

March 2018



NOTICE: OUR OFFICE WILL BE CLOSED ON MARCH 30TH & APRIL 2ND FOR GOOD FRIDAY & EASTER MONDAY

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- Volunteer Income Tax Program
- Community Calendar
- Did You Know?
- Calmar Library
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Calmar FCSS Board Members Needed

The Town of Calmar has a local FCSS Advisory Board. The Board is comprised of one member of Council and four (4) members of the Public at Large. The Board shall meet for no less than 5 meetings each year. We are seeking to fill one (1) more seat on this Board, being a resident of the Calmar Rural Community District.

A "Letter of Interest" should be submitted to the Town of Calmar: Town of Calmar Box 750 4901-50th Avenue Calmar, AB, TOC 0V0

For more information please contact Yvonne Pearson (FCSS Coordinator) at 780.985.3191 or ypearson@calmar.ca

Calmar Family & Community Support Service—Upcoming Events



Volunteer Income Tax Program March 6 – April 30, 2018

Program is for Low-Income Individuals, Families, Students and seniors.

*Please make sure you have all your gov't papers.

Individual Income Tax Inquiries

CALL # 1-800-959-8281.

** Some individuals will be getting a Gov't letter in the mail as a special invite to call in and do their taxes by phone. (Only those who get this letter will qualify)

Patti Adams 780-789-4004 FCSS

Home Alone Workshop

Wednesday, April 18, Calmar, location TBA.

For Youth ages 9 and up and parent.

Do you think your child is ready to start staying home alone before or after school or occasionally for short periods of time?

Does your child have some experience being home alone?

Call Sara to register 780-955-6424



NATIONAL VOLUNTEER WEEK Give a little. Change a lot.

2018 Calmar National Volunteer Appreciation Celebration

SATURDAY, April 21*, 2018

Location: Calmar Royal Canadian Legion

Buffet Supper - Catered by BOB RONNIE CATERING

Entertainment: COMEDIAN JAMES ULOTH

Attention All Calmar Community Groups:

Please contact Yvonne to update your contact information @ (780)985-3191 or email ypearson@calmar.ca





Please join us for this inspiring, fun and educational day as we host the second annual

"JUST OLDER YOUTH CONFERENCE 2018"

WHEN: May 16, 2018, Wednesday TIME 10:00 am- 3:00 pm
WHERE: Artic Spa Fieldhouse, Thorsby AB WHO: Open to ages 50 + KEY SPEAKER: T.B.A.

Ticket price to be determined. A catered lunch will be included in cost. A full day of informative presenters will entertain you, while attendees can also gather information from the vendor booths.

Stay tuned for more information!

If you wish to register for this conference please contact Yvonne @ (780)985-3191 Or

Send an Email request @ YPearson@calmar.ca









2018 INCOME TAX RETURNS FOR 2017 TAX YEAR



VOLUNTEER INCOME TAX PROGRAM

BEGINNING MARCH 6, 2018

HELP IS AVAILABLE FOR FREE

FOR LOW INCOME INDIVIDUAL, FAMILIES, STUDENTS & SENIORS

TAX RETURNS DONE BY APPOINTMENT ONLY

FOR AN APPOINTMENT OR MORE INFORMATION CONTACT FCSS

COORDINATOR YVONNE @ 780-985-3191 EMAIL: ypearson@calmar.ca

The Volunteer program DOES NOT complete returns with income from:

• Self-employed individuals • Capital Gains/or Losses • Fishing Income

• Farming Income • Bankruptcies • Deceased Persons

•Interest over \$1000 •Individuals who report employment expenses;

or individuals who report business or rental income and expenses.

