

# CALMAR CHRONICLE

April 2019










*Please be advised that our office will be  
closed Friday April 19th & Monday  
April 22nd for Easter*



### ***In This Issue:***

- Department Updates
- Calmar Library
- Senior's Corner
- \*\*\*Spring Clean Up\*\*\*
- Community Events
- FCSS Spring Programs
- Crossword Puzzle
- Did You Know
- Advertising

# April 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1 *Council Meeting 	2	3	4	5	6 *Utility Bills Due
7	8	9	10	11 	12	13
14	15 *Council Meeting 	16	17	18 	19 *Good Friday Office Closed	20
21	22 * Easter Monday Office Closed	23	24	25 	26	27
28	29 	30				

Please note, we recognize and respect that there are additional awareness dates, but for this Edition, we only highlighted a select few.  
Thank you.

## DID YOU KNOW...

- The average age of Calmar residents is 37 years old
- 57% of adult residents have a post secondary certificate, degree or diploma—compared to the provincial average of 45%



## Finance Department First Quarter Report

Well, we are nearing the end of March and it surely has started warming up so we can emerge from the freezer we have been living in for the last few months.

The 2018 audit of the Town's affairs went very well during the month of February and the 2018 Financial Statements have been adopted by Town Council at their March 4<sup>th</sup> Regular Council Meeting. You can find a copy of the Financial Statements posted on the Town's website at [www.calmar.ca](http://www.calmar.ca) or you can obtain a copy at the front desk at the Town Office. If you have questions in regards to the Statements, do not hesitate to call me at 780-985-3604 ext. 226 or email me at [mstorey@calmar.ca](mailto:mstorey@calmar.ca).

Also, at the March 4<sup>th</sup> Regular Council Meeting, Council approved the 2019 Capital Budget and the "Municipal portion only" of the 2019 Operating Budget. Copies of each are also available at the front desk at the Town Office. The final draft of the 2019 Operating Budget will be presented to Council for approval once we receive the Provincial School Requisitions and we are able to pass the Tax Rate Bylaw. With the calling of the Provincial Election, it is unknown, at this time, as to when there will be a Provincial Budget approved and when we will receive the final Education Requisitions for finalization of the Town's 2019 Operating Budget. Until more definitive information is provided by the Province, we will have to wait and see!

Mike Storey, CLGM  
Director of Finance

## PEACE OFFICER CORNER.....

Hello all.....

Time for another peek into your Enforcement Department. We've had some pretty good snowfall over the last couple of months. I would like to thank those who were quick to clear their walks. It helps keep the town clean, looking good, and provides a safe walking experience for young and old. I understand with the cold weather it's hard to motivate ourselves, but it is a necessary action to keep our public safe from hazards. With the warm weather coming, I'm sure the animal complaints will start to roll in. Remember that it costs everyone money when people let their animal be at large and I have to get involved, with either fines or kennel costs. Let's respect each other's properties and keep our animals in our own yards.

A couple of reminders. With the warm weather comes a lot of slush which means we all need to ensure our windshield washer fluid stays topped up. It doesn't take long on a messy day to go thru your entire reservoir of windshield washer fluid. Also with the freeze at night it makes for a slippery early morning drive.

Regards,

OFFICER LEGGIO

## FROM THE RECREATION DEPARTMENT

Not that I want to ruin anyone's day but I also don't want anyone to think I tried to bury this information if I put it later in this article...but at the Town Council meeting of 18 March Council passed resolutions that will see some rate increases taking place this year.

First, over at the Mike Karbonik Arena, effective the 2019 – 2020 ice season, there will be a change in how rental time is billed. Up to now, ice users have not been charged for flood times between games or after games/bookings. This will no longer be the case. Rental fees will be invoiced based on the start and end times of a booking and then 15 minutes will be charged for any required flood after the booking. So if there is a block booking for a tournament, the invoice would include the entire time in the block, not just game times, and then 15 minutes for the flood after the tournament. Using this example, if a tournament runs from 9am to 9pm on a Saturday, the tournament would be billed for 12.25 hours. This change was implemented due to the desire to increase ice revenue with the least impact upon the ice users. It was felt by the Recreation Board that this was the better solution than an actual increase in the hourly rates.

Over at the Program Centre, the desire was again to increase revenues and looking at other like facilities in the area, it was evident the Program Centre is being rented out at a very generous rate. Upon the recommendation of the Recreation Board, effective 01 September of this year, the rental rates of the Program Centre will be increased to \$30 for bookings of less than 4 hours and \$60 dollars for bookings of more than 4 hours FOR CALMAR and LEDUC COUNTY RESIDENTS. For residents of other areas such as the City of Leduc the rental rate will be \$50 for bookings of less than 4 hours and \$100 for bookings of more than 4 hours. The reason for this new rate is due to the fact that non-Calmar and non-Leduc County residents do not contribute toward the operating costs of the Program Centre and as such, they should not be entitled to the same subsidized rate as tax payers of Calmar and Leduc County.

Related to this situation, Town Council also approved a recommendation by the Recreation Board to alter the fee structure of the Summer Get-A-Way. Effective this year, any non-Calmar or Leduc County residents will be charged double of whatever the annually set fee for the Get-A-Way is for Calmar and Leduc County residents is. Last year the rate was \$15/week and \$20 per field trip or the whole 6 week program for just \$180. Often, a single week at another summer camp program will cost more than the entire 6 week rate we charge so even doing this, the non-tax payers are still getting a pretty good deal.

Okay, now on to happier things...

National Volunteer Week will be from the 7th – 13th of this month and as most of us know, community sports and recreation could not happen without the countless hours put in by volunteers. Did you know by 2018 active Calmar and area volunteers had contributed over 800 years of service!? Thank you to the many people who graciously give up their time so that others both young and old can enjoy and/or better themselves.

