

CALMAR CHRONICLE



NOVEMBER 2015

REMEMBER

All who fought for us, gave their lives for us, and returned to us.

Join the Royal Canadian Legion - Calmar Branch for their Rememberance Day Ceremony
Please be seated by 10:30 am
Everyone Welcome to attend

"When you go home tell them of us and say,
For your tomorrow we gave our today."

- John Maxwell Edmonds

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November 11, 2015



We cannot accept expired food

The Calmar Christmas Elves was established to provide hampers and gifts to families facing economic challenges within our community

Door to Door Donation Pickup SUNDAY DECEMBER 6, 2015

Non-Perishable Items Only, please.

If you would like to contribute, please have your donation ready for collection.

We will be starting @ 2:00PM and going to 5:00PM

Not home Sun? No Problem.. please leave your donation clearly labeled "Christmas Elves" on your front door step—or leave it with a friend or neighbour.

Collection boxes will be available Starting November 12 at the following locations: Calmar Pharmacy, Calmar Food Town, Calmar Bank of Montreal, Lil Piece of Heaven, Post Office or Town Office.

Other Ways You Can Get Involved...

Sponsor-A-Teen Program

If you would like to donate a gift for a teen please contact Yvonne.

HAMPER REFERRAL

If you know a family
In need please contact
Yvonne between
November 3—December 11

HAMPER DELIVERY

DECEMBER 17 EVENING and DECEMBER 18 DAYTIME We need volunteers to help for a couple of hours with hamper deliveries Contact Yvonne

VOLUNTEERS ARE NEEDED FOR DOOR TO DOOR COLLECTION TO MAKE THIS HAPPEN [See

If you are willing to volunteer please contact:

DARLENE @ 780.985.8560 or YVONNE @ 780.985.3191

Food Drive Volunteers will be meeting @ 1:30 December 6

At the Calmar Community Hall—4815—49 Street

For All Inquiries, please contact:

Yvonne @ 780.985.3191 or ypearson@calmar.ca



Woodland Park 6:00 pm - 8:30 pm

Cookies

Marshmallow Roast

Hot Chocolate

Children's Crafts

Horse Drawn Wagon Rides

Music - Bonfire - Pictures with Santa

Snowman Building Contest

Come out and decorate our COMMUNITY SPIRIT TREE



CALMAR CHRISTMAS CRAFT FAIR

DECEMBER 5, 2015 10AM - 4PM

CALMAR ELEMENTARY SCHOOL 5402 - 50 Street

Registration Forms Available @ www.calmar.ca or The Town Office









CASTINE CANINES Dog Grooming



TRACY HAYDUK

Professional Pet Stylist PO Box 603 Calmar AB TOC 0V0 Phone: 780.919.3371

4 -1/4 Miles West of Calmar on Highway 39 facebook





Hours of Operation

Mon: 10:00 - 5:00 Tues: 8:30 - 7:00

Wed: 8:30 - 7:00 Thur: 8:30 - 7:00

8:30 - 5:00 Fri: Sat.: 8:30 - 3:00

RHOOSTER TAIL HAIR SALON

Family Hair Care

WALK-IN'S WELCOME Open Late 3 Nights/week

Senior's Discount

4701-49 Avenue

780.985.4588 Calmar Alberta



Calmar Pharmacy Ltd.

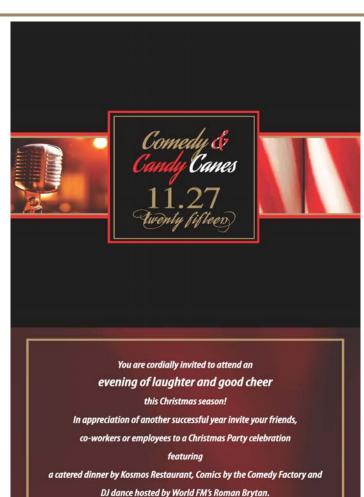
Family owned and operated since 1977

5002 - 50 Ave, Calmar AB TOC OVO Front Store: 780.985.3142

Pharmacy: 780.985.3121

Website: www.calmarpharmacy.com

Hours of Operation Mon. - Sat. 9:00 am to 7:00 pm Sun. & Holidays: 11:00 am - 5:00 pm



Friday, the twenty seventh of November @ Devon Community Centre (20 Haven Avenue, Devon) Christmas Cheer: 5:30pm Dinner: 6:30nm

Tis the Season to

wine and dine in a candy caned winter wonderland. Dress in your fine attire and bring all for a great holiday party.

