

CALMAR CHRONICLE

May 2018



**NOTICE: OUR OFFICE
WILL BE CLOSED ON
MAY 21ST**



In This Issue:

- Property Taxes: Important Info
- Spring Clean Up
- Calendar
- Mayor's Corner
- Medical Clinic Business Hours
- Calmar Library
- Community in Bloom
- Senior's Citizen's Club
- New Businesses!
- Advertising



Please join us for this inspiring, fun and educational day as we host the second annual
“JUST OLDER YOUTH CONFERENCE 2018”

WHEN: Wednesday, May 16, 2018 **TIME** 10:00 am- 2:30 pm **WHERE:** Arctic Spa Fieldhouse, Thorsby AB
WHO: Open to ages 50 + **KEY SPEAKER:** Monica Knight

9:30-10:00AM Registration and Coffee **10:00-11:15AM** Keynote Speaker “Pension, Passion & Purpose”
11:30-12:30PM Lunch
2:30-1:30PM *Choice of Session to Attend: Having the Time of Our Lives: A Session on Time Management (Monika Knight), *or*
*Nutrition for Adults & Older Adults (Andrea Shackel - The Primary Care Network), *or*
*What is Adult Learning? (Denise Magis - Leduc Adult Learning Centre), *or*
*Vision Loss: What Can We Do About It? (Merico Tesolin - Canadian National Institute for the Blind)
1:30PM-2:30PM Door Prizes, Closing Remarks

*If you wish to register for this conference please contact
Yvonne @ (780)985-3191 by **Wednesday, May 7, 2018**
Or
Send an Email request @ YPearson@calmar.ca
Ticket price: \$20.00 each.*



A friendly reminder!

Tax notices were mailed **Friday, April 20th.**

Completed Assessment Appeals, along with the applicable fee, are to be submitted no later than 4:30PM on **Wednesday, June 27th** at the Calmar Town Office.

The Assessment Open House will be held at the Town Office on **Thursday, May 31st** from 6PM to 7PM. Come out and ask our assessors anything you need to know about your property assessment. Refreshments and snacks are provided!

Please note: Our standard due date of June 30th falls on a Saturday this year. As per the Interpretation's Act, you may pay your account on the next business day, which falls on Tuesday, July 3rd. Penalties will be applied on any outstanding 2018 levies on Wednesday, July 4th.

Payment options that are available: Cash or Cheque, Interac, and Online.

Penalties are not applied to payments that are **post marked** (via Canada Post and Online) July 3rd, 2018. This rule only applies for the 2018 tax year.

If you have any questions, please contact the Tax Clerk, Amanda @ aeigenbrood@calmar.ca or 780-985-3604 ext. 232.

2018 Spring Clean Up

Pick up is scheduled from
May 14, 2018 to May 18, 2018



Items **MUST** be placed out by 7:00AM on Monday, May 14th

Pick up will be completed by Friday, May 18 by 3:30PM

**CURB-SIDE FRONT YARD PICK UP ONLY
NO EXCEPTIONS**

Maximum pick up is 1/2 ton truck load per residence
Branches are to be **BUNDLED** in 3 foot (MAX length) bundles
Place metal in a separate pile
Place electronics in a separate pile

We will *not* accept the following:

Dishwashers, Fridges, Deepfreezes, Microwaves, Stoves,
Washers, Dryers, Broken Glass, Batteries, Car Parts, Tires, Concrete,
Paint, Oil, Antifreeze or Chemicals.



FOR MORE INFORMATION ABOUT THE
2018 SPRING CLEAN UP,
CONTACT THE TOWN OF CALMAR OFFICE
@ 780-985-3604



**CANADIAN
NURSES
ASSOCIATION**

National Nursing Week is May 7-13 and the theme is #YesThisIsNursing.
<https://www.cna-aiic.ca/en/events/national-nursing-week>

May 2018

<https://www.canada.ca/en/health-canada/services/calendar-health-promotion-days.html>

