

# **COMMUNITY RESOURCES**

#### 211 resources

Many additional services and supports are available in Edmonton. Please call 2-1-1 for more information or check out these other resources:

- https://edmonton.cmha.ca/211-resource-lists/
- https://ab.211.ca/

## Family and Community Support Services (FCSS)

Offers supports to adults, families, children, youth and seniors. Provide information, referrals and advocacy. Offer subsidies and assistance with applications and income tax preparation for people with low income. Provide workshops and one to one supports to help you set goals and build skills.

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780-979-2385	Warburg
www.leduc-county.com/community-family	780-848-2828

Calmar	City of Leduc
780-985-3191	780-979-2385

New Sarepta	Devon
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780-941-2382 780-987-8325

*Thorsby Beaumont*780-789-4004
780-929-1006

# **Counselling resources**

If you do not have employer benefits for counselling services, contact your local FCSS office for information on counselling subsidy.











## **COMMUNITY RESOURCES**

## Addiction and mental health resources

### Addiction and Mental Health Community Clinic: Leduc

Centre Hope |4906-49 Ave. | Leduc, AB | T9E 6W6 780-986-2660

#### https://www.albertahealthservices.ca

Care is coordinated by a mental health therapist and/or addiction counsellor. Goal directed services are tailored to the needs of individual clients. The number of sessions are based on need and motivation of the client. Services may include individual therapy, medication management, psychiatric consultation, case management, crisis stabilization, referral for an ILS worker. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health, and leisure needs.

### Virtual Opioid Dependency Program (VODP)

1-844-383-7688

#### https://vodp.ca

The VODP program uses technology to connect clients with the care that they need. In addition to the services Rural Opioid Dependency Program (RODP) provided, VODP can provide same day medication starts and also help connect you with other care providers through their transitions program.

## **Financial resources**

Please contact your local FCSS office for information on subsidies and grants you may be eligible for.

#### 24-hour Emergency Income Support Contact Centre

780-644-5135 or 1-866-644-5135

Albertans can call the Income Support Contact Centre 24-hours-a-day throughout the year to get help in an emergency with basic needs like shelter, food, clothing and transportation.

#### Alberta Supports

1-877-644-9992

Alberta Supports can help you access more than 30 programs and 120 community services for seniors, employment, homelessness, financial needs, children and youth, parents and families, people with disabilities, guardianship and trusteeship and abuse, bullying and family violence prevention.

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#### Leduc Alberta Supports Centre

50th Street Leduc Plaza, Suite 202, 4809-43A Avenue | Leduc, AB | T9E 8J6 780-644-9992

https://www.alberta.ca/alberta-supports

# Food, clothing and shelter

Find a shelter: https://www.alberta.ca/find-shelters.aspx

### **Emergency Clothing and Furniture Depot**

4918 46 St. | Camrose, AB | T4V 1H1 780-608-1681

https://www.centracam.ca/ecfd

Accepts clothing, housewares, furniture, home déor, personal hygiene items and toys donated by community members and distributes these items to individuals and families in emergency situations.

#### Jireh Centre

5110 47 Street | Leduc, AB | T9E 6Y9

780-612-4689

Email: info@thejirehcentre.ca https://www.thejirehcentre.ca

The Jirch Centre distributes free gently-used clothing and footwear to low income individuals and families (all ages) and will also accept donations in clean and good condition. Open Wednesdays from 1 to 5 p.m. and Saturdays from 10 a.m. to 2 p.m.

## **Leduc and District Food Bank**

#201, 6051-47 Street | Leduc, AB | T9E 7A5 780-986-5333

https://www.ldfb.ca

Serving the communities of Beaumont, Calmar, Devon, Leduc, Leduc County, New Sarepta, Nisku, Thorsby and Warburg. The LDFB is operated on an APPOINTMENT ONLY basis for food hampers on Mondays, Wednesdays and Fridays, from 8:30 a.m. to 4 p.m. (closed holidays). Clients must call the day of hamper pickup for appointment. The food bank does not pre-book appointments.

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## **COMMUNITY RESOURCES**

#### **Leduc Hub Association**

5110 47 Street | Leduc, AB | T9E 6Y9 780-739-5482

Email: reception@lrhub.org http://www.lrhub.org

Provides various urgent financial supports through referral from other support agencies. Services include access to showers and laundry (Tuesdays and Thursdays only), telephone, access, free snacks and coffee bar, gas cards or taxi for work/appointments, harm reduction supplies and education, and conversation in a safe space to lighten people's burdens. Meeting room space available. Hours: Tuesday – Thursday 1 to 5 p.m. Friday 10 a.m. to 2 p.m. Overnight winter shelter runs November through April.

#### Meals on Wheels

Delivers meals at a low cost to those in need. Contact your local FCSS office to find out who to contact in your area for this service. This service may not be available in all areas.