Comedy & DJ Dance to follow

Tickets for Comedy & Candy Canes are \$100 each or \$800 for a table of 10.

*** Be Your Own Santa Claus ***

Purchase a table of 10 for \$1,200 and you will receive for your guests: 20 drink tickets, 10 tickets towards the evening's draws, 2 bottles of champagne & party gifts for the entire table.

Other special features for the evening include a live and silent auction, raffles and door prizes. All proceeds go towards the Alberta Zirka Ukrainian Performers

Tickets can be purchased at Zirka Studios (4920-50 ave. main street, Calmar) or by phoning Debbie Weir at 780-910-2185.

Whether you've been naughty or nice, we'll have one for you waiting on ice.





Class of 2016

Calmar Secondary School Class of 2016 is also accepting all bottle donations! Please bring any bottles you are willing to donate into Calmar Bottle Depot - Tell them you would like to donate the proceeds to the Calmar Grad class of 2016. Thank you on behalf of all the students for the donations we receive!





Donations will be accepted all Year @

STENE BROS.



Take the Batteries to the Stene Bros. South Shop Yard and place them by the White Shop. All proceeds will go to the Graduating Class of 2016.



CALMAR CHRONICLE



Calmar Figure Skating Club is up and running for our 2015/16 Season! We are still accepting skaters for "Canskate" on Tuesdays 4:30 - 5:15 AND "Jumpstart" on Thursdays 6:00 -7:00.

If you require any further information please contact Darlene Massey @ pdmassey@telus.net.



Flu Shots are available at Calmar Pharmacy Call: 780.985.3121

Calmar Communities in Bloom



It is that time of year when we get ready to say good-bye to summer and hello to fall. When we prepare ourselves for the cold days of winter and look forward to spring. We would like to take this opportunity to thank the following businesses for their support this past season. Their participation in our Barrel Leasing, Flower Bed Sponsorship programs and donations are vital to Calmar's Communities in Bloom, allowing us to help make our town look beautiful.

BARREL LEASES: Angel Touch, Burger Bar, Calmar Co-op, Calmar Esso, Calmar Fas Gas, Calmar Grocery, Calmar Secondary School, Calmar Senior's Centre, Calmar Veterinary Clinic, Certified Spray Booths Ltd., DC Tinting, Calmar Medical Clinic, Calmar Dental Clinic, Dyck Insurance, Lee's Family Restaurant, Lil' Piece of Heaven, Open Access Youth Club.

FLOWER BED SPONSOR: CNRL, Essence of Four, North Sun Services, Wizard Lake Marine.

DONATION: Royal Canadian Legion—Calmar Branch.

We would also like to thank all of those who helped throughout the summer months with our different events. Without your help we could not have done the town clean up or the Canada Day event. We are in need of more volunteers. If you enjoy gardening or if you just like to have fun, then we want you.

If you are interested, please contact Lin Rehn @ 780.886.7031 or email calmarcib@gmail.com.

FIRE HALL CORNER

Hello Everyone,

Over the next few months, we will be bringing forward information about the current Fire Hall and the proposed new Fire Hall. Town Council has recognized that there is a need for a new Fire Hall, as we have out grown the current location and no longer have any further room to expand. The Town has acquired land for the new fire hall on 50 Street, down by 46 Ave. The current building houses both the Fire Department and Alberta Health Services. Being the first article regarding the Fire Hall, we thought it important to share the buildings history with you.