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 Calmar Medical Clinic Grand Opening/Ribbon Cutting Ceremony 3:30-5:30PM	4	5
6	7 Council Meeting 7PM National Child and Youth Mental Health Day	8	9	10	11 Senior's: Strawberry Tea 11am-2pm	12 Senior's: Strawberry Tea 11am-2pm <i>International Nurses Day</i>
13 <i>Happy Mother's Day!</i>	14	15 Grand Opening for the Zyp Art Gallery @ Calmar Medical Clinic	16	17	18	19
20	21 Victoria Day <i>Town Office Closed</i>	22 Council Meeting 7PM	23	24	25 <i>Congratulations Grads!!</i>	26
27	28	29	30	31 World No Tobacco Day		Please note, we recognize and respect that there are additional awareness dates, but for this Edition, we only highlighted a select few. <i>Thank you.</i>



TOBACCO BREAKS HEARTS

Choose health, not tobacco
31 MAY: WORLD NO TOBACCO DAY #NoTobacco

Every year, on 31 May, WHO and partners mark World No Tobacco Day (WNTD), highlighting the health and other risks associated with tobacco use, and advocating for effective policies to reduce tobacco consumption.

The focus of World No Tobacco Day 2018 is "Tobacco and heart disease." The campaign will increase awareness on the:

- link between tobacco and heart and other cardiovascular diseases (CVD), including stroke, which combined are the world's leading causes of death;
- feasible actions and measures that key audiences, including governments and the public, can take to reduce the risks to heart health posed by tobacco.

<http://www.who.int/campaigns/no-tobacco-day/2018/event/en/>

Congratulations
Class of 2018



Property Tax Calculator

Want to know how much your property taxes are/will be? Try out our [Property Tax Calculator](#) on our website to see the estimated amount of your tax levy. This calculator will also breakdown the estimated monthly amount if you were interested in being enrolled on our Tax Installment Plan.

Please note: The mill rates that calculate the totals are the *most current* rates available. The 2018 tax mill rates were passed by Council on April 3, 2018.

Council Approved 2018 Bylaws:

2018-07 Subdivision & Development Appeal Board

2018-08 Property Tax - Rescinded

2018-09 Land Use Bylaw Amendment - Rezone

2018-10 Property Tax

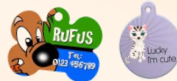
Please contact the Town if you have any questions about the above Bylaws.

The most commonly requested Bylaws are available to view on our website: www.calmar.ca

Thinking of operating a business in town? Moving your existing business to a new location in Town? Whether it is an industrial, commercial, or a home-based business you require the appropriate permit approvals. You will need Development Permit approval and Business License approval.

To find out more information please contact Ruth Sider, Development Officer at 780-985-3604 ext. 233

Hey all pet owners! New to Town? Have a new four legged friend added to your family? Don't forget to register them at the Town office and receive a Dog and/or Cat tag! Let's keep our loved ones safe and secure by making sure the Town Office has your current information in case your pet ever gets loose. Please refer to our updated Animal Control Bylaw for more information. www.calmar.ca



PLEASE NOTE:

We will include department reports in the following editions of the Chronicle:

April, July, October,
& December

This way we will have the opportunity to share with you the progress from each quarter in greater detail.

Please continue to watch for dates and times of all Town functions on our website www.calmar.ca, the electronic sign, our [Facebook page](#), and each edition of the Calmar Chronicle.

Thank you!

Did You Know?

The Town offers a penalty free payment plan specially for Tax Accounts. (TIPS)

You can sign up anytime through out the year!

(Will need to pay up front for the months that have already passed, to stay caught up).

All you need is a signed Pre-Authorized Debit form and a VOID Cheque/ Direct Deposit paper from your Bank.

No missed due dates and penalties, no need to renew every year. Just an automatic withdrawal from your account once a month.

~The payment is calculated based on your most current levy~

If you are interested, you can find more info at www.calmar.ca Or by contacting Amanda @ aeigenbrood@calmar.ca or 780-985-3604 ext. 232

Need a place to throw a birthday party? Baby Shower? Arts and Crafts events?
(The possibilities are endless!)

Check out our **Program Centre!** (formerly Scouts Hall) on 4815-49th Street.

Mike Karbonik Arena dry floor for birthday parties, private ball hockey games, etc.

Check out our [online calendar](#) to see if the date you need is available. You can now request your booking online!

Then fill out this [application form](#) to request your chosen date and time.

If you have any questions please contact Byron @ bking@calmar.ca or 780-985-3604 ext. 224. More at www.calmar.ca

We look forward to hearing from you!

Did you know?

The Town also offers the option for your utility payments to be automatically withdrawn.

You will still receive your regular bill in the mail, stating "Do Not Pay". Your amount due will automatically be withdrawn on the 6th of each billing month (every two months).

