

# August 2020



Please note the Office will be closed August 3rd for the Civic holiday.

Town Administration Office
4901-50 Avenue, P.O. Box 750, Calmar, AB T0C 0V0
Phone 780-985-3604 Fax 780-985-3039
Open Monday—Friday 9 a.m.—4:30 p.m.
Closed from 12:30 p.m.—1:00 p.m. for lunch
Website: www.calmar.ca Email info@calmar.ca

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# flugust 2020

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With COVID-19 still present, the Town Office is gradually re-opening to the public. To ensure the health and welfare of both our residents and staff the office will be open during the following times:

# Tuesday, Wednesday & Thursday 10:00am—3:00pm

The Office will be closed for lunch between 12:30pm—1:00pm.

Thank you for your patience and understanding in these unprecedented times.

### **DID YOU KNOW...**

- The Mike Karbonik Arena uses approximately 371,620L of water each ice season to build and maintain the ice surface?
- For pop drinkers, that would be the equivalent of 1,046,816 355ml cans of your favourite soft drink! That would be a lot of pop bottle money!

### PEACE OFFICER CORNER

Good Day to all Calmar Citizens.....

First, I would like to thank the ATV community for their effort in driving with care and respecting our town and neighbours. Complaints are way down. I did have a complaint brought to my attention by the man farming on the Thomas Creek land, beside the Southbridge community. He stated that he was kind enough to leave a cut alongside his crops for ATV riders to use, but some are choosing to cut through the middle of the field, destroying his growing crops. If he chooses to write me permission to enforce trespass on his land that will mean an end to the use of a very popular ATV trail. I would ticket and seize ATV's that would be in violation, IF he chooses to take that course of action, to stop the careless and disrespectful action of destroying his crops. Please respect this man's family income and hard work. We are a farming community and I would hope we all respect the hard work and effort our farming neighbours put in to ensure we all have food to put on our tables.

Second, I can't believe I even have to write about this topic. Some dog owners who are walking their dogs are not picking up after their dog when it poops. Also, dog owners are walking their dogs in parks, playgrounds, and the water park, which is not allowed, and again not cleaning up after their dog. To those people, I ask this; do you have kids? Are you ok with toddlers and preschoolers using our parks, playgrounds, and water park, walking, playing, and infecting them with the dog feces that you have left behind. Because I am not OK with that type of conduct, even if you are! Or the complaint on main street of dog walkers not cleaning up after their dogs on our sidewalks. Our town uses tax dollars to put out dog poop bags for your convenience. And to those of you who choose to not be grateful for the Town's efforts of keeping our town from looking like an outhouse, be prepared. It will be very costly for you. Concerned citizens are taking pictures of you and sending those pictures to me. I will be using those pictures, just like photo radar, and may just send the violation ticket(s) in the mail, see you in court, and let you explain to a judge why you feel you're above the rest of us and don't care to clean up after your dog. You might want to check out our "Responsible Pet Ownership Bylaw". Fines START at \$450.00 minimum, and could go up from there. As I stated at the beginning, I can't believe I even have to speak on this subject. Now I have to spend my time away from other important duties to ensure something as simple as cleaning up after your dog is done. I will be running operations moving forward to find violators and there will be no leniency whatsoever. If violators feel they can disrespect our town and put our children's health at risk, let's see how continuous financial penalties adjust their habits. As I write those tickets, and the violators ask, "Don't you have anything better to do than write me a ticket for my dog?" My answer will always be the same, "Yes I do, but your irresponsibility is preventing me from doing it!"

Lastly, I would like to leave you all with a few of my thoughts. It has been a long couple of months with home quarantine and a slow re-opening of our economy. I understand and can appreciate the challenges that come with a situation we all have probably never had to deal with in our lifetime, and hope to never have to deal with again. Its been financially hard, emotionally hard, hard on personal relationships, and friendships. We have had to adjust our travel plans for the summer, our visiting plans to relatives, our kids are bored and tired of hearing how little they are allowed to do. Consider this, what do you think those who have lost their lives to COVID – 19 would do to walk in any one of our shoes? To hug their loved ones, their partner, watch their children and grandchildren play, protect their families and contribute to the finances of the household. My feeling is they would accept any person's problems to take that breathe of air again, enjoy the smiles of their families, help solve the tears of kids as they grow, and lastly, get a second chance at life that some of us may take for granted. We only get one shot at living on this planet. Let's keep our thoughts positive, help each other out when needed, respect each other and each other's differences. Kindness has no colour, no religion, no gender, no ethnicity, no age. Kindness is just something we choose to do because it's the right thing to do. Let's do more of it each day.