- ♦ Did you know that our current fire hall is over 60 years old?
- The Original building was built in 1950's and was home of the Town Office and the Public Works Department. It was also the home for the Town Police and even had a jail cell! The picture below is of the original section of the hall.
- In the 1970's two bays were added on to the existing structure
- In the 1990's an additional two bays were built bringing the total to 5 bays, as we see today. The current structure has outlived its life as an Emergency Services Department.

If you would like to tour the existing Fire Hall and discuss the plans for the new Fire Hall, please feel free to contact the Fire Department at 780-985-3604 or email firedepartment@calmar.ca

Sincerely,
David Brooks, BABus:ES, SCO
Fire Chief, Town of Calmar



PUBLIC SKATING

SHINNY

SATURDAYS 9:00 AM - 12:00 PM FRIDAYS 4:00 PM - 6:00 PM

WEDNESDAYS 4:00 PM - 6:00 PM SUNDAYS 2:00 PM - 4:00 PM

CHECK "NOTICES TO RESIDENTS" ON THE WEBPAGE
OR THE TOWN FACEBOOK PAGE
FOR ANY CHANGES!

FAMILY VIOLENCE PREVENTION MONTH

IT'S COMING! ORANGE THE WORLD: END VIOLENCE AGAINST WOMEN AND GIRLS, 25 NOVEMBER - 10 DECEMBER 2015

This Orange Day, the UNiTE campaign is calling on partners all over the world to start planning and preparing together with your communities to Orange the World' for the 16 Days of Activism against Gender-Based Violence from November 25, the International Day for the Elimination of Violence against Women, to Human Rights Day on December 10. The UNITE campaign has released a poster and a toolkit with ideas and suggestions for how you can get involved.



Calmar Alcoholics Anonymous

AA is a non profit organization with I meeting a week in Calmar.

Is drinking a problem? Alcoholics Anonymous can help. Call 587.784.3285 or go to area78.org for meeting time and location.

The sole purpose of Alcoholics Anonymous is for men and women coming together to share their experience, strength and hope that they may recover and help others to recover from alcoholism. AA is a self-supporting organization; AA is not affiliated with ANY religious, political or activist groups; AA does not keep records of attendance or case history; AA does not try to control members; AA is about staying sober and helping others to achieve sobriety.

OCTOBER 31, 2015 9:30—12:30—OPTION A Motorized brick art machine

Build a Zipline Halloween inspired mosaics and a Mystery box challeng.

1:00—4:00—OPTION B As above with different pictures and mosaics.

HALLOWEEN FUN Calmar Community Hall



EACH CAMP IS \$25.00 PREPAYMENT AND REGISTRA-**TION REQUIRED TO REGISTER**

EMAIL: info@createandlearn.ca

MINECRAFTERS BUILDING CAMP

NOVEMBER 12, 2015 9:30-12:30 OPTION C Motorized Brick art Machine. Create pictures, play a game and buid a motorized vehicle.

1:00—4:00 Minecrafters and Girl Friends Build a Zipline and an amusement park ride. Game and mosaics will be theme inspired.



November brings us that much closer to the end of the year! The Legion is holding its annual Remembrance Day Ceremony on November 11th at 10:30 am, at the Legion Hall. Lets each and everyone of us show our undying gratitude for the sacrifices all Veterans, young and old have made for all of us, so that we may enjoy our rights and freedoms in this great Country.

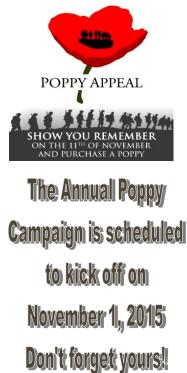
The Calmar Christmas Elves will be looking for volunteers to help with the food drive and to help make up food baskets. If you are able to help out please contact Yvonne at the Town Office 780.985.3604.

On December 3, from 6:00 to 8:00 pm, the Recreation Board will be hosting the annual Christmas in the Park at Woodland Park. Come out and visit with Santa, enjoy hot chocolate, cookies, the bonfire and hay rides.

In closing, I hope everyone enjoyed their thanksgiving long weekend! I am so thankful that I live in this great community of Calmar! I am thankful for all the dedicated staff of the Town of Calmar and all our wonderful residents! It is all of us together that make this community what it is. Thank you to everyone for making Calmar the best Calmar it can be!