I (Yvonne) can collect individual Income Tax information for individuals who



NEED A HAND

have transportation challenges. Please contact me to arrange pickup @ (780)985-3191 between March 7th to March 28th, 2018



** Some individuals will be getting a Gov't letter in the mail as a special invite to call in and do their taxes by phone. (Only those who get this letter will qualify)



Aarch 20

https://www.canada.ca/en/health-canada/services/calendar-health-promotion-days.html

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6 World Lymphedema Day* March 6 https:// lymphaticnetwork.org/wld/	7	8	9	10
11 Glaucoma Week Peoplat-1/, etc	12	13	14	15	16	17 *
18	19	20	21	22 22 MARCH WORLD WATER DAY	23	24
²⁵ March Break	26 Shipporting Foriss Purple Day - March 26 Purple Day - March 26 Partie Day - March 26 Partie Day - March 26 Partie Day - March 26	27	28	29	30 Good Friday Town Office & Arena are closed	31 Please note, we recognize and respect that there are addi- tional awareness dates, but for this Edition, we only highlighted a select few. <i>Thank you.</i>

"I wanted people around the world to come together and teach others about epilepsy." CASSIDY MEGAN, FOUNDER OF PURPLE DAY

- There are approximately 50 million people around the world living with epilepsy.
- It's estimated that 1 in 100 people have epilepsy
- There are more than 300,000 Canadians living with epilepsy. .
- Epilepsy is NOT contagious. Epilepsy is NOT a disease. Epilepsy is NOT a psychological disorder.
- There is currently no "cure" for epilepsy. However, for 10-15% of people with epilepsy, the . surgical removal of the seizure focus - the part of brain where the person's seizures start can eliminate all seizure activity. For more than half of people with epilepsy, medication will control their seizures. Additionally, some children will outgrow their epilepsy and some adults may have a spontaneous remission.

http://www.purpleday.org/

World Water Day, on 22 March every year, is about focusing attention on the importance of water. The theme for World Water Day 2018 is 'Nature for Water' - exploring nature-based solutions to the water challenges we face in the 21st century.

Damaged ecosystems affect the quantity and quality of water available for human consumption. Today, 2.1 billion people live without safe drinking water at home; affecting their health, education and livelihoods.

Sustainable Development Goal 6 commits the world to ensuring that everyone has access to safe water by 2030, and includes targets on protecting the natural environment and reducing pollution.

Take action

Wherever you are and whatever you do on March 22, make it about nature and water. http://worldwaterday.org/

World Glaucoma Week 2018: Plan & Prepare March 11-18, 2018 marks the annual World Glaucoma Week. This collaborative project between the World Glaucoma Association and the World Glaucoma Patient Association contributes to the elimination of glaucoma blindness by alerting people to have regular eye checks, including optic nerve checks. The theme this year is Green = Go get your eyes tested for Glaucoma: Save Your Sight!

http://www.wgweek.net/



NOTICE: PROPERTY FOR SALE

Pursuant to the Tax Recovery process in the Municipal Government Act, the single family residence, **located at #5202** – **52nd Street**, was offered for sale, at a price of \$222,000.00, at a Public Auction held on July 14th, 2017. The property was not sold at the Auction and the Town of Calmar has taken title to the property. The Town now rents the property to the previous owner.

Pursuant to further processes in the Municipal Government Act, the property may now be sold by private sale with no further notice to the previous owner. A sale may be initiated by a person or persons by presenting a bona fide offer, along with a 10% deposit, based on the offer, to the Town Council of the Town of Calmar. Council may entertain any offer that is reasonably close to fair market value.

Should you have any questions in this regard, please contact Director of Finance Mike Storey at <u>mstorey@calmar.ca</u> or call 780-985-3604 extension 226.

Council Approved 2018 Bylaws to date:

2018-07 Subdivision and Development Appeal Board 2018-05 Water, Wastewater, Solid Waste and Recycling 2018-04 Municipal Emergency Management Bylaw 2018-03 Business Mastercard Guarantee 2018-02 Electronic Fund Transfer Guarantee 2018-01 Temporary Borrowing

Please contact the Town if you have any questions about the above Bylaws.

The most commonly requested Bylaws are available to view on our website: www.calmar.ca

Hey all pet owners! New to Town? Have a new four legged friend added to your family? Don't forget to register them at the Town office and receive a Dog and/or Cat tag! Let's keep our loved ones safe and secure by making sure the Town Office has your current information, in case your pet ever gets loose. Please refer to our updated Animal Control Bylaw for more information. www.calmar.ca



Need a place to throw a birthday party? Baby Shower? Arts and Crafts events? (The possibilities are endless!)