Stay safe,

**OFFICER LEGGIO** 

# What's Happening at the Calmar Public Library

August 2020

We're back! That's right, the library is open for business!

Having said that, it does look a little different and we have had to change things up a bit. Thank you for your patience and understanding as we all adjust.

Here is what to expect when you come to the library.

### **Hours of Operation:**

Tuesday: 10:00 am to 4:00 pm

Wednesday: 10:00 am to 12:00 pm (Vulnerable Sector)

1:00 pm to 6:00 pm

Thursday: 10:00 am to 4:00 pm

Grab-and-Go and Curb-Side pick-up are available during open hours.

### **Facility**

- We will be monitoring the number of patrons in the building to ensure we follow social distancing protocol.
- We are asking patrons to do their best to limit their time in the library to a maximum of 15 minutes if there are others waiting to come in.
- One person down an aisle at one time for browsing.
- A maximum of two families at one time in the children's area will be permitted, if social distancing can be maintained.
- Tables and chairs have been removed at this time.
- No washroom available.
- Drinking fountain is not available.
- Patrons are encouraged to use the hand sanitizer located throughout the library.
- Magazine area is closed to the public.

### **Computers, Printers and Fax**

- Patrons will be asked to wear a mask when using the computers. Please bring your own if you have one. Masks will be provided for those who do not have one.
- Two computers will be available by appointment only. Please call ahead to book your time: 780.985.3472
- Time on the computer will be limited.
- Printing and Faxing services are available.

### **Borrowing and Returns**

- We encourage patrons to **Grab'n'Go** when you come to the library. This means requesting your materials in advance. Requests can be made through our web page <a href="www.calmarpubliclibrary.ca">www.calmarpubliclibrary.ca</a> using Tracpac, emailing <a href="circulation@calmarpubliclibrary.ca">circulation@calmarpubliclibrary.ca</a>, or calling 780.985.3472 to speak to one of our staff. Please wait for notification that your item is ready for you to pick up.
- If a patron does not wish to enter the library, we will continue to offer **Curbside** pickup.
- All returned items will be quarantined for 3 days before being available for circulation.

#### Staff

- Face coverings will be worn by all staff if they are outside the staff only areas.
- Circulation desk is equipped with plexiglass barriers to ensure the safety of staff and patrons.

#### Miscellaneous

Donations will not be accepted at this time.

We ask for your patience and understanding while we work through the logistics of reopening. To keep up-to-date on information regarding the library please go to one of the resources below:

- Follow us on Facebook <a href="https://www.facebook.com/calmarlibrary">https://www.facebook.com/calmarlibrary</a>

- Go to our website: <a href="https://calmarpubliclibrary.ca/">https://calmarpubliclibrary.ca/</a>

- E-mail us at: circulation@calmarpubliclibrary.ca

- Phone: 780.985.3472

I have included the process of Curbside service for those patrons who do not feel comfortable coming into the library and how Grab-and-Go works.

#### **CURB-SIDE SERVICE**



For those patrons who do not wish to come into the library once we are open, curb-side service is our way of getting items to you.

Tuesday: 10:00 am to 4:00 pm Wednesday: 10:00 am to 4:00 pm Thursday: 10:00 am to 4:00 pm

#### PICK UP PROCEDURE

- The Calmar Public Library has the right to refuse service.
- The procedure can change without notice.
- Patrons **must** have their library card to pick up items.
- Pick up will take place at the back door of the library.
- Upon arrival patron will:

- ring buzzer
- return to assigned designated area
- o staff will confirm barcode and place items in designated drop box
- o patron will retrieve items once staff have closed the door
- All items will be in plastic bags
- No return items will be accepted at the back door.
- All returns must be dropped off in the overnight bin.
- If you are finished with items sooner than the 21 days please return item so someone else can have access to it.



**Grab'n'Go** is our service for those patrons who just want to pick up their items. No browsing, no waiting, just in and out. Give us a call and we will have everything ready to go for you.