Mayor Wally Yachimetz









Join us on Sunday, Nov 22 for a day of Fit-Giving!

Participate in 4 different fitness & yoga classes 🙂

and enjoy afternoon holiday tea & treats
Choose which classes you would like to participate in!

Starting at 12 pm at the **
Calmar Community Centre.

BodyPump: 12 pm Kick-It: 1 pm

2 pm - Snacks & Tea

Yin Yoga: 3 pm

Power Yoga: 5 pm





Bring a non-perishable food item for the Calmar Christmas Elves Foodbank & participate for FREE!

Visit Calmar Fitness or Calmar Yoga on Facebook for class descriptions. Call Brittany at 780-298-7936 or Daria at 780-729-7808 to Save Your Spot.







NOT JUST HOCKEY NIGHT IN CALMAR!

Another year has begun for our kids to join their sport of preference,! Hockey, Figure Skating, Volleyball, Dance, Gymnastics, Karate, and a vast array of other activities our children love will consume our lives until Summer.

We all look forward to the Cheers, the tears, and many years our children play. We all know emotions can get the best of us. Here is a light hearted reminder why we are there.

Whatever activities your children enjoy, "A Plea From an Unknown Youngster" will certainly have meaning to EVERYONE!

"Well here it is, another hockey season,
So I'm writing to you for just one reason.
Please don't scream, or curse, or yell
Remember I'm not in the NHL.

I'm only 9 years old

And can't be bought, traded or sold,
I just want to have fun, and play the game,
And I'm not looking for hockey fame.

Please don't make me feel I've committed a sin,

Just because my team didn't win,

I don't want to be that great, you see

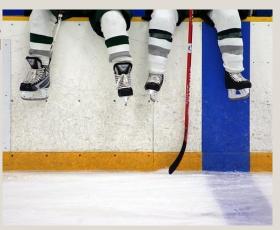
I'd rather play, have fun, and be Me.

And so in closing I'd like to give you a tip Remember the name of the game is SPORTSMANSHIP.

TO ALL PARENTS, COACHES, VOLUNTEERS AND ESPECIALLY THE KIDS

Have fun no matter what activity you love.



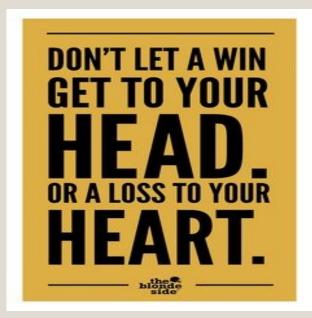






National Child Day

November 20, 2015







KIDPROOF BABYSITTER TRAINING

Over 80,000 kids trained to date

DATE: Saturday, November 7, 2015 TIME: 10:00 AM - 5:00 PM (One day format) PLACE: Calmar Community Hall 4815-49 Street

Minimum 10 Registered Participants for program to run

COST OF PROGRAM: \$25.00 PRE REGISTRATION REQUIRED by Thursday, October 29, 2015 To pre-register or want more information, please contact Yvonne @ (780)985-3191

> F.C.S.S. Office Hours: Tuesdays – Thursdays (9:00 AM – 4:30 PM)

FCSS family & community support services

- 7-8 hours

 Recommended for kids
- ages 11+
 Includes Kidproof
 Babysitter's Handbook
 and Wallet



Students will develop skills that will:

- help them find and prepare for a babysitting job
- help them care for kids of all ages and deal with difficult situations
- · help them prepare safe and fun activities
- · help them make safe choices while babysitting
- provide emergency first aid
- plus much more





November @ the Senior's Centre...



