



Calmar's National Volunteer Week Appreciation Celebration

April 22, 2017

Calmar Ball Diamond Park

12:00 PM - 3:00 PM



This event is to recognize and acknowledge the difference and contributions each volunteer makes to the Calmar Community and the organizations.

Volunteers are an enormous asset for non-profit, community organizations and the Town of Calmar. At the same time we honour all the volunteers within the community, we would like to invite and include their family members to be part of the celebration as a family.

VOLUNTEERS OF THE TOWN OF CALMAR & DISTRICT

MARK YOUR CALENDARS

This afternoon event will be a barbeque - Hamburgers - Hotdogs - Pasta and assorted beverages and snacks. Various Games, Fun and Entertainment for the whole family!

ALL Volunteers wishing to participate may collect tickets for themselves and family members from the Town of Calmar Office by Wednesday, April 12, 2017.

Please note this event is for Community Volunteers Only.

HAPPY EASTER



Calmar Prairie Players Proudly PRESENT:



Crimson Cap Ladies BARE IT ALL!

Thursday, May 4, 2017

Show Only - \$15.00

Doors: 6:15 PM

Show: 7:00 PM

DINNER THEATRE - \$40.00

Friday, May 5 and

Saturday, May 6

STARRING:

Angie Podgurny

Cindy Thornton

Leah Keller

Lexie Prunkl

Tammy Bateman

Grant Davies

Peter Dickhour

and Introducing:

Rebecca Eilander

Heather Prunkl

Rich Goldsworthy

Doors Open @ 5:45

Dinner @ 6:30

Show @ 7:45

Written by Chris McKerracher

Directed by Madeline McKerracher

ATB Financial™



780.985.2103

4905 - 50 Avenue, Calmar AB T0C 0V0

780.985.3666

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BINGO

WEDNESDAYS
7:00 PM
CALMAR LEGION

Josh Proc
Owner
780-243-3401

Brady Marshall
Owner
780-210-1416



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Rhooster Tail
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Family Hair Care **780.985.4588**

Open: Tuesday - Saturday **4701 - 49 Avenue**
10:00 AM - Close **Calmar, Alberta**

Senior's Discount **Walk Ins Welcome**


Free Haircut with
all Colours and Perms



ION Foot Detox Now Available @ Rhooster Tail!

Eyelash Extensions by SUGARLASHES

Please call, 780.690.8802.




Calmar Pharmacy Ltd

5002 - 50 Ave, Calmar AB T0C 0V0
Family owned and operated since 1977
Front Store: 780.985.3142
Pharmacy: 780.985.3121
Website: www.calmarpharmacy.com


Hours of Operation
Mon. - Sat. 9:00 am to 7:00 pm
Sun. & Holidays: 11:00 am - 5:00 pm

APRIL FOOLS' DAY

CALMAR STORAGE
Box 693, 5009 - 43 Avenue
Calmar, Alberta T0C 0V0
Tel: 780-985-2102



CALMAR FAS GAS
CONVENIENCE STORE - LIQUOR STORE - CARWASH



Darrin & Kathy Mills
5001 - 50 Ave. P.O. Box 1200
Calmar, AB. T0C 0V0
email - dkmills_123@hotmail.com

Conv. Store 780-985-7224
Liquor Store 780-985-3334
Fax 780-985-3334

LITRE LOG

BUY MORE GAS. GET MORE CASH.

Happy Easter

www.Devon Outgrown It **SALE**.ca

JOIN US at Devon's only Devon Outgrown It Sale and EXPO on April 8, 2017—11:00 am—2:00 PM.

Devon Community Centre—20 Haven Avenue

Sell and shop for Gently-used and New men's, women's, youth's, children's and babies' clothing, books, movies, toys, games, electronics, small household items; hand tools and small power tools; sporting goods; pet supplies; businesses and services; and more. Don't miss out on a chance to win one of many door prizes, and be on of the first 100 shoppers to get a Grab Bag!

While you are here, grab a hot lunch from our concession. Admission is only \$2.00 per adult (Children and Vendor's are free) 50% of admission proceeds donated to charity.