#### Rock Soup Greenhouse and Food Bank

6501 47 Street | Wetaskiwin, AB | T9A 3P5

780-777-3469

Email: info@rocksoup.ca

http://rocksoupgreenhouseandfoodbank.ca/

Rock Soup Greenhouse and Food Bank aims to provide food security to residents with access to healthy food. The food bank component is set up as a general store and the attached greenhouse provides individuals with access to year-round sustainable produce.

#### Salvation Army Thrift Store - Leduc

6102 50 St. | Leduc, AB | T9E 7L2 780-986-8861

Second-hand clothing and household items available at a low cost.

### Second Glance

5607 50 St. | Leduc, AB | T9E 6Z7

780-986-1450

Email: secondglance@shaw.ca

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## **COMMUNITY RESOURCES**

Provides low-cost, second-hand clothing, household items and much more. Proceeds generated from the sale of donated items provide the basis for the grant program, which assists many local community groups. Contact your local FCSS office to access the emergency relief gifts-in-kind donations program.

### Society of Saint Vincent de Paul - Leduc

780-984-0069

Email: <a href="mailto:ssvp.leduc@gmail.com">ssvp.leduc@gmail.com</a>

Provides emergency assistance to those in need. Volunteers visit your home to provide support and determine appropriate assistance. Help can be offered in the form of food, furniture and/or household items, clothing, transportation (i.e. bus tickets), financial assistance for things such as partial rent or utilities, referrals to existing community support programs, advocacy and mentorship and a listening ear. Donations are also accepted.

#### WeCan Food Basket Society

#201, 6051-47 Street | Leduc, AB | T9E 7A5 780-986-2138

A not-for-profit organization dedicated to providing affordable food security to community members throughout the Leduc area. With the WeCan Food Basket Society, families and individuals can buy fresh meat and produce each month for more than 25 per cent off retail grocery store prices. Orders can be dropped off to the food bank by the first Friday of the month and picked up at the food bank by the third Thursday of the month.

## Learning, literacy and career development

#### **Directions for Wellness Career and Employment Programs**

4810 50 Avenue | Leduc, AB | T9E 6X9

780-986-0188

Toll Free: 1-855-624-4477

Email: janice@dfwi.ca (Leduc Office) or Info@dfwi.ca (Camrose and Wetaskiwin Offices)

www.dfwi.ca

Directions for Wellness Career Services focuses on personal and professional aspects of individual's lives to help succeed in both. Focus is on personal development, career development, employment services and support for employers. All programs are offered at no cost to residents or employers.

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## **COMMUNITY RESOURCES**

#### **Leduc Adult Learning**

c/o Leduc Public Library #2 Alexandra Park | Leduc, AB | T9E 4C4 780-915-9835

Email: Learn@leducadultlearning.ca

www.leducadultlearning.ca

Leduc Adult Learning (LAL) offers learning opportunities to adults in Leduc and surrounding areas. Learner support is offered for adult literacy, tutoring, English language learning, computer and technology classes, GED test preparation and financial literacy, as well as workshops and information sessions.

# Family violence resources

## Family & District Family Support & Intervention Team

Contact your local FCSS office for more information or email: <a href="mailto:FVPTLRGroup@gmail.com">FVPTLRGroup@gmail.com</a>
This is a community based program designed to help build healthy family relationships. It offers a family support and intervention program for men and women, children's/family counselling and education awareness and prevention.

#### **Leduc & District Victim Services**

#1, 4119 50 Street | Leduc, AB | T9E 7L9 780-980-7232
If in crisis, please call 911

https://www.leducvictimservices.ca

Victim Services is an organization that supports victims of crime and trauma. They help victims referred by the RCMP, other agencies or those who contact their office directly.

#### Riseup Society Alberta

Box 5437 | Leduc, AB | T9E 6L7 780-739-7473

Email: <a href="mailto:info@riseupsociety.ca">info@riseupsociety.ca</a> http://www.riseupsociety.ca

Through counselling, support and education, Riseup brings hope and healing to those impacted by domestic abuse, and educates and empowers communities to end that abuse. Riseup offers workshops and seminars, support and recovery groups, healing retreats, and individual counselling.

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# **COMMUNITY RESOURCES**

## **Newcomers resources**

## **Action for Healthy Communities**

Suite 100, 4810 50 Ave. | Leduc, AB | T9E 6X9 (The Lighthouse Cowork)

780-235-1763

Email: <a href="mailto:leduc@a4hc.ca">leduc@a4hc.ca</a>
<a href="https://a4hc.ca/">https://a4hc.ca/</a>

Action for Health Communities (AHC) supports people new to Canada and offers programs to help Canadian newcomers with orientation to Canada life, life skills development and supports and community connections.