Check out our Community Hall! (formerly Scouts Hall) on 4815-49th Street

Current Rates are: \$25.00 Min. Charge for 1-4 Hours \$50.00 for Full Day

(with a \$150.00 refundable damage deposit)

Check out our <u>online calendar</u> to see if the date you need is available.

Then fill out this <u>application form</u> to request your chosen date and time.

If you have any questions please contact Ed @ <u>emelesko@calmar.ca</u> or 780-985-3604 ext. 234. More at <u>www.calmar.ca</u>

PLEASE NOTE:

We will include department reports in the following editions of the Chronicle:

> April, July, October & December

This way we will have the opportunity to share with you the progress from each quarter in greater detail.

Please continue to watch for dates and times of all Town functions on our website <u>www.calmar.ca</u>, the electronic sign, our <u>Facebook page</u>, and each edition of the Calmar Chronicle.

Thank you!

Did you know?

The Town also offers the option for your utility payments to be automatically withdrawn.

You will still receive your regular bill in the mail, stating "Do Not Pay". Your amount due will automatically be withdrawn on the 6th of each billing month (every two months).

This will help ensure your accounts are always in good standing with no penalties or transfers to Tax accounts.

If you are interested, or have more questions, please contact Darlene @ 780-985-3604 ext. 222 or <u>dparchoma@calmar.ca</u>

Did You Know?

make an OFFER!

> The Town offers a penalty free payment plan specially for Tax Accounts. (TIPS)

> You can sign up anytime through out the year! (Will need to pay up front for the months that have already passed, to stay caught up). All you need is a signed <u>P.A.D</u> form and a VOID Cheque/Direct Deposit paper from your Bank.

> No missed due dates and penalties, no need to renew every year. Just an automatic withdrawal from your account once a month.

~The payment is calculated based on your most current levy~

If you are interested, you can find more info at <u>www.calmar.ca</u> Or by contacting Amanda @ <u>aeigenbrood@cal</u> <u>mar.ca</u> or 780-985-3604 ext. 232

What's Happening at the Calmar Public Library

MARCH 2018



ColourSpectrums: Personality Styles Workshops

Monday & Wednesday, March 12th & 14th, 2018 6:30 pm – 8:00 pm ColourSpectrums is a personality styles and human communications model presented in an interactive and entertaining workshop format.

Participants are guided through a process of self-reflection, group discussions and activities to discover and celebrate diverse personality strengths. This program takes place on both nights. Another **FREE** program! Find out what "colour" you are!

Registration for this program through the library or contact facilitator

Darlene Ede at 780.979.2386 or email ltps://www.international.com

This program is in partnership with **FCSS**



Triple P Discussion Group: Managing Fighting and Aggression Wednesday, March 21st, 2018 6:00 pm to 7:30 pm

LEDUC

When children argue or fight or become aggressive it can be hard for parents to know when to step in and how to calm things down. This workshop looks at some of the reasons why children fight and gives practical suggestions to help prevent problems by teaching your child to play cooperatively and solve conflicts. Limited child-minding is available.

To register for this program, call 780-979-2386 or email liplc@leduc-county.com

This program is in partnership with **FCSS**

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April Programs to watch for:

April 4: Early Dismissal Movie Time April 11: Save Your Photos April 18: Home Alone April 23: Composting with Worms