Wednesday, November 4: Bus to West Edmonton Mall—Bus Leaves 9:30AM

New Members Welcome 50+ \$5.00 / Year



Thursday, November 5: Flu Shots - 12:00 NOON - 8:00 PM



MEMBER BIRTHDAYS

Wednesday, November 18, 2015

MONTHLY GENERAL MEETING

Wednesday, November 11, 2015

1:30 PM

30 PM

SOUP & SANDWICH DAY
November 26th | 11:00—2:00
\$8.00 Per Person
EVERYONE WELCOME



MUSIC JAMMERS

Tuesday, November 24, 2015 Light Lunch Included 1:00 - 3:30 PM \$4.00 BAZAAR

NOVEMBER 28 - 10:00 - 4:00 Table Rental \$10.00

Call: Colleen @ 780.985.3503

EVERYONE WELCOME

FOOT CARE NURSE November 6, 2015 Call for Appointment Diane @ 780.218.3268





CSS

A High School Transitioning Corner has been created for information about Post Secondary registrations, Scholarships, Student Finance, Trades and other information about transitioning beyond High School.

This has been set up in the back of Ms. Hanson's classroom.

For the most up to date High School transitioning information, visit the "Apply Alberta" website at: https://www.applyablerta.ca.

For a broad range of information about transitioning high school, visit the ALIS Alberta website at alis.alberta.ca

We have also provided some advertisements for Diploma Exam Prep Courses.

Dennis Dunlop

Min Colman Cobris

FIRST ANNUAL CALMAR MINOR HOCKEY FUN DAY!

SATURDAY, NOVEMBER 21

BRING YOUR FAMILY AND TEAM SPIRIT!



* Can attend any of the classes below as many times per week until pass runs out. Passes can be redeemed on Nov 1 & expire Nov 27, 2015

Tuesday Nights BodyPump at 6:45pm

BodyPump is a hour long circuit class that works every muscle in your body! Great for beginners to advanced students!

Lat Class: Nov 24, 2015

All classes are held at the Calmar Community Centre. For more information contact Brittany at 780-298-7936!

Thursday Nights HiiT Maximus at 6:30pm

HIIT Maximus is a 45 Min aerobic & strength conditioning workout that will get your heart pumping! Great class if you want a challenge!

Thursday Nights Kick-It at 7:30pm

Kick-It is a great beginner class combining some kick-boxing inspired moves with dancing! Get ready to move, groove, and kick with this fun 45 min class!

Last Class: Nov 26, 2015



YOGA IN CALMAR

CALMAR COMMUNITY CENTRE

4815—49 STREET

YOGA FOR BEGINNERS—FALL PASS SALE* Sundays 5:00 PM—6:15 PM

October 25, November 1, November 8 November 15 EXTRA CLASS FREE on NOVEMBER 22

> 3 Weeks—3 Classes—only \$30.00 4 weeks—4 classes—only \$40.00

Try out YOGA and see the change within Yourself!

*for new registrations in Calmar only.

Regular classes run as usual until November 22—with a pass
or just drop-in.

FLOW YOGA FRIDAYS SEPT. 18—NOV. 20 -7:00—8:15 PM

RESTORATIVE YIN MOMENTS SUNDAYS - SEPT. 20—NOV. 22 - 5:00—6:15 PM

EASY YOGA SUNDAYS SEPT. 20—NOV. 22 - 3:00PM—4:15PM







From humble beginnings in Australia in 2003, the Movember movement has grown to be a truly global one, inspiring support from over 5 million Mo Bros and Mo Sistas around the world.

Movember's success can largely be attributed to the strength of the global community. Regardless of the city in which we live, we're part of something bigger, united by a commitment to help change the face of men's health.

Get ready for Movember 2015. It's going to be big.

Parenting for Dads



POSITIVE DISCIPLINE

for parents of children 0-18 years of age

COST: FREE!

Supper Provided!

DATE: TUESDAYS & THURSDAYS

November 10 - 26

TIME: 6 p.m. - 8 p.m.

PLACE: Leduc County Centre

1101 - 5 Street Nisku







- Dads-only workshop
- Discipline that teaches
- Everyday strategies
- Focus on solutions



PENACEESS YOUTH

Not just a place to be... a place to belong

Dates to Remember in November

NOVEMBER 6.: BACK TO THE FUTURE MARATHON and PIZZA—3:30 PM—10:00 PM - Bring in \$5.00 by November 4, 2015!