Here in Calmar and the surrounding area we will be thanking some of these volunteers at the annual Volunteer Appreciation Night on Saturday the 13<sup>th</sup> at the Royal Canadian Legion. For those who will have RSVP'ed for this evening there will be a supper catered by Bob Ronnie Catering (and if Bob's up to his usual standards, it will be absolutely delicious); prizes; and entertainment courtesy of hypnotist Jay Dee.

As usual, this night will also see us recognize our volunteers of the year as well as volunteers celebrating their 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup> etc. year of service. Last year you may recall we changed things up a bit. Prior to 2018 all volunteers present were called up to receive their certificates. Last year we streamlined things by only calling up those celebrating their 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup> etc. years and by having them come up as a group.

This year we are changing things again. We have decided to do away with the certificates and instead everyone will receive a pin (after this year, only first year volunteers will receive a pin). Then we will recognize those marking their 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup> etc. years by giving them a special 'rocker' that attaches to their pin showing the number of years of service they have given. For those who have passed one of those milestone years and has not reached the next milestone year, their service has not been forgotten during this transition period. They will receive a rocker for their most recent milestone year. So, if Yvonne Doe has 37 years of service this year, we would give her a rocker for 35 years. The only thing is she would not be called up to receive her rocker. It would be given to her as she checked in or, if she were not present, to the contact person for the organization she volunteers for.

*Continued next page.....*

## FROM THE RECREATION DEPARTMENT CONTINUED

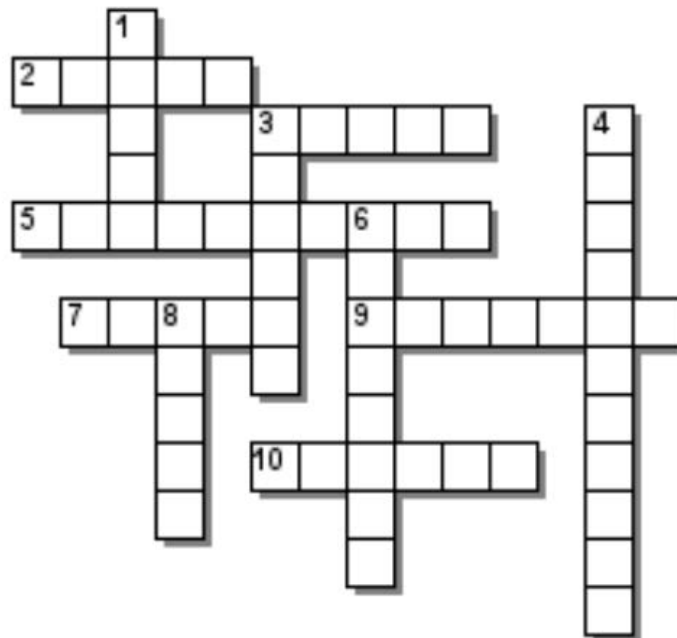
Over at the Mike Karbonik Arena the ice season is over but it doesn't mean the place has to be empty. Lacrosse lines will once again be put in and, of course, if anyone wanted to book the facility for things like floor hockey or some other activity, you could always do that.

With the snow melting that means summer is on its way. And if it's summer in Calmar that means the Summer Get-a-Way will be back another year. For any high schoolers looking for approximately 6 weeks of employment (03 July to 09 August), keep this in mind. We hope to have returnees from last year's crew but you never know who's going to come back and who isn't so it can't hurt to drop off a resume.

Finally, Calmar, the Recreation Board wants to hear from you!! Over the next few months the Rec Board hopes to come up with a definitive vision for the area south and southwest of the ball diamonds often referred to as Zolner Park. Most recently it has been proposed that the area become the site of lighted soccer fields, 20 camping stalls, and a change room/concession facility. But is that what the community really needs or wants? Please let the Rec Board know. Ideas bounced around include unlighted soccer fields with 1 lighted ball diamond and no camping stalls or change room building but lots of parking. What do you think? Please send your comments by email to Recreation Coordinator Byron King at [bking@calmar.ca](mailto:bking@calmar.ca). The plan is to bring a vision to Council in time for 2020 budget deliberations so that development of this area can begin in 2020.

Byron King  
Recreation Coordinator

## Spring Crossword Puzzle



### Across

- 2 - flower; Dutch flower from a bulb
- 3 - Sow these in the ground and they grow
- 5 - A day for moms; holiday
- 7 - Sign of spring; bird
- 9 - April showers bring May \_\_\_\_\_.
- 10 - A small pool of water

### Down

- 1 - Farmers \_\_\_\_\_ crops
- 3 - Season after Winter
- 4 - Bug that turns into a butterfly
- 6 - flower; yellow or white
- 8 - Spring \_\_\_\_\_; vacation

# What's Happening at the Calmar Public Library **April 2019**

## April Programs

### Magnesium the Magnificent

**Monday, April 8<sup>th</sup> @ 7:00 pm**

Come out and learn why this is thought to be one of the most important supplements, but also the most forgotten about. From the benefits, to how to include it in your diet and everything in between this evening is all about Magnesium the Magnificent.



### Sewing for Beginners 101

**Saturday, April 13<sup>th</sup> @ 11:30 am**

Ever wanted to know if you would enjoy sewing but don't know where to start? Or maybe you got that new sewing machine, but now what? This is the opportunity for you! Grab your sewing machine and come on down for Sewing for Beginners 101. This two-hour program will show you the basics of sewing and you will leave with a completed project.