Bring the entire family to our bi-annual Sale Event!

www.devonoutgrownitsale.ca



GLEN PARK HALL'S **Annual Garage and Bake Sale** **April 28 - 29, 2017**



Friday (28th): 3:00PM - 7:00 PM

Saturday (29th): 10:00AM - 4:00 PM



A Great Place to
COME and SOCIALIZE!

AA is a non profit organization with 1 meeting a week, in Calmar.

Is drinking a problem? Alcoholics Anonymous can help. Call 587.784.3285 or go to aa78.org for meeting time and location.



The sole purpose of Alcoholics Anonymous is for men and women coming together to share their experience, strength, and hope that they may recover and help others to recover from alcoholism. AA is a self-supporting organization; AA is not affiliated with ANY religious, political or activist groups; AA does not keep records of attendance or case history; AA does not try to control members; AA is about staying sober and helping others to achieve sobriety.

The **CARPET STUDIO** Inc.

Spring's a good time to give your home a New Look!

SPECIAL FOR CALMAR RESIDENTS:

CARPET: 9 COLOURS.....\$1.99 SQ FT
LAMINATE: 9 COLOURS.....\$2.39 SQ FT
INSTALLATION & PAD EXTRA
FREE QUOTES



With the purchase of flooring, you will receive 20% discount on REGAL paint by Benjamin Moore.

4931—55 Avenue Edmonton AB T6B 3S3
780.462.6668

CONTACT: JACKIE BEDELL
jackie@carpetstudio.ca

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Murray Williams - Owner

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Phone: 780.224.9000

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- Plumbing Repairs
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- New Basement Plumbing & Renovations
- Hook Up Gas Lines to Barbecues
- Household Repairs
- Odd Jobs & Yard Work



Baby Cobras



NEW SHANGHAI RESTAURANT-CALMAR

Under New Management

Orders over \$50 before tax receive 10% off!

2 for 1 Chinese Buffet – with this coupon!

Buffet Available Saturday & Sunday 5-8PM

Open for Breakfast Monday-Friday at 7AM

Order at www.new-shanghai.ca or (780) 985-3989

Devon & Area BIRDS OF PREY & THE BIG PICTURE



DEVON PIONEER73
APRIL 13, 2017
7:00 PM - 9:00 PM

Come enjoy an evening learning about Birds of Prey in Devon. In particular, "Owls and Owl Conservation in Alberta". Jointly presented by the Devon Nature Club and Pioneer 73. Live Owl in Attendance!

Dr. Gordon Court is a professional ornithologist and presently the Provincial Wildlife Status Biologist for the Fish and Wildlife Division, Government of Alberta. Over his career he has studied breeding biology and toxicology of birds—from Penguins to peregrine falcons. He has also studied forest-dwelling owls in the boreal forest of Canada and is formerly Canadian Director of the US-based Raptor research Foundation.

Dr. Court's presentation will discuss species in our area, territorial, feeding and nesting requirements; why they are important to the surrounding ecosystem; our community and society as a whole; why are Birds of Prey protected by the *Alberta Wildlife Act*; how can a community ensure they stay and thrive...?

Donations Welcome <http://devonnatureclub.homestead.com/home.html>

ANNUAL COMEDY NIGHT

Late Lunch **AND SILENT AUCTION!**

Featuring
Comedians:



100% of All Proceeds will go directly to Helping our Community Enhance our Recreation Facility.

Advance Ticket
Sales Only!
\$30.00



Paul Sveen

Ben Proulx

APRIL 8, 2017

CALMAR LEGION

Doors Open @ 6:30 pm

Show Starts @ 8:00 pm

Presented by Calmar Minor Hockey
Contact: **SAMATHA BESLER** for tickets and information
780.721.9485

**SUPPORT THE MIKE KARBONIK ARENA
UPGRADES**



**DJ/Dance
to follow**





Calmar Public Library

What is OverDrive? No, I'm not talking about that button in an automatic car that reduces engine revolutions per minute. The OverDrive I'm talking about is a free service offered by your library that lets you borrow eBooks, audiobooks, and anything else that is available in the digital collection. To learn more on OverDrive and how to use it sign up for our next Techie Thursday, April 6th @ 2:00. Registration is required by calling the Library at 780.985.3472.