Check out our webpage: www.calmarpubliclibrary.ca Call 780.985.3472 for more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:00 am – 5:00 pm	2 11:00 am – 5:00 pm 1:00 – 2:30 Mother Daughter Book Club	3 11:00 am – 3:00 pm
CLOSED	5 11:00 am – 8:00 pm 11:30 am Zook (Adult)	6 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	7 11:00 am – 8:00 pm 10am- 11am Parent Link (0–5 with caregiver)	8 11:00 am - 5:00 pm 12-3 PRIVATE BOOKING 3:30 - 4:30 Tween Time (6 - 12 years) 7:00 Board Training Ken Freser	9 11:00 am - 5:00 pm	10 11:00 am – 3:00 pm
CLOSED	12 11:00 am - 8:00 pm 11:30 am Zook (Adult) 6:00 - 8:30 pm Colour Spectrum With Darlene Ede	13 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	14 11:00 am - 8:00 pm 10am- 11am Parent Link (0-5 with caregiver) 6:00 - 8:00 pm Colour Spectrum With Darlene Ede	15 11:00 am – 5:00 pm	16 11:00 am – 5:00 pm	17 11:00 am – 3:00 pm
CLOSED	19 11:00 am - 8:00 pm 11:30 am Zook (Adult) 6:30 pm Cookbook Club (Adult)	20 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	21 11:00 am - 8:00 pm 10am- 11am Parent Link (0-5 with caregiver) 6 - 7:30 Triple P: Managing Fighting & Aggression	22 11:00 am – 5:00 pm	2311:00 am - 5:00 pm	24 11:00 am – 3:00 pm
CLOSED	26 11:00 am - 8:00 pm 11:30 am Zook (Adult) 6:30pm Adult Book Club	27 11:00 am – 5:00 pm 1:30 pm Knitting (Everyone)	28 11:00 am - 8:00 pm 10am- 11am Parent Link (0-5 with caregiver)	29 11:00 am - 5:00 pm 3:30 - 4:30 Tween Book Club (7-12 γears)	30	31 CLOSED
	te information arpubliclibrary.ca					





Calmar Public Library Board Members Needed

Get involved with your Library!

What would be expected of me on the board?

- Attend board meetings and participate in decision making that will affect the long-term success of the Library.
- Support events that are organized on behalf of the Library.
- Be an advocate of the Library to others.

We are now looking for 3 members to join the Board and would like to hear from anyone interested in joining.

A "Letter of Interest" should be submitted to the Town of Calmar: Town of Calmar Box 750 4901-50th Avenue Calmar, AB, TOC 0V0

You should state your areas of expertise beyond that of a passion for literature and a commitment to helping to provide the best quality library service in our community.

For more information please contact Susan Parkinson (Library Manager) at 780.985.3472 or calmarlibrary@calmarpubliclibrary.ca



CALMAR AND DISTRICT SENIOR CITIZEN'S CLUB MARCH 2018 NEWS



The Calmar and District Senior Citizens Club would like to welcome everyone to come and try us on for size! Make new friends or meet up with old acquaintances. Join the Drop-in Coffee party open to everyone (Members and nonmembers, old and young) on Mondays 9am-noon.

If you like to visit or dance come and check out the Music Jammers. A light lunch (rumored to be one of the best in the county) and a great afternoon of music. The musicians even take requests! Come out, meet new friends and have an afternoon of fun.

Birthdays are another opportunity to meet new people as well as old friends, and usually there is a cake or two that is always delicious.

Activities to look forward to at the Calmar and District Senior Citizen's Club location are as follows:

March 5, Drop in Coffee 9am-noon March 12, Drop in Coffee 9am-noon March 14, General Meeting 1:30pm March 19, Drop in Coffee 9am-noon March 21, Birthdays 1:30pm (if this is your birthday month please bring a baked item to share) March 26, Drop in Coffee 9am-noon March 27, Music Jammers 1:00p.m. Light lunch served. Fee collected at the door. Hall rentals cost for meeting up to 4 hours \$75 and more than four hours \$150 plus equal amount for deposits, please call Ed 780-985-3221





Tuesday, March 13th at 6:30 p.m. in Council Chambers

EVERYONE IS WELCOME TO ATTEND!

Spring is quickly approaching and we are making plans for the new growing season but we can't do it alone! If you have a couple of hours to spare and you want to join a fun and friendly group, we would love to meet you!

For more information contact Kim Yachimetz via email at <u>kimy45@telus.net</u> or phone (780) 722-2764

COME GROW WITH US!



April 28, 2017 | 9a.m.-4p.m.