## **Housing resources**

### **Leduc Regional Housing Foundation**

5118 50 Ave. | Leduc, AB | T9E 6V4

780-986-2814

 $Email: \underline{info@leducregionalhousing.ca} - \underline{general inquiries or \underline{housing@leducregionalhousing.ca} - \underline{housing@leducregi$ 

applications

https://leducregionalhousing.ca

Provides affordable accommodation and services to seniors, individuals and families within the geographical area of Leduc County. Also offers supportive living (lodge), seniors apartments, affordable community housing and rent supplements.

## Seniors centres

Calmar and District Senior Citizens 780-985-3221

Devon Pioneer 73 Club

780-987-4822

Leduc and District Senior Centre

Telford House 780-986-6160

New Sarepta Golden Pioneers

780-941-2382

Beaumont 50+ Club / St. Vital Seniors Club -

Beaumont

780-929-5333

Thorsby Senior Citizens Club

780-916-2143

Warburg Seniors Centre

780-848-2377/ 7756

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## **COMMUNITY RESOURCES**

# **Transportation**

### **Drive Happiness**

780-424-5438 or 1-888-336-4503

https://drivehappiness.ca/ride-program/

Seniors Assisted Transportation program is provided to eligible riders (65+ and sufficiently mobile) by our volunteer drivers. Annual membership and per ride rates apply, please contact the office for more information.

### **Leduc Assisted Transportation Service (LATS)**

780-980-8444

#### https://www.leductransit.ca/lats

Door-to-door, driver-assisted transportation service for seniors (65+) and for persons with cognitive and/or physical disabilities within the City of Leduc. Temporary service may be available to individuals with a temporary disability.

#### **Leduc Transit**

780-980-8444

#### www.leductransit.ca

Public transit (bus) service that connects the Leduc and Nisku areas and also stops at the Edmonton International Airport, the Premium Outlet Collection and the Century Park LRT station in south Edmonton.

## **Seniors buses**

#### **Beaumont**

780-929-5333

https://www.beaumontseniors.net/

Weekly shopping trip shuttle to Edmonton.

### Calmar and Thorsby

780-985-3370

www.calmar.ca/seniors-drop-in-centre/

Bus trips for special events.

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# **COMMUNITY RESOURCES**

#### Devon

(780) 910-1960 (Ring & Ride) 780-987-8325 (Town of Devon FCSS)

http://www.devon.ca/Services/Town-Services/Everyones-Community-Bus Community bus service around Devon, to Leduc, Edmonton and Spruce Grove.

#### New Sarepta

780-941-2382

Bus trips for special events.

#### Warburg

780-848-2841

Need to go to Leduc for an appointment? Have shopping to do? Visit the hospital? Leduc Foundation and Leduc County operate a bus service from Warburg to Leduc (with stops in Thorsby and Calmar) on the first and third Thursday of each month. Cost from Warburg: \$8, Thorsby: \$7, Calmar: \$6. Call to reserve your spot. Seating is limited.

## Resources for children, youth and families

#### **Leduc County Family Resource Network**

780-979-2385

Delivers high quality prevention and early intervention services and supports for families with children aged 0 to 18. Programming focuses on three core areas: child development and well-being supports, caregiver capacity building supports and social connections supports. Provides home visitation, parent education and family support. Referrals to Creating Hope Healing Society for cultural supports.

#### **Boys & Girls Club of Leduc**

780-986-3121

https://www.bgcleduc.com/

The Boys & Girls Club of Leduc offers programs for children and youth such as after school programs, summer camps and other events throughout the year.

#### Leduc/Strathcona Services for Children

780-986-3993

http://www.servicesforchildren.ca/

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# **COMMUNITY RESOURCES**

Leduc-Strathcona Services for Children are a licensed family day home agency committed to providing quality childcare to families in the Leduc, Edmonton, Sherwood Park, Beaumont, Thorsby and Devon areas.

## Libraries

Calmar Public Library

780-985-3472 4705 - 50 Avenue Calmar, TOC 0V0

New Sarepta Public Library

780-975-7513 5150 Centre Street New Sarepta, TOB 3M0

Thorsby Municipal Library

780-789-3808 4901 48 Avenue Box 680 Thorsby, TOC 2P0

Warburg Public Library

780-848-2391 5212 50th Avenue Warburg, TOC 2T0 Leduc Public Library

780-986-2637 2 Alexandra Park Leduc, AB, T9E 4C4

Biblioth**è**ue de Beaumont Library

780-929-2665 5700 49 Street Beaumont, AB, T4X 1S7

Devon Public Library

780-987-3720 101 17 Athabasca Avenue Devon, AB, T9G 1G5

Leduc County makes every effort to ensure content displayed in this listing is accurate; however, it is not responsible for any errors. This listing is not exhaustive, and users are advised to call 2-1-1 for additional resources. Contact 780-770-9254 to provide feedback on this resource list or to request an updated copy. *Updated August 2021* 

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