Two 4 Tea, Tea Party!

Spring is fast approaching and what better way to celebrate than to have a tea party! Dress up is encouraged! Sign up today for tea and refreshments served in high tea style! This program is for 5 to 12 years old with caregiver. **Registration is required as space is limited.** Wednesday, May 10th. 3:30 pm to 4:30 pm. 780.985.3472

Chakras Wednesday, April 19th @ 7:00 pm

Come on down to the Library for an information session regarding Chakras with Rev. Dr. Janice Dodds. This session will discuss the different Chakras, and how to keep the energy flowing freely. If you have questions regarding Chakras feel free to bring them with you. Please register for your free spot at 780.985.3472

Upcoming Programs:

April 26, May 3, 10, 17 @ 6:00 pm: Parent Link Parenting Classes more information to follow

May 10th @ 3:30 – 4:30 pm: Tea for Two Tea Party

May 24th @ 7:00 pm: Bugs with Doug

June 7th @ 7:00 pm: Mindfulness with Tani Morgan (Rescheduled from March 15, 2017)

Don't forget to check out our webpage: www.calmarlibrary.ca



Date: May 4th , 2017

Time: 1:00 pm to 3:00 pm

Party

Long time employee and
Calmar Library icon
Carol Nystrom is retiring!

Please join us in saying good bye!

Party starts at 1:00 pm with the
presentation to take place at 1:30 pm.
Cake and refreshments will be served.









**Carol
is retiring!**

Calmar Public Library

4705 50 Ave
Calmar Alberta T0C 0V0

780.985.3472

Calmar Public Library

APRIL 2017						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 11:00 - 3:00
2 CLOSED	3 11:00 - 8:00 11:30 Zook 7-8 Adult Colouring 	4 11:00 - 5:00- 3:00 - 4:30 Dungeon & Dragon	5 11:00 - 8:00 10- 11 Parent Link 3:00 Lego 6:30 Knitting 	6 11:00 - 5:00 2:00 Techie Thursday: Overdrive	7 11:00 - 5:00 1:00 - 3:00 Mother and Daughter Book Club	8 11:00 - 3:00
9 CLOSED	10 11:00 - 8:00 11:30 Zook	11 11:00 - 5:00 3:00 - 4:30 Dungeon & Dragon	12 11:00 - 8:00 10-11 Parent Link  6:30 Knitting	13 11:00 - 5:00 3:30 Pokemon 	14 11:00 - 5:00 CLOSED	15 11:00 - 3:00 CLOSED
16 CLOSED	17 11:00 - 8:00 CLOSED	18 11:00 - 5:00 3:00 - 4:30 Dungeon & Dragon 	19 11:00 - 8:00 10-11 Parent Link 6:30 Knitting 7:00 Chakras	20 11:00 - 5:00	21 11:00 - 5:00	22 11:00 - 3:00
23 CLOSED 30 CLOSED	24 11:00 - 8:00 11:30 Zook  6:30 Adult Book Club	25 11:00 - 5:00 3:00 - 4:30 Dungeon & Dragon	26 11:00 - 8:00 10-11 Parent Link 6:30 Knitting 	27 11:00 - 5:00 3:30 Tween Book Club 	28 11:00 - 5:00	29 11:00 - 3:00

SPECIAL PROGRAMS

6th Techie Thursday: Overdrive
19th Chakras

PRACTICE YOGA IN CALMAR

WITH DARIA

FRIDAYS:

6PM BEGINNERS

7PM ALL LEVELS



APRIL 7TH (LED PRIMARY)
APRIL 21ST (MYSORE STYLE)
APRIL 28TH (GUEST INSTRUCTOR!)
MAY 5TH (MYSORE STYLE)
MAY 12TH (MYSORE STYLE)
MAY 19TH (LED PRIMARY)

DROP IN: \$15.00 OR GET A PASS AT A DISCOUNTED RATE.