NOVEMBER 9 - 13 CLOSED THIS WEEK - STAFF ATTENDING YOUTH EVENT!

NOVEMBER 20: BANANA NIGHT - 7:00—10:00 Admission 2 bananas and cash donation for Christmas Elves.

NOVEMBER 27: BIRTHDAY POTLUCK - 6:00—10:00 Members Only.

NOVEMBER 28: OAYC BAKE SALE & SILENT AUCTION FUNDRAISER - 9 AM-4 PM



3:00pm-5:30pm CLOSED ON MONDAYS

Regular hang out and activities include:

Ping pong Shuffle board Air hockey Foosball Table top games Card games Game Consoles...

Or choose one of our weekly workshops.

Internet access available





LEADERSHIP TRAINING 3:30-5:00pm

(Must register)

At OAYC, we believe that age is not a factor in making a difference in our communities...in our world. This leadership training workshop is for dedicated youth who want to make a positive difference and have fun

Leadership is not just about taking the lead in big ways...sometimes it's the little things that matter in a big way.
AN EXCELLENT ITEM TO HAVE ON THE RESUME!

Regular hang out & if you are interested... **BIBLE STUDY**

3:30pm-4:30pm-The Story

Discovering what's in the Bible from Genesis to Revelation, "The Story" is the text of the Bible condensed into 31 chapters. Watch the stories come alive through DVD sessions, discussion &

4:30pm-5:30pm-Believe (Bible Life Apps)

- For those who have already taken "The Story" curriculum.
- "Believe" helps you explore 10 key beliefs, 10 key practices and 10 key virtues of Christianity.



spiritually physically I SMILE

HEAD SPACE 3:30-4:30pm

- Looking at different ways to deal with the not-sobright side of life ... stress, depression, anxiety ...
- This has some Christian content. Open to all who are interested. Something for everyone.



LEAGUE OF WRITERS 4:30-5:30pm

- Calling all those who love to write just for the fun of it!
- Short & fun writing exercises to enjoy and share during workshop time.



CREATE! ART AT THE CLUB 3:30-5:30pm

Every Friday afternoon we will be working on an art project. Come and get in touch with your artsy

YOUTH GROUP FRIDAY NIGHTS

7:00-10:00pm

NOVEMBER 6—Back to the Future Marathon & Pizza *Marathon starts at 3:30pm!*

Bring \$5 before Wednesday, November 4th

NOVEMBER 13—Closed

NOVEMBER 20—Banana Night

Admission: 2 bananas and cash donation to Christmas Elves.

NOVEMBER 27—Members Only Birthday Potluck

MORE ABOUT OPEN ACCESS YOUTH **CLUB:**

- You can become a member FOR FREE! Come by and pick up the forms and find out the advantages of being a member.
- The youth are active participants in how the Club is run.
- Counseling and support systems are available.
- We have a snack bar where you can buy such items as pizza pops, chocolate bars, chips, noodle soups, hot rods, pop, etc. for fair pric-
- Free snacks, juice, coffee, hot chocolate, tea and cider are offered daily.
- Would you like to start a club, or activity at OAYC? Or would you like to have your interest group meet at OAYC? Let's talk! It's your youth club!

Town of Calmar

OPTIONS:

\$100.00 Full Page \$75.00 Half Page \$50.00 Quarter Page \$25.00 Business Card

COMMUNITY GROUPS
ARE FREE
ADVERTISE WITH USI



Contact:

Leah Ofstedahl

Email: lofstedahl@calmar.ca

Phone: 780.985.3604

Town of Calmar 4901—50 Avenue PO Box 750 Calmar AB TOC 0V0





Come Home to Calmar!



Congratulations to the Calmar Curling Club's

TEAM HARRISH!

They beat out 7 other Alberta

Regional Winners in Calgary

to win the Province!

They will be in Ottawa November 23 - 28.

Photo—From left to right: Curtis Harrish, Brian Kushinski, Tyler Wasieczko and Dan Munro