### **Summer Reading Program**

Although different, we are running a Summer Reading Program for 2020. Watch our Facebook page each week for different challenges. Enter to win the grand prize! Please call 780.985.3472 or email <a href="mailto:circulation@calmarpubliclibrary.ca">circulation@calmarpubliclibrary.ca</a> to register.

In closing I just want to say how good it feels to be up and running, even though it is a little different. If you have any questions, please do not hesitate to contact us at 780.985.3472. We are happy to help patrons make the transition to our new norm. We look forward to seeing everyone, though we ask that patrons who are immune-compromised or otherwise susceptible to COVID-19 infection not take out items from the library or enter the library. Remember we are still here to serve you! Don't forget to watch our Facebook page for our updates.

Until next time, Stay safe....

Susan Parkinson Library Manager



Check out our webpage: www.calmarpubliclibrary.ca

Call 780.985.3472 for more information.

### FROM THE RECREATION DEPARTMENT

As we enter what is traditionally the hottest month of the year, let's start with an update on the spray park over at Enberg Park. 4 new and different elements were ordered early July to replace 4 existing ground sprays. When the new elements arrive, I have been told installation will take about 2- 3 days. I expect the new elements to arrive sometime this month, probably toward the latter half, after which the spray park would then have to be closed to allow for installation. Hopefully when installation does occur, the weather will be on the cool side so no one will miss the spray park while it is shut down.

Over at the arena, as we try to sort out scheduling, there will be some work done on the building that shouldn't affect facility use. First, a new alarm system is going to be installed to hopefully make things easier for both security and access. For general use, if everything goes well, the front entrance key will go the way of the dinosaurs and a pass code will be used instead. This would mean no more having to sign out/return a key as a pass code can be sent out and then deactivated when need be.

The bigger project over at the arena is we are going to put solar panels on the roof to help cut down on the Town's power consumption. This is the NetZero Project that is being run by Enmax with funding from the Municipal Climate Change Action Centre (MCCAC). It is doubtful this project will be completed before the ice season begins but as it is all exterior work, it should not impact ice users in any way. The Town is pleased to be part of this Green Initiative as it continues to explore ways in which it can help protect the environment for generations to come.

As everyone should know by now, this year's Calmar Days was cancelled due to the pandemic but we are still working on getting the outdoor movie to run. With that in mind, we need to select a movie. What family friendly movie currently on DVD would Calmar like to see? Send me your suggestions to bking@calmar.ca by Friday 07 August and we'll see what shows up on the big screen!

In a parallel universe Calmar Days would have kicked off on 14 August. While that won't be happening this year what will is the euroPRODUCTIONS Virtual FaceBook Dance Party. This event will run the Friday evening and participants can win prizes from local businesses such as Hayduk Lumber, Calmar Pharmacy, Lee's Family Restaurant, Grasshopper Restaurant. Calmar Grocery & Food Town, and New Shanghai Restaurant. For more information on how you can get involved check out Events on the Town's FaceBook page.

Also scrubbed this year because of the pandemic was Homecoming but the Heritage Committee is hard at work on organizing events for 2021. After the last meeting this is what the committee currently has in mind:

- January "Show Your Spirit" Home decorating contest, along with Homecoming Poster
- February Contest/Poll on what items should be put in the Time Capsule  $\,$
- March old time skating party; prizes for best period costume, change rooms will be gender specific to allow for changing into/out of costume; coffee can curling
- April announce and recognize winners of Writing Contest (October) with an event at the Library. Readings?
- May Sunflower giveaway/hot dog day for kids approach CIB for involvement
- June soap box derby/tractor pull/old fashioned games at MKA parking lot
- July cook off/cooking contest(s)
- 16 August Movie Under the Stars show the Calmar Drama Society Calmar 0 60 video
- 17 August Trail walk or Lantern walk or Historic Main Street Tour

- 18 August Pop Up Museum (Seniors Centre?)
- 20 August Tailgate party/costumes/promenade
- 21 August Capsule burying ceremony during the day, supper and dance in the evening
- 22 August send off breakfast

As time goes by things may change around a bit but at present this is what we are looking at.

Other Heritage related activities include the Historical Walking Tour and the 2<sup>nd</sup> Volume to Pioneers in Progress. Regarding the former, the sub-committee has started working on gathering more information on the local businesses and buildings and sites that line Main Street/Highway 39 while the other sub-committee has started work on collecting new stories on both families, businesses, groups, and the community for the new book. A tip of the hat to Tristan Carey for sending in some useful information. If anyone else has any more information they can forward our way (whether it be for the book or for the walking tour) it would be much appreciated.