This will help ensure your accounts are always in good standing with no penalties or transfers to Tax accounts.

If you are interested or have more questions, please contact Darlene @ 780-985-3604 ext. 222 or dparchoma@calmar.ca

Mayor's Corner

With spring arriving late this year, things seem quiet in Calmar but there is a lot of buzz behind the scenes! The Town has received drawings and permits that are being processed for the new Professional Building construction on the old Calmar Hotel site. Once completed our Main Street will have an outstanding look and feel to it!

Volunteer Appreciation night took place on April 21st and was a big success! Thank you to all our dedicated and much appreciated volunteers! Thank you to Yvonne Pearson and Byron King for their hard-work on putting this great evening together. Volunteers are the heart of our community and are always needed. If you have some free time and would like to help, please contact the Town Office and they will connect you with these organizations.

Council is invited to attend many community events throughout the year and we greatly appreciate these invitations. In the past, different organizations have planned their fundraisers or year-end parties on the same day. It is very difficult for Council to be at multiple fundraisers in the same evening, but more importantly, it is impossible for people to attend and support these organizations on the same day. The frustrating part is the "talk and gossip" around town that Council and the community do not support our groups. We are a small Town and only have so many people to gather support, therefore planning is of the utmost importance to ensure your group is successful!

I ask all community groups to check with the Town Office and communicate your planned events to ensure that they do not conflict with other community events! The Town may advertise your event on our Electronic Sign, upon your request.

Speaking of volunteering, did you know the Town has a float that is taken to many parades in and around the surrounding area? We are looking for people to ride on the float and represent the Town. We are also looking for local business to advertise on the Town Float. To sign up to ride on the float and for parade dates or to advertise your business, contact the Town office at (780) 985-3604 for details.

As always, if you have any questions or concerns you can contact me or any of the Councillors. I can be reached at wychimetz@calmar.ca or call me at (780) 722-4147. You can address all of Council between 6:30 and 7:00 pm before the council meetings held on the first and third Mondays of the Month.

We have so much to be proud of in our Community!

LET'S MAKE CALMAR, THE BEST CALMAR IT CAN BE!

Mayor Wally Yachimetz

Calmar Medical Clinic

Monday - Wednesday 9-4
Thursday 9-6
Friday 9-noon

New Business Location
4715-50 Avenue



Calmar Chiropractic Clinic
(Dr. Devon Phillips)
Tues 3-7, Thurs 3-6
Ph 780-985-7260



Versus Cafe & Catering Co
(Kari Scott)



RISE WELLNESS
MASSAGE THERAPY & HOLISTIC HEALING

Rise Wellness
Massage Therapy & Holistic Healing
(Jen Cameron) M-F 9-6
Saturdays, by appointments only 780-913-7718



Countryside Vision Care
(Dr. Sara Starko)
Mon - Fri 9-5, Clinics Mon & Thurs



Zyp Art Gallery - M-F 9-5, Sat 9- 2



Heidi Hough's Yoga - Rise & Shine Yoga
Saturdays 8:30-9:30AM
Other weekday sessions TBA.



Family Care Psychology (Zelda Kause)
Mondays. To book call 780-985-3344
or Anna 780-963-7451



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axia has a solution for the Town of Calmar!

**CHOOSE THE MOST
RELIABLE, UNRESTRICTED
SPEED-OF-LIGHT INTERNET
CONNECTION.
CHOOSE TO LIVE IN A
FIBRETOWN**

Express your interest today at
axia.com/alberta

AXIA IMPROVING LIVES
AT THE SPEED OF LIGHT

What's Happening at the Calmar Public Library

MAY 2018 FREE PROGRAMS AT THE LIBRARY



Imprints April 11th to May 9th

Viewing to take place in the program room when it is not in use.

The exhibition **Imprints** acknowledges the importance of this media within the visual arts and some of the individuals responsible for the stature of print making within the province and the on the national and international art stages. This program is made possible by the following funders:



Early Dismissal Movie Time: Ferdinand

Wednesday, May 2nd @ 3:00 pm (School Age Children)

It's Popcorn Time!

Come on down and enjoy a movie at the library!

Registration required so we know how much popcorn to make.



Write That D## Bucket List Continued!