Location TBA

Registration is required: 780-955-6421 or eugena@leduc-county.com

@citvofledud

Co-parenting workshop This one-day workshop is designed to provide new skills for people who are coparenting with an ex-partner. You will learn:

- To choose a better way to communicate with each other
 Skills for dealing with anger resentment
- Skills for dealing with anger, resentment and conflict
- How to make your child a priority
 The impact of separation on your child

www.Leduc.ca

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Children in Change workshop This group program is designed for kids aged five to 11 -years-old to safely share experiences and feelings regarding separation and divorce through play and activities.

NOTE: Please be advised that there is a required intake process for this program prior to registration.

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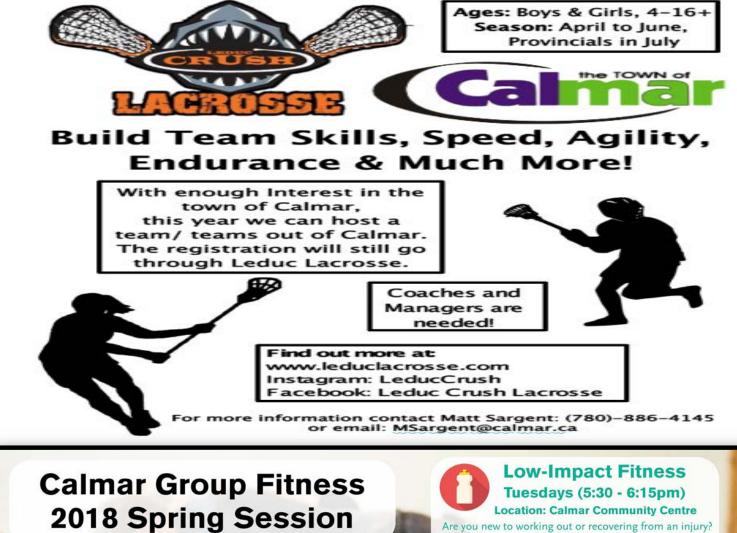


@thecityofleduc

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Join us for our 45-minute Low-Impact Fitness class that gets the heart rate up and muscles toned while being gentle on our joints. 8 Week Session.

Reg	istration	onl	γ.
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Date	Day	Time	Cost
Apr. 3 - May 22	Tues	5:30 - 6:15 pm	\$80.00

BodyPump Tuesdays (6:30 - 7:30pm)

Location: Calmar Community Centre BodyPump is an energetic circuit class filled with a mixture of body weight exercises, cardio, dumbbells and more to tone your muscles. Great for beginner to advance students. 8 Week Session. Spring PunchPass is \$80 or \$14 to Drop-in.

Date	Day	Time	Cost
Apr. 3 - May 22	Tues	6:30 - 7:30 pm	\$80.00

Body Conditioning Thursdays (6:30 - 7:15pm) Location: Calmar High School

6:30 - 7:15 pm

\$80.00

Body Conditioning is a quick workout focused on improving muscle strength and endurance. Each workout will incorporate a variety of equipment such as barbells, TRX, sandbags, spin bikes, kettlebells, battleropes and morel Great for intermediate to advance students

more! Great for intermediate to advance students. 8 Week Session. Spring PunchPass is \$80 or \$12 to Drop-in.

Thur

Date

Apr. 5 - May 31

No class May 24

Spring PunchPass can be used at both the BodyPump & Body Conditioning classes. Call or Text Brittany at 780-298-7936 to register or visit our Facebook Page at:

"Growing together in Jesus Christ



Calmar Community Baptist Church

Sunday Mornings @ the church

Adult Sunday School class - The Story @ 9:00 - 9:45am

Pre-service coffee 9:45 - 10:25am

Pre-service Prayer 10:00 - 10:15am

Service begins @ 10:30am



Adult Sunday School Class @ 9:00am The cost for material is \$20 (includes participants guide & selected bible readings) Contact Pastor Keith for details

Kids Clubs

Men's Bible Study

Led by Pastor Jake Leverette

Enjoy Studying God's Word, discussion and a cup of coffee together.

All Men Can Join!