For those who do not have their own sewing machine but are interested in participating, we have 2 sewing machines that will be available for use. These machines are on a first-come basis, so sign up early to not be disappointed. Material for the project will be supplied. Due to limited space and equipment registration is required. 780.985.3472



### Circle of Security

**Wednesdays, April 10<sup>th</sup> – May 29<sup>th</sup> @ 1pm to 2pm**  
**(no program on May 1<sup>st</sup>)**

Circle of Security is a relationship-based program designed to enhance attachment security between parents and children. It is intended to help caregivers increase awareness of their children's needs and whether their own responses meet those needs. With increased awareness parents can expand their moment-to-moment parenting choices where needed.

This program is in partnership with Leduc Regional Parent Link Centre and Early Childhood Resource Program. To register please call 780.979.2386 or email [lrplc@leduc-county.com](mailto:lrplc@leduc-county.com).

## ON GOING PROGRAMS

### EARLY DISMISSAL MOVIE: **Ralph Breaks the Internet**

**Wednesday, April 3rd @ 3:00 pm**



Popcorn is on and so is **Ralph Breaks the Internet**. Video-game bad guy Ralph and best friend Vanellope von Schweetz leave the comforts of Litwak's arcade in an attempt to save her game, Sugar Rush. Their quest takes them to the vast, uncharted world of the internet, where they rely on the citizens of the internet, "the Netizens" to help navigate their way. Call 780.985.3472 to register.

### TWEEN SCENE (6 to 12 years of age)

**Thursday, April 11th @ 3:30 pm**

Spring is in the air and that means that nesting season for birds is upon us. Nesting season is a very busy time for birds and any help we can give them means the less time the parents will need to stay away from the nest foraging for food. How can you help? Come on down to the library and build a backyard bird feeder and nesting material cage for the birds in your neighborhood. Registration is required as there are limited spots available. This is our last Tween Scene until the new school year.



### Let's Get Cooking Cookbook Club

**Monday, April 15<sup>th</sup> @ 6:30 pm**



Last month we did all things Irish in celebration of St. Patrick's Day. For the month of April, the Let's Get Cooking Cookbook Club's theme is all things celery. Celery is one of the lowest-carb veggies, has anti-inflammatory health benefits, and is well-known for its antioxidants like vitamin C. But even with all these benefits it is often forgotten. Let's bring celery into the limelight and show how versatile it can be. Looking forward to trying some delicious celery dishes. If you would like to join us, please contact the library for details. 780.985.3472

### PD BOARD GAME BONANZA (ages 6 years and older)

**Friday, April 12<sup>th</sup> @ 1:30 pm**

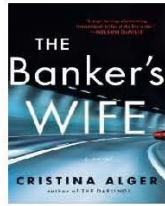
The challenge is on! Can you beat the Library Staff? Time to prove it! Come on down for an afternoon of fun and games. We have games for all ages.

We have classics like **Operation, Candy Land, Connect, Go Fish, Old Maid** and **Animal Rummy**. We also have some new games like, **Sushi Go Party, Gobbler Gobblers, Hedbanz, Squashed** and **Exploding Kittens!** So, come on down and show **US** how to play, we dare you!



## Adult Book Club

Monday, April 29<sup>th</sup> @ 1:30 pm



The book we will be discussing in April is "*The Banker's Wife*" by Christina Alger. Drop by the library to pick up your copy and join the conversation as we make books come to life. This will be our last Book Club until the fall.

## And the winner is.....

The following are the winners for the 2018 Calmar Public Library Writing Contest.

### ADULT

#### Short Story

- 1<sup>st</sup> – Andy Stephen
- 2<sup>nd</sup> – Jaclyn Evaschesen
- 3<sup>rd</sup> – Kim Senio

#### Poetry

- 1<sup>st</sup> – Ray Ownes
- 2<sup>nd</sup> – Lee-Anne Peel
- 3<sup>rd</sup> – Christine Owens

### YOUTH

#### Short Story

- 1<sup>st</sup> – Monet Davies
- 2<sup>nd</sup> – Siara MacLellan
- 3<sup>rd</sup> – Hannah Van't Hoff

#### Poetry

- 1<sup>st</sup> – Cyanne Craig
- 2<sup>nd</sup> – Reese Chloe A. Jorvina
- 3<sup>rd</sup> – Brianna Wipf

Thank you to everyone who participated in this year's writing contest. A heart felt thank you to each of the judges, Nicole Harrish, Leanne Myggland-Carter, and Dr. Nhung Tran-Davies. We also wish to thank Dr. Nhung Tran-Davies and Dr. Grant Davies for their generosity in sponsoring this event. Until next year....

## Save the Date

Rig Hand Distillery Sampling: Wednesday, May 22<sup>nd</sup> @ 7:00 pm (You must be a patron of the Calmar Public Library to participate in this event). For more information contact the library.

## Calmar Public Library Board Meeting

Thursday, April 18<sup>th</sup> @ 7:00 pm

Board meetings are open to the public. If you would like more information regarding participating on the Library Board please contact Susan Parkinson at 780.985.3472 or [sparkinson@calmarpubliclibrary.ca](mailto:sparkinson@calmarpubliclibrary.ca).

Check out our webpage: [www.calmarpubliclibrary.ca](http://www.calmarpubliclibrary.ca)

Call 780.985.3472 for more information.