Wednesday, May 2nd @ 7:00 pm

This program is expanding on the principles that were discussed last month from the book *"5 Where Will You Be Five Years From Today"* by Dan Zadra. Didn't make it last month? No problem come on down and you will still discover how you can make the next five years the most exciting, satisfying, productive, & amazing years of your life!

Registration is required for this FREE program.



Tea for Two Tea Party

Wednesday, May 16th @ 3:30 pm Program is for 5 to 12 years of age with caregivers.

Spring is fast approaching and what better way to celebrate than to have a tea party!

Sign up today for tea & refreshments in high tea style.

Dress up is encouraged!



Bee Keeping 101

Wednesday, May 16th @ 7:00 pm with Local Bee Keeper Barbara Sorensen

This program will cover several topics on bees, from how to help the bees to starting your own beehive.









Registration is required for this FREE program.



Check out our webpage: www.calmarpubliclibrary.ca

Call 780.985.3472 for more information.

**CALMAR PUBLIC LIBRARY
MAY 2018 PROGRAMS**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	2 11:00 am – 8:00 pm 10am- 11am Play Learn & Grow (0-5 with caregiver) 3:00 pm Early Dismissal Movie: Ferdinand 7:00 Bucket list with Joan Goudreau	3 11:00 am – 5:00 pm Noon – 3:00 Private Function	4 11:00 am – 5:00 pm 1:00 – 2:30 Mother Daughter Book Club	5 11:00 am – 3:00 pm
6 	7 11:00 am – 8:00 pm 11:30 am Zook (Adult)	8 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	9 11:00 am – 8:00 pm 10am- 11am Play Learn & Grow (0-5 with caregiver)	10 11:00 am – 5:00 pm 3:30 – 4:30 Tween Time (6 – 12 years) 7:00 pm Board Meeting	11 11:00 am – 5:00 pm	12 11:00 am – 3:00 pm
13 	14 11:00 am – 8:00 pm 11:30 am Zook (Adult)	15 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	16 11:00 am – 8:00 pm 10am- 11am Play Learn & Grow (0-5 with caregiver) 3:30 – 4:30 Tea 4 Two Tea Party (5 to 12 years with caregiver) 7:00 Bee Keeping 101	17 11:00 am – 5:00 pm	18 11:00 am – 5:00 pm	19 11:00 am – 3:00 pm 
20 	21 	22 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	23 11:00 am – 8:00 pm 10am- 11am Play Learn & Grow (0-5 with caregiver)	24 11:00 am – 5:00 pm 3:30 – 4:30 Tween Book Club (7-12 years)	25 11:00 am – 5:00 pm	26 11:00 am – 3:00 pm
27 	28 11:00 am – 8:00 pm 11:30 am Zook (Adult) 6:30pm Adult Book	29 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	30 11:00 am – 8:00 pm 10am- 11am Play Learn & Grow (0-5 with caregiver)	31 11:00 am – 5:00 pm		

FOR MORE INFORMATION CALL 780.985.3472 CALMAR PUBLIC LIBRARY 4705 50 AVE PO BOX 328 CALMAR ALBERTA T0C 0V0

CALMAR'S COMMUNITY IN BLOOM



A BIG Shout out to everyone who responded to our Community Survey! Results will be advertised in the June edition of the Chronicle! Please take the time to fill out our survey if you have not yet done so! We are very interested in hearing from you! You can email your survey to tbalaban@calmar.ca or drop off at the Town Office.

Thank you to all applicants that submitted their letters of interest for the Town Weeder Position! We will be in contact with all of you in the weeks ahead!

Please stay posted for upcoming information

Date for Town Spring Clean-up of our parks and recreation areas
(BBQ to follow for all volunteers)!

Planting dates for Community Gardens and Town Barrels!

Information on a possible site for our Community Garden and other details!

COME GROW WITH US!



Once completed, please return to
Calmar Town Office: 4901 50 Avenue
or email to tbalaban@calmar.ca
Thank you for your input!

