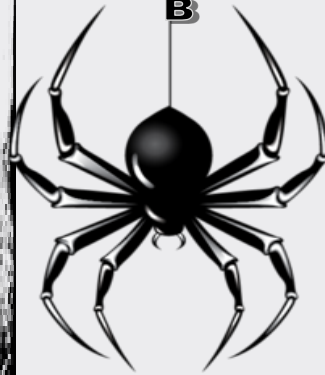
*To All of the Boss's out there, especially ours.*

*Kathy, you are the most hardworking person we know. You care about our Town, your staff, and we are all very lucky to have your support, determination and inspiration!*



*For all you do, Thank You!*

*Remember your Boss October 16, 2015*



**The Town Office will be Closed:**

**October 12, 2015  
For Thanksgiving**

**October 23, 2015  
At 12:00 Noon—4:30**



**No Matter how you and your families  
celebrate Thanksgiving,  
we wish all of you many blessings.**

*“Gratitude unlocks the fullness of life.  
It turns what we have into enough, and more.  
It turns denial into acceptance,  
Chaos to order, confusion to clarity.  
It can turn a meal into a feast, a house into a home,  
A stranger into a friend.”*

*- Melody Beattie*

**Calmar** the TOWN of 4901 - 50 Avenue  
PO Box 750  
Calmar AB TOC 0V0

Phone: 780.985.3604  
ext. 221

Fax: 780.985.3039

Email: lofstedahl@calmar.ca

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- \$100.00 Full Page
- \$75.00 Half Page
- \$50.00 Quarter Page
- \$25.00 Business Card

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