Saturday mornings @ 7:30

Christian Service Brigade Boys ages 8 -12 Held @ the Calmar Elementary School Every Thursday night

from 6:30 - 8:00pm

Treasure Seekers Girls Club Ages 8-12

*Singing *Games *Crafts *Snacks *Bible Story

Held @ CCBC

6:30pm-8:00pm

Ladies Bible Study

Ladies Welcome!

Come study God's Word and enjoy fellowship together.

2nd & 4th Saturday of the month

@ 7:30am Downstairs



Church Contact # (780)721-2171 Email: calmarcommunitybaptist37@gmail.com

Brand New House in Calmar



Brand new Bi-Level located in Southbridge Community

Fully upgraded house has open main floor concept, main floor comes with vaulted ceiling, living room with fireplace, kitchen, dining room, den, bedroom and 4 pce bathroom.









SPECIALS FEATURES OF THE HOUSE

- Kitchen has maple cabinets, quartz counter tops and tile backsplash.
- Master bedroom located on top of the garage has walk in closet, ensuite with jetted tub and double sink with quartz counter tops.
- Fully developed basement with huge family room, bedrooms, 4 pce bathroom.
- The flooring includes high end laminate, ceramic tiles and carpet.
- The house is loaded with all the upgrades such as vaulted ceiling, fireplace, over the range microwave, upgraded plumbing and electrical fixtures.
- Muge double attached garage with overhead opener.
- Don't miss the rear deck to enjoy your summer BBQ.

Aman Dhanju -

PROFESSIONAL

780-966-9046 dhanju@shaw.ca
 780-439-9818 www.amandhanju.com





Please be advised that due to service provider increases, Residents and Businesses will see a slight increase to their utility bills in 2018. For a breakdown of rates please visit our website, <u>www.calmar.ca</u>.

If you have any questions, please call the Town Office. 780-985-3604.

OPTIONS:

\$100.00 Full Page \$75.00 Half Page
\$50.00 Quarter Page \$25.00 Business Card
COMMUNITY GROUPS ARE FREE!

4901 - 50 Avenue

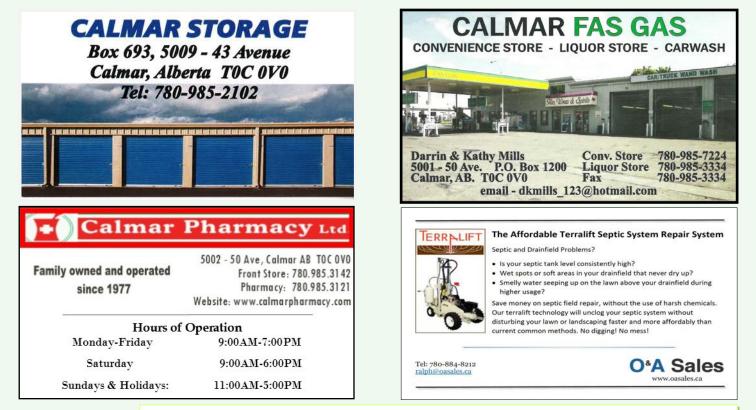
PO Box 750

Calmar AB TOC OVO

Phone: 780.985.3604 ext. 232 Fax: 780.985.3039 Email: aeigenbrood@calmar.ca

Please contact the Town office with any inquiries. When requesting an ad, send in exactly what you'd like to have advertised. You can email or drop off your ad and/or images to the contact below.

All Ads must be paid for at the time of submission. Calmar Community groups are free. A full list can be found on our website: www.calmar.ca/newsletter/





Is drinking a problem? Alcoholics Anonymous can help. Call 587.784.3285 or go to area78.org for meeting time and location. AA is a non profit organization.

The sole purpose of Alcoholics Anonymous is for men and women coming together to share their experience, strength, and hope that they may recover and help others to recover from alcoholism. AA is a self-supporting organization; AA is not affiliated with ANY religious, political or activist groups; AA does not keep records of attendance or case history; AA does not try to control members; AA is about staying sober and helping others to achieve sobriety.