Finally, if it hasn't happened already, I'm sure we'll know soon what's next for the Province in the ongoing battle against Covid-19. Whether things continue to improve or whether things regress is all a big question mark that unfortunately affects what and how we can provide to the community in terms of activities/events and facilities. In addition, as we saw with the unexpected timing of Phase 2, restrictions could be lifted sooner than expected and that means we might not be as prepared as you would like us to be. Please have patience and understanding.

For example if you or anyone else believes some things weren't done to your preference/expectations right from the start for the ball diamonds, it is not because the Parks Department were slacking off but rather limiting factors that affect what the Parks Department can do and when. Yes the ball season started 2 months behind schedule but to think that the Parks Department had time to fully prepare for the ball season is erroneous and unfair. Due to the restrictions mandated by the Province, the Town did not think there would be a ball season this year. Then Phase 3 was launched into Phase 2, catching everyone off guard, and ball starting shortly after. Because of the Town's work schedule with their employees to ensure an outbreak amongst staff didn't occur and leave the Town with no staff to work, limited action was taken on the diamonds due to the split shifts and their attention was needed elsewhere for situations that arose during this challenging time.

Please take into account that Mother Nature has not cooperated either. At the time of this article's typing, the Edmonton area has received 30% more rainfall than normal. With everything here that has been said, if the grounds are wet, the Parks Department cannot do any maintenance work on the ball diamonds. It's not that they don't want to it's because we can't. The Parks Department is well aware of the work that needs to be done but when it comes to priority things such as water main breaks, fixing roads, etc. the ball diamonds are a lower priority that are labour and weather dependent. With Mother Nature's cooperation and favorable conditions elsewhere (i.e. no emergency repair jobs needed), the Parks Department will get the diamond maintenance completed.

We would appreciate your cooperation and understanding throughout this matter.

And we do apologize for the washroom situation at the ball diamonds at the start of the current ball season - they were not DE winterized due to the fact that first, the Town did not expect to see the diamonds used at all this year and then when the province allowed the use of ball diamonds, the Town initially did not plan to have the washrooms in service.



The next Council Meeting is Monday, August 17<sup>th</sup> at 7:00PM in the Council Chambers located at 4901 - 50th Ave. If attending, you must preregister by filling out the **COVID** questionnaire form and it must be submitted back to the Town Office by 12:00 noon the day of the Council meeting. Due to Covid-19 and social distancing restrictions only six visitors may attend on a first-come-first-serve basis. Please send your COVID questionnaire to kkrawchuk@calmar.ca or drop it off at the Town Office at 4901 – 50<sup>th</sup> Ave. If you would like to submit a public commentary request, please email your request to <a href="mailto:kkrawchuk@calmar.ca">kkrawchuk@calmar.ca</a> by 10:00AM on Tuesday the week prior to the meeting.

A copy of the COVID questionnaire can be found on our website at www.calmar.ca

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Calmar's Community In Bloom Committee would like to thank the following Sponsors for 2020!

ATB/DIRECT LINE INSURANCE
CALMAR BURGER BAR
CALMAR DENTAL CLINIC
CALMAR & DISTRICT SENIORS CLUB
CALMAR FIREFIGHTERS ASSOCIATION
CALMAR FOOD TOWN
CALMAR MEDICAL CLINIC
CALMAR POST OFFICE
CALMAR STORAGE
CALMAR VETERINARY CLINIC
CO-OP GAS BAR
DEW DROPS DAYCARE
DYCK INSURANCE

ED FRANKIW
FAS GAS PLUS
LEDUC COUNTY FIRE SERVICES
LEE'S FAMILY RESTAURANT
LOGANBERRY'S ANTIQUES &
CURIOUSITIES
MAGGIE MOO'S ICE CREAM
MIKE & STELLA BOTT
RHOOSTER TAIL HAIR SALON
TERRY & JANICE BALABAN
THE GOLDEN BONE
URECON LTD.
WALLY & KIM YACHIMETZ
YESTERDAY'S TREASURE MARKET

Thank you to our annual & perennial flower suppliers this year:

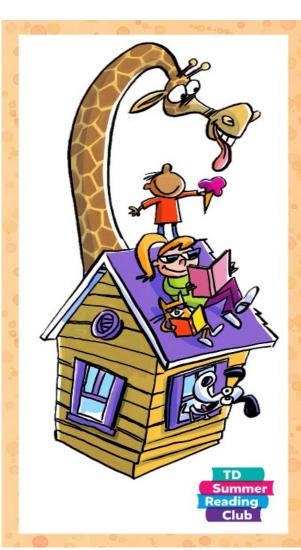
**Hayduk Lumber** 

**Grandview Greenhouse** 

Golden Greenhouse







CALMAR PUBLIC LIBRARY

# SUMMER READING CLUB

JOIN THE LIBRARY FOR A SUMMER OF FUN AND READING!

WE'RE PUTTING TOGETHER LOTS OF ACTIVITIES TO HELP FILL UP YOUR SUMMER DAYS. TAKE PART IN SCAVENGER HUNTS, CRAFTS, CHALLENGES, AND SO MUCH MORE.

LET US KNOW HOW MANY BOOKS YOU READ EACH WEEK FOR EVEN MORE CHANCES TO WIN PRIZES!

TO REGISTER, CALL:

780-985-3472

# CALMAR PUBLIC LIBRARY HOURS OF OPERATION

MONDAY: CLOSED

TUESDAY: 10AM - 4PM

### WEDNESDAY:

10AM - 12PM (VULNERABLE SECTOR) 1PM - 6PM (GENERAL PUBLIC)

THURSDAY: 10AM - 4PM

FRIDAY: CLOSED

THE LIBRARY IS CLOSED WEEKENDS AND STATUTORY HOLIDAYS.



The Town of Calmar welcomes Qualified Service and Guide Dogs into all of its Buildings.

Service dogs help people with specific tasks relating to visible and non-visible disabilities, such as epilepsy, PTSD, diabetes or mobility limitations.

Guide dogs, however, are specifically trained to assist people who are blind or visually impaired.

Both guide dogs and qualified service dogs have been trained and tested to ensure safety in public. By law, qualified service dog teams have the right to access any location where the public is allowed.



# CALMAR ART SOCIETY



### 1st Annual Art Competition

Deadline: September 1st, 2020

**Criteria**: Open to all young artists in Calmar and surrounding communities (eg Warburg, Thorsby, Devon, Leduc area, etc).

**Mediums accepted**: paintings/drawings, 3D sculpture/art, photography (must be framed)

Submission categories: Category A: Ages 14- 19

Category B: Ages 9-13

### Prizes:

| Category A | Category B |  |  |
|------------|------------|--|--|
| 1st \$200  | 1st \$120  |  |  |
| 2nd \$100  | 2nd \$60   |  |  |
| 3rd \$50   | 3rd \$30   |  |  |

\*\* Winning entries will be displayed in the gallery.

Please contact calmarartsociety@yahoo.com for more information. Entries (ensure contact info attached) can be submitted to the Zyp Art Gallery @ 4715-50Ave Calmar, AB. We are grateful to our fellow sponsors.















leduc-county.com

☐ Leduc County Family Resource Network

### **FUN IN THE PARK!!**

# Calmar For children of all ages

Get ready for some creative and physical play all at the same time. Join us this summer to enjoy the spray park and some creative and fun opportunities to explore your artistic, construction, physical and social skills. You may want to bring your swim suit, sunscreen, hat and water.

Date: Every Monday from July 20 - August 17 (closed August 3 for civic holiday)

Time: **11 a.m. to 12:30 p.m.**Location: **Calmar Spray Park**Registration starts: **Drop in** 

For more information on this program call 780-979-2385 or email <a href="mailto:frn@leduc-county.com">frn@leduc-county.com</a>.









## BREATHE LIKE A BEAR

**Virtual Summer Program** 

Mindful moments for kids to feel calm and focused

### **AGES 7-9**

August 11, 13, 18, 20
From 10:00- 11:00AM
For more information, contact,
Cherie Corcoran at:
cherie.corcoran@blackgold.ca





LEDUC

### **FUN IN THE PARK!**



JOIN THE FAMILY RESOURCE
NETWORK AND THE CALMAR PUBLIC
LIBRARY AT THE SPRAY PARK EVERY
MONDAY FROM
JULY 20TH TO AUGUST 17TH
(EXCEPT AUGUST 3RD)
AT 11:00 AM. TO 12:30 PM.
YOU MAY WANT TO BRING YOUR
SWIMSUIT, SUNSCREEN, HAT, SNACK
AND WATER.