Calmar Community Garden Interest Survey

1. If there were a community garden in Calmar, how would you participate?
 - I would not participate
 - I would like to participate and have access to fresh vegetables, but I am facing barriers (example: physical, financial)
 - Maintaining my own plot
 - Teaching others about gardening
 - Caring for the common areas of the garden
 - Member of the Communities in Bloom volunteer team- organization, implementation, and maintenance

2. What do you want the community garden to be? Please check all that apply.
 - A place to grow healthy food for myself and my family
 - A place to learn about gardening, composting, etc.
 - A place to meet and socialize
 - A place for kids to learn new skills and about healthy food
 - A way to increase food security in our community
 - A way to beautify our community

3. Would you pay a nominal plot fee (~\$25) if it were reimbursed to you after clean-up at the end of the season?
 - Yes
 - No

4. Any additional ideas or comments?

5. **If you would like to take part in this exciting opportunity, how can we best connect with you?**

Name: _____

Phone Number: _____

Email: _____

"Growing together in Jesus Christ



to spread His light of love in Calmar"

Calmar Community Baptist Church

Sunday Mornings @ the church

Adult Sunday School class - The Story @ 9:00 - 9:45am

Pre-service coffee 9:45 - 10:25am

Pre-service Prayer 10:00 - 10:15am

Service begins @ 10:30am



THE STORY

THE BIBLE AS ONE CONTINUING STORY
OF GOD AND HIS PEOPLE

Adult Sunday School Class @ 9:00am

The cost for material is \$20
(includes participants guide & selected bible readings)
Contact Pastor Keith for details

Men's Bible Study

Led by Pastor Jake Leverette

Enjoy studying God's word,
discussion and a cup of coffee
together.



All Men Can Join!

Saturday mornings @ 7:30

Kids Clubs

Boys Christian Service Brigade &

Treasure Seekers Girls Club

has ended for the year,

but we will start up again in the fall!

Ladies Bible Study

Ladies Welcome!

Come study God's Word and
enjoy fellowship together.

2nd & 4th Saturday of the
month

@ 7:30am Downstairs



ALIVE
YOUTH MINISTRIES

- music

- open mic

- speciality coffee/treats for purchase

*café is every 3rd Sunday of the
month @ 7:00pm

AM
café

Pastor Keith Froese

Contact # (780) 721-2171

Email: calmarcommunitybaptist37@gmail.com

Street Address: 37A Parkview Cres. Calmar

Concession Operator Required

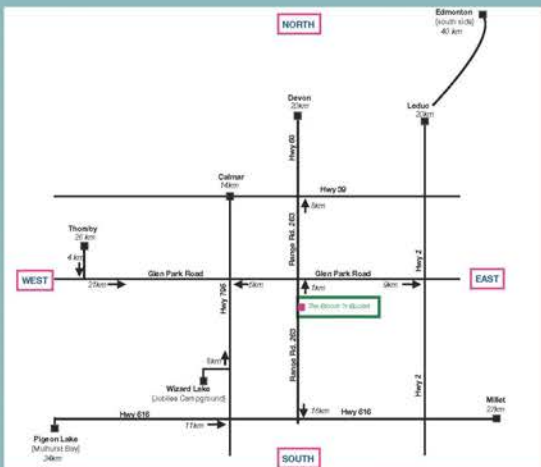
The Mike Karbonik Arena requires a concession operator for the **2018 – 2019 ICE SEASON**
(approximately September – March).

If you are interested in operating the arena concession please contact
Byron King, Recreation Coordinator (780-985-3604 ext. 224 or bking@calmar.ca) for more information.



GRAND OPENING!

May 4th, 2018
10am - 8pm



Come visit us and wander
amongst the Greenery!!

48503 Range Road 263
(County Address)
Calmar, AB

Mon: Noon to 8pm
Tue-Fri: 10am to 8pm
Sat: 10am to 6pm
Sun: 10am to 6pm

780-994-0944

CALMAR AND DISTRICT SENIOR CITIZEN'S CLUB MAY 2018 NEWS

Spring has sprung! The weather is beginning to warm and we are all eager to get into our gardens and out of the house! We are all looking forward to the annual Strawberry Shortcake Sale and Tea that is planned for May 11 & 12. We have advance tickets available for \$5.00 per person. We encourage everyone to come to the Centre on either May 11 or 12 and enjoy the cozy Tea House atmosphere. What a great place to take Mom for an advanced Mother's Day treat. Affordable too! We look forward to hosting everyone at the tea.



Activities to look forward to at the Calmar and District Senior Citizen's Club location are as follows:

ANNUAL STRAWBERRY TEA MAY 11 & 12

Advance tickets available Contact Margaret 780-985-3221

May 7, Drop in Coffee

May 11, Strawberry Tea 11am-2pm cost \$5.00 per person

May 12, Strawberry Tea 11am-2pm cost \$5.00 per person

May 14, Drop in Coffee 9am-noon

May 16, Birthdays 1:30pm (if this is your birthday month please bring a baked item to share)

May 21, Drop in Coffee 9am-noon

May 22, Music Jammers 1:00p.m. Light lunch served. \$5.00 fee collected at the door.