## APRIL 2019 CALMAR PUBLIC LIBRARY PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 11:00-8:00 11:30 AM Zook Adult Exercise	2 11:00-5:00 1:30 PM Knitting Group (Everyone)	3 11:00-8:00 10:00 AM Learn, Play, Grow (0-5yrs with caregiver) 3:00 PM Early Dismissal Movie: TBA	4 11:00-5:00	5 11:00-5:00	6 11:00 – 3:00	7 CLOSED
8 11:00-8:00 11:30 AM Zook Adult Exercise 7:00 Magnesium the Magnificent	9 11:00-5:00 1:30 PM Knitting Group (Everyone)	10 11:00-8:00 10:00 AM Learn, Play, Grow (0-5yrs with caregiver) 1:00 pm Circle of Security	11 11:00-5:00 3:30 pm Tween Time	12 11:00-5:00	13 11:00 – 3:00 11:30 to 1:30 Sewing 101	14 CLOSED
15 11:00-8:00 11:30 AM Zook Adult Exercise 6:30 PM CookBook Club (Adult)	16 11:00-5:00 1:30 PM Knitting Group (Everyone)	17 11:00-8:00 10:00 AM Learn, Play, Grow (0-5yrs with caregiver) 1:00 pm Circle of Security	18 11:00-5:00 7-9 Board Meeting Open to the public	19 11:00-5:00 Good Friday CLOSED	20 11:00 – 3:00 CLOSED	21 CLOSED
22 11:00-8:00 Easter Monday CLOSED	23 11:00-5:00 1:30 PM Knitting Group (Everyone)	24 11:00-8:00 10:00 AM Learn, Play, Grow (0-5yrs with caregiver) 1:00 pm Circle of Security	25 11:00-5:00 3:30 pm Tween Book Club (6-12 yrs)	26 11:00-5:00 1:00 pm Mother Daughter Book Club (Family)	27 11:00 – 3:00	28 CLOSED
29 11:00-8:00 11:30 AM Zook Adult Exercise 1:30 PM Adult Book Club	30 11:00-5:00 1:30 PM Knitting Group (Everyone)					

# Calmar and District Senior Citizen's Club

## April 2019 News

The Calmar and District Senior Citizen's Club would like to welcome all seniors in the region to come and try us on for size. It is an opportunity to meet up with old acquaintances, make new friends and have some fun.

Our seniors club has a very liberal age limit, anyone over the age of 50 is welcome to join the club and socialize with other seniors from Calmar and the surrounding area.

The club host the Music Jammers on the 4<sup>th</sup> Wednesday of every month except (July & August), this is a great opportunity to listen and dance to lively music provided by regional musicians. The cost to attend is only \$7.00 for an afternoon of music and fun. A light lunch is also served.

### **Important Notice**

**The club held its annual General Meeting on February 20, 2019 and there are a few volunteer positions that need to be filled.**

**The vacant positions are secretary – 1 position, social committee – 3 positions, janitor – 1 position, and maintenance committee 1 position, hall rental coordinator – 1 position.**

**Anyone who is interested in filling any of the above volunteer positions please contact Ed Roskewich at 587-986-0921.**

The Calmar Seniors hall is available for rental. The rental rates are \$100 for 4 hrs or less and \$200 for more than 4 hours plus an equal amount for a refundable damage deposit. Please call Terry at 587-988-3636 for rental or more information.

### **Activities to look forward to at the Calmar & District Senior Citizen's Hall are:**

March Music Jammers – March 26, 2019 @ 1:00 PM

April Music Jammers – April 23, 2019 @ 1:00 PM

General Meeting - April 10, 2019 @1:00 PM

May Music Jammers – May 28, 2019 @1:00 PM

June Music Jammers – June 25, 2019 @ 1:00 PM

General Meeting – June 12, 2019 @ 1:00 PM

Strawberry Tea – Mothers Day weekend – more information to follow.



# The Glen Park Hall



Is hosting their annual spring  
**Garage & Bake Sale**

**Friday April 26, 3-7 pm**

**Sat. April 27, 10 am-4 pm**

**Concession**



**Pop**

**Coffee**

**Hot Dogs**



**Hamburgers**



**Pie**

**Drop by and view what the vendors have to offer for sale. Visit our concession, try a great hamburger, hot dog, pie or just have a refreshment and enjoy some good old time socializing. Hope to see you there.**

**For availability of tables, phone 780-919-1250  
or send email to: [glenparkhall@live.com](mailto:glenparkhall@live.com)**

## MUSICAL INSTRUMENT SWAP MEET (indoor)

&

## TAILGATE GARAGE SALE (outdoor) REFRESHMENTS & FACEPAINTING FOR THE KIDS!

May 11th, 2019 from 10am—4pm

Wilton Park Community Centre

Limited number of tables—Register by May 1st

\$10/each

Contact Gary @780-920-2199 or 780-789-2203

Or Audrey @ 780-913-7493



**FALSE ALARMS REQUIRING UNNECESSARY  
EMERGENCY RESPONSES POSE A THREAT TO  
THE SAFETY OF FIRE DEPARTMENT  
PERSONNEL AND THE PUBLIC BY CREATING  
UNNECESSARY HAZARDS AND DELAYING  
ATTENDANCE AT GENUINE EMERGENCIES.**



**DID YOU KNOW THAT WHEN AN ALARM SYSTEM  
GENERATES MORE THAN ONE FALSE ALARM  
WITHIN A CALENDAR YEAR, THE TOWN MAY  
CHARGE THE OWNER/OCCUPIER OF THE  
PREMISES?**



WILTON PARK COMMUNITY CENTRE

APRIL 8TH, 2019 @ 7:00 PM

### Mr. Fix It Calmar

Terry  
780-940-8403

Journeyman Plumber/Gas Fitter  
Handyman

- Plumbing Repairs
- Hot Water Tanks
- Change Out Taps
- Toilets & Showers
- New Basement Plumbing & Renovations
- Hook Up Gas Lines To Barbeques
- Household Repairs
- Odd Jobs & Yard Work

# 2019 Spring Clean Up

Pick up is scheduled from  
**May 13, 2019 to May 17, 2019**



Items **MUST** be placed out by 7:00AM on Monday, May 13th

Pick up will be completed by Friday, May 17 by 3:30PM

**CURB-SIDE FRONT YARD PICK UP ONLY  
NO EXCEPTIONS**

Maximum pick up is 1/2 ton truck load per residence  
Branches are to be **BUNDLED** in 3 foot (MAX length) bundles  
Place metal in a separate pile  
Place electronics in a separate pile

**We will *not* accept the following:**

Dishwashers, Fridges, Deepfreezes, Microwaves, Stoves,  
Washers, Dryers, Broken Glass, Batteries, Car Parts, Tires, Concrete,  
Paint, Oil, Antifreeze or Chemicals.