LOCATION: 4815 49 ST, CALMAR, AB

CALL/EMAIL TO REGISTER

780.729.7808 OR OFFICE@D TOUCH.CA

LEARN ABOUT JIN SHIN JYUTSU

ACUPRESSURE SELF HELP COURSE

SELF HELP BOOK 1 - SATURDAY, APRIL 8TH

SELF HELP BOOK 2 - SUNDAY, MAY 14TH

TIME: 9am - 5.30 pm (8rs)

Location: Community Hall 4815 49 St., Calmar

**PRICE \$ 140.00 incl. book & handouts,
certificate of completion, tea, coffee, snacks**

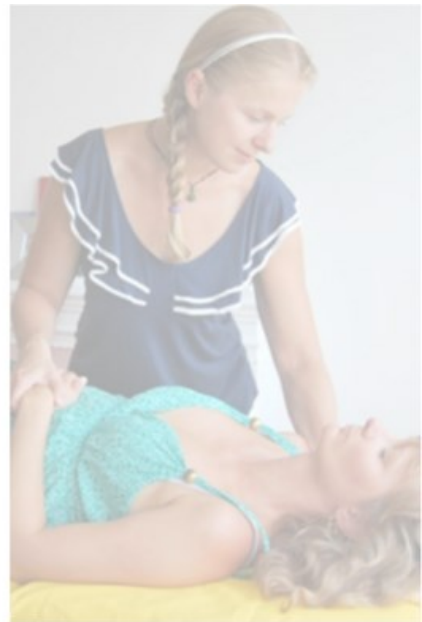
CALL/ TEXT 780 729 7808 (Daria)

EMAIL: office@dtouch.ca

W: www.dtouch.ca

JSJ-Acupressure activates the individuals' self-healing capacities and strengthens the immune- and nervous system. In this course you will learn how to access this healing energy. Book 1 focuses on daily maintenance flows. Book 2 looks into detail on the 26 main SELs (safety energy locks) in our body, which are responsible for our wellbeing & health.

What will it help you with (just to name a few):
Blood pressure, Back pain, Joint pain, respiratory projects, digestive projects, colics, "cry babies", headaches, Fibromyalgia, MS, Cancer, ADD, ADHD
All these are causes of disharmony in our energy flow, we will look behind the scenes & determine and work on the CAUSES.



Daria Kilburn, MBA
owner & founder of
DTouch – health solutions
inspired by nature
Member of NHPC
500+hrs certified Yoga
Instructor
JSJ Practitioner
Reiki Master
Aromatherapy Consultant



SPRING TOWN CLEAN UP

SATURDAY MAY 13, 2017 10:00AM – 12:00PM
BBQ to follow

Come on out and join Calmar's Community in Bloom with a spring town clean up.

With the cold drab of winter gone and the bright sun and warmth of spring's arrival, we are once again going to be cleaning up the town from winter's hidden treasures. We will meet at Woodland Park at 10:00am. Garbage bags and gloves to be provided. There will be a BBQ to follow.

For more information please contact:
Lin Rehn 780-985-3441/780-886-7031

DATES TO REMEMBER

May 9 – Annual General Meeting held in council chambers
July 1st - Canada Day Celebration held at Spray Park

With Yard and Garage Sale season coming up, the Legion will be renting tables out



\$10.00 per day or

\$15.00 per weekend

Pick-up is on Friday

Return is on Sunday.

Please contact Bob McKerracher for details.

Phone: 780.984.8414

Email: scouter_bob@msn.com



**HIGHWAY 39
BALL LEAGUE**
Is Welcoming New Teams
Contact Amber Ostapchuk
780 975 8479
To Register Your Team

**FILING
DEADLINE...**



**VOLUNTEER INCOME TAX PROGRAM
BEGINNING MARCH 2**

**For Seniors, Students, or Residents
with Low Income**

Volunteer Income Tax Program
Help is Available for FREE!