DROP IN PROGRAM







### 2020 Calmar Community Awareness

### September 14 - 18, 2020

Please provide your agency/organization/group, information, logo if available, and a brief statement describing what you do in/for the communities, and any other details important to have included in promotional material.

| Name of Agency, Group/Organization:   |
|---|
| Agency, Organization/Group Designated Contact Person:   |
| Designated Contact's Telephone/Cell No.   |
| Designated Contact's Email :  |
| Please enter a brief description describing what is done in/for the community for your Agency/Organization/<br>Community Group Agency : |
|   |
|   |
| List any other details important to be included in promotional material:  |
|   |
| Submit a logo if available:   |
|   |
|   |
|   |
|   |

Register your group/organization by Noon, Friday July 31, 2020 by

- ⇒ **Telephone**: Yvonne @ (780)985-3191 or (780)985-3604 Ext 227
- ⇒ Email: ypearson@calmar.ca (Fillable registration form available on Town of Calmar Website also)
- ⇒ **Drop off** registration form at the Town of Calmar Office @4901-50 Avenue
- ⇒ Mail registration/ form to: Town of Calmar F.C.S.S., Box 750, Calmar AB, T0C 0V0

FCSS OFFICE ONLY
Received Form \_\_\_\_
Entered on publication \_\_\_



Attention Calmar & District Agencies, Community Groups, Organizations,



### Agencies Community Organization and / or Group Leader

Due to the Covid-19 Pandemic it is not clear if any Community Awareness events usually held throughout Leduc County in September will be going forward this year. In saying that, Calmar FCSS thought we could bring Community Awareness Night to the people rather than the people to Community Awareness Night.

As you may be aware, Community Awareness Night is to help promote your agency/organization/group to the community. Could your agency/organization/group benefit from this free advertising to generate added awareness of your activities, recruit volunteers or register participants?

If so, we would be happy to include you in our advertising. Please fill out the form and provide your agency/organization/group logo, a brief statement describing what you do in/for your community, contact information, and any other details important to have included in promotional material. You may return the completed form either by email, fax, or mail.

Please note I will need to have received your information by Noon, Friday, July 31, 2020."



Inquiries Contact Yvonne Telephone: (780)985-3191 or (780)985-3604 Ext 227 Email @ ypearson@calmar.ca





### PARENT-CHILD MOTHER GOOSE PROGRAM

### Online

Connect with your child using rhymes, songs, and stories and gain skills and confidence in this program geared towards babies and young children. Children will benefit from enjoyable, healthy early experiences with language and communication and it will be a fun, bonding experience for you and your child!

Date: Thursdays

July 16 - August 13, 2020

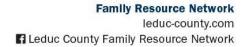
Time: 10 a.m. to 10:45 a.m.

Location: Online via Microsoft Teams
Registration starts: Friday, June 19
Space is limited to 8 registrants

To register for this program or for more information, call 780-979-2385 or email frn@leduc-county.com.









### **NOBODY'S PERFECT**

(Virtual)

Are you the parent of a child aged 0 - 6? Join us for our Nobody's Perfect virtual workshop. Grab a coffee, and let us discuss what it is like to be a parent! Session topics include, but are not limited to, feelings, behavior and body.

Date: Wednesdays, July 22 to August 19

Time: 10 a.m. to 11 a.m.

Location: Online via Microsoft Teams
A link will be sent out to participants
upon registration

Registration starts: Monday, June 19

To register for this program or for more information, call 780-979-2385 or email frn@leduc-county.com.







For Immediate Release July 10, 2020

### Somewhere to Run!

2020 is evolving in a manner that we are unfamiliar with and uncomfortable with. In response to the current rules set out by Alberta Health we will be taking our event to a virtual level! Our mission to raise awareness and funds for mental wellness has not changed, however, given the current circumstance, many people of all ages feel as though they have 'no where to run'. We would like to give our families, our friends, our community somewhere to run and remind them they are not alone and they can run with us!

We have seen statistics indicating that mental health is a source of great concern during the isolating effects and economic uncertainty of the Covid-19 pandemic response. There are places and people to turn to, but for many those names and numbers are difficult to find. Through our event promotion, social media activity, our virtual event and our race t-shirt, we will be highlighting both local and national organizations, as well as local people who can provide a listening ear, some encouragement, and direction to maintaining mental wellness.