FOR MORE INFORMATION ABOUT THE  
**2019 SPRING CLEAN UP**  
CONTACT THE TOWN OF CALMAR OFFICE  
@ 780-985-3604

# 43rd Annual Year End Concert

Directed by: Dave Ganert

Alberta  
**ZIRKA**  
Ukrainian Performers



**Date:** Friday Evening, April 12, 2019

**Time:** Doors open at 6:00 pm, performance starts at 7:00 pm

**Location:** Maclab Centre for the Performing Arts  
(Leduc Composite High School)

**Tickets:** ticketpro.ca - (\$19 each)

**Contacts:** Debbie Weir - (780) 910-2185  
Carol Hayduk - (780) 985-3652

# 2 FREE

.....WORKSHOPS.....

## Co-parenting and Children in Change



April 6, 2019 | 10 a.m. - 4 p.m.

Father Leduc School (400 Sheppard Blvd)

Registration is required: Call 780-980-7109

### Co-parenting workshop

This one-day workshop is designed to provide new skills for people who are co-parenting with an ex-partner. You will learn:

- To choose a better way to communicate with each other
- Skills for dealing with anger, resentment and conflict
- How to make your child a priority
- The impact of separation on your child

### Children in Change workshop

This group program is designed for kids aged five to 11 years old to safely share experiences and feelings regarding separation and divorce through play and activities.

*NOTE: Please be advised that there is a required intake process for this program prior to registration.*



[www.Leduc.ca](http://www.Leduc.ca)



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[@the-city-of-leduc](https://www.instagram.com/the-city-of-leduc)



[/cityofleduc](https://www.facebook.com/cityofleduc)

# Early Years & Leduc Regional Parent Link Centre



## Spring 2019

**NEW! View all of our programs online at [leduc-county.com/services/fcss](http://leduc-county.com/services/fcss)**

### Drop-in programs

**Drop-in programs are a fun and flexible way to explore a variety of programs without committing to a weekly or monthly class. Join us to play today!**

#### Stay 'n' Play

Are you looking for a program that encourages play and offers opportunities to connect with other children and adults in the community? This unstructured play time (0 to 5 years) promotes active exploration and provides learning activities that support healthy child development. A child's best learning happens in the context of relationships. Join your child while they engage with others in a fun, free and social environment.

#### Playing with Play

Playing with Play extends information about a specific topic. The intent is to offer fun, easy and affordable play activities that you can easily take home and share with your child. As your child's first and most important teacher, you set your child's habits of mind in connecting, playing and learning.

#### Play Learn & Grow

Parents and children have an opportunity to explore a wide variety of open-ended materials and engage in fun and interesting learning experiences that build on developing skills.

#### Little Yogis (LY)

Join us at Telford Lake for our Little Yogis program. Yoga is an ancient practice that supports our wellbeing by building confidence, reducing stress and increasing strength and flexibility in both body and mind. For young children, we can lay the foundation for lifelong health by learning to celebrate our bodies and model calming skills. Recommended age is 2.5 to 5 years. Please bring a yoga mat or beach towel for yourself and your child(ren). *This outdoor program is weather dependant. Please see note about program closures on page 3.*

#### Circle of Security (registered program)

This workshop is for parents and caregivers who have children 0 - 5 years. The Circle of Security parenting program is based on decades of research about how parent-child relationships can be supported and strengthened. Understand children's emotional world, support children to manage emotions and more!



780-979-2386



1-866-979-2386



[lrplc@leduc-county.com](mailto:lrplc@leduc-county.com)



[facebook.com/leducregionalparentlink](https://facebook.com/leducregionalparentlink)



# Early Years & Leduc Regional Parent Link Centre: *Programs at a Glance*

To register for these programs, please call 780-979-2386, 1-866-979-2386, text 780-720-4627 or email LRPLC@leduc-county.com. View all of our programs online at [leduc-county.com/services/fcss](http://leduc-county.com/services/fcss).

No programming June 25 - 28

## Beaumont

Unless otherwise noted, programs in Beaumont are held at the Town of Beaumont School Age Site (4306 - 44 St.).

Program	Dates	Time	Registration starts
Stay 'n' Play	Thursdays (closed June 6)	9 – 11:30 a.m.	drop-in

## Calmar

Unless otherwise noted, programs in Calmar are held at the Calmar Public Library (4705 - 50 Ave.).

Program	Dates	Time	Registration starts
Play Learn & Grow	Wednesdays	10 – 11:30 a.m.	drop-in
Circle of Security (registered)	Wednesdays, April 10 to May 29 Closed May 1	1 – 2 p.m.	March 27

## Devon

Unless otherwise noted, programs in Devon are held at Old Robina Baker School (5 Jasper Court).

Program	Dates	Time	Registration starts
Stay'n'Play	Tuesdays	9 – 11:30 a.m.	drop-in
Devon Early Childhood Expo at the Devon Community Centre	Saturday, April 6	9 – noon	drop-in

## Leduc

Unless otherwise noted, programs in Leduc are held at the Leduc Parent Link Site (299 Telford Court [52 St. & 52 Ave.]).

Program	Dates	Time	Registration starts
Stay 'n' Play	Tuesdays	9 – 11:30 a.m.	drop-in
Little Yogis	Thursdays, June 13, 20	10:30 – 11:30 a.m.	drop-in
Play, Learn & Grow (at Leduc Public Library)	Fridays, April 5, May 10 and June 14	10 a.m. – noon	drop-in
Leduc Regional Family Fun Fair at the Leduc Recreation Centre	Friday, May 31	4 – 8:30 p.m.	drop-in

## New Sarepta

Unless otherwise noted, programs in New Sarepta are held at the New Sarepta Agri-Plex (5088 - 1 Ave. S).