Tax Returns Done by Appointment Only
For Appointments/further information please call
FCSS Coordinator Yvonne @780.985.3191
Or email: ypearson@calmar.ca

Volunteers **do not** prepare tax returns for complex situations, such as:

- returns for deceased persons;
- individuals who file for bankruptcy;
 - self-employed individuals;
- individuals who report capital gains or losses;
- individuals who report employment expenses; or
- individuals who report business or rental income and expenses.
- Individuals that received interest over \$1,000.00.

I can collect individual Income Tax information for individuals who have transportation challenges.

Please contact Yvonne for pickup @ 780.985.3191 between March 1 - March 24, 2017

BRINGING BABY HOME

FREE WORKSHOP



April 21

5:30 - 9 p.m.

April 22

9 a.m. - 5 p.m.

Lede Room, Leduc Civic Centre

1 Alexandra Park | Register by phone: 780-980-7177

Light refreshments will be provided

"The birth of a child means the birth of a parent."

- Dr. John Gottman

Bringing Baby Home is a **FREE** program for expecting parents or those who are starting their parenting journey. We know that even the strongest relationships are strained during the transition to parenthood.

This workshop will teach you how to:

- Promote positive parent/baby interactions
- Maintain high couple relationship satisfaction
- Understand the importance of quality father involvement and satisfaction
- Help reduce post-partum mood difficulties

CITY OF
Leduc
FAMILY & COMMUNITY
SUPPORT SERVICES

CMS17-077



www.Leduc.ca



[@cityofleduc](https://twitter.com/cityofleduc)



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[/cityofleduc](https://www.facebook.com/cityofleduc)

SPRING CLEAN UP 2017

PICK UP STARTS @ 7:00 AM Monday May 15

PLEASE ENSURE ALL YOUR ITEMS ARE PLACED OUT

BEFORE MONDAY, MAY 15 @ 7:00 AM

Everything will be picked up by

FRIDAY - MAY 19 @ 4:00 pm



FRONT YARD PICK-UP ONLY

NO EXCEPTIONS

Maximum pick up - 1/2 tonne truck load per residence

Branches are to be bundled in 3 foot bundles (max. length)

PLEASE put metal in a separate pile

PLEASE put electronics in a separate pile

WE DO NOT ACCEPT: Fridges, Microwaves, Broken Glass, Batteries,

Car Parts, Tires, Concrete, Paint, Oil, Antifreeze

Chemicals, or Deep Freezers



For More Information please contact

The Town Office @ 780-985-3604

4901 - 50 Avenue
PO Box 750
Calmar AB T0C 0V0

Phone: 780.985.3604 ext. 221
Fax: 780.985.3039
Email: lofstedahl@calmar.ca



NewsLetter DEADLINE

15th of the month!

OPTIONS:

\$100.00 Full Page

\$75.00 Half Page

\$50.00 Quarter Page

\$25.00 Business Card



Town Office Easter Closure:

Please note that the Town Office will be closed on Friday, April 14 and Monday, April 17.

COMMUNITY GROUPS
ARE FREE

Financial Statements are
now available at the
Town Office.

IDA MARY McKERRACHER (nee WHALE)

A Memorial Service will be held to celebrate the life of Mrs. Ida McKerracher on 15 April, 2017 at the Calmar Legion Hall. The service will begin at 1:00 pm with interment of her ashes to follow at 3:30 pm at the Calmar Community Cemetery beside her beloved husband, Neil.

Ida McKerracher is survived by her 8 children: Lynne (Ian Hunt), Bob McKerracher (Debbie), Judy (Terry Beler), Kathy (Dale Hegadoren), Ian McKerracher (Gisela), Kerry McKerracher (Julie), Donna (Guillermo Del Cueto) and Chris McKerracher (Maddie). Ida was also a Grandma to 26 Grandchildren and Great -Grandma to 18 Great Grandchildren.

All who knew Ida are welcome to attend. Anyone wishing to say a few words, please contact Bob McKerracher @ 780.984.8414. A light lunch will be provided after the service.