We also envision the October 2, 2020 NoWhere to Run virtual event to be an evening of inspiration, time for activity while raising funds and awareness to support mental health initiatives for the students of Calmar Secondary School and the greater Calmar community. We envision using a virtual platform (like Zoom) with a skilled & enthusiastic moderator, an overview of the need for mental fitness, a reputable and inspirational keynote speaker, an activity (1k, 3k or 5k walk or run in their own community, or on their treadmill), links to local and national organizations that can provide support, a whole group mindfulness activity. (If we can get a fitness tracking platform to help build a running community for that event, we could even track distance and time, and declare winners of the race!) We ask that individuals and families register for this event and encourage others to join us. There is no cap on the number of participants who can join us in our common goal to lift the spirits of our community, remind them that activity is a great way to maintain or regain mental wellness, and highlight the resources available to them.

Media Contact:

Jaclyn Evaschyshyn, Race Coordinator

Phone: 780-340-2941

Email: calmarnowheretorun@gmail.com

#### ###



calmarnowheretorun@gmail.com



no\_wheretorun\_



CSSNoWhereToRunRun



calmarnowheretorun.weebly.com



to spread His light of love in Calmar"

### Calmar Community Baptist Church

Pastor Keith Froese (780)721-2171 Email: calmarcommunitybaptist37@gmail.com

Street Address: 37A Parkview Crescent, Calmar

Sunday Mornings @ the church

Pre-service Visiting 9:45 - 10:25am

Pre-service Prayer 10:00 - 10:25am

Service begins @ 10:30am

\*\*\*All other church ministries on pause during July and August\*\*\*



**Next door to Town Office | 780-985-3666** 

Need a Change? We can Help.









### **OPTIONS:**

\$100.00 Full Page \$75.00 Half Page \$50.00 Quarter Page \$25.00 Business Card COMMUNITY GROUPS ARE FREE!

Phone: 780.985.3604 ext. 232 Fax: 780.985.3039

Email: hbryans@calmar.ca

Please contact the Town office with any inquiries. When requesting an ad please submit it in an electronic format which is print ready. All ads must be paid for at the time of submission. Calmar Community groups are free. A full list can be found on our website: www.calmar.ca/ newsletter/

### Website: www.calmarpharmacy.com

Calmar Pharmacy Ltd

Hours of Operation Monday-Friday

Family owned and operated

since 1977

9:00AM-7:00PM

5002 - 50 Ave, Calmar AB TOC OVO

Front Store: 780.985.3142

Pharmacy: 780.985.3121

Saturday

9:00AM-5:00PM

Sundays & Holidays:

11:00AM-5:00PM

### **CALMAR STORAGE**

Box 693, 5009 - 43 Avenue Calmar, Alberta TOC 0V0



### CALMAR FAS GAS

**CONVENIENCE STORE - LIQUOR STORE - CARWASH** 



email - dkmills 123@hotmail.com

### OFFICE SPACE FOR RENT

1500 square foot office located on main street in Calmar.

Office is air conditioned and has a kitchen and bathroom.

> For more information contact Ken at 780-566-5340

#### Starting a Home Based Business?

Did you know that you may require a Development Permit and possibly other approvals if you are going to change the existing use of your building?

Also, you are required to obtain a Business License.

Please contact Ruth Sider, Development Officer, at rsider@calmar.ca or 780-985-3604 ext. 233.

#### **Property Taxes**

The Town offers a penalty free payment plan specially for Tax Accounts. (TIPS)

You can sign up anytime through out the year! (You will need to pay up front for the months that have already passed, to stay caught up).

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit paper from your bank.

No missed due dates and penalties, no need to renew every year. Just an automatic withdrawal from your account once a month.

~The payment is calculated based on your most current levy~

If you are interested in joining, contact Heather @ hbryans@calmar.ca or 780-985-3604 ext. 232.

### PUBLIC WORKS ON CALL

780-446-7319

**PUBLIC WORKS SHOP** 780-985-2121

**COMMUNITY PEACE OFFICER** 

780-999-7181

**EMERGENCY** 911

### **TOWN COUNCIL MEETINGS**

Held in Council Chambers @ 4901-50 Avenue @ 7p.m.

1st and 3rd Mondays each month (except July & August).