Program	Dates	Time	Registration starts
Stay 'n' Play	Wednesdays	9 – 11:30 a.m.	drop-in
Playing with Play	Fridays, April 12 and 26	10 – 11:30 a.m.	drop-in

All Leduc Regional Parent Link Centre and Early Childhood Resource programs are provided at no cost to participants unless otherwise indicated.

# Early Years & Leduc Regional Parent Link Centre: Programs at a Glance

## Thorsby

Unless otherwise noted, programs in Thorsby are held at the Early Learning & Care Modular, across from Arctic Spas Recreation Complex (4908 48 Street).

Program	Dates	Time	Registration starts
Stay'n' Play	Wednesdays	10 a.m. – noon	drop-in

## Warburg

Unless otherwise noted, programs in Warburg are held at the Village of Warburg office, downstairs (5212 - 50 Ave.).

Program	Dates	Time	Registration Starts
Stay'n' Play	Thursdays Closed June 6	9:30 – 11:30 a.m.	drop-in
Playing with Play	Fridays, May 3 to 24	10 – 11:30 a.m.	drop-in

## The following Triple P services are available as requested in your community

Program	Dates	Time	Registration Starts
Triple P Tip Sheets 1:1 Primary Care  <i>For a description of Triple P programs, please visit the website listed on the back page.</i>	Monday to Friday	8:30 a.m. – 4:30 p.m. By appointment  Tip Sheets: 15 - 20 mins  1:1 Primary Care: 30 to 45 mins, four sessions	ongoing
Triple P Tip Sheets 1:1 Primary Care	Tuesdays	6 – 7:30 p.m. By appointment  Tip Sheets: 15 - 20 mins  1:1 Primary Care: 30 to 45 mins, four sessions	ongoing

**To enroll in a registered program, please email [lrplc@leduc-country.com](mailto:lrplc@leduc-country.com), text 780-720-4627 or call 780-979-2386.**

*Note: registering via email/text results in a quicker processing time than telephone. Programs are filled on a first-come-first served basis.*

### When registering via email or leaving a phone message, please include the following information:

- Name of program
- Your full name (or adult who will be attending the program with child/children)
- Full names and ages of all children who will be attending (babies/siblings, etc.)
- Phone number where you can most easily be reached at
- Email address

*Your registration is confirmed when you have receive a response from a Parent Link Early Years Mentor. Please contact us if you are unsure of the status of your enrollment.*

**Please contact Parent Link to cancel your participation.** Registration remains open 48 hours prior to start of program. If registration is low, the program may be cancelled. You will be contacted regarding any changes to the service.

**In the event of severe spring weather, programs may be cancelled with short notice. Please check our Facebook page for any cancellation notices ([facebook.com/leduregionalparentlink](https://facebook.com/leduregionalparentlink))**

## Parenting resources

### Developmental domains

As part of our ongoing commitment to the children of the Leduc region, the programs we offer are being purposefully created with one or more of the five developmental domains in mind. Symbols by the program descriptions identify which domains they primarily focus on. If you have any questions, please call **780-979-2386**.



Full developmental domain descriptions can be found online at [leduc-county.com/services/fcss](http://leduc-county.com/services/fcss).



#### Physical health and well-being

Encouraging physical growth and independence, growth and fine motor skills and coordination.



#### Language and thinking

Encouraging reading, writing, classification of shapes, numbers, colours, sizes and concepts.



#### Emotional maturity

Encouraging age-appropriate emotional understanding, empathy, reflection, controlled actions (thinking before doing).



#### Social competence

Encouraging playing well with others, curiosity about the world, respect for others, following rules and exploration.



#### Communication skills and general knowledge

Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.

### ASQ questionnaire

#### Curious to learn more about your child's development?

The **ASQ** or the **ASQ-SE (Social-Emotional)** questionnaire is a screening tool that identifies what to expect at different ages and stages of a child's development. The questionnaire is completed by the person who knows the child best, typically a parent or caregiver. Stop by any Parent Link program to pick up a copy or call **1-866-979-2386** to have one delivered to you.

### Lending library

Looking for a particular book on parenting or child development? We may have it. Ask a Parent Link staff member about the books and resources we have available to support you in parenting and raising healthy children.

### Triple P: Positive Parenting Program

Open to any parent, grandparent or caregiver interested in the joys and challenges of parenting children 2-12 years.

All families are different, and as such, Triple P has a number of ways to get the support that you want. Choose from a seminar, group program, discussion group and/or in-home sessions.

For descriptions and information about the programs available, please visit the provincial Triple P Positive Parenting Program website at: <https://bit.ly/2LBF0Nm>

If you would like any of these programs to run in your community, or if you would like a one-on-one meeting with one of our Early Years Mentors, please contact us at:

- **780-979-2386**
- **1-866-979-2386**
- **email [lrplc@leduc-county.com](mailto:lrplc@leduc-county.com)**
- **text 780-720-4627**

If you would like to take the Triple P Group online and at your convenience, please visit [www.triplep-parenting.net](http://www.triplep-parenting.net).