May 28, Drop in Coffee 9am-noon

Hall rental cost for meetings up to 4 hours \$75 and more than four hours \$150 plus equal amount for deposits, please call Ed 780-985-3221 or Terry 780-985-3117

Something new to look forward to:

Bus trips to run the first Wednesday of the month for more info and to reserve a seat on the bus contact:

Judy 780-985-3370



OPENING SOON:

Munchies Bar & Grill
587-331-9453

Enjoy a home-style meal with your entire family without having to worry about cooking or clean up! let our friendly staff serve you the comforts of home!

4726-50 AVE CALMAR, AB

next to:

SKIP'S BAR

4724-50 AVE CALMAR, AB

looking for a place to hang your hat and have a drink or two with friends? Skip's Bar is the place for you! karaoke on Saturdays starting at 9 pm also available for parties, pub crawls, and so much more!



Let's build a relationship.

Congratulations on your new space, Calmar Medical Clinic!

May this building bring warmth, security and many fond memories for your many years to come!

keller.ab.ca

 **Keller**
Construction Ltd.

ATB Financial®

Ask A Banker Day!

Tuesday May 15, 2018 from 1 – 4:30

Everyone Welcome – ATB & Non-ATB Customers

Bring in Your Current Portfolio For Another Opinion

Discuss with Senior ATB Financial Advisors:

- Total Banking Solutions
- Investments including GICs, RSPs, TFSAs
- Commercial & Agriculture Options
- What ATB can do for YOU

DID YOU KNOW.....

ATB Calmar is NOW a full service location offering all of the above!

780-985-2103

4905 – 50 Avenue, Calmar AB T0C 0V0

780-985-3666



Lights, Camera, Action Contest!

**Buy a new Auto, Home, Commercial or Farm Policy
from Direct-Line between March 1 – June 29, 2018
& You'll be entered to win a fantastic evening at the
Mayfield Dinner Theatre!**



OPTIONS:

\$100.00 Full Page \$75.00 Half Page
 \$50.00 Quarter Page \$25.00 Business Card
COMMUNITY GROUPS ARE FREE!

4901 - 50 Avenue
 PO Box 750
 Calmar AB T0C 0V0

Phone: 780.985.3604 ext. 232
 Fax: 780.985.3039
 Email: aeigenbrood@calmar.ca

Please contact the Town office with any inquiries. When requesting an ad, please send in exactly what you'd like to have advertised.
All Ads must be paid for at the time of submission.

Calmar Community groups are free. A full list can be found on our website: www.calmar.ca/newsletter/

CALMAR STORAGE

Box 693, 5009 - 43 Avenue
 Calmar, Alberta T0C 0V0
 Tel: 780-985-2102



CALMAR FAS GAS

CONVENIENCE STORE - LIQUOR STORE - CARWASH



Darrin & Kathy Mills Conv. Store 780-985-7224
 5001 - 50 Ave. P.O. Box 1200 Liquor Store 780-985-3334
 Calmar, AB. T0C 0V0 Fax 780-985-3334
 email - dkmills_123@hotmail.com

Calmar Pharmacy Ltd

Family owned and operated since 1977
 5002 - 50 Ave, Calmar AB T0C 0V0
 Front Store: 780.985.3142
 Pharmacy: 780.985.3121
 Website: www.calmarpharmacy.com

Hours of Operation
 Monday-Friday 9:00AM-7:00PM
 Saturday 9:00AM-6:00PM
 Sundays & Holidays: 11:00AM-5:00PM



BINGO WEDNESDAYS
 7:00 PM
CALMAR LEGION



Is drinking a problem? Alcoholics Anonymous can help. Call 587.784.3285 or go to area78.org for meeting time and location. AA is a non profit organization. The sole purpose of Alcoholics Anonymous is for men and women coming together to share their experience, strength, and hope that they may recover and help others to recover from alcoholism. AA is a self-supporting organization; AA is not affiliated with ANY religious, political or activist groups; AA does not keep records of attendance or case history; AA does not try to control members; AA is about staying sober and helping others to achieve sobriety.