780-979-2386



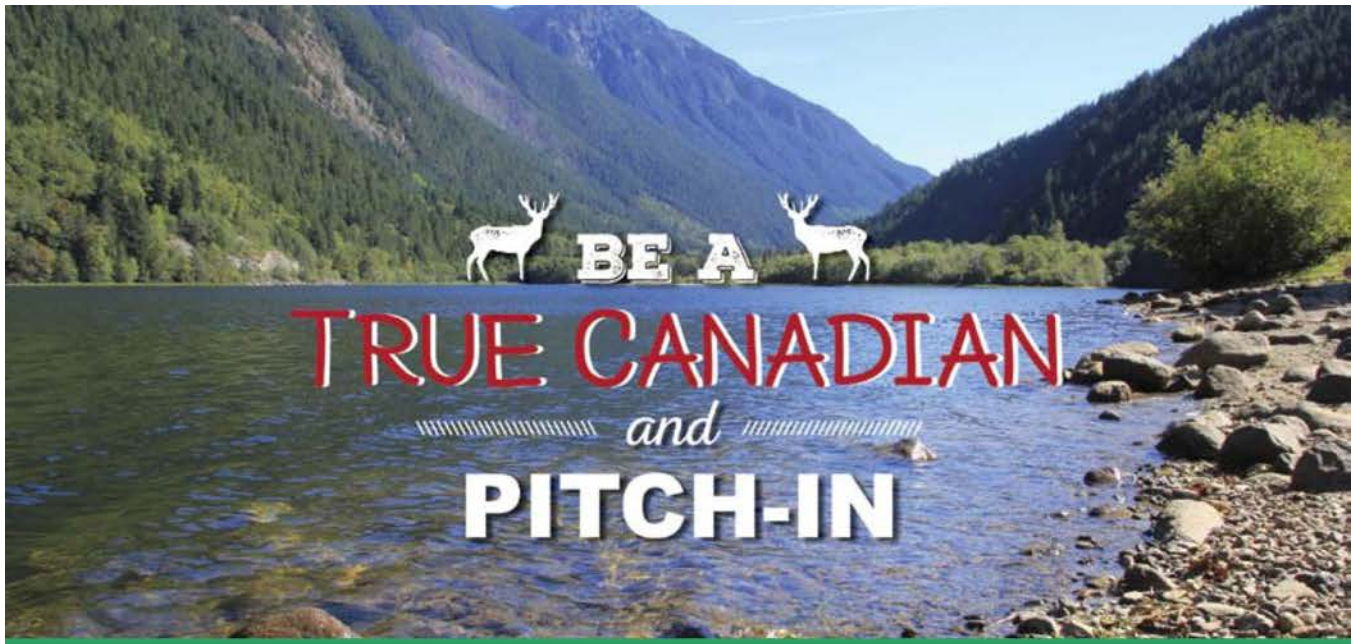
1-866-979-2386



[lrplc@leduc-county.com](mailto:lrplc@leduc-county.com)



[facebook.com/leducregionparentlink](https://facebook.com/leducregionparentlink)



# PITCH-IN WEEK

## APRIL 22 - 29, 2019

Sponsored By

*Tim Hortons.*




**JOIN 1.4 MILLION CANADIANS AND PARTICIPATE IN PITCH-IN CANADA WEEK!**

Take part in your community, organize a cleanup, educational activity, community beautification project or join a local campaign.

**IT IS EASY & FREE TO REGISTER!  
REGISTRATION DEADLINE IS MARCH 1, 2019**

1. Go to [www.pitch-in.ca](http://www.pitch-in.ca)
2. Click on PITCH-IN CANADA WEEK
3. Fill out all the necessary information including your name, your organization and project details.
4. Receive in the mail, your FREE official PITCH-IN WEEK recycling and waste removal bags.
5. Complete your project and upload your photos on our social media sites.

**FOR MORE INFORMATION:**

 /Pitchin.Canada  @Pitch\_In\_Canada  250-914-3202

 [pitch-in@pitch-in.ca](mailto:pitch-in@pitch-in.ca) OR visit us at [www.pitch-in.ca](http://www.pitch-in.ca)



Join **CANADA'S LARGEST**  
**CLEANUP CAMPAIGN**

I'M LOSING MY MIND! WHY IS THIS SO HARD?  
CAN ANYONE HELP ME?

# DOES PARENTING YOUR TEEN FEEL LIKE THIS?

COME OUT AND MEET OTHER LEDUC PARENTS  
DEALING WITH THE SAME CHALLENGES AND GET TO KNOW  
COMMUNITY SUPPORTS OVER A FREE DINNER

MAY 8, 2019

6 - 8 P.M.

LEDUC PUBLIC LIBRARY  
(2 ALEXANDRA PARK)

**BULLYING, CYBER BULLYING AND  
HARASSMENT**

Call FCSS at 780-980-7109 to register

**LEDUC** COMMUNITY  
DRUG ACTION  
COMMITTEE

CITY OF  
**Leduc**

# Home Alone Workshop

for children ages 9-11 and their parents



Do you think your child is ready to start staying home alone before or after school or occasionally for short periods of time? Does your child have some experience being home alone? No matter what your situation, this workshop will enhance your child's skill and confidence to stay home alone while giving you the knowledge about what your child needs in order to be ready. This **free** course focuses on home alone skills and readiness, as well as emergencies, back up plans and scenario practices. Children must be a minimum of nine years old and attend with at least one parent.

## Wednesday, March 6

6 to 8 p.m. | reg. code: HA-C-0306  
Calmar Public Library  
4705 50 Ave., Calmar

## Thursday, April 4

6 to 8 p.m. | reg. code: HA-T-0404  
Thorsby Fire Hall  
4836 49 Ave., Thorsby

## Tuesday, April 30

6 to 8 p.m. | reg. code: HA-W-0430  
Warburg Village Office (*basement*)  
5212 50 Ave., Warburg

## Monday, May 27

6 to 8 p.m. | reg. code: HA-N-0527  
County Centre  
1101 5 Street, Nisku

*Space is limited.*

**NEW!** Registrations are now taken online. If you'd like to register for an upcoming workshop, please use the applicable registration code and register online at:

[app.booking.ca/leduccountypub](http://app.booking.ca/leduccountypub)

*Light refreshments will be provided.*

For more information, contact Sara at **780-955-6424**





# SCREEN TEST IS COMING TO:

## Thorsby

Community Centre

## Apr 5 & 6

To book a mammogram call  
**1-800-667-0604**  
(toll-free)

Screen Test brings breast cancer screening to women in rural areas with mobile mammogram clinics

A mammogram can help find breast cancer 2 - 3 years before it can be felt

Women 50-74 should plan to have a screening mammogram every 2 years and may self-refer

There is no cost for this service

To learn more about breast, cervical, or colorectal cancer screening in Alberta visit:

 SCREENING  
FOR LIFE.CA

# GOOD FRIDAY

Joint Service at Wiesenthal Baptist Church

@ 10:30am



**CHOOSE THE MOST  
RELIABLE, UNRESTRICTED  
SPEED-OF-LIGHT INTERNET  
CONNECTION.  
CHOOSE TO LIVE IN A  
FIBRETOWN**

Express your interest today at  
[axia.com/alberta](http://axia.com/alberta)



**AXIA** IMPROVING LIVES  
AT THE SPEED OF LIGHT



*"Growing together in Jesus Christ"*



*to spread His light of love in Calmar"*

# Calmar Community Baptist Church

Pastor Keith Froese (780)721-2171 Email: calmarcommunitybaptist37@gmail.com Street Address: 37A Parkview Cres.

## ***Sunday Mornings @ the church***

Adult & Youth Sunday School class - 9:00 - 9:45am

Pre-service coffee 9:45 - 10:25am

Pre-service Prayer 10:00 - 10:15am

Service begins @ 10:30am

*Hey Kids!*

THE **GOSPEL PROJECT**  
FOR KIDS



Come Join Us  
Sunday Mornings!

Learn how **Christ** fits  
into the entire **Gospel Story**,  
pre-creation to eternity.

*Welcome All Ladies!*

## *What's your spiritual gift?*

*Come join us on Wednesday Nights  
@ 7:00pm for coffee, encouragement &  
Digging deeper into God's Word.*



## **Men's Bible Study**

Enjoy studying God's word,  
discussion and a cup of  
coffee together.

Saturday mornings @ 7:30  
Breakfast every 1st  
Saturday of the month.

## **Christian Service Brigade**

Boys ages 8-12

Held @ the Calmar Elementary School

Thursdays from 6:30 - 8:00pm

*"Bright & Keen for Christ"*



**Youth!**

**Come hangout with us  
Friday nights @ 7:00pm**



*Join us every 3rd  
Friday of the month*

**Share your talent**

**Worship**

**\$Concession\$**

\*Supper starts @ 6:30pm

*"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity." 1 Timothy 4:12*

# NewsLetter DEADLINE 15th of the month


## OPTIONS:

**\$100.00 Full Page      \$75.00 Half Page**  
**\$50.00 Quarter Page    \$25.00 Business Card**  
**COMMUNITY GROUPS ARE FREE!**

Phone: 780.985.3604 ext. 232 Fax: 780.985.3039

Email: [hbryans@calmar.ca](mailto:hbryans@calmar.ca)

Please contact the Town office with any inquiries. When requesting an ad please send in exactly what you'd like to have advertised. **All ads must be paid for at the time of submission.** Calmar Community groups are free. A full list can be found on our website: [www.calmar.ca/newsletter/](http://www.calmar.ca/newsletter/)



**Calmar Pharmacy Ltd**

Family owned and operated since 1977


5002 - 50 Ave, Calmar AB T0C 0V0  
 Front Store: 780.985.3142  
 Pharmacy: 780.985.3121  
 Website: [www.calmarpharmacy.com](http://www.calmarpharmacy.com)

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**Hours of Operation**

Monday-Friday	9:00AM-7:00PM
Saturday	9:00AM-6:00PM
Sundays & Holidays:	11:00AM-5:00PM

**CALMAR STORAGE**  
**Box 693, 5009 - 43 Avenue**  
**Calmar, Alberta T0C 0V0**  
**Tel: 780-985-2102**



**CALMAR FAS GAS**  
**CONVENIENCE STORE - LIQUOR STORE - CARWASH**



Darrin & Kathy Mills  
 5001 - 50 Ave. P.O. Box 1200  
 Calmar, AB. T0C 0V0  
 email - [dkmills\\_123@hotmail.com](mailto:dkmills_123@hotmail.com)

Conv. Store 780-985-7224  
 Liquor Store 780-985-3334  
 Fax 780-985-3334

### Starting a Home Based Business?

Did you know that you may require a Development Permit and possibly other approvals if you are going to change the existing use of your building?

Also, if you are operating a home based business you are required to obtain Development Permit approval and Business License approval.

Please contact Ruth Sider, Development Officer, at [rsider@calmar.ca](mailto:rsider@calmar.ca) or 780-985-3604 ext 233.

### Never Forget To Pay Your Utility Bill Again!

The Town offers the option for your utility payments to be automatically withdrawn.

You will still receive your regular bill in the mail, stating "Do Not Pay". Your amount due will automatically be withdrawn on the 6th of each billing month (every two months).

This will help ensure your accounts are always in good standing with no penalties or transfers to Tax accounts.

If you are interested or have more questions, please contact Darlene @ 780-985-3604 ext. 222 or [dparchoma@calmar.ca](mailto:dparchoma@calmar.ca).

### Property Taxes

The Town offers a penalty free payment plan specially for Tax Accounts. (TIPS)

You can sign up anytime through out the year!

(Will need to pay up front for the months that have already passed, to stay caught up).

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/Direct Deposit paper from your Bank.

No missed due dates and penalties, no need to renew every year. Just an automatic withdrawal from your account once a month.

~The payment is calculated based on your most current levy~

If you are interested, contact Heather @ [hbryans@calmar.ca](mailto:hbryans@calmar.ca) or

780-985-3604